

YOKOHAMA and KOBE, JAPAN

Arrive Yokohama: 0800 Sunday, January 27
Onboard Yokohama: 2100 Monday, January 28
Arrive Kobe: 0800 Wednesday, January 30
Onboard Kobe: 1800 Thursday, January 31

Brief Overview: The "Land of the Rising Sun" is a country where the past meets the future. Japanese culture stretches back millennia, yet has created some of the latest modern technology and trends. Japan is a study in contrasts and contradictions; in the middle of a modern skyscraper you might discover a sliding wooden door which leads to a traditional chamber with tatami mats, calligraphy, and tea ceremony. These juxtapositions mean you may often be surprised and rarely bored by your travels in Japan.

Voyagers will have the opportunity to experience Japanese hospitality first-hand by participating in a formal tea ceremony, visiting with a family in their home in Yokohama or staying overnight at a traditional ryokan. Japan has one of the world's best transport systems, which makes getting around convenient, especially by train. It should be noted, however, that travel in Japan is much more expensive when compared to other Asian countries.

Japan is famous for its gardens, known for its unique aesthetics both in landscape gardens and Zen rock/sand gardens. Rock and sand gardens can typically be found in temples, specifically those of Zen Buddhism. Buddhist and Shinto sites are among the most common religious sites, sure to leave one in awe.

From Yokohama: Nature lovers will bask in the splendor of Japan's iconic Mount Fuji and the Silver Frost Festival. Kamakura and Tokyo are also nearby and offer opportunities to explore Zen temples and be led in meditation by Zen monks. Voyagers may travel overland between Yokohama and Kobe to experience more of the country.

From Kobe: History buffs will be drawn to Hiroshima and Peace Memorial Park as a World Heritage site. Additionally, the town of Nara has been a favorite among students on previous voyages.

Suggested short-cuts to simple planning:

Register for the following "bundles" of trips based on your interests.

Art & Architecture:

YOK 100-102 Yokohama City Orientation
KOB 103-102 Osaka Castle

Cultural highlights:

YOK 104-201 Cultural Tokyo
KOB 104-102 Tea Ceremony

Action/Adventure:

YOK 102-201 Mt. Takao Hiking
KOB 105-102 Sword Fighting Lesson

Special Opportunities:

YOK 101-102 or 201 Home Visits
YOK 107-201 Zen Temple on Kamakura
KOB 110-202 Disaster Reduction & Human
Renovation Institute

History:

KOB 106-201 Hiroshima by Bus & Bullet train
KOB 110-202 Disaster Reduction & Human
Renovation Institute



YOKOHAMA

Day 1: Sunday, January 27

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.
Do not make any other travel plans as this is a designated class day in port for your course.

Field Labs		Yokohama, JAPAN	Sunday, 27 January
YOKL1	MDST 3559	Professor Ferrara	Diverse Cultures in Mass Communication
YOKL2	ANTH 2320	Professor Frolander-Ulf Slater	Anthropology of Religion
YOKL3	EAST 3559	Professor Israel & Professor Xie	Sino-American Relations
YOKL4	RELB 1559-102	Professor Laycock	Religions of Asia
YOKL5	ARTH 2862	Professor Maki	Arts of the Buddhist World
YOKL6	ENGL 3559	Professor D. Morris	Earth Fictions
YOKL7	BIOL 1559-103	Professor F. von Hippel	Marine Biology (Section 1)
YOKL8	RELB 3559-101	Professor Waldron	Myth of the Self

YOK 201-101

HAKONE

2 days/1 night

Hakone is a small town at the base of stratovolcano Mt. Fuji, and home to a Shinto shrine on the shores of Lake Ashi. Here you'll learn more of Japanese religious and cultural traditions. If weather permits, a pleasure boat cruise on Lake Ashi will provide a fine view of Mt. Fuji, Japan's most famous peak. The observation deck is inside the boat, so you can enjoy the scenery without feeling cold. Next you'll marvel at the winter playground within The Mori Park at Saiko Wild Bird Sanctuary. Ice sculptures of "silver frost" on the trees can reach 10m and are breathtaking in the winter setting.



