

COCHIN (Kochi), INDIA

Arrive: 0800 Wednesday, 06 March
Onboard Time: 1800 Monday, 11 March

Brief Overview: India is one of the oldest civilizations in the world, dating back to 3,000 BC. It is currently one of the largest and most populous countries in the world, as well as the point of origin for four of the world's major religions: Hinduism, Buddhism, Jainism, and Sikhism. India prides itself on being the world's largest democracy, having gained its independence in the 1940s under the peaceful leadership of Mahatma Gandhi. It is an extremely diverse country, with vast differences in geography, climate, culture, language and ethnicity across its expanse – a real human melting pot that resonates in a reasonable sense of harmony. As it opens up to a globalized world, India maintains the depth of history and intensity of culture that mark it as an extraordinary destination.



Participants often identify India as the “turning point” of their voyage. It is a country that takes them out of their comfort zone, challenges their senses, and awakens a sense of beauty and appreciation for humanity that is unparalleled. Visit the bustling city of Delhi, witness the splendor of the Taj Mahal at dusk, and float down the River Ganges, experiencing a centuries-old religious practice. Pilgrims line the banks of the river at dawn each day to immerse themselves in the holy waters and pray to release their souls from the cycle of rebirth. It is an unforgettable experience, especially when paired with the opportunity to visit the ruins of temples, travel the streets of Varanasi in a rickshaw, and spend a night in Delhi. Regardless of where your travels take you, this enigma of a country will leave you longing for more.

Suggested short-cuts to simple planning:

Register for the following “bundles” of trips based on your interests.

Exclusives:

KOC 402-101 Trains, Palaces & Elephants
KOC 113-601 Exclusive Snake Boat Race

Cultural Highlights:

KOC 105-103 Welcome Reception with Students
KOC 102-301 Chendamangalam Village Program

Active/Adventure:

KOC 103-101 Explore Kochi on a bicycle
KOC 403-201 Periyar Tiger Reserve & Outdoor Adventure

Taste of India:

KOC 106-201 Gourmet Indulgence
KOC 104-401 Allepey Houseboat Cruise

IMPORTANT: If you registered in one of the following courses, you have a field lab on the specified day.
Do not make any other travel plans as this is a designated class day in port for your course.

| Field Labs | | Kochi, INDIA | Wednesday, 6 March | Monday, 11 March |
|------------|---------------|-------------------------|--|---------------------------------|
| KOCL1 | ENMC 3559-501 | Professor Fraiman | Women Writers Around the Globe (Section 1) | |
| KOCL2 | SEMS 2500-108 | Professor Lewis | Digital Media in an International Context | |
| KOCL3 | SEMS 3500-108 | Professor Kattwinkel | Theatre and Religion | |
| KOCL4 | SEMS 3500-113 | Professor G. Oliphant | Project Management | |
| KOCL5 | PSYC 2600-502 | Professor W. Von Hippel | Intro to Social Psychology (Section 2) | |
| KOCL6 | PLIR 2559 | Professor Rosencranz | International Law | |
| KOCL7 | ANTH 1010 | Professor Frolander-Ulf | | Introduction to Anthropology |
| KOCL8 | PLCP 3630 | Professor Rosencranz | | The Politics of India/Pakistan |
| KOCL9 | PLCP 3500 | Professor Xie | | Democratization & Modernization |

Day 1: Wednesday, March 6

KOC 103-101 EXPLORE KOCHI ON A BICYCLE

Half day

The best way to discover the culturally rich city of Kochi is by bike! Pedal the spice-scented streets of Kochi, a former spice trading center, and take in the sights and sounds of this relaxing port city. As you explore Kochi's streets, you'll learn about its colonial legacy under the Portuguese, Dutch and English, and visit the lively waterfront and bazaars.



Start your adventure at the Indo-Portuguese Museum, and view the artifacts that showcase the history of India's earliest Portuguese Catholic communities. Next, cycle to the Dutch Cemetery, the oldest European cemetery in India, and learn about the Dutch and English migrants who settled in India during the 17th to 19th centuries.

Continue your way north towards the port, and see the large, suspended Chinese fishing nets, introduced by traders from the court of Kublai Khan. Along the coast, you'll pass the bustling fish market and Kochi's main bazaar, where you'll find tea, spices, dried fruit, garlic and cashew nuts. Breathe in the pungent aroma of ginger, cardamom and cloves, and wander the streets to browse the various goods on sale. Then cycle to the Dutch Palace, and admire the beautiful murals depicting Hindu temple art. Sip a cup of chai tea while you enjoy the tranquil atmosphere. Hop back on your bike and cycle along the coast toward the center of town. Get a glimpse of the life of the dhobis, a caste group found in India who specializes in washing clothes.

| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$66 | \$63 |
| Child | \$33 | \$31.50 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 0830 |
| Return | March 6 | 1245 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Tour Kochi by bicycle • View Chinese fishing nets • Kochi's fish market & bazaar • Dutch Palace | | |

