

ROSEAU, DOMINICA

Arrive: 0800 Monday, January 23

Onboard: 1800 Tuesday, January 24

Depart: 2000 Tuesday, January 24

DAY 1: Monday, January 23

DOM01 WONDERS OF WAITI-KUBULI: EMERALD POOL & RIVER TUBING – GROUP A (0830–1230) Minimum 10/Maximum 40 (PRICE: \$59)

EARLY BOOKING RATE: \$55

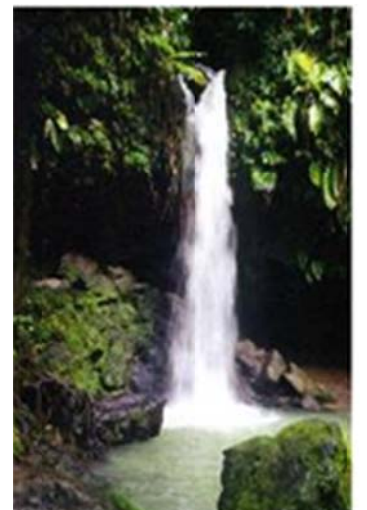
Waiti-kubuli meaning “tall is her body” is the original Carib name for Dominica. The rugged mountainous landscape has produced an abundance of natural wonders, such as rivers, waterfalls, lakes and valleys; the island is criss-crossed with 365 rivers. On this trip enjoy tubing on the Layou River, the largest river in Dominica. Travel about 40 minutes by bus to the launch site for the safety briefing, after which you will be provided with your life vest, modified inner tube, and paddle before getting into the river. After a lesson on the river bank, guides will position you into a large tube. With everyone in the water, your guides will set you loose to begin your journey, gently spinning and swirling in the current while taking in the changing scenery. Stop briefly to enjoy a popular Dominican pastime: river bathing. Enjoy a swim in the crystal clean waters for a few minutes before continuing down the scenic river to your exit point. At the end of the journey, refreshments including punch and fresh fruit will be served. Please note: This tour is unsuitable for the physically challenged and those under six years of age. Bring a swimsuit and a towel and wear sturdy water and walking shoes. Tour may be modified due to weather conditions. Due to the possibility of unforeseen circumstances, such as rainfall and river conditions, we reserve the right to alter or cancel the tour for the safety of our participants.



DOM02 TRAFALGAR FALLS & CULTURAL PERFORMANCE (0900-1230) Minimum 25/Maximum 80 (PRICE: \$50)

EARLY BOOKING RATE: \$46

Depart aboard an air-conditioned coach traveling approximately five miles up the mountain, via the Roseau Valley, past the hillside village of Trafalgar. On arrival at the Visitor Reception Center, your guide will take you on a 30-minute adventure walk on a well-maintained footpath into the rainforest to discover the Twin Trafalgar Waterfalls. The viewing platform is a great vantage point for photographs. After resting sufficiently, head back to the Reception Center and browse the local craft shops. Your next stop is at the Sulphur Springs of Wotton Wavon located in the Valley of Desolation across Trafalgar Falls. Disembark in the Botanical Gardens to visit the aviary and breeding facility housing the Island’s rare parrots, the Jacquot and Sisserou (Dominica’s national bird). Tropical plants are also in abundance. Continue to Morne Bruce View Point where you can enjoy an aerial view of Roseau and the MV Explorer. Your final stop is at the Papilotte Wilderness Eco-Resort where you will be entertained by one of the Islands’ folkloric groups. Refreshments will be served before proceeding back to the ship. Please note: Sturdy walking shoes required.



DOM03 WHALE AND DOLPHIN SAFARI – GROUP A (0900-1230) Minimum 20/Maximum 80 (PRICE: \$59)

EARLY BOOKING RATE: \$55

Known as the “Whale Watching Capital of the Caribbean,” Dominica offers visitors an ideal opportunity for viewing the more than 20 species of whales that have been seen in its waters. These include sperm whales, humpbacks, false killer whales, pilot whales, Fraser dolphins, spotted dolphins, Atlantic dolphins and spinner dolphins. Sperm whales, the world’s largest toothed mammals (adult males can measure up to 67 feet long), are present in the area year round. These waters are their breeding and calving ground. Few experiences can rival the sighting of a huge sperm whale or a family of sperm whales playing on the surface of the water, set against the backdrop of the mountains of Dominica.



On these trips visitors have a 90 percent chance of sighting a whale. Board a 60-foot Catamaran as you search for these magnificent creatures splashing in the calm, turquoise Caribbean Sea. The area’s deep waters close to shore make this one of the few places in the world to see sperm whale; sightings are most common between November and March. Each time the boat is stopped (about every three miles or every 15 minutes), hydrophones are placed in the water for passengers to listen for the rhythmic clicking of sperm whales, the pinging of pilot whales, the whistling of dolphin, or the singing of humpbacks. During this period, your guide will provide educational commentary. Following this adventure, enjoy juice or punch on the way back to the ship. Please note: In-water activity is prohibited out of concern for the welfare of these animals.

DOM04 EMERALD POOL & CARIB INDIAN CULTURE (0900-1500) Minimum 10/Maximum 60 (PRICE: \$69)

EARLY BOOKING RATE: \$64

Proceed through Roseau and then up the Springfield Valley to the colorful Emerald Pool, located in the Trois Pitons National Park. After a 15-minute trek through the rainforest, reach the crystal clear Emerald Pool, filled by a 50-foot cascading waterfall. Your trip continues to the 3,700-acre Carib Indian Territory, home of the remaining Carib Indians.



Your first stop is at *Kalinago Barana Aute* (Village by the Sea), a Carib cultural village, where there is a museum depicting many aspects of this Kalinago Tribe. Your Carib guide will introduce you to the Karifuna Cultural Group, who will present an entertaining show of song and dance. Afterward, watch villagers as they showcase their craft skills; observe how they manipulate *laouma* (natural grass) to bear the different colors seen in their hats and baskets. Lunch will be provided. Please note: Wear sturdy, comfortable shoes. If you wish to take a quick dip in the Emerald Pool, wear a swimsuit under your clothes and bring a towel.

DOM05 WALKING TOUR OF HISTORIC ROSEAU (0930-1200) Minimum 20/Maximum 40 (PRICE: \$39)

EARLY BOOKING RATE: \$35

Experience the island’s unique Creole architecture on this morning walking tour of Roseau, the capital of Dominica. Heavily influenced by the French, with English and

Spanish traces, Roseau's downtown area features the best-preserved group of urban buildings in the Caribbean. Because Dominica was the last island in the Caribbean to be colonized, the oldest non-indigenous buildings in Roseau date from the mid- to late-18th century. Observe colonial-era buildings, mostly religious, civic and military edifices, along with old plantation estates and mills. Visit the typical, brightly colored, wood-framed residences known as *Ti Kaz* and take in the beauty of larger buildings with their intimate courtyards. Note the intricate patterns in railings and fretwork of the more traditional-style buildings.

DOM06 RAINFOREST AERIAL TRAM (0930-1300) Minimum 16/Maximum 176 (PRICE: \$99)

EARLY BOOKING RATE: \$93

Enjoy an aerial tram journey into the rainforest, where your guide will introduce you to the many types of flora and fauna that can be found on the island. The tram provides access to the rainforest canopy and its unique wildlife, many of which never descend to the rainforest floor.

Travel by air-conditioned motorcoach through historic Roseau and the Trafalgar Valley to Laudat, a village nestled more than 3,000 feet in the mountains. Enjoy a scenic drive through the countryside to reach the tram station, which is partly located in the Morne Trois Pitons National Park, a UNESCO Natural World Heritage Site. Your guide will provide a brief orientation and safety instructions before leading you on the 90-minute aerial tram journey. As you glide slowly through pristine rainforest on the enclosed open-air gondola, encounter nature at its best. The rainforest boasts more than 172 species of birds, including two endangered species of parrots. Enjoy spectacular views of majestic mountains and the Caribbean Sea. Upon your return to the base station, enjoy a drink in the juice bar or browse the gift shop. Please note: Sturdy walking shoes required; depending on weather conditions, raingear may be recommended. The gondolas hold eight people each and travel approximately one mile through the protected rainforest.