STANDARD PRICE		Early Booking
Adult	\$ 720	\$ 660
Child	\$ 360	\$ 330
TIME		
	Date	Time
Depart	January 27	1300
Return	January 28	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Silver Frost Festival at Lake Saiko Juhyo • Stay at traditional Japanese ryokan • Owakudani Boiling Valley • Hakone Shrine • Pleasure boat tour on Lake Ashi (if weather permits) 		



Shake off the cold at the Owakudani Boiling Valley, a popular hot spring resort near Tokyo with spectacular views. Throughout the tour, your unique accommodations at a Japanese ryokan will allow you to experience a popular Japanese tradition. More than just an inn, ryokan are an opportunity to experience authentic Japanese lifestyle and hospitality, incorporating elements such as tatami floors, futon beds, Japanese style baths and local cuisine, making them popular with both Japanese and tourists alike. Relax and enjoy the tranquil atmosphere of scenic Hakone.

Note: It will be cold. Please bring warm footwear and outerwear.

ITINERARY

Day 1: (D)

- Depart from Yokohama Int'l Ferry Terminal
- Visit Lake Saiko Juhyo (Silver Frost) Festival with Mt. Fuji scenery
- Check-in and Japanese-style buffet at ryokan

Day 2: (B)

- Breakfast at ryokan
- Visit Owakudani Boiling Valley; lunch on your own
- Hakone Shrine
- Return to ship



This tour incorporates visits to several unique areas of Japan: Hakone, Ise/Mie Prefecture, and Kyoto, Japan's former capital city. If weather permits, a pleasure boat cruise on Lake Ashi in Hakone will provide a fine view of Mt. Fuji, Japan's most famous peak. The observation deck is inside the boat, so you can enjoy the scenery without feeling cold. Next you'll marvel at the winter playground within The Mori Park at

Saiko Wild Bird Sanctuary. Ice sculptures of "silver frost" on the trees can reach 10m and are breathtaking in the winter setting. Shake off the cold at the Owakudani Boiling Valley, a hot spring resort near Tokyo with spectacular views and a history of volcanic activity. Throughout the tour, your unique accommodations at a Japanese ryokan will allow you to experience a popular Japanese tradition. More than just an inn, ryokan provide authentic Japanese lifestyle and hospitality, incorporating elements such as tatami floors, futon beds, Japanese style baths and local cuisine, making them popular with both natives and tourists alike.



STANDARD PRICE		Early Booking
Adult	\$ 1,257	\$ 1,202
Child	\$ 628.50	\$ 601

TIME

	Date	Time
Depart	January 27	1300
Return	January 30	1630

HIGHLIGHTS

- Lake Saiko Juhyo (Silver Frost) Festival on the foot of Mt. Fuji
- Owakudani Boiling Valley
- Lake Ashi by pleasure boat (if weather permits)
- Stay at traditional Japanese ryokan
- Ise Shrine & Kinkakuji/Ryoanji Temples
- Ninja Museum & famous sites in Kyoto

Continue to the Ise Grand Shrine, a complex of shrines that house the Sacred Mirror, a national treasure and one of Shinto's holiest and most important sites. The Kinkakuji Temple whose Golden Pavilion is actually a pagoda, houses sacred relics of the Buddha, while the Ryoanji Temple, built in 1450, is home to a beautifully abstract zen rock garden. Enjoy your visit to these temples while reflecting on Japanese religious history and practices.



Debunking ideas that castles are a uniquely European convention, the Nijo Castle is your next destination. A flatland castle in Kyoto that was built originally as a residence for the shogunate (military leaders) of the day, it is a majestic network of palaces and gardens. Finally, learn the history behind the ninja warrior, one of Japan's most recognized cultural icons, at the Iga-ryu Ninja Museum. Ninjitsu is not considered a martial art, but an original art of warfare, and was developed mainly in the Iga area. Learn more about the history and culture of Japan on this extraordinary three-part adventure.