KOC 100-101

HIGHLIGHTS OF KOCHI

Half day



The twin cities of Fort Cochin and Matancherry have preserved an extraordinary wealth of early colonial architecture spanning the Portuguese, Dutch, and British eras. On this tour you visit the Fort Cochin area to see the St. Francis Church. St. Francis Church was the first European Church to be built in India. The history of this Church reflects the colonial struggle of European powers in India, from the 15th to 20th Centuries. You

will also view the Chinese Fishing Nets a unique symbol of centuries old Chinese influence on this coast. Chinese fishing nets in Kochi are locally known as Cheenavala. The nets are suspended in mid-air all along the coast, giving the appearance of a huge hammock. Next, visit the Mattancherry area to see the Dutch Palace. Built in oriental style, Mattancherry Palace, situated in the Ernakulam district of Kerala was originally built by the Portuguese and presented to the king of Cochin, Veera Kerala Varma, in the year 1555 AD. The Jewish community also has a presence here. Walk through the Jewish Street with both sides lined by picture-postcard houses and shops selling a variety of things from spices to antiques. At the end of the street you come upon the Jewish Synagogue. The prosperous Jewish trading community built the Jewish Synagogue in 1568 whose links with Kerala begin in Kodungallor (Cranganore) in the north of the state. The oldest synagogue in India, it was partially destroyed in the war of 1662 and was rebuilt by the Dutch.

| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$23 | \$22 |
| Child | \$11.50 | \$11 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 0930 |
| Return | March 6 | 1300 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • St. Francis Church • Chinese fishing nets • Dutch Palace • Jewish synagogue | | |

KOC-401-101

INCREDIBLE INDIA

4 days/3 nights

Explore India's most famous highlights in this trip through Delhi and Agra. You'll witness India's most legendary tribute to love, the majestic Taj Mahal, as well as the Mughal history held inside Agra's Red Fort. From meeting local, under-privileged students attending the Deepalaya School to shopping at a traditional rural market in the middle of Delhi, you'll be sure to get an inside look at India and its fascinating sites.



| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$982 | \$935 |
| Child | \$491 | \$467.50 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1000 |
| Return | March 9 | 1530 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Scenic drive through Kochin • Visit the famous Taj Mahal and Red Fort • View wildlife at the Bear Rescue Center • Meet students at the Deepalaya School | | |

ITINERARY

Day 1: (L,D)

- Scenic drive through Kochin to airport
- Fly to Delhi and check into hotel
- Dinner at hotel with your group

Day 2: (B,L,D)

- Hotel breakfast before boarding Shatabdi Express train to Agra
- Explore Agra's Taj Mahal and Red Fort
- PM travel back to Delhi with stop at a Bear Rescue Center
- Dinner and overnight stay at hotel

Day 3: (B,L,D)

- Learn about local education and interact with students at Deepalaya School
- Visit Senskriti Art Museum
- Visit Dilli Haat market for shopping/sight-seeing
- Dinner and final overnight stay at hotel in Delhi

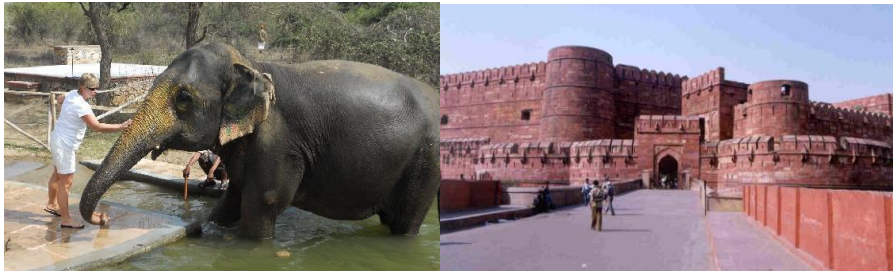
Day 4: (B,L)

- Hotel breakfast before travel to airport
- Lunch provided on flight to Kochin
- Return to ship

KOC 402-101 TRAINS, PALACES, & ELEPHANTS

4 days/3 nights

This program highlights both the majestic and quirky sides of India through Delhi, Agra and Jaipur. You'll witness India's most legendary tribute to love, the majestic Taj Mahal, as well as the Mughal history held inside Agra's Red Fort. Next, you'll be whisked off to see the beauty of India's "Pink City" of Jaipur. You'll even be able take a ride in a bicycle rickshaw and paint the local elephants at the Dera Amer Elephant Park before returning to the ship in Kochin. This is an incredible experience that combines a variety of India's best sites.



| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$940 | \$895 |
| Child | \$470 | \$447.50 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1000 |
| Return | March 9 | 1530 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Visit the famous Taj Mahal and Red Fort • Explore Jaipur's Amber Fort • Paint and bathe elephants at Dera Amer Elephant Park • Explore the sites of Jaipur (including the Observatory, City Palace and Palace of the Winds) | | |

ITINERARY

Day 1: (L,D)

- Scenic drive through Kochin to airport
- Fly to Delhi and check into hotel
- Dinner at hotel with your group

Day 2: (B,L,D)

- Hotel breakfast before boarding Shatabdi Express train to Agra
- Explore Agra's Taj Mahal and Red Fort
- PM travel to Jaipur, India's "Pink City"
- Dinner at hotel with your group

Day 3: (B,L,D)

- Travel by jeep to the Moghul and Rajput architecture of Jaipur's Amber Fort
- Visit Dera Amer Elephant Park and bathe, feed, and paint elephants
- Tour Jaipur, including stops at Jantar Mantar Observatory, the City Palace, and Hawa Mahal

Day 4: (B,L)

- Hotel breakfast before travel to airport
- Lunch provided on flight to Kochin
- Return to ship

KOC 501-101 IMPERIAL AGRA AND HOLY VARANASI

5 days/4 nights

You'll journey through India's most majestic and spiritual cities in this trip through Northern India. First, you will visit India's most legendary tribute to love, the majestic Taj Mahal, as well as the Mughal history held inside Agra's Red Fort. You will encounter India's local wildlife at the Bear



