Prerequisites: Students should have completed at least one basic course in the behavioral sciences: psychology, sociology, anthropology or social work.

COURSE DESCRIPTION

Although problems with mental health constitute 14% of the global burden of disease, mental illness has been largely missing from the UN international health agenda. We will examine the major psychoses, depression and substance abuse which significantly affect people throughout the world. Besides traditional medical systems, we will focus on the family and naturalistic systems that allow stricken individuals to function as members of a community. We will learn about attitudes toward mental illness and the devastating effects of stigma. The course will utilize the places we visit to illustrate issues that are unique to the cultures of these countries. Students will participate in one Field Lab that will take us to a mental hospital in Lima, Peru to discuss these issues with care providers and family members.

COURSE OBJECTIVES

Gain an understanding of Global Mental Health problems and priorities for change and their impact on Millennium Development Goals (MDG)

Examine the differences as well as similarities between the mental health care in other countries and the United States.

Develop an understanding of the nature of attitudes toward mental illness around the world and the problem of stigma

Master a body of knowledge about three broad clinical areas—Schizophrenia, Mood Disorders Substance Abuse

Understand how the MDG might be amended in the future to address mental health needs throughout the world

TOPICAL OUTLINE OF COURSE and SCHEDULE

C1 Introduction to Global Mental Health
Class requirements and overview
Description of Required Field Lab
Description of project on attitudes about mental illness
   Formation of small groups - students will elect an area of emphasis
      either Schizophrenia, Mood Disorder or Substance Abuse

In the initial class we will consider the question ..What is mental illness?

Readings -
   Comer Chapter 1

C2   Attitudes about mental illness and stigma -
   We will consider the ubiquity and devastating effect of stigma and the efforts that have
   been made to combat it.

   Small group discussions of personal contact and attitudes about mental illness.
   Preparation for student projects in this area

   Reading:     Hinshaw The Mark of Shame  Chapter 7

The global burden from mental illness is largely attributable to the chronically disabling nature of
   depression, major psychoses and substance abuse.   We will work in large and small groups to
   consider these three major areas and how they affect individuals and families and the interventions
   that have proven most effective  in dealing with them

C3   Schizophrenia
   Reading:  Comer Chapter 12

PORT VISIT   Callao   -Field Lab to Valdizan Hospital

C4   Discussion of visit to Peru and Field Lab at Valdizan Hospital

   Mood Disorders Bipolar Disorder and Major Depression
   Reading:
      Kearney & Tulley  Chapter  Mood Disorder and Suicide
C5 Mood Disorders (continued)
   Reading: Jamison An Unquiet Mind

Port Visit Manta

C6 Substance Abuse
   Reading: Desjarlais Chapter 4

C7 Mid Term Exam
   Mental illness treatment and services
   Reading: Desjarlais Chapter 2

Port Visit Panama

C8 World Mental Health - The Treatment Gap
   The Millenium Development Goals

   Native Healers & Complementary Systems
   Reading:
   Prince Global Mental Health No Health without mental health. WHO
   Kleinman, Arthur Why do indigenous practitioners successfully heal?

Port Visit Puerto Limon

C9, C10 Student Presentations

   Students will present the result of their Small Group Project on Attitudes about Mental Illness, insights in the area of clinical emphasis with recommendations for future Millenium Development Goals

Port Visit Belize City

C11 Wrap up and Open Discussion about Latin American Mental Health Issues
METHODS OF EVALUATION

- Exam Mid term 30%
- Field Component with required FDP 20%
- Student Project and group presentation 30%
- Class Participation 20%

Students are expected to attend all classes and arrive on time. Please do not bring food to class. We will have one or two breaks each session. Students will be evaluated on their ability to discuss assigned topics and reading assignments in large and small groups and report on knowledge gained in port visits and fieldwork. Students will attend one required Field Lab and write a summary report of the experience.

REQUIRED TEXTBOOK

Desjarlais, Robert
World Mental Health
Oxford University Press
1995
$49.95

Jamison, Kay Redford
An Unquiet Mind: A memoir of moods and madness
Vintage Edition Random House
ISBN # 0-679-76330-9
1996
$14.95
Reserve Course Materials


ELECTRONIC COURSE MATERIALS
Caldes de Almeida Jose Miquela, Horvitz Lennon. Marcela
An Overview of Mental Health Care Reforms in Latin America and the Caribbean
Psychiatric Services March 2010 Vol 61 No 3

Chapter 1 P 1-31

Comer, Ronald J Abnormal Psychology Worth Seventh Edition 2010
Chapter 14 Schizophrenia P43-81

Kearney Christopher A, Trull Timothy J
Abnormal Psychology and Life
Wadsworth Cengage 2012
Chapter 7 Mood Disorders and Suicide P170 -212

Nevid, Jeffrey S, Rathus, Spencer, & Greene, Beverly
Abnormal Psychology in a Changing World
2008 Seventh Edition
Pearson/Prentice Hall
Chapter 4 Methods of Treatment p104- 137

Gerstein, Lawrence
A trip around the world
Journal of Mental Health Counseling
Volume: (special issue: counseling around the world-on line journal)
April 2005
p. 1-35
Hinshaw, Stephen  
The Mark of Shame: Stigma of Mental Illness  
Oxford University Press  
2007  
Chapter 7

Incaray M. Wintrob R & Bouchard L  
Psychiatrists and Traditional Healers: Unwitting Partners in Global Mental Health  
Wiley Blackwell  
2009

Kleinman, Arthur  
Why do indigenous practitioners successfully heal?  
Journal Social science and Medicine  
Volume:138  
1979

Prince, et al  
Global Mental Health 1 No Health without Mental Health WHO report  
Journal Lancet  
Volume: 370  
2007

Weisman, Amy G.  
Understanding cross-cultural prognostic variability for Schizophrenia  
Journal Cultural Diversity and Mental Health  
Volume: 3  
1997