Note: It will be cold. Please bring warm footwear and outerwear.

ITINERARY

Day 1:

- Depart from Yokohama Int'l Ferry Terminal
- Visit Lake Saiko Juhyo (Silver Frost) Festival with Mt. Fuji scenery
- Hotel check-in and dinner on your own

Day 2: (B,D)

- Visit Owakudani Boiling Valley
- Pleasure boat tour on Lake Ashi; lunch on your own
- Transfer to Toba (5 hours)
- Check-in and Japanese dinner at ryokan

Day 3: (B)

- Breakfast at ryokan before departure
- Visit Ise Shrine
- 1.5-hour drive to Iga-ryu Ninja Museum
- Lunch on your own
- 2-hour drive to Kyoto
- Hotel check-in and dinner on your own

Day 4: (B)

- Visit Kinkakuji Temple (Golden Pavilion) and Ryoanji Temple with rocks garden
- Lunch on your own
- Visit Nijo Castle before returning to the ship

YOKOHAMA CITY ORIENTATION

Half day



Yokohama is Japan's second largest city with a population of over three million. Towards the end of the Edo Period (1603-1867), during which Japan maintained a policy of self-isolation, Yokohama's port was one of the first to be opened to foreign trade in 1859. Consequently, Yokohama quickly grew from a small fishing village into one of Japan's major cities. Visit the Sankeien Garden, which was originally built by silk trader Tomitaro Hara as his private residence. This authentic Japanese garden sprawls 175,000 square meters and features a three-story pagoda, a Buddhist sanctum and several tea ceremony houses. Then, make your way over to Harbor View Park, where you will visit Landmark Tower—the tallest building in Japan—and enjoy a panoramic view from its observation deck, known as the “Sky Garden.”.

STANDARD PRICE		Early Booking
Adult	\$112	\$108
Child	\$56	\$54
TIME		
	Date	Time
Depart	January 27	1300
Return	January 27	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Sankeien Garden • Observation Deck at Yokohama Landmark Tower 		

YOK-106-102

JAPAN HOME VISITS

Full day



The purpose of this home visit, sponsored by a Yokohama volunteer organization, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to go with a small group (2-4 individuals) to engage in in-depth personal and intellectual exchanges with

your hosts, who will meet you at the ship. Out-of-pocket expenses may range from ¥1,500 to ¥2,500 (approximately US \$20 to \$30) to cover expenses incurred during the day. Please remember to bring a small gift to your host family (possibly a box of sweets or a memento from your home city or school).

STANDARD PRICE		Early Booking
Adult	\$33	\$30
Child	\$16	\$15
TIME		
	Date	Time
Depart	January 27	1100
Return	January 27	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> • Personal experience with a Japanese family 		

Please note: Out of respect to the host families, cancellations will not be acceptable. Walking shoes and some spending money are suggested.

YOK-105-202

TRADITIONAL TOKYO TEA CEREMONY

Half day



Tea is more than just a beverage in Japan. The tea ceremony is steeped in centuries-old tradition and highly ritualistic. The environment, the smells, the service, the cups, the kettle, the bowl, the tatami mats and even the attire are all a part of this specially arranged, complete Japanese Tea Ceremony experience. In addition, you will have the opportunity to enjoy strolling the beautiful Japanese Garden of the venue.

STANDARD PRICE		Early Booking
Adult	\$96	\$92
Child	\$48	\$46
TIME		
	Date	Time
Depart	January 28	1300
Return	January 28	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> • Experience of Japanese Tea Ceremony 		

Day 2: Monday, January 28

YOK-101-201

MT. FUJI HAKONE NATIONAL PARK

Full day



As the highest peak in Japan, Mount Fuji stands 12,388 feet high with a near-perfect stratovolcano shape. It has remained dormant since its last eruption in 1707. This symbol of Japan is highly regarded for its beauty and is frequently a subject in Japanese art. For those looking to climb Mount Fuji, a Japanese proverb issues a lighthearted warning:

“He who climbs Mount Fuji once is a wise man; he who climbs it twice is a fool.”