Rescue Center and then take some time to appreciate India's spiritual center, the River Ganges in Varanasi. Witness the Aarti religious ceremony and learn the significance of this most holy of rivers on a sunrise cruise accompanied with a priest. You'll also take a tour of a local university with a local professor. Don't miss this voyage through India's spiritual and imperial highlights.



| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$1,153 | \$1,098 |
| Child | \$576.50 | \$549 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1000 |
| Return | March 10 | 1530 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Encounter the rescued wildlife at the Bear Rescue Center • Visit the famous Taj Mahal and Red Fort • Witness the holy Aarti Ceremony • Meet under-Privileged students at a local orphanage • Take a sunrise cruise on the River Ganges with a priest • Explore Varanasi's Banaras Hindu University with a professor | | |

ITINERARY

Day 1: (D)

- Scenic drive through Kochin to the airport

Day 4: (B,L,D)

- Early rise for sunrise cruise on the holy River Ganges

KOC 501-101 IMPERIAL AGRA AND HOLY VARANASI

5 days/4 nights

- Board PM flight to Delhi
- Share dinner with group at Delhi hotel

Day 2: (B,L,D)

- Hotel breakfast before driving with your group to Agra
- Stop en-route at the Bear Rescue Center
- Visit Agra's Taj Mahal and the Red Fort
- Dinner aboard overnight train to Varanasi

Day 3: (B,L,D)

- Arrive in Varanasi in early morning and enjoy breakfast at hotel
- Explore cultural highlights of Varanasi including a tour of Banaras Hindu University
- Cycle rickshaw ride in the evening
- Witness holy Aarti ceremony on the Ganges River
- Dinner and overnight stay at Varanasi hotel

- accompanied by local priest
- Walking tour through streets with stop at Mother Theresa's Missionary of Charity Home
- Lunch with group before boarding PM flight to Delhi
- Dinner and overnight stay at Delhi hotel

Day 5: (B,L)

- Hotel breakfast before travel to airport
- Lunch provided on flight to Kochin
- Return to ship

KOC 104-101 ALLEPEY HOUSEBOAT CRUISE

Full day

There are many ways to get acquainted with the backwaters of Alleppey and one of them is a relaxing cruise aboard a uniquely outfitted house boat. Depart from the pier and enjoy a 1 ½ hour guided journey to Alleppey, where you will get onboard a typical houseboat. Converted from a traditional Indian longboat, the boat is a mix of old and new, old for its thatched roof, typical of these types of vessels, and new for its solar panels which provide lighting. Glide along the network of rivers, lakes and canals, called backwaters, which connect the coast with the interior. These canals for centuries have provided a safe and efficient means of transporting goods and people. Between the trees you will see churches, mosques and temples. On the water's edge, observe villagers bathing and scrubbing their clothes, and sometimes washing their buffalos. During the cruise, enjoy a traditional Kerala style cuisine lunch prepared onboard your boat. The meal served will be local fish (catch of the day) rice and vegetables.



| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$66 | \$63 |
| Child | \$33 | \$31.50 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1000 |
| Return | March 6 | 1900 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Backwater cruise on Alleppey houseboat • Traditional Kerala cuisine | | |

KOC 301-101 TAJ MAHAL – GROUP A

3 days/2 nights



A visit to India is not complete without touring the Mughal Emperor Akbar's lost ghost city, Fatehpursikri, and Shah-jehan's Taj Mahal, a symbol of love in the city of Agra. Situated on the banks of the Yamuna river, Agra is a thriving hub of trade for carpeters, leather workers, and stone sculptors - some of whom may be descend directly from the craftsmen who built the Taj Mahal. It took 20,000 artisans 22 years to complete this poignant mauseoleum that blends subtlety with grandeur, and a massive

| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$911 | \$868 |
| Child | \$455.50 | \$434 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1200 |
| Return | March 8 | 2300 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Taj Mahal & Agra Fort • Fatehpur Sikri • Sikh Temples & Lotus Temple | | |

KOC 301-101 TAJ MAHAL – GROUP A**3 days/2 nights**

overall design with immaculately intricate execution. You will also see its sister monument, the Agra Fort, which houses an interesting mix of Hindu and Islamic architecture within its city walls. In addition to these most famous attractions in Delhi, you will see Sikh temples, the Lotus Temple of the Bahá'í faith, the tomb of Salim Chisti, and more. Experience the majesty of some of India's most beloved and famous landmarks.

ITINERARYDay 1: (D)

- Transfer to airport for flight to Delhi via Hyderabad
- 4-hour trip to Agra; dinner en-route at local restaurant

Day 2: (B,L,D)

- Taj Mahal by sunrise (closed on Friday)
- Excursion to Fatehpur Sirki
- Visit to the Agra Fort
- Road trip to Delhi (4 hours)

Day 3: (B,L,D)

- Morning visit to Sikh Temples followed by orientation drive to Old Delhi & Lotus Temple
- Orientation drive to Presidential Palace & India Gate
- Transfer to airport for flight to Kochi
- Transfer to pier

KOC 101-102 HIGHLIGHTS OF KOCHI & KATHAKALI**Half day**

The twin cities of Fort Cochin and Matancherry have preserved an extraordinary wealth of early colonial architecture spanning the Portuguese, Dutch, and British eras. Highlights of Kochi and Kathakali is a half day trip to experience the rich heritage of Kochi, culminating with a beautiful dance drama, Kathakali, one of the classical dance forms of India. During the tour, you will visit the Fort Cochin area to see the St. Francis Church, Mattancherry Dutch Palace, Jewish Synagogue and the Chinese Fishing Nets. You will also witness a Kathakali Dance Drama, including the elaborate make-up of artists.



| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$27 | \$26 |
| Child | \$13.50 | \$13 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1400 |
| Return | March 6 | 1930 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • St. Francis Church • Chinese fishing nets • Dutch Palace • Jewish synagogue | | |

KOC 105-103 WELCOME RECEPTION**Half day**

Blessed with a profusion of swaying coconut palms, panoramic sights, and picturesque landscapes, Kerala is ideally positioned along the southwestern coast of India. It is surrounded by Karnataka on the northeast, Tamil Nadu on the east, and Arabian Sea on the west. At reception, students are welcomed with a traditional Aarti and Tikka. There will be opportunities to interact with students from universities in Kerala and people from different walks of life. High Tea is served and you will witness a Performance on Mohiniyattam - a traditional South Indian dance from Kerala, one of the eight Indian classical dance forms of India.



| STANDARD PRICE | | Early Booking |
|---|---------|---------------|
| Adult | \$41 | \$39 |
| Child | \$20.50 | \$19.50 |
| TIME | | |
| | Date | Time |
| Depart | March 6 | 1800 |
| Return | March 6 | 2130 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Welcome Reception • Traditional dance program (Mohiniyattam) • High tea | | |

Day 2: Thursday, March 7

KOC 203-201

THE ART OF LIVING

2 days/1 night



This holistic program, structured to learn a particular type of yoga, is highly recommended by past SAS participants. The Art of Living, a self-development program designed by Dr. Hamsapriya, emphasizes not only the physical aspect of yoga, but the meditative as well. Past participants have called his trip transformative as it will help you explore your inner self. A two-day intensive course schedule includes: yoga, breathing exercises of Pranayama and Sudarshan Kriya, meditation, informative talks and other personal and group processes. Classes will be held each day in the morning and in the evening. If you are interested in an empowering and holistic method for self-

discovery and healing (it has been known to combat stress, depression, and even breathing difficulties), this tour will suit you.

Note: Accommodations are triple occupancy and all meals served at the hotel will be vegetarian.

ITINERARY

Day 1: (B,L,D)

- Board coach at pier and transfer to hotel
- Morning session followed by hotel lunch
- Evening session followed by hotel dinner

Day 2: (B,L,D)

- Breakfast at hotel
- Morning session followed by hotel lunch
- Evening session followed by hotel dinner
- Depart for pier and board ship

| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$251 | \$239 |
| Child | \$125.50 | \$119.50 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0500 |
| Return | March 8 | 2100 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Yoga & talking sessions with self-development expert | | |

KOC 502-201

SAS EXCLUSIVE: AGRA, JAIPUR & BHARATPUR

5 days/4 nights



During this exclusive SAS experience you will travel like a Maharaja ("great king") and stay in luxurious palaces and villa properties while also interacting with local villagers for a hands-on experience of the real India. Jaipur (City of Victory) founded in 1727, is the only city in the world symbolizing the nine divisions of the

Universe through nine rectangular sectors sub-dividing it. While here, visit Amber Fort and enjoy an elephant or jeep ride, and see the City Palace and Royal Observatory. Then, on to Bharatpur!

The renowned Keoladeo Ghana National Park in Bharatpur is one of the finest bird sanctuaries in the world. A handful of Siberian cranes arrive here annually, while other commonly seen birds include egrets, ducks, storks, kingfishers, cranes, spoonbills, and falcons. On your rickshaw ride through the park, you may also see deer, hyenas, wildcats, wild boars, and rock pythons.

Later, in the ghost city of Fatehpur Sikri, a World Heritage Site, visit the Jami Masjid, the tomb of Salim Chisti, the Panch Mahal, and Diwan-i-Khas. Emperor Akbar's crowning architectural feat, Fatehpur Sikri is a place where Islamic architecture fuses with Hindu and Jain decorative art. Next, travel to Agra, situated on the banks of Yamuna river, and witness the rise of the pomp and pageantry of three great Mughal monarchs - Emperor Akbar, Jehangir and Shahjahan. In modern times, the city of Agra has a thriving carpet industry, leather workers, and sandstone and marble

| STANDARD PRICE | | Early Booking |
|---|----------|---------------|
| Adult | \$2,260 | \$2,152 |
| Child | \$1,130 | \$1,076 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0600 |
| Return | March 11 | 1100 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • City Palace, Amber Fort, Royal Observatory in Jaipur • Fatehpur Sikri, the ghost city • Taj Mahal & Agra Fort • Rickshaw ride through Bharatpur bird sanctuary | | |



sculptors, some of whom claim to be direct descendants of the craftsmen who helped build the Taj Mahal. A symbol of love, Emperor Shah-Jehan built the Taj Mahal for his beloved wife. Think of the monuments the world might have in lieu of flowers and chocolates! This unforgettable tour is a chance to see the real India – both the world of the former Maharajas and the simpler lives of its village peoples.