Canceled! DOM07 CABRITS HISTORICAL TOUR (1000-1330) Minimum 10/Maximum 40 (PRICE: \$73)

EARLY BOOKING RATE: \$69

For millions of years the Cabrits have stood like silent witnesses to the passage of time. Thousands of years ago, people came to Prince Rupert's Bay in canoes. Hundreds of years ago, others arrived in tall ships. Tour the magnificently restored Fort Shirley, one of the most impressive 18th-century military installations in the West Indies, and learn what life was like in its heyday. Here, you can also discover the flora and fauna of the dry coastal forest.

Depart the ship for a 45-minute drive to Fort Shirley, nestled in the Cabrits National Park, where you will receive an overview of the entire Prince Rupert Bay and the town of Portsmouth. Local historian Dr. Lennox Honychurch will act as your guide, giving you a full history of the fort. Constructed between 1770 and 1815, Fort Shirley consisted of more than 50 military structures and 33 canons. It was finally abandoned in 1854. From the top of the fort, look north across the Douglas Bay to Toucari, east to *Morne Aux Diabls*, and south across the Cabrits swamp to the broad sweep of Prince Rupert Bay. Try local fruit juices, punch, coffee and tea listening to some smooth steel pan music. Enjoy free time to explore before returning to the ship.

DOM08 THE CARIB INDIANS: TOUNA AUTE - GROUP A (1230-1900) Minimum 16/Maximum 60 (PRICE: \$69 +OOPEX)

[FDP: BASS & LEFEBVRE]

This FDP will take you to the residential cultural Carib Indian Community, called Touna Aute, situated in the northeastern part of Dominica. The name Touna means “water” in the Carib language. Enjoy a scenic drive through the island rainforest, stopping en route to visit the Emerald Pool in the Morne Trois Pitons National Park. A 15-minute walk through rainforest brings you to the 50-foot cascading waterfall and impressive view. Upon arrival at Touna Aute, the community leader, a former Carib Chief, will welcome you at the traditional community *karbet* and provide a short historical overview of the village and its people. Afterwards, he will invite you to visit the homes of local residents. This experience is the only one of its kind in Dominica. Here, you may be given opportunities to participate in various domestic activities including basket weaving, bamboo weaving of traditional fish traps, or the squeezing of sugar cane juice using traditional techniques. Observe the making of cassava bread, a centuries-old staple of the Carib diet, and learn the secrets of herbal healing from locals who still practice natural medicine. While walking through the village, you may also enjoy fruit picking in season or opt to come prepared to enjoy the water. Local snacks and drinks will be served at the end of the trip. Please note: OOPEX includes money for optional purchases in the village.

Students in Professor Bass’s cross-cultural psychology class should observe the interactions among residents of this Indian community and compare them to those found among people in the United States. Think about ways in which the residents you encounter show respect, power or status differential, and emotional and affective states. If you get the opportunity to visit a home, observe cultural artifacts in the home and think about how these convey ethnic pride and/or heritage.

This FDP is an opportunity for the students in Professor LeFebvre’s human rights course and in her international criminal law course to learn more about the impact of colonialism on the Carib indigenous group in Dominica. Starting in 1493, when Columbus landed there, Europeans nearly exterminated the indigenous Kalinagos/Caribs through war, slavery, and infectious disease. After 350 years, Britain abolished slavery, and, in 1903, it created the present Carib Reserve. You should ask the following: What has been the impact of that dark history on the Caribs today, insofar as numbers of members, language, equality, culture, politics, employment, and ethnic identity?

DOM09 ORGANIC FARMING EXPERIENCE AT D-SMART FARM (1300-1630) Minimum 8/Maximum 15 (PRICE: \$46)

[FDP: PAXSON]

This FDP begins with a scenic drive up the Springfield Valley to D-Smart Farm located within the Morne Trois Piton National Park. D-Smart Farm is situated on 2.5 acres of family land in Corona. At D-Smart Farm, fruits and vegetables are produced organically. Its primary focus is to maintain healthy soil and develop a balanced farm ecosystem that is environmentally sustainable.

Your guide will lead you through the farm where you will have the opportunity to view the variety of vegetables, fruits and herbs that are grown in and out of greenhouses with the use of composted matter, crop rotation, companion cropping, drip irrigation

and rain harvesting. In addition, observe pigs and chickens, participate in the preparation of vegetable seedlings, and harvest vegetables and fruits, which you will in turn prepare and eat. Experience a virtual and video tour of features on the farm, which includes organic composting methods and the use of sustainable energy with a locally made Ram Pump (made by the farmer), which supplies water to the farm and main house from a nearby river. At the end of your tour, enjoy a fresh salad, fresh fruits, local fruit juice, and coconut water or herb tea. Dried herbs, local crafts and souvenirs will be available for sale. OOPEX includes money for optional purchases.

DOM10 WONDERS OF WAITI-KUBULI: EMERALD POOL & RIVER TUBING- GROUP B (1300-1630) Minimum 10/Maximum 40 (PRICE: \$59)

EARLY BOOKING RATE: \$55

Waiti-kubuli meaning “tall is her body” is the original Carib name for Dominica. The rugged mountainous landscape has produced an abundance of natural wonders, such as rivers, waterfalls, lakes and valleys; the island is criss-crossed with 365 rivers. On this trip enjoy tubing on the Layou River, the largest river in Dominica. Travel about 40 minutes by bus to the launch site for the safety briefing, after which you will be provided with your life vest, modified inner tube, and paddle before getting into the river. After a lesson on the river bank, guides will position you into a large tube. With everyone in the water, your guides will set you loose to begin your journey, gently spinning and swirling in the current while taking in the changing scenery. Stop briefly to enjoy a popular Dominican pastime: river bathing. Enjoy a swim in the crystal clean waters for a few minutes before continuing down the scenic river to your exit point. At the end of the journey, refreshments including punch and fresh fruit will be served. Please note: This tour is unsuitable for the physically challenged and those under six years of age. Bring a swimsuit and a towel and wear sturdy water and walking shoes. Tour may be modified due to weather conditions. Due to the possibility of unforeseen circumstances, such as rainfall and river conditions, we reserve the right to alter or cancel the tour for the safety of our participants.

DOM11 SNORKELING IN CHAMPAGNE REEF - GROUP A (1330-1600) Minimum 10/Maximum 50 (PRICE: \$49)

[FDP: LAWRENCE]

As one of the top five diving destinations in the world, Dominica has numerous pristine coral reefs with diverse marine life, perfect for snorkeling. Depart the ship for a 15-minute drive south of Roseau through the picturesque village of Pointe Michel and arrive at the snorkeling facility. Upon arrival at the center, you will be outfitted with snorkeling gear and given an orientation of the facility and the adventure that awaits you on the reef. A professional PADI certified diver will instruct you on the correct use of your gear and brief you on what you are likely to see and experience once in the water.

Champagne Reef is aptly named for the tiny crystal bubbles that continuously rise from small volcanic geothermal fissures in the sea floor. Recognized as Dominica’s premier snorkeling site, Champagne ranks among the top five snorkeling sites in the Caribbean and sits on the edge of a submerged volcano. Encounter an extensive variety of tropical fish and corals, including sponges, lobster, parrot fish and a resident population of Hawksbill turtles and green turtles. You may also view sea horses and the remains of the 17th century Spanish ship wreck (cannons and chain links). Enjoy the ancient and beautiful underwater scenery, which features colorful



corals atop submerged peaks and a multitude of tropical reef fishes. Please note: the snorkeling facility has changing rooms, refreshments, gift shop and a sundeck overlooking the beautiful Caribbean Sea. Please wear your swimsuit, bring a towel and a change of clothing; sun protection is recommended.