Travel (approximately 2 hours) to the base of Mount Fuji. Explore the Visitor Center before driving up to the mountain’s fifth station. Weather permitting, enjoy expansive views of Hakone National Park and Mount Fuji. Then continue to Hakone and ride the famous Komagatake Ropeway. Enjoy a relaxing boat ride on Lake Ashi before returning to the ship.

STANDARD PRICE		Early Booking
Adult	\$144	\$138
Child	\$72	\$69
TIME		
	Date	Time
Depart	January 28	0830
Return	January 28	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> • Hakone Ropeway • Owakudani Boiling Valley • Lake Ashi by pleasure boat (to see Mt. Fuji scene, if weather permits) • The Old Hakone Checkpoint Museum • Lunch at own expense 		

YOK-102-201

MOUNT TAKAO HIKING

Full day



Mount Takao, located within the municipality of Hachioji City in the southeastern part of the Kanto mountainous region, is about 50 km from the center of Tokyo. Because of this convenient location, visitors can enjoy its natural beauty and the many other attractions all in a day’s trip. In recognition of its magnificent beauty, the 2007 edition of Michelin’s travel guidebook awarded Mt. Takao

the maximum of three stars. Visitors can climb Mt. Takao by taking a cable car or lift to a point 400 m up - halfway up the mountain. They can also climb to the top along one of three trails, each of which takes about one-and-a-half hours.

STANDARD PRICE		Early Booking
Adult	\$125	\$119
Child	\$63	\$60
TIME		
	Date	Time
Depart	January 28	0800
Return	January 28	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> • Mt. Takao Hiking • Mt. Takao Monkey Park • Lunch at own expense 		

YOK-103-201

KAMAKURA

Full day



Kamakura was the capital of Japan from 1185 to 1333. Rule of Japan had effectively passed from the imperial family and nobles represented by the Fujiwaras to the samurai. When the capital was moved away from Kyoto, new forms of Buddhism, particularly Zen and Pure

Land, were patronized. Visit the Tsurugaoka Hachiman-gu (shrine). Originally built in Kyoto in 1063, the shrine was moved to its present location in 1180 and is known for its Homotsuden (treasure house), big ginkgo leaves and Sugaraba (a haiku-inscribed monument). Continue to Hasedera (temple) to view its impressive 30-foot Buddha statue. With its eleven faces, this is reportedly the largest wooden statue in Japan. Lastly, make a trip to Kamakura Daibutsu (Great Buddha) to see the nearly 44-foot bronze statue that weighs over 93 tons. Admire the craftsmanship of this outdoor statue before returning to the ship.

STANDARD PRICE		Early Booking
Adult	\$102	\$98
Child	\$51	\$49
TIME		
	Date	Time
Depart	January 28	0800
Return	January 28	1530
HIGHLIGHTS		
<ul style="list-style-type: none"> • Great Buddha • Hase Kannon Temple • Tsurugaoka Hachimangu Shrine • Lunch at own expense 		

YOK-104-201

CULTURAL TOKYO

Full day



Explore the highlights of Tokyo on this full-day orientation. Visit Meiji-jingu (Meiji Shinto Shrine), a shrine dedicated to the deified spirits of Emperor Meiji and his consort, Empress Shoken. View the Imperial Palace Plaza, located at the former site of Edo Castle. Then visit Senso-ij, also known as the Asakusa Kannon Temple, in the center of the Tokyo's shitamachi (low town). The temple is within walking distance of Nakamise-dori (street). More than 200 meters long, this street offers a variety of traditional, local snacks as well as an array of omiyage (souvenirs). There will be time to explore the temple and its immediate surroundings. Enjoy a panoramic view of Tokyo from the observation deck of Roppongi Hills Mori Tower before returning to the ship.