ITINERARY

Day 1: (L,D)

- Transfer to airport for flight to Jaipur via Mumbai
- Overnight at Raj Vilas

Day 2: (B,L,D)

- Sightseeing of Amber Fort with stop at Hawa Mahal
- Elephant (or jeep) ride
- Visit City Palace & Royal Observatory
- 4-hour road trip to Bharatur
- Dinner and overnight at Laxmi Niwas Palace

Day 3: (B,L,D)

- Bharatpur bird sanctuary by rickshaw ride
- Hotel breakfast followed by visit to local village
- Visit Fatehpur Sikri (22km trip)
- Dinner and overnight at Laxmi Niwas Palace

Day 4: (B,L,D)

- Hotel breakfast followed by 2-hour road trip to Agra
- Sightseeing of Agra Fort & Taj Mahal (closed on Fridays)
- 4-hour return drive to Delhi
- Overnight at The Oberoi

Day 5: (B)

- Transfer to airport for flight to Kochi
- Arrive in Kochi and transfer to pier/embark ship



This Kodanad is approximately 1 hours' drive from Kochi, set on the southern banks of Periyar River amid the beautiful high ranges near Perumbavoor. Kerala's baby elephants get the best parental care at Kodanad; this training center for baby elephants is a true sanctuary to overcome the agony and pain of being an orphaned elephant baby.

The baby elephants separated from their mothers in the nearby forest are rescued by the personnel of forest and wildlife organizations, and brought to the training center at Kodanad. On arrival, an orientation and brief history of the rescue centre will be given. As part of the interaction program, students informally get a chance to experience these beautiful grey giants hands-on. Students participate in the animal care regime, by bathing and massaging both adult and baby elephants under the supervision of Mahouts.

| STANDARD PRICE | | Early Booking |
|---|---------|---------------|
| Adult | \$41 | \$39 |
| Child | \$20.50 | \$19.50 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0700 |
| Return | March 7 | 1200 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Elephant interaction – wash and massage • Ferry ride | | |

There's no better way to appreciate the majestic wildlife of India than with this three night/four day program, in one of the world's last unspoiled frontiers. During the day you'll explore the Periyar Tiger Reserve, one of the best-managed wildlife reserves in India. Its open grasslands and varied topography supports a magnificent variety of animals including elephants, bison, deer, macaques, jungle cats, wild dogs, and most importantly the tiger! You will spend your evenings in a breathtaking location near the town of Kumily, the "spice garden of India." From the backwaters of Kerala to the beauty of Tamil Nadu, there's no more authentic way to see what southern India has to offer.



| STANDARD PRICE | | Early Booking |
|---|----------|---------------|
| Adult | \$483 | \$460 |
| Child | \$241.50 | \$230 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0800 |
| Return | March 10 | 1330 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Take an elephant on a joy ride Encounter the local wildlife at Puriyar Tiger Reserve Explore a spice plantation by jeep Go on a bamboo rafting expedition Visit the vineyards of Tamil Nadu | | |

Note: This trip involves strenuous physical activity, including rafting and hiking in a wilderness setting. Please bring a pair of sturdy walking shoes.

ITINERARY

Day 1: (L,D)

- Depart Kochin for homestyle resort in Kumily
- Depart for Elephant Ride and shop at local market

Day 2: (B,L,D)

- Bamboo rafting expedition
- Hike through wildlife reserve
- Tea, snacks, and packed lunch

Day 3: (B,L,D)

- Guided walk through a local spice plantation with a naturalist
- Stop for panoramic view of neighboring Tami Nadu
- Lunch with group and depart for guided tour of the Vineyards of Tamil Nadu

Day 4: (B,L)

- Group breakfast before return trip to Kochin



This cycling tour is perfect for the adventurous nature-lover in you. Not for the faint of heart, you'll traverse approximately 50 kms of countryside on your first day and experience the sights and sounds of rustic village life. Ardent birders will relish the opportunity to trek into the lowland rainforests of Thattekkad and look for the over 200 species of birds that

inhabit this incredible area. To wrap up the trip, your group will kayak on the Periyar River, the longest river in Kerala that has been referenced in many ancient epics, and experience the beauty of the area from the open water.

Note: This tour will be physically strenuous. It is not recommended for those with limited mobility/endorance.

ITINERARY

Day 1: (L,D)

- Transfer to Kakkanad – cycling tour start point
- Scenic countryside ride with temples, spice gardens, paddy fields, and rubber plantations
- Lunch at Hornbill Camp
- Tour/visit local village
- Return to Hornbill for dinner
- Cycling distance today: 50 kms

Day 2: (B)

- Trek/nature walk into lowland rainforests across river from Hornbill; observe native bird species
- Kayaking on Periyar River
- Proceed to Kochin pier and board ship

| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$465 | \$443 |
| Child | \$232.50 | \$221.50 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0800 |
| Return | March 8 | 1300 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> 50km cycling tour of countryside Bird-watching in rainforest Kayaking on Periyar River | | |



Trekking in South India at an altitude of approx. 4,750 to 8,890 feet high from Sea level is an amazing and soothing experience. Munnar - a hill station on the Western Ghats in Idukki district Kerala - is a paradise on earth throughout the year. Munnar, meaning "three rivers," famously referred to the town's strategic location at the confluence of the Madhurapuzha, Nallathanni and Kundaly rivers. Amidst lush green tea gardens dotted with colonial bungalows, rivulets and roaring waterfalls, Munnar is an ideal destination adventure lovers and thrill seekers alike. You group will spend time trekking, mountain biking, and swapping stories around the campfire.