DOM12 ISLAND STYLE HOT BATHS (1330-1630) Minimum 10/Maximum 30 (Price: \$49)

EARLY BOOKING RATE: \$46

At a slow and easy pace, this trip allows you to enjoy the sights of Roseau before visiting one of the most popular relaxation “hot spots” in Dominica. Drive through the city’s capital, Roseau, before heading to Morne Bruce for a panoramic view of the capital city. Next, stop at the Botanical Gardens to view some of Dominica’s flora and fauna, including the Sisserou Parrot. Travel to the “wellness” village of Wotten Waven where you will view stunning but serene landscape. Upon arrival to the baths, there will be a short introduction by the host. You will be escorted down a flight of natural steps to a series of open-air pools for your island-style hot mineral bath direct from an underground source. This is a little bit of luxury and a whole lot of NATURE! Enjoy the rustic outdoor setting and relax in one of the natural pools for a leisurely 45 minutes before capping off your experience with some local herb tea or fruitpunch, and some tasty fresh local fruit. Please note: Wear a dark swimsuit and bring your own towel. Children under 16 years of age are not permitted.



DOM13 RIVER TO OCEAN KAYAKING (1330-1630) Minimum 10/Maximum 30 (Price: \$49)

EARLY BOOKING RATE: \$46

Adventure seekers, even if you’ve kayaked once before, try it again going downstream on Dominica’s largest and longest river, the Layou River. There will be a short kayaking/paddling instruction before getting into the water. Experience the thrill of steering yourself while you plunge down the light rapids in your two-person, sit-on, state-of-the-art kayak. Our well-trained guides are on hand to lead you through the funfilled adventure. You must pause at times to enjoy the natural scenery. Take a few minutes to paddle your own way before your breathtaking entrance to the fishing village of Layou and the warm Caribbean Sea. There, you will see the fishing boats pulled up after the early morning fishing expedition, have an opportunity to swim in the Caribbean Sea and the river, which is just a few feet away. A short paddle back up the river will take you to your exit point, where a complimentary punch and fresh fruit is well deserved. Then sample our local cuisine prepared for you by the community. Quality kayak seats, paddles and life vests provided. What a rush! What a ride!



DOM14 RAINFOREST & WATERFALL 4X4 ADVENTURE – GROUP A (1415- 1715) Minimum 10/Maximum 30 (PRICE: \$59)

EARLY BOOKING RATE: \$54

There’s a seat for you on an intricately painted four-wheel drive open-air ex-military jeeps. Picture this: no windows, no aisles, no glass barriers, no enclosed seating as you drive through the rainforest, just a 360-degree panoramic view of the lush, scenic island. This tour is sure to awaken all your senses. Begin with a short drive through Dominica’s capital, Roseau, where you will view several historic sites.



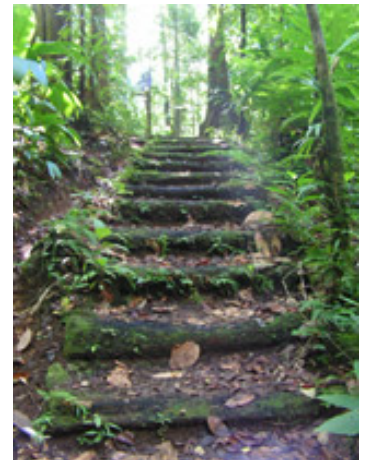
Afterward, travel to Morne Bruce where a guide will provide some historical information on the site while you enjoy a picturesque view of the capital. Stop briefly at the Botanical Gardens for a close-up encounter with the national bird, the Sisserou parrot, as well as other flora and fauna of Dominica. Visit Wotten Waven Sulphur Springs, a geothermal area featuring hot springs, streaming waters and sulphurous gases. Next, travel further into the island's interior rainforest, which ends at the Ti Tou Gorge, a fresh water mountain crater lake where hot and cold streams intermingle into a pool, where you can enjoy an exhilarating swim. Relax with some local refreshments before returning to your ship. Please note: Waterproof cameras, raingear and water shoes are strongly recommended. Wear a swimsuit under your clothes if you plan to swim.

DAY 2: Tuesday, January 24

DOM21 SYNDICATE BIRD WATCHING AND NATURE HIKE (0730-1230) Minimum 10/Maximum 60 (PRICE: \$47)

EARLY BOOKING RATE: \$44

Enjoy a nature tour of Dominica which begins with an air-conditioned drive up the picturesque West Coast, passing through the fishing villages of Massacre and Mahaut up to the Syndicate National Park in the Northern Forest Reserve, located 2,000 feet above sea level. Upon arrival, a trained forest guide will lead you on a hike on the Nature Trail, narrating detailed existing flora and fauna, including exotic bird life found within the area. This reserve is the last remaining habitat where the endemic national birds, the Sisserou and Jaco parrots, can be found. At the end of the hike, return to the Syndicate Resource Center for a taste of local juices, coffee or herbal teas before returning to the ship. Please note: Sturdy walking shoes required.



~~Canceled!~~ DOM22 DOMINICA STATE COLLEGE BEAUTIFICATION PROJECT (0900-1300) Minimum 50/Maximum 75 (PRICE: \$29)

EARLY BOOKING RATE: \$25

This is a great opportunity to work alongside Dominican college students and help a local community at the same time. Travel to the Dominica State College where you will meet students and representatives from the school. Proceed to a nearby area where you will start the project. This work project may involve cleaning, gardening, painting, or whatever needs to be done. After a rewarding morning of hard work, return to the ship. Please note: Be sure to bring work gloves (if you packed them) and plenty of bottled water as you will most likely be working outside. (The price of this four-hour practicum is based on round-trip transportation to and from the site and includes a donation to defray the costs of project supplies.)

DOM23 WHALE AND DOLPHIN SAFARI - GROUP B (0830-1200) Minimum 20/Maximum 80 (PRICE: \$59)

EARLY BOOKING RATE: \$55

Known as the "Whale Watching Capital of the Caribbean," Dominica offers visitors an ideal opportunity for viewing the more than twenty species of whales that have been seen in its waters. These include sperm whales, humpbacks, false killer whales, pilot whales, Fraser dolphins, spotted dolphins, Atlantic dolphins and spinner dolphins.

Sperm whales, the world's largest toothed mammals (adult males can measure up to 67 feet long), are present in the area year round. These waters are their breeding and calving ground. Few experiences can rival the sighting of a huge sperm whale, or a family of sperm whales playing on the surface of the water, set against the backdrop of the mountains of Dominica.

On these trips visitors have a ninety percent chance of sighting a whale. Board a 60-foot Catamaran as you search for these magnificent creatures splashing in the calm, turquoise Caribbean Sea. The close proximity of deep waters to shore makes this area one of the few places in the world to see the sperm whale; sightings are most common between November and March. Each time the boat is stopped (about every three miles or every fifteen minutes), hydrophones are placed in the water for passengers to listen for the rhythmic clicking of sperm whales, the pinging of pilot whales, the whistling of dolphin, or the singing of humpbacks. During this period, your guide will provide educational commentary. Following this adventure, enjoy juice or punch on the way back to the ship. Please note: In-water activity is prohibited out of concern for the welfare of these animals.

DOM24 MIDDLEHAM FALLS HIKE (0900-1300) Minimum 10/Maximum 50 (PRICE: \$32)

EARLY BOOKING RATE: \$29

Depart the pier in a fully air-conditioned bus for a guided tour of the Laudat Mountain Range. As you proceed into the mountains, prepare to be fascinated by the view as you rise 3,000 feet above sea level. On arrival at the Middleham Trail, your guide will lead you on a hike into the Middleham Falls area. This trail crosses rivers and mountains in some of Dominica's most rugged, beautiful jungles. View exotic birds and other flora and fauna during your hike. On arrival at the 400-foot cascading waterfall, sometimes called "The Jewel," enjoy a refreshing swim in the clear crystal water. Continue your hike along the same route back to your waiting bus and then on to a local bar for a refreshing taste of local fruit punches before returning to the ship. Please note: Wear sturdy, comfortable walking shoes. Wear your bathing suit and bring a towel should you choose to swim.