STANDARD PRICE		Early Booking
Adult	\$120	\$115
Child	\$60	\$58
TIME		
	Date	Time
Depart	January 28	0900
Return	January 28	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> Asakusa Kannon Temple Meiji Shrine with Harajuku District (to see cosplay) Imperial Palace Plaza Roppongi Hills Observation Platform LUNCH at your own expense 		

YOK-106-201

JAPAN HOME VISITS

Full day



The purpose of this home visit, sponsored by a Yokohama volunteer organization, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to go with a small group (2-4 individuals) to engage in in-depth personal and intellectual exchanges with your hosts, who will meet you at the ship. Out-of-pocket expenses may range from ¥1,500 to ¥2,500 (approximately US \$20 to \$30) to cover expenses incurred during the day. Please remember to bring a small gift to your host family (possibly a box of sweets or a memento from your home city or school).

STANDARD PRICE		Early Booking
Adult	\$33	\$30
Child	\$17	\$15
TIME		
	Date	Time
Depart	January 28	1000
Return	January 28	1700
HIGHLIGHTS		
<ul style="list-style-type: none"> Personal experience with a Japanese family 		

Please note: Out of respect to the host families, cancellations will not be acceptable. Walking shoes and some spending money are suggested.

YOK-107-201

ZEN TEMPLE EXPERIENCE W/ MONKS ON KAMAKURA

Full day



Meet your senior volunteer guides for a short, 15 minute lecture about the Zen form of meditation. Travel to Kamkura for this unique opportunity to participate in a Zen meditation led by Zen monks. Kamakura was the capital of Japan from 1185-1333. The rule of Japan had effectively passed from the imperial family and the nobles represented by the Fujiwaras to the samurai. When they moved the capital away from Kyoto, they also patronized new forms of Buddhism, particularly Zen and Pure Land. On this Zen Temple tour, students will be instructed by monks on this form of Buddhist meditation. Enjoy Japanese green tea and confectionary before returning to the ship.

STANDARD PRICE		Early Booking
Adult	\$47	\$45
Child	\$24	\$23
TIME		
	Date	Time
Depart	January 28	1150
Return	January 28	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> Zen Temple experience with monks Japanese tea and light snack Lunch at your own expense. 		

KOBE

Day 1: Wednesday, January 30

KOB-101-102

KARATE EXPERIENCE

Half day



Karate is a martial art developed in the Ryukyu Islands in what is now Okinawa, Japan. It was developed partially from indigenous fighting methods called te (literally "hand"; Tii in Okinawan) and from Chinese kenpo. Karate is a striking art using punching, kicking, knee and elbow strikes, and open-handed techniques such as knife-hands. Grappling, locks, restraints, throws, and vital point strikes are taught in some

styles. A Karateka (karate practitioner) will give you a traditional Karate uniform, called a Gi, pronounced "Gee." Learn KATA (sequence of movements for various offensive and defensive postures); KUMITE (choreographed series of techniques with one striking while the other blocks); and other techniques during your 1.5 hour lessons.

STANDARD PRICE		Early Booking
Adult	\$284	\$277
Child	\$142	\$139
TIME		
	Date	Time
Depart	January 30	1300
Return	January 30	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> Learn KATA Experience of KUMITE Karate instruction 		

KOB-103-102

OSAKA CASTLE

Half day



Osaka Castle (Osaka-jo) was built by the hegemon Toyotomi Hideyoshi, who ruled Japan in the latter half of the 16th century.. The construction work began in 1583 and most buildings were completed in 1585. Tens of thousands of people were involved in its construction. The donjon is five-tiered and has large

golden sea creature ornaments shining on the rooftop. One of the charms of this castle is the beauty of its stone wall with close to 40,000 rocks in the wall. Legend has it that powerful daimyo from all parts of Japan competed in carrying the large rocks to display their loyalty to the Toyotomi hegemon. The existing castle tower was built in 1931. It has five tiers and is approximately 40 m high. It is the symbol of Osaka.