Note: This tour will be physically strenuous and is not recommended for those with limited mobility/endurance. Please bring a sturdy pair of hiking shoes.

| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$208 | \$198 |
| Child | \$104 | \$99 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0800 |
| Return | March 9 | 1300 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Trekking in Tea plantations at Munnar Mountain biking (can rent bicycles) Interaction with the farmers at Munnar Campfire dinners | | |

ITINERARY

Day 1: (L,D)

- Depart Kochi by coach to Munnar (4.5-hour trip)
- Enjoy lunch before trek through Munnar tea gardens and onto a Top Station campsite
- View Kolukkumala Peak and Tamilnadu
- Campfire dinner and overnight in tents

Day 2: (B,L,D)

- Breakfast followed by trek through tea plantation and farms in local village
- Trek ends at Koviloor, a meeting place for farmers
- 3-4 hour hangout with farmers
- Transfer by jeep to campout at Top Station
- Campfire dinner and overnight in tents

Day 3: (B)

- Breakfast before drive back to Kochi port

Every day and night hundreds of children in India are forced to live in the streets, denied of their fundamental right to the basic human necessities of food, shelter and education. To put an end to this social injustice Mr. Jose Maveli, the founder and president of Janaseva Sisubhavan started by providing scholarships and educational materials to the children of poor families. In 1997, the organization began to give out lunch to about 300. The project spread to several schools and in time more than 600 students were given food every day. In 1999, Janaseva Sisubhavan started



several projects like Janaseva English Medium School, Janaseva Boys Home, Janaseva Senior Boys Education Project and Street India Movement. The residents welcome the SAS visitors with garlands and a refreshing tender coconut. Next, visit the center accompanied by the Matron followed by light cultural entertainment. Later enjoy a traditional vegetarian kerala launch served on banana leaves, with the children. After lunch, there is time for games and sports, such as volleyball and basketball.

| STANDARD PRICE | | Early Booking |
|---|---------|---------------|
| Adult | \$65 | \$62 |
| Child | \$32.50 | \$31 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 0930 |
| Return | March 7 | 1530 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Visit Janseva Shishubhavan and interact with underprivileged children | | |

KOC 106-201**GOURMET INDULGENCE: KERALA CUISINE****Half day**

Nimmy and Paul have been involved in 'At Home' hospitality for more than twelve years. Nimmy, a professional cooking instructor for more than twenty years, and her stockbroker husband Paul, offer food and hospitality to foreign guests. Nimmy and Paul belong to the traditional Syrian Christian community in Kerala. In keeping with the tradition of their families they enjoy having guests and serving good food. Nimmy conducts cooking

classes and teaches guests the nuances of traditional Kerala recipes. She is also a food consultant to writers, chefs and magazines.

| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$64 | \$61 |
| Child | \$32 | \$30.50 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 1000 |
| Return | March 7 | 1530 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Cooking demonstration and home visit | | |

KOC 112-202**KOCHI KAYAKING****Half day**

As houseboats are only allowed on the major backwaters, a kayaking excursion allows for an up close view of the smaller villages. Learn about the village life of the Kerala backwaters, while also learning about the local history from local Indigenous stories. Kerala kayaking gives you a ringside view of life along the backwaters. After a safety

briefing and once on the kayaks, you will see numerous peaceful villages, smiling children and farmers hard at work. These villagers will be engaged in paddy cultivation, fishing, duck rearing, and shell and mud collection for the farms. On this tour we utilize the services of local youth, who are expert oarsmen, thus helping them develop an alternative livelihood, since their traditional livelihood from fishing has seen a serious decline in the recent past.

| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$41 | \$39 |
| Child | \$20.50 | \$19.50 |
| TIME | | |
| | Date | Time |
| Depart | March 7 | 1430 |
| Return | March 7 | 1845 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Enjoy a closer look at the villages not accessible by larger boats Learn about the farming practices of the area Enjoy a soft adventure activity | | |

Day 3: Friday, March 8

KOC 301-301**TAJ MAHAL – GROUP B****3 days/2 nights**

A visit to India is not complete without touring the Mughal Emperor Akbar's lost ghost city, Fatehpursikri, and Shah-jehan's Taj Mahal, a symbol of love in the city of Agra. Situated on the banks of the Yamuna river, Agra is a thriving hub of trade for carpeters, leather workers, and stone sculptors - some of whom may be descend directly from the craftsmen who built the Taj Mahal. It took 20,000 artisans 22 years to

complete this poignant mausoleum that blends subtlety with grandeur, and a massive overall design with immaculately intricate execution. You will also see its sister monument, the Agra Fort, which houses an interesting mix of Hindu and Islamic architecture within its city walls. In addition to these most famous attractions in Delhi, you will see Sikh temples, the Lotus Temple of the Bahá'í faith, the tomb of Salim Chisti, and more. Experience the majesty of some of India's most beloved and famous landmarks.

| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$911 | \$868 |
| Child | \$455.50 | \$434 |
| TIME | | |
| | Date | Time |
| Depart | March 8 | 0400 |
| Return | March 10 | 2359 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Taj Mahal & Agra Fort Fatehpur Sikri Sikh Temples & Lotus Temple | | |

ITINERARY

KOC 301-301 TAJ MAHAL – GROUP B**3 days/2 nights**Day 1: (B,L,D)

- Transfer to airport for flight to Delhi
- Visit Lotus Temple
- 4-hour drive to Agra

Day 2: (B,L,D)

- Sunrise at Taj Mahal (closed on Friday)
- Excursion to Fatehpur Sikri
- Visit to Agra Fort
- 4-hour return trip to Delhi

Day 3: (B,L)