DOM25 COMMUNITY GARDEN & CREOLE COOKING TOUR (0930-1330) Minimum 8/Maximum 16 (PRICE: \$74)

EARLY BOOKING RATE: \$69

Experience Dominica's natural beauty with a visit to the beautiful communities of Eggleston and Giraudel. Begin your excursion with a trained guide who will give you a historical tour through the Old French Quarter of the city of Roseau and the Botanical Gardens. As you drive through the Botanical Gardens, you will encounter some of the Island's tallest and most exotic trees.

Drive through Newtown and proceed to the Fortune Community where you will begin the scenic mountain drive to Eggleston. On your arrival at Eggleston, learn about the history of gardening in this community. Visit Mrs. Robinsons' flower garden and learn firsthand the secrets of flower gardening. Continue to Giraudel where you will again have the opportunity to do a flower garden tour conducted by the gardeners themselves, the Alfreds. At this point, enjoy refreshments while viewing local crafts and flowers and listening to a local band, the Jing Ping Band. Visit the Exotica Guesthouse and enjoy complimentary refreshment. After a tour of the natural and



organic gardens, enjoy a Caribbean Creole cooking demonstration by a professional chef, using fresh picked local vegetables and fruits. Most of your meal will already be prepared, but you will have the opportunity to help prepare your own Creole sauce. After your lesson, taste and enjoy your own cooking for lunch. En route to the ship, visit Green Mountain Flower Garden where the owner will conduct a tour of his flower production facilities.

DOM26 THE CARIB INDIANS: TOUNA AUTE – GROUP B (1130-1800) Minimum 16/Maximum 60 (PRICE: \$69 +OOPEX)

[FDP: BELGRAVE]

This FDP will take you to the residential cultural Carib Indian Community, called Touna Aute, which is situated in the northeast of Dominica. The name Touna means “water” in the Carib language. Enjoy a scenic drive through the island rainforest, stopping en route to visit the Emerald Pool, which is located in the Morne Trois Pitons National Park. A 15-minute walk through rainforest brings you to the 50-foot cascading waterfall and impressive view. Upon arrival at Touna Aute, the community leader, a former Carib Chief, will welcome you at the traditional community Karbet and provide a short historical overview of the community and the Carib people. Afterwards, he will invite you to visit homes of local residents. This experience is the only one of its kind in Dominica, in which you may be given opportunities to participate in various domestic activities including basket weaving, bamboo weaving of traditional fish traps, and sugar cane juice squeezing using traditional techniques. Witness and learn the making of cassava bread, a centuries-old staple of the Carib diet. Natural medicine is still practiced here, and locals will share secrets of herbs used for healing. While walking through the village you can also enjoy fruit picking in season. Participants may choose to enjoy the water. Local snacks and drinks will be served at the end of this excursion before returning to the ship. Please note: OOPEX includes money for optional purchases in the village.

DOM27 WONDERS OF WAITI-KUBULI: EMERALD POOL & RIVER TUBING – GROUP C (1300-1630) Minimum 10/Maximum 40 (PRICE: \$59)

EARLY BOOKING RATE: \$55

Waiti-kubuli meaning “tall is her body” is the original Carib name for Dominica. The rugged mountainous landscape has produced an abundance of natural wonders, such as rivers, waterfalls, lakes and valleys; the island is criss-crossed with 365 rivers. On this trip, enjoy tubing on the Layou River, the largest river in Dominica. Travel about 40 minutes by bus to the launch site for the safety briefing after which you will be provided with your life vest, modified inner tube, and paddle before getting into the river. After a lesson on the river bank, guides will position you into a large tube. With everyone in the water, your guides will set you loose to begin your journey, gently spinning and swirling in the current while taking in the changing scenery. Stop briefly to enjoy a popular Dominican pastime: river bathing. Enjoy a swim in the crystal clean waters for a few minutes before continuing down the scenic river to your exit point. At the end of the journey, refreshments including punch and fresh fruit will be served. Please note: This tour is unsuitable for the physically challenged and those under six years of age. Bring a swimsuit and a towel and wear sturdy water and walking shoes. Tour may be modified due to weather conditions. Due to unforeseen circumstances, such as rainfall and river conditions, we reserve the right to alter or cancel the tour for the safety of our participants.



DOM28 RAINFOREST & WATERFALL 4X4 ADVENTURE – GROUP B (1330-1630)
Minimum 10/Maximum 50 (PRICE: \$59)

EARLY BOOKING RATE: \$55

There's a seat for you on an intricately painted four-wheel drive open-air ex-military jeeps. Picture this: no windows, no aisles, no glass barriers, no enclosed seating as you drive through the rainforest, just a 360-degree panoramic view of the lush, scenic island. This tour is sure to awaken all your senses. Begin with a short drive through Dominica's capital, Roseau, where you will view several historic sites. Afterward, travel to Morne Bruce where a guide will provide some historical information on the site while you enjoy a picturesque view of the capital. Stop briefly at the Botanical Gardens for a close-up encounter with the national bird, the Sisserou parrot, as well as other flora and fauna of Dominica. Wind through the mountains to the renowned twin waterfalls, the Trafalgar Falls, one of Dominica's most visited attractions. Next, travel further into the island's interior rainforest, which ends at the Ti Tou Gorge, a fresh water mountain crater lake where hot and cold streams intermingle into a pool, where you can enjoy an exhilarating swim. Relax with some local refreshments before returning to your ship. Please note: Waterproof cameras, raingear and water shoes are strongly recommended.



DOM29 SNORKELING IN CHAMPAGNE REEF – GROUP B (1330-1600) Minimum 10/Maximum 50 (PRICE: \$54)

EARLY BOOKING RATE: \$49

As one of the top five diving destinations in the world, Dominica has numerous pristine coral reefs with diverse marine life, perfect for snorkeling. Depart the ship for a 15-minute drive south of Roseau through the picturesque village of Pointe Michel and arrive at the snorkeling facility. Upon arrival at center, you will be outfitted with snorkeling gear and given an orientation of the facility and the adventure that awaits you on the reef. A professional PADI certified diver will instruct you on the correct use of your gear and brief you on what you are likely to see and experience once in the water.

Champagne Reef is aptly named for the tiny crystal bubbles that continuously rise from small volcanic geothermal fissures in the sea floor. Recognized as Dominica's premier snorkeling site, Champagne ranks among the top five snorkeling sites in the Caribbean and sits on the edge of a submerged volcano. Encounter an extensive variety of tropical fish and corals, including sponges, lobster, parrot fish and a resident population of Hawksbill turtles and green turtles. You may also view sea horses and the remains of the 17th century Spanish ship wreck (cannons and chain links). Enjoy the ancient and beautiful underwater scenery, which features colorful corals atop submerged peaks and a multitude of tropical reef fishes. Please note: the snorkeling facility has changing rooms, refreshments, gift shop and a sundeck overlooking the beautiful Caribbean Sea. Please wear your swimsuit, bring a towel and a change of clothing; sun protection is recommended.

MANAUS, BRAZIL

Arrive: 0800 Tuesday, January 31

Onboard: 1500 Friday, February 3

Depart: 1700 Friday, February 3

Manaus and the Amazon: Manaus and the Amazon: Originally a small 17th-century river fort, Manaus no longer resembles its humble beginnings. This populous city is now the largest city in northern Brazil and the capital of Amazonas state. Its European-inspired architecture reflects the capital's former glory and opulence from the prosperous days of the rubber boom (1879-1912). Often called the "Paris of the Tropics," Manaus is more than a bustling metropolis; it is considered the heart of the Amazon and the gateway to this natural wonder.



The Amazon River basin contains one-fifth of the world's fresh water. Its flow is 12 times that of the Mississippi, with 12 billion liters flowing down the river every minute—enough to supply the city of New York for 60 years! The Amazon Rainforest, with an area greater than six million square kilometers, supports thousands of animal and plant species, many of them still unknown. Over 1,800 species of butterflies, five major groups of primates, and more than 200 species of mosquitoes are found here. Biologists are unable to classify 30% of the fish found in the markets of Belém, and botanists still bring back dozens of unclassified plants after each foray into the rainforest.