STANDARD PRICE		Early Booking
Adult	\$76	\$74
Child	\$38	\$37
TIME		
	Date	Time
Depart	January 30	1300
Return	January 30	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> Osaka Castle Osaka International Peace Center 		

KOB 201-102

HIROSHIMA & MIYAJIMA

2 days/1 night



Hiroshima City is widely known to the world as the first city ever attacked by an atomic bomb during WWII. There you will find the Hiroshima Atomic Bomb Dome (Genbaku Dome), which symbolizes the importance of world peace. Adjacent to the Genbaku

Dome, a World Cultural Heritage Site, is the Peace Memorial Park, a memorial to the more than 140,000 direct and indirect victims of the nuclear attack.

Miyajima, literally Shrine Island, a popular name for Itsukushima Shrine, has long been revered as a sacred island because of Itsukushima Shrine founded there in



STANDARD PRICE		Early Booking
Adult	\$ 735	\$ 691
Child	\$ 367.50	\$ 345.50
TIME		
	Date	Time
Depart	January 30	1300
Return	January 31	1545
HIGHLIGHTS		
<ul style="list-style-type: none"> Peace Memorial Park & Museum Atomic Bomb Dome Itsukushima Shrine with Torii Gate Experience of roundtrip travel on Super Express Shinkansen (Bullet train) 		

KOB 201-102**HIROSHIMA & MIYAJIMA****2 days/1 night**

593 A.D., which is dedicated to the maritime guardian goddesses. The island, about 31 km in circumference, is easily accessible by ferryboat in 10 min. from Miyajimaguchi Station.

Enjoy an overnight stay at a ryokan in Miyajima. Ryokan are Japanese style inns found throughout the country, especially in hot spring resorts. More than just a place to sleep, ryokan are an opportunity to experience the traditional Japanese lifestyle and hospitality, incorporating elements such as tatami floors, futon beds, Japanese style baths and local cuisine.

**ITINERARY**Day 1: (D)

- Transfer to Shin-Kobe Station
- Leave Shin-Kobe for Hiroshima by bullet train
- Half-day sightseeing tour in Hiroshima
- Visit Peace Memorial Museum and Atomic Bomb Dome
- Transfer to Miyajima
- Check-in and dinner at ryokan

Day 2: (B)

- Breakfast at ryokan
- Visit Itsuklushima Shrine
- Transfer to Hiroshima Station – lunch on your own
- Leave Hiroshima for Shin-Kobe by bullet train
- Arrive at Shin-Kobe and transfer to port

KOB-104-102**TEA CEREMONY****Half day**

The Japanese tea ceremony is an artistic pastime unique to Japan that features the serving and drinking of Matcha, a powdered Japanese green tea. Though Japanese green-tea had been introduced to Japan from China around the 8th century, Matcha powdered green-tea did not reach Japan until the end of the 12th century. The practice of holding social gatherings to drink Matcha spread among the upper class from about the 14th century. Gradually one of the main purposes of these gatherings, which took place in a Shoin (study room), became the appreciation of Chinese paintings and crafts in a serene atmosphere.

Gradually one of the main purposes of these gatherings, which took place in a Shoin (study room), became the appreciation of Chinese paintings and crafts in a serene atmosphere.

STANDARD PRICE		Early Booking
Adult	\$129	\$125
Child	\$65	\$63
TIME		
	Date	Time
Depart	January 30	1300
Return	January 30	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> • Japanese Tea Ceremony at a tea house 		

KOB-105-102**SWORD FIGHT LESSON at TOEI UZUMASA EIGAMURA****Half day**

Learn the art of Tate – Japanese samurai sword fighting – up close and personal at the Toei Uzumasa Eigamura Movie Museum.