- AM visit to Gurudwara (Sikh Temple), Laxmi Narayan
- Stop by India Gate, President House, Old Delhi
- Transfer to airport for flight to Kochi
- Transfer to pier and return to ship

KOC 201-301 KERALAN HOMESTAY**2 days/1 night**

Alleppey, the Venice of the East and one of the most popular tourist attractions in Kerala, is well-known for its beautiful beaches and lagoons. Alleppey has the largest network of canals in the region and lures tourists to the area for its backwater cruises, boat races, and home stays. These homes away from home allow close interaction with the host family and the local lifestyle. Tucked away in cool coconut groves or encircled by backwaters, homestays in Kerala offer you one of the preferred means by visitors to enjoy and experience the culture, lifestyle and flavors of the land and its people.



| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$160 | \$152 |
| Child | \$80 | \$76 |
| TIME | | |
| | Date | Time |
| Depart | March 8 | 1000 |
| Return | March 9 | 1330 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Homestay experience and understanding of local lifestyles • Interaction with the local family • Tour of coir factory | | |

ITINERARYDay 1: (L,D)

- Depart pier for Alleppey (2-hour trip)
- Check in at homestay and enjoy lunch with family
- 2-hour country canoe ride on backwaters
- Main venue for dinner, interaction, cultural program

Day 2: (B,L,D)

- Breakfast followed by visit to local school
- Return drive to pier with stop en-route at coir factory



Launched by the state of Kerala in 1998, *Kudumbasree* is a holistic government-sponsored program whose mission is to eradicate poverty in rural areas through assisting unemployed women. This program teaches women about organic farming, how to weave clothing, or make handicrafts or eco-based products to support their single-income family. The program strives to meet its mission

by “reaching out to families through women and reaching out to community through families.” This trip highlights the efforts of *Kudumbasree* in the village of *Chendamangalam*. Enjoy a traditional *tharavadu* (family house) welcome with *chenda melam* (drums), jasmine garland and sandalwood *chutti* (jewelry), along with tender coconut water to drink. Afterward, view one of the traditional cultural folk dances of Kerala. Feast on *Sadya*, a vegetarian meal served on banana leaves. For those who like to try new things, try your hand at preparing the renowned Kerala dish, *Appam* and fish *Mappas*. After lunch, watch handloom weaving by skilled villagers; weaving is a primary source of income for many of the families in the village. Explore the winding roads of the village and spend time interacting with the villagers before returning to Kochi.

Please note: Comfortable, sturdy footwear, long cotton pants and protection from the sun recommended.

| STANDARD PRICE | | Early Booking |
|---|---------|---------------|
| Adult | \$70 | \$67 |
| Child | \$35 | \$33.50 |
| TIME | | |
| | Date | Time |
| Depart | March 8 | 1000 |
| Return | March 8 | 1800 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Visit to Chendamangalam Village • Traditional keralan meal served on banana leaves • Traditional cultural folk dance • Cooking demo of a Kerala dish | | |

Day 4: Saturday, March 9



Saandhwanam Charitable Society is a nonprofit social service organization started by a dedicated team of social workers in May 2000 and was formally inaugurated on September 3, 2000. The society currently houses children ranging from the age of 5 years to 10 years and shelters sixty (60) Children. It is common knowledge that the number of orphaned children and unsupported older people in India is increasing at a rapid rate because of various reasons including poverty and

disorganized family conditions. Due to a lack of guidance and a supportive family environment, a large number of orphaned children end up as hardened criminals. Under extreme poverty, a large number also become victims of crime and anti-social activities. At Saandhwanam, the aim is to provide a platform for the isolated and downtrodden in society with the objective of ensuring social justice. This entails providing comprehensive rehabilitation, treatment and education to enable their reentry into mainstream society. Depart the quayside to

spend a day at the society, where you will have the opportunity to immerse yourselves in the work of the social workers. You are paired with a social worker for the day working together to provide for the daily needs of the children. A basic lunch will be provided and taken with the society members for an opportunity to learn about their daily lives.

| STANDARD PRICE | | Early Booking |
|--|---------|---------------|
| Adult | \$37 | \$35 |
| Child | \$18.50 | \$17.50 |
| TIME | | |
| | Date | Time |
| Depart | March 9 | 0900 |
| Return | March 9 | 1500 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> • Enjoy a “give back” experience and help the local communities • Learn about the unique challenges faced, and how this organization faces these challenges • Be exposed to the social work aspect and how this contributes to their economy • PACKED LUNCH from ship | | |

Day 5: Sunday, March 10

KOC 111-501

ELEPHANT CAMP & INTERACTION

Half day



This Kodanad is approximately 1 hours' drive from Kochi, set on the southern banks of Periyar River amid the beautiful high ranges near Perumbavoor. Kerala's baby elephants get the best parental care at Kodanad; this training center for baby elephants is a true sanctuary to overcome the agony and pain of being an orphaned elephant baby. The baby elephants separated from their mothers in the nearby forest are rescued by the personnel of forest and wildlife organizations, and brought to the training center at Kodanad. On arrival, an orientation and brief history of the rescue centre will be given. As part of the interaction program, students informally get a chance to experience these beautiful grey giants hands-on. Students participate in the animal care regime, by bathing and massaging both adult and baby elephants under the supervision of Mahouts.