Perhaps the most startling statistic is the extraordinary rate at which the Amazon Rainforest has been destroyed over the past 20 years. Many Brazilians see the rainforest as a natural resource to be exploited, the same way many U.S. citizens view fossil fuels and mineral deposits for energy use. Brazilians tend to react with outrage at being lectured by North Americans and Europeans on the preservation of their environment. Brazilians view these individuals as the very people who have utilized more than their "fair share" of the world's resources and who, as few as ten years ago, were accusing Brazilians of failing to exploit the very resources they wish to save. In the Amazon, issues surrounding global resource management are hot topics.

Many trips will explore the Rio Negro system, a major tributary of the Amazon River. The Rio Negro is considered ideal for ecotourism because its dark, clean water does not lend itself to widespread mosquito breeding. However, a visit to this fascinating ecosystem is more than an adventure in botany, biology, and geopolitics. It offers unique insights into the lives of the caboclos, the descendants of Amazonian tribes and early Portuguese settlers. Their way of life in this immense aquatic environment and their unique culture as portrayed in their music, dance, and cuisine offer vignettes of how this society formed amid the mighty river's ebb and flow.



There are many ways to explore this region through the SAS Field Program. You may canoe down small tributaries, trek into the rainforest, observe flora and fauna, fish for piranha, go night-spotting for alligators, and sample the culture and cuisine of the region. Experience the Amazon with trips that range from half day to several days in length. Please see the following pages for dates, approximate departure/return times and specific itineraries.

Amazon Overnight Accommodations: From the rustic to the luxurious, accommodation choices are varied and most voyagers who choose an overnight option will select their experience based on the type of accommodation that suits their needs. Choices include lodges and riverboats.

Lodges: Lodges come in many shapes and sizes. Many lodges in the Amazon region are famous for their location as much as their comfort. Each facility has its own ambience. Review each lodge program for specific information.

Riverboats: Regional Amazonian riverboats made of wood, with two levels, are used. The lower level is where the common area, galley (kitchen), and heads (bathrooms) are found, while the upper level is where hammocks are strung at night for sleeping (simple, but surprisingly comfortable). Sides of the boat are open to the river breezes, but tarps are drawn if sudden rain occurs. Riverboat accommodations allow for night-cruising and overnight excursions to distant areas. While certainly not offering five-star comfort, this Amazonian way to travel will be an unforgettable adventure.

Packing Suggestions: Comfortable clothes, shorts and long pants, socks, tennis shoes or boots for rainforest trails, swimsuit, sun lotion, flashlight, insect repellent (to protect the environment, cream only), sunglasses, hat, and rain gear.

Day 1: Tuesday, January 31

MNS01 GETTING TO KNOW MANAUS - GROUP A (Upon Arrival - 1200) Minimum 16/Maximum 40 (PRICE: \$67)

[FDP: ACEVEDO-MUNOZ & DOUGHTY]

Leave from the floating port of Manaus, designed to move with the river tide of the Rio Negro, and begin your city orientation. Pass by the Customs House, which was prefabricated in Liverpool and shipped to Manaus a hundred years ago, the clock tower, the Cathedral, and then visit Palacio Rio Negro, the private residence and museum of a German rubber baron that later became the Governor's office. Next you will visit the Indian Museum, an interesting place to understand the traditions, habits and behavior of the indigenous populations.

Visit the city's most famous landmark, the lavish pink and white Teatro Amazonas Opera House. Built in 1896, this marvel of architecture features a dome of 36,000 vitrified ceramic tiles imported from Europe, set in a mosaic of the colors of the Brazilian flag. The amazing painting that graces the inside of the dome is a recreation of the view you would have if you stood under the Eiffel Tower and looked up. The dazzling auditorium boasts perfect acoustics, and performances here range from single guitar concerts to entire ballet companies and philharmonic orchestras. As stunning as the building is, perhaps its most extraordinary element is the fact that it is located in the heart of the Amazon Jungle, in the city of Manaus – a testament to the dazzling affluence that accompanied the rubber boom of 1896.

Questions for Professor Doughty's students: What is this place called Manaus? Look for elements that exemplify iconic and historical spaces and how they define and add character to the urban structure. What commercial enterprises, such a stall, and market places, reflect reflects local ways of life, and so sacred spaces merge with political spaces? How does Manaus fit into its natural setting as a river city on the equator?

MNS02 MANAUS CITY ORIENTATION (Upon Arrival - 1200) Minimum 16/Maximum 40 (PRICE: \$71)

EARLY BOOKING RATE: \$67

Leave from the floating port of Manaus, designed to move with the river tide of the Rio Negro, and begin your city orientation. Pass by the Customs House, which was prefabricated in Liverpool and shipped to Manaus a hundred years ago, the clock



tower, the Cathedral, and then visit Palacio Rio Negro, the private residence and museum of a German rubber baron that later became the Governor's office. Next you will visit the Indian Museum, an interesting place to understand the traditions, habits and behavior of the indigenous populations.

The highlight of this tour is the visit to the city's most famous landmark, the lavish pink and white Teatro Amazonas Opera House. Built in 1896, this marvel of architecture features a dome of 36,000 vitrified ceramic tiles imported from Europe arranged as a stylized mosaic of the Brazilian flag. The amazing painting that graces the inside of the dome is a recreation of what you would see if you stood under the Eiffel Tower and looked up. The dazzling auditorium boasts perfect acoustics, and performances here range from solo guitar concerts to ballet companies to philharmonic orchestras. As stunning as the building is, perhaps its most extraordinary element is the fact that it is located in the heart of the Amazon jungle—a testament to the dazzling affluence that accompanied the rubber boom of 1896. End the tour with a guided walk through the Municipal Market and learn about the amazing array of flora, fauna, medicine, and folk art that is offered in this sprawling riverside market.



Cancelled! MNS03 COMMUNITY SERVICE PROJECT AT RIO TUPANA VILLAGE (Upon Arrival Day 1 - 1500 Day 4) Minimum 20/Maximum 30 (PRICE: \$797)

EARLY BOOKING RATE: \$759

Experience life in an Amazon River community, not as a tourist but as a community volunteer! The Rio Tupana Village is a remote and needy village situated adjacent to the Amazon Tupana Lodge, approximately 100 miles from Manaus. It has been identified as a deserving community whose inhabitants would welcome assistance and are receptive to working alongside volunteers from SAS to improve the quality of life in their village. Even though it is summer vacation, the students from the village will be called to participate in a series of community improvement efforts led by like-minded SAS volunteers. Materials will be brought along from Manaus and will be used in construction and maintenance projects including painting the school and construction of a community center. Just as important as the construction projects will be the opportunities to interact with villagers and mentor children.

Participants will stay at the nearby Amazon Tupana Lodge, one of the most remote lodges in the region, in an area rich in fauna and flora where a large variety of species of aquatic birds, mammals, fish and reptiles abound. The trip to the lodge begins with an adventure passing through the Meeting of Waters (Negro River and Solimões), running side by side. Then, an overland trip by road. During the trip to the Amazon Tupana Lodge, observe the rich landscape and great quantity of water lilies and birds. The lodge itself is set on the banks of a small stream, and is intimate and simple, with only 12 rooms, and rustic structure carefully planned to not affect the environment.

Conditions will be very simple but safe and sanitary. In addition to the daily community service activities, there will be opportunities to explore the surrounding forest with local guides and in this way, a significant ecological/ nature experience is incorporated into the program, making the trip a well-rounded and comprehensive experience in life in an Amazon River community.

MNS04 AMAZON: JUMA JUNGLE LODGE (0900 Day 1 - 1130 Day 4) Minimum 10/Maximum 18 (PRICE: \$997)

EARLY BOOKING RATE: \$949

Designed to be totally integrated into the jungle, the Juma Jungle Lodge is built on stilts over the lake. It is a small, rustic yet comfortable lodge which is approximately three hours by boat from Manaus. The journey to this remote location is a great trip in itself as your boat passes through the Meeting of the Waters, wide rivers and deep jungles.