You will have the opportunity to learn about the history of sword fighting, film choreography and the Japanese film culture.

STANDARD PRICE		Early Booking
Adult	\$194	\$189
Child	\$97	\$95
TIME		
	Date	Time
Depart	January 30	1300
Return	January 30	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> • Toei Uzumasa Eigamura • Sword fight Lesson 		

Day 2: Thursday, January 31

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.
Do not make any other travel plans as this is a designated class day in port for your course.

Field Labs		Kobe, JAPAN	Thursday, 31 January
KOBL1	SEMS 2500-109	Professor Lewis	Mass Communication and Human Behavior
KOBL2	ARTS 1010	Professor McLeod	Drawing at Sea II
KOBL3	DRAM 2020	Professor Rosenfield	Acting 1
KOBL4	PSYC 2600-501	Professor W. Von Hippel	Intro to Social Psychology (Section 1)

KOB-106-201

HIROSHIMA BY BUS & BULLET TRAIN

Full day



Proceed via a five hour motor coach journey to Hiroshima. Upon arrival, enjoy an afternoon of sightseeing at the Hiroshima Peace Memorial Park and Museum. The museum is dedicated to the explosion of the atomic bomb on August 6, 1945, which made Hiroshima known around the world. Two hundred thousand people were killed and many more injured in this explosion.

Inside the museum you will see exhibits of charred clothing, melted tires and other remains, as well as photographs of the aftermath. Temperatures were said to reach 7,000 degrees Celsius, melting statues of Buddha and imprinting human shadows on granite steps. No one who sees this exhibit is likely to forget the experience. Your return trip to Kobe will take only 90 minutes via bullet train.

Visiting the Hiroshima Peace Memorial Park and Museum will provide students an interesting perspective on assessing President Harry Truman's decision to try to hasten the end of the war in the Pacific by dropping nuclear bombs on Hiroshima and Nagasaki, Japan.

STANDARD PRICE		Early Booking
Adult	\$263	\$252
Child	\$132	\$126
TIME		
	Date	Time
Depart	January 31	0900
Return	January 31	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Experience of riding Super Express Shinkansen (Bullet train) for one way • Peace Memorial Museum • Atomic Bomb Dome • LUNCH on your own 		

KOB-107-201

KYOTO

Full day



Kyoto was an imperial capital for nearly 1,000 years and some of Japan's finest temples, palaces, villas and gardens are found here. Culture and lifestyle are refined in this city dotted with oases of tranquility and beauty, exemplifying the best of Japan. You will first visit Kinkaku-ji (Golden Pavilion), which was constructed in the 1390s as a retirement villa

for Shogun Ashikaga Yoshimitsu and features a three-story pavilion covered in gold leaf, topped with a bronze phoenix. Next, you will visit Nijo-jo (Nijo Castle). Built in 1603, this castle was the residence of the Tokugawa Shogun and is known for its contrast of solemn appearance and gorgeous interiors, as well as its perfectly-manicured garden. After lunch at Maruyama-koen (Maruyama Park), you will view Heian-jingu (Heian Shrine), a shrine that honors the peaceful period from 794-1192. Your last stop will be Kiyomizu-tera (Kiyomizu Temple), where you will enjoy a sweeping view of the entire city from the terrace. Participants will get a glimpse of traditional Japanese culture, ritual and arts in a rare and memorable setting.

STANDARD PRICE		Early Booking
Adult	\$112	\$109
Child	\$56	\$55
TIME		
	Date	Time
Depart	January 31	0800
Return	January 31	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Kinkakuji Temple (Golden Pavilion) • Nijo Castle • Heian Shrine • Kiyomizu Temple • LUNCH on your own 		