| STANDARD PRICE | | Early Booking |
|---|----------|---------------|
| Adult | \$41 | \$39 |
| Child | \$20.50 | \$19.50 |
| TIME | | |
| | Date | Time |
| Depart | March 10 | 0700 |
| Return | March 10 | 1200 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Elephant interaction - wash and massage Ferry ride | | |

KOC-112-502

KOCHI KAYAKING

Half day

As houseboats are only allowed on the major backwaters, a kayaking excursion allows for an up close view of the smaller villages. Learn about the village life of the Kerala backwaters, while also learning about the local history from local Indigenous stories. Kerala kayaking gives you a ringside view of life along the backwaters. After a safety briefing and once on the kayaks, you will see numerous peaceful villages, smiling children and farmers hard at work. These villagers will be engaged in paddy cultivation, fishing, duck rearing, and shell and mud collection for the farms. On this tour we utilize the services of local youth, who are expert oarsmen, thus helping them develop an alternative livelihood, since their traditional livelihood from fishing has seen a serious decline in the recent past.



| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$41 | \$39 |
| Child | \$20.50 | \$19.50 |
| TIME | | |
| | Date | Time |
| Depart | March 10 | 1430 |
| Return | March 10 | 1845 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Enjoy a closer look at the villages not accessible by larger boats Learn about the farming practices of the area Enjoy a soft adventure activity | | |

KOC-109-501

LADIES OF KOCHI COOKING DEMO

Full day

This tour will be an excellent opportunity to interact with women from the middle and upper classes of society in Kochi. You will participate in an interactive session and cooking demonstration on the local cuisine. The women will provide handouts that include recipes and their culinary history, so that you can remember the experience and recreate the meal in your own home for years after the trip ends. The meeting is at the ladies' club in one of the residential area of Kochi. One of the members of the Rotary club, while interacting with the students, will also deliver a talk on Kerala cuisine & culture.



| STANDARD PRICE | | Early Booking |
|---|----------|---------------|
| Adult | \$55 | \$52 |
| Child | \$27.50 | \$26 |
| TIME | | |
| | Date | Time |
| Depart | March 10 | 1030 |
| Return | March 10 | 1600 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Cooking demonstration and interaction with women of Kochi | | |

Day 6: Monday, March 11

KOC-113-601

EXCLUSIVE SNAKE BOAT RACE

Full day



Welcome to yet another splendid, unparalleled attraction of 'God's Own Country'. A snake boat race is as much part of the land's ethos as the elephant pageant. This sport that signifies the excellent team spirit, integration and friendship of the people of this backwater country. Snake boat races are held in connection with Onam, the harvest festival in August/September. Scores of long snake boats and other smaller crafts participate in these events. The largest team sport in the world, the snake boat races are preceded by colorful water parades. This program is your opportunity to experience one of the rarest boat races in the world. **Please note:** Life jackets will be provided for each student.

| STANDARD PRICE | | Early Booking |
|---|----------|---------------|
| Adult | \$177 | \$169 |
| Child | \$88.50 | \$84.50 |
| TIME | | |
| | Date | Time |
| Depart | March 11 | 0900 |
| Return | March 11 | 1500 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Witness traditional snake boat races, largest team sport in the world | | |

KOC-114-601

SERVICE VISIT: MOTHER TERESA'S ORPHANAGE

Full day

Mother Teresa was the founder of the Missionaries of Charity whose vocation is to work for the "poorest of the poor". Caring for orphans and abandoned children was one of the Sisters' many tasks. The state of Kerala decided that every year on August 26—the day in 1910 when Mother Teresa of Kolkata was born—shall be celebrated as Orphan Day in her honor. Depart the quayside to spend your day at the orphanage, where you will have the opportunity to immerse yourselves in the work of the sisters. You are paired with a sister for the day and working together to provide for the daily needs of the children. A basic lunch will be provided and taken with the sisters for an opportunity to learn more about their daily lives. **Please note:** Students will need to bring along a packed lunch from the ship.



| STANDARD PRICE | | Early Booking |
|--|----------|---------------|
| Adult | \$26 | \$25 |
| Child | \$13 | \$12.50 |
| TIME | | |
| | Date | Time |
| Depart | March 11 | 0900 |
| Return | March 11 | 1430 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Provide service for nuns and children of Mother Teresa's Orphanage Learn more of Mother Teresa's legacy | | |

KOC-110-601

AYURVEDIC TOUR

Full day



NAGARJUNA's full-fledged Ayurvedic Centre located on the banks of the river Periyar at Kalady in Kerala, provides a complete range of Ayurvedic Treatments strictly conforming to the traditional practices. The surrounding landscape and the aesthetically designed rooms stimulate the guests to rediscover life in its entirety. Nagarjuna Ayurvedic Centre blends deep ayurvedic insights with traditional skills to provide a range of remedies based on preventive, curative, rejuvenative and immunization therapies. On arrival, you will experience a traditional welcome and then visit the Herbal Garden, Treatment rooms & pharmacy. Later the Chief physician will give a lecture on Ayurveda including demo of a massage. You will be then served a Traditional Kerala Ayurvedic Vegetarian Lunch in Plantain Leaves before returning to the pier.

| STANDARD PRICE | | Early Booking |
|---|----------|---------------|
| Adult | \$67 | \$64 |
| Child | \$33.50 | \$32 |
| TIME | | |
| | Date | Time |
| Depart | March 11 | 1000 |
| Return | March 11 | 1700 |
| HIGHLIGHTS | | |
| <ul style="list-style-type: none"> Visit to farm and rubber plantation – you get to learn about farming Visit to village Visit to temple | | |