The itinerary is jam-packed with opportunities to gain insights into the Amazon. The first day is teeming with iconic Amazon images. See the Meeting of the Waters and then view the giant water lilies of Lake January. Explore the *igarapés* (Amazonian creeks) and the *igapós* (flooded forest). Enjoy Amazon cuisine. Search for nocturnal animals on motorized canoes. The second day allows a deeper exploration of the area, starting with a jungle hike. During the afternoon, test your fishing skills as you tempt piranha and peacock bass. The evening is satisfying as you feast on the fish caught that afternoon. The third day may indeed be your favorite as you visit the house of a local villager to learn more about their fascinating culture.

Includes: various transportation (speedboat, motorized and paddle canoes; 3 nights' accommodation (triple and twin room configurations); 3 breakfasts; 3 lunches; 3 dinners; all activities listed above.

MNS05 AMAZON & RIO - GROUP A (0900 Day 1 - 1400 Day 4) Minimum 20/Maximum 30 (PRICE: \$1,821)

EARLY BOOKING RATE: \$1,729

A favored program by past SAS voyagers, this trip is designed for participants who want to see the ruggedness of the Amazon as well as the contrasting city-life of Rio de Janeiro. During this trip, explore the ecological wonders and ecosystems in the Amazon Basin and then compare the imperiled rainforest that shrouds Rio de Janeiro. Through many activities and encounters, participants will get a feel for the true majesty of the Brazilian ecological system.

In addition to a day in the Amazon, this includes many of the highlights of Rio Like a Native. Be prepared to embrace all that is Rio on this trip. Arrive in Rio just before the night comes to life. Your guide will give you suggestions on how to make the most of your first night in Rio. Although you'll be tempted to embrace the evening like a native, save up your energy as the rest of the itinerary is filled with exploring this amazing city. See the iconic Christ the Redeemer Statue which was recently elected as one of the seven modern wonders of the world. View the Tijuca National Forest. Relax on the beach, a favorite pastime of locals and visitors alike. Enjoy a night out in Lapa and try a few samba steps. Board the newly constructed panoramic elevator that takes inhabitants from the subway station in Ipanema, up to the mountainside *favela*. Return to the ship but not without leaving part of your heart in Rio.

Includes: flights, transfers, transportation; 3 nights' accommodation (triple room configurations); 3 breakfasts; 4 lunches; 3 dinners, meals on flights; all activities listed above.

MNS06 AMAZON & RIO – GROUP B (0900 Day 1 – 1430 Day 4) Minimum 20/Maximum 30 (PRICE: \$1,821)

EARLY BOOKING RATE: \$1,729

A favored program by past SAS voyagers, this trip is designed for participants who want to see the ruggedness of the Amazon as well as the contrasting city-life of Rio de Janeiro. During this trip, explore the ecological wonders and ecosystems in the Amazon Basin and then compare the imperiled rainforest that shrouds Rio de Janeiro. Through many activities and encounters, participants will get a feel for the true majesty of the Brazilian ecological system.

In addition to a day in the Amazon, this includes many of the highlights of Rio Like a Native. Be prepared to embrace all that is Rio on this trip. Arrive in Rio just before the night comes to life. Your guide will give you suggestions on how to make the most of your first night in Rio. Although you'll be tempted to embrace the evening like a native, save up your energy as the rest of the itinerary is filled with exploring this amazing city. See the iconic Christ the Redeemer Statue which was recently elected as one of the seven modern wonders of the world. View the Tijuca National Forest. Relax on the beach, a favorite pastime of locals and visitors alike. Enjoy a night out in Lapa and try a few samba steps. Board the newly constructed panoramic elevator that takes inhabitants from the subway station in Ipanema, up to the mountainside *favela*. Return to the ship but not without leaving part of your heart in Rio.

Includes: flights, transfers, transportation; 3 nights' accommodation (triple room configurations); 3 breakfasts; 4 lunches; 3 dinners, meals on flights; all activities listed above.



MNS07 A CONVERSATION WITH WRITER DARE CLUBB (1000-1200, ON SHIP)
Minimum 15/Maximum 40 (PRICE: \$15)

[FDP: FOWLER & MULDOON]

Join one of the great living American playwrights for an inspiring, open conversation about how explorations of Brazilian and other theatrical traditions have influenced his work. Dare Clubb won an Obie award for his original play *Oedipus* (starring Billy Crudup and Frances MacDormand! produced by the Blue Light Theater Company at the CSC Theater in New York City!); his work has also been directed by Robert Wilson (*Light Leaves*, 2010), among other luminaries, and performed at places like Yale, Juilliard and the O'Neill National Playwrights Conference. Raised in Montana and educated at Amherst and Yale, he is Associate Professor of Dramatic Literature at the University of Iowa and runs the famous Iowa Playwrights Workshop, has taught at Middlebury's Bread Loaf School of English (with our Victor Luftig, Paul Muldoon & Andrea Lunsford), and at Barnard, Princeton, and the New School, has been a resident playwright at Juilliard, in Ireland and India, and will be working in Brazil as we arrive before heading to Indonesia. The recipient of both teaching awards and arts grants, Clubb is a wonderfully talkative writer about the practice and history of his wonderfully mysterious art and we can ask him – anything!

Afterwards there will be an opportunity to accompany Mr. Clubb and Professor Fowler on a stroll to the famous Teatro Amazonas Opera House and its neighbor, the Igreja de São Sebastião, to search out the dramatic virtual transformations that these buildings perform, placing us and the city of Manaus in global space and time. (Admission to Teatro Amazonas about \$5; a small donation at the Igreja.) Please note: OOPEX is for lunch in the square.

MNS08 SWIMMING WITH DOLPHINS - GROUP A (0900-1700) Minimum 16/Maximum 18 (PRICE: \$112)

[FDP: HELMREICH]

This full-day expedition travels up the Rio Negro, visiting local villages before reaching the Dolphin Sanctuary, where one can swim in a natural pool with the native *botos* (river dolphins). Depart by speed boat and continue up the *Rio Negro* and arrive at *Ponta do Lago Araras Tatu*. Explore the surrounding jungle before enjoying a local barbecue with fish fresh from the river and various Amazonian fruits. Afterward, proceed to the local Dolphin Sanctuary. Learn about the dolphin's revered place in indigenous Amazonian lore and legend. Enjoy some close contact swimming in the river with these large and friendly mammals before returning to Manaus. Please note: No jewelry (watches included), insect repellent or sunscreen products may be worn before or during dolphin interaction.

MNS09 AMAZON EXPLORER - GROUP A (1100-1800) Minimum 21/Maximum 50 (PRICE: \$109)

[FDP: LAWRENCE]

The Amazon River and its tributaries form the largest freshwater system on Earth. In the Amazon rainforest live thousands of species of plants, insects, fish, reptiles, birds and mammals. We will travel the Rio Negro by riverboat, passing native houses built on stilts, local boats, wharfs, floating gas stations and an ice factory before arriving where the Rio Negro (the largest black water river in the world) meets the light brown Rio Solimões to form the Amazon River. Here at the "Meeting of the Waters", the two rivers travel on to the sea without their waters mixing for many miles. We will continue to Lake January, an ecological park, situated between the two rivers. There we will board smaller canoes with outboard motors for a ride through the small tributaries to get a closer view of the Amazonian rain forest and to do some fishing for Piranha before returning to Manaus by riverboat. Lunch is included.

For Professor Lawrence's students in particular, this FDP will be the first of two course opportunities to explore a continental tropical rainforest, the most biodiverse biome on Earth - and one of the most threatened.



MNS10 INDIGENOUS RITUAL & RUBBER MUSEUM (1230-1830) Minimum 31/Maximum 40 (PRICE: \$105)

[FDP: LeFEBVRE]

This trip combines exposure to two of the unique aspects of the Amazonian heritage in Manaus: traditional indigenous life and the rubber boom.