KOB-108-201**NARA****Full day**

The capital of Japan for a brief period (710-784 CE), Nara successfully avoided the wars that destroyed many other ancient capitals. Buddhism in Nara represents an early, exuberant form of Buddhism and has inspired rich symbolism throughout the city. Your first stop, Horyu-ji, is one of the most important temples in Japanese history, art and culture. The grounds cover an area of 25 acres and contain 45 buildings, all of

which are designated as either National Treasures or Important Cultural Properties. Enjoy lunch and a stroll through Nara Deer Park where the well-known tame deer are found in large numbers. Next, visit the most important temple in all of Nara, Todai-ji (Great Eastern Temple). The temple's Daibut-su (Hall of the Great Buddha) enshrines a huge bronze image of the Cosmic Buddha. Although Todai-ji has been destroyed numerous times by fire, the present building dates from 1706 and is said to be the largest wooden structure in the world. Proceed to Kasuga Taisha Shinto Shrine, which, according to Shinto concepts of purity, was torn down and rebuilt every twenty years from 768 to 1863. Visual highlights include spectacularly-colored pillars and 3,000 stone and bronze lanterns. You may wish to visit the Treasure House (¥420 admission, at your own expense) to see the shrine's treasures, including armor, swords and Noh masks. Please note: This trip includes round-trip transportation by motor coach, admission fees and services of an English-speaking guide. Lunch is at your own expense.

STANDARD PRICE		Early Booking
Adult	\$115	\$112
Child	\$58	\$56
TIME		
	Date	Time
Depart	January 31	0800
Return	January 31	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> • Great Buddha • Hase Kannon Temple • Tsurugaoka Hachimangu Shrine • Lunch at own expense 		

KOB-109-201**ISE SHRINE****Full day**

For anyone living in Japan or interested in Japanese culture, Ise Shrine is a must-visit. It is the most sacred shrine in Japan, with great spiritual and historical significance; in fact, some residents of Ise City will even tell you that every Japanese person knows of Ise Shrine, but not a lot of them have heard of Ise. Ise Shrine is actually divided into two large shrine compounds, containing over one hundred and twenty smaller shrines in addition to the two major shrines: Naiku

(Inner Shrine) and Geku (Outer Shrine). Visit the Outer Shrine first. The Outer Shrine enshrines Toyouke no Omikami, the goddess of harvest, and was erected in 478 A.D. After a quick lunch on your own, spend time visiting the Inner shrine, which enshrines the sun goddess Amaterasu Omikami, who is believed to be the ancestor of the Japanese imperial family. For this reason, the Emperor visits this shrine when he assumes office, and on other important occasions. It is said to have been erected roughly 2000 years ago, and its location was chosen by the 11th Emperor of Japan, Suinin.

STANDARD PRICE		Early Booking
Adult	\$99	\$96
Child	\$50	\$48
TIME		
	Date	Time
Depart	January 31	0630
Return	January 31	1630
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit the Inner and Outer Ise Shrine • LUNCH at your own expense 		



This SAS Exclusive will be facilitated by Professor Jeanette Lancaster. Her unique insight and international experience in public health will greatly enhance this excursion in which students will learn about the disaster response process and develop an understanding of what happens when a person, family or community unexpectedly becomes involved in a

disaster. Disasters are global events that affect countries and people around the world. They can destroy lives and property. Disasters are often sudden and often cannot be prevented. The Great Hashin-Awaji Earthquake Memorial Disaster Reduction and Human Renovation Institute (DRI) is a leading institution in the world that helps visitors understand the effects of this major earthquake and the lessons that have been learned from that disaster. Movies, programs and displays will provide valuable information about earthquakes and disasters and how to more effectively cope with them. There will also be a session that helps participants learn how to develop a personal plan to prepare for the possibility of a disaster and learn how to identify at-risk population groups.

STANDARD PRICE		<i>Early Booking</i>
Adult	\$52	\$50
Child	\$26	\$25
TIME		
	Date	Time
Depart	January 31	0845
Return	January 31	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Discuss the effects of natural disasters • Learn from first responders • Visit the Hashin Awaji Earthquake Memorial • Preliminary and follow-up discussions on "what ifs..." with Professor Lancaster 		