Embark on regional boat or speedboat travelling straight to the village of Tupe, home to the Indigenous Cultural Center, where traditional culture, ceremonies and customs are kept alive in a respectful, authentic fashion. Here, attend a performance of Indian ritual and observe their carefully preserved way of life.

After the Indian ritual continue to the Rubber Museum Village to learn more about the rubber boom. The program begins at the pier, where the guide will explain the social and economic impact of rubber production in the history of Manaus, the Amazon region and Brazil.

In this FDP, students in all of Donna LeFebvre's courses, on human rights, international criminal law, and global women, will be able to ask questions about the positive and negative social, economic, political, and cultural impact that rubber production had on this part of the Amazon region and on indigenous peoples living there. What were the dangers to a developing country with resources, like rubber, that the developed world wanted? How can those dangers be averted in the future? Students should also ask questions about the connection between valuable resources in a developing country and armed conflicts; slavery; destruction and exploitation of indigenous groups; violence; prostitution; police abuse and political corruption; societal disorder; over-exploitation of resources; destruction of farming and traditional occupations; and control by outside entities. Were any of these problems present in the Amazon in Brazil connection with rubber production?

MNS11 SERVICE VISIT: VISIT TO CHILDREN'S CENTER - GROUP A (1300-1630)
Minimum 16/Maximum 40 (PRICE: \$51)

[FDP: SCHWEGLER]

The Monte Salem Orphanage works with children up to 14 years of age who have been abandoned or have been at risk in their homes. The children are brought to the shelter by the Social Services agencies in Manaus. The majority of children who arrive at Monte Salem (70 percent) are from the metropolitan area of Manaus and 30 percent come from riverside communities in the Amazon area. Most of them arrive malnourished, and many of them have behavioral problems. Some of the children are subsequently adopted according to Brazilian law.

The residential shelter is small, with a capacity of 30 children. The school is a free foundational school with a capacity of 100 children; it serves the children from the shelter, as well as children from interior and rural communities and from the metropolitan area of Manaus. Both the residential shelter and the school are supported by 10 full-time staff, YWAM volunteers, local churches and international volunteers.

During this visit, students will be asked to see whether their Spanish conversation skills suffice to communicate with local children. For instance: is it the case that they can understand SPANISH, but that SAS students cannot understand Brazilian Portuguese (or vice versa)? Or does communication break down altogether because the two languages are simply too different (Hint: students should not give up after the first try!)

MNS12 DAFRA MOTOS BRASIL (1300-1700) Minimum 16/Maximum 45 (PRICE: \$57)

[FDP: TAKEDA & MORTON]

Students will get a rare glimpse of a young company that has "gone global" in a very short amount of time. Since 2009, DAFRA has established global strategic partnerships with major international motorcycle manufacturers such as BMW, Motorrad, Haojue, SYM and TVS Motor Company. These companies have extremely important characteristics in common, such as product quality, technological superiority in terms of designs and manufacturing processes, excellence in development and extensive experience in the two-wheel sector. Haojue and TVS are among the world leaders in motorcycle production and sales, while BMW is internationally renowned for its premium products and high technological level and SYM has a strong presence in key markets such as Asia, Europe and the United States. Dafra has leveraged these relationships to create a firm that absorbs the best

of technological know-how, management expertise and operational effectiveness to have become an emerging market success story in Brazil and the surrounding region.

Students will meet the president and founder of Dafra Motos, tour the plant, experience an interactive presentation about the company's history, current operation, strategic plans and challenges in the global economy. A few surprises are planned for some fun, interactive learning involved various company products.

MNS13 RIO LIKE A NATIVE (1300 Day 1 – 1300 Day 4) Minimum 20/ Maximum 30 (PRICE: \$1,569)

EARLY BOOKING RATE: \$1,495

This River of January (*Rio de Janeiro*) city was the capital of the Portuguese empire and of the country up until 1960. Called *Cidade Maravilhosa* (Wonderful City), Rio is renowned for its landscapes as much as its location – nestled between steep, green mountains and crystal clear seas. It is certainly ranked with San Francisco, Cape Town, Sydney and Hong Kong as an absolutely breathtaking city. Rio is one of the most important cultural and economic centers in Brazil and features some of country's most famous attractions such as the *Pão de Açúcar* (Sugar Loaf Mountain), the Corcovado and Copacabana and Ipanema beach. The city is full of energy and *cariocas*, the locals of Rio, are known for their care-free spirit and charm. Even among Brazilians, Rio is acknowledged as the heart and soul of this remarkable nation.

With seven million inhabitants, Rio is the world's largest tropical city and one of the most densely populated places on earth. A third of the people live in the *favelas* that blanket many of the hillsides. Drug abuse, violence and corruption in Rio have received a great deal of media coverage in recent years. In spite of these problems, the citizens of Rio are known for their lust for life and love of romance, music and dance.

This program is designed for the visitor who wants to have a good general overview of all the key attractions and sights of Rio. Be prepared to embrace all that is Rio on this trip. Arrive in Rio just before the night comes to life. Your guide will give you suggestions on how to make the most of your first night in Rio. Although you'll be tempted to embrace the evening like a native, save up your energy as the rest of the itinerary is filled with exploring this amazing city. See the iconic Christ the Redeemer Statue which was recently elected as one of the seven modern wonders of the world. View the Tijuca National Forest. Relax on the beach, a favorite pastime of locals and visitors alike. Enjoy a night out in Lapa and try a few samba steps. Board the newly constructed panoramic elevator that takes inhabitants from the subway station in Ipanema, up to the mountainside *favela*. Return to the ship but not without leaving part of your heart in Rio.

Includes: flights, transfers, transportation; 3 nights' accommodation (triple room configurations); 3 breakfasts; meals on flights; all activities listed above.

Canceled! MNS14 MANAUS ARCHITECTURE: OLD AND NEW (1330-1700) Minimum 21/Maximum 40 (PRICE: \$74)

EARLY BOOKING RATE: \$69

Learn about the history social and economic development of Manaus through its architecture. View the Customs House and nearby market, Teatro Chaminé, Avenida



Sete de Stembro, the Palácio da Cultura, Pontes dos Ingleses, the modern urban renewal project (Prosamin), Teatro Amazonas, the Palácio da Justiça and more. The tour is led by an expert guide who will help you explore this unlikely metropolis in the middle of the Amazon Rainforest in an interesting and entertaining way. Please note: This trip involves walking 3-4 blocks at a time (100-200 meters).

MNS15 EATING THE AMAZON (1700-2000) Minimum 10/Maximum 16 (PRICE: \$124)

[FDP: PAXSON]

Transfer to SENAC, the Culinary Institute of Manaus, for an exotic culinary experience to learn how to prepare a three-course meal plus a dessert typical of the Amazon. A team of local chefs will greet you in SENAC's kitchens and take you on a three-hour journey through the delicacies of the Amazonian region. You will have the opportunity to prepare (and enjoy!) several dishes alongside the chefs, as well as sample a variety of dishes prepared especially for you by the chefs. Emphasis will be on the exotic fish of the Amazon River, as well as the rich variety of indigenous fruits, vegetables and spices. This is a great opportunity to sharpen or expand your culinary skills!

MNS16 NIGHT TIME JUNGLE EXPLORATION & ALLIGATOR SPOTTING (1900-2200) Minimum 16/Maximum 150 (PRICE: \$94)

EARLY BOOKING RATE: \$89

Take a riverboat cruise under a starry Amazon sky into the dense jungle backwaters. At the jetty in the Lake January Ecological Park, transfer to motorized canoes. Glide silently into the flooded forest and its countless overgrown tributaries. Armed with only a flashlight, your guide will attempt to locate caimans (alligators). Attracted by the light, their eyes shine like rubies. Watch as the guide attempts to catch one of the smaller reptiles with his bare hands and lift it out of the water for you to see. Unharmred, the caiman will then be returned to the water. The thrill of catching a caiman, plus the mystical surroundings of the forest at night makes this quite a unique and exciting experience. Returning to the riverboat, enjoy a Brazilian beer or a caipirinha. This potent, typical Brazilian drink will enhance your nightly adventure. The cruise back to the pier is approximately 35 minutes. Please note: Flat, rubber-soled shoes and comfortable, lightweight clothing are recommended. Caution is advised when getting in and out of the canoes.



MNS17 RIO LIKE A NATIVE with a taste of the Amazon (Upon Arrival, Day 1 – 1300 Day 4) Minimum 20/ Maximum 30 (PRICE: \$1,669) \$1,669

EARLY BOOKING RATE: \$1,579

In addition to full participation in the “Rio Like A Native” program, this trip includes a condensed version of the Amazon Explorer program.

With carry-on luggage in tow, board the regional riverboat at the pier and begin your introduction to the Amazon. Travel to Rio Negro, passing native houses built on stilts, local boats, wharfs, floating gas stations and an ice factory before arriving where the Rio Negro (the largest black water river in the world) meets the light brown Rio Solimões to form the Amazon River. Here at the “Meeting of the Waters”, the two rivers travel on to the sea without their waters mixing for many miles. Continue to

Lake January, an ecological park, situated between the two rivers and view the iconic giant water lilies.

In the early afternoon, transfer by motor coach to the airport for your flight to Rio. The remainder of the program is the published Rio Like a Native trip.

The “Rio Like a Native” program is designed for the visitor who wants to have a good general overview of all the key attractions and sights of Rio. Be prepared to embrace all that is Rio on this trip. Arrive in Rio just before the night comes to life. Your guide will give you suggestions on how to make the most of your first night in Rio. Although you’ll be tempted to embrace the evening like a native, save up your energy as the rest of the itinerary is filled with exploring this amazing city. See the iconic Christ the Redeemer Statue which was recently elected as one of the seven modern wonders of the world. View the Tijuca National Forest. Relax on the beach, a favorite pastime of locals and visitors alike. Enjoy a night out in Lapa and try a few samba steps. Board the newly constructed panoramic elevator that takes inhabitants from the subway station in Ipanema, up to the mountainside *favela*. Return to the ship but not without leaving part of your heart in Rio.

Includes: flights, transfers, transportation; 3 nights’ accommodation (triple room configurations); 3 breakfasts; box lunch from the ship (Day 1); meals on flights; all activities listed above and in “Rio Like a Native” Program.

Day 2: Wednesday, February 1

MNS20 AMAZON EXPLORER – GROUP B (0800-1600) Minimum 21/Maximum 50 (PRICE: \$114)

EARLY BOOKING RATE: \$109

The Amazon River and its tributaries form the largest freshwater system on Earth. In the Amazon rainforest live thousands of species of plants, insects, fish, reptiles, birds and mammals. We will travel the Rio Negro by riverboat, passing native houses built on stilts, local boats, wharfs, floating gas stations and an ice factory before arriving where the Rio Negro (the largest black water river in the world) meets the light brown Rio Solimões to form the Amazon River. Here at the “Meeting of the Waters”, the two rivers travel on to the sea without their waters mixing for many miles. We will continue to Lake January, an ecological park, situated between the two rivers. There we will board smaller canoes with outboard motors for a ride through the small tributaries to get a closer view of the Amazonian rain forest and to do some fishing for Piranha before returning to Manaus by riverboat. Lunch is included.



Canceled! MNS21 COMMUNITY SERVICE AT ACAJATUBA VILLAGE – GROUP A (0800-1800) Minimum 18/Maximum 18 (PRICE: \$189)

EARLY BOOKING RATE: \$179

Acajatuba Village is small Amazonian river settlement of approximately 200 people who live simply but peacefully on a beautiful; piece of land overlooking a tributary of the Rio Negro.

Over the years, Semester at Sea participants have visited the village and a close bond has grown between the program and the villagers. This day trip provides the opportunity

to travel a bit deeper into the Rio Negro river system, get to know the local people and provide a valuable service to this community that is always trying to better the lives of its families, but often lack the funds to do so.

Participants will travel upstream for an hour and a half in a high speed launch and upon arrival will tour the village and meet its leaders. Painting supplies from Manaus will be provided and you will work alongside the local people in their ongoing efforts to beautify the village and make it a showcase of the region. A wonderful way to see the interior region, make friends with local people and contribute to their development. (The cost of supplies is included in the price of this program. Box lunches from the ship will be provided.)

MNS22 AMAZON ECO PARK JUNGLE LODGE (0830 Day 2 – 1500 Day 4) Minimum 10/Maximum 30 (PRICE: \$629)

EARLY BOOKING RATE: \$599

Situated one hour from Manaus, the Amazon Eco Park Jungle Lodge is a privately-owned ecological complex and scientific and educational enterprise, operating since 1991. The main structure is a native style *maloca* (longhouse) with hammocks strung about for relaxing after a day's outing in the forest. Located on the Tarumã River bank, the lodge is home to a large preserve of free ranging primates indigenous to the Amazon and includes over six miles of jungle trails. The grounds are dotted with thatched-roofed cabanas and common areas, which are connected by a series of footpaths. The grounds may seem familiar as the area served as a partial set and base camp for the 1997 adventure film, *Anaconda*. There are several fresh water streams, jungle trails with diverse vegetation, including virgin forests, natural savannas and creeks for canoeing.

This three-day itinerary maximizes your experience in the Amazon. Explore the *igarapés* (Amazonian creeks) and the *igapós* (flooded forest). Visit the home of local Amazonian residents. Search for caiman at night by motorized canoes. Enjoy a vigorating morning hike through the jungle. Try your luck at fishing for local piranha. See the Meeting of the Waters and then view the giant water lilies of Lake January and more during this three-day adventure.

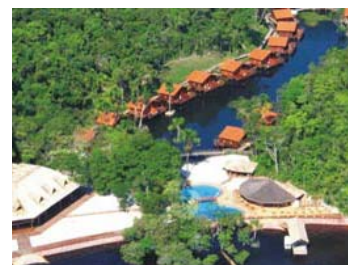
Please note: Participants who wish to register for this program should not register for the Amazon Explorer day trip or the Nighttime Jungle Exploration trip as activities are duplicated.

Includes: various transportation (bus, boat and motorized canoes; 2 nights' accommodation (twin room configurations); 2 breakfast; 3 lunches; 2 dinners; all activities listed above.

MNS23 AMAZON: TIWA AMAZONAS ECORESORT OVERNIGHT (0830 Day 2 – 1730 Day 3) Minimum 10/Maximum 30 (PRICE: \$493)

EARLY BOOKING RATE: \$469

The Tiwa Amazonas Ecoresort is an environmentally friendly hotel situated on the banks of the lush Rio Negro just ten kilometers from Manaus. Located on a natural lake, the resort is built on stilts and is surrounded by the Amazon rain forest. The resort offers well-ventilated guesthouses with air-conditioning and spacious patios.



The rooms feature work by local artisans. The resort grounds include a swimming pool, lounge area and over six miles of specially marked trails into the jungle.

This two-day itinerary maximizes your experience in the Amazon. See the Meeting of the Waters and then view the giant water lilies of Lake January. Explore the *igarapés* (Amazonian creeks) and the *igapós* (flooded forest). Learn how to tap rubber trees – a key resource in this region’s history. Visit a riverside (*caboclo*) community; the villagers are descendants of the Amazon’s indigenous peoples. Fish for piranha. Search for caiman at night by motorized canoes. Learn about jungle survival while trekking through the forest and more during this two-day adventure.

Please note: This trip is geared for those participants who enjoy the beauty of the region as well as the comfort of a luxury resort. Participants who wish to register for this program should not register for the Amazon Explorer day trip or the Nighttime Jungle Exploration trip as activities are duplicated.

Includes: various transportation (river boat and motorized canoes; 1 night accommodation (triple and twin room configurations); 1 breakfast; 2 lunches; 1 dinner; all activities listed above.

Canceled! MNS24 FROM RUBBER BOOM TO THE 21st CENTURY (0900-1230)
Minimum 17/Maximum 40 (PRICE: \$60)

EARLY BOOKING RATE: \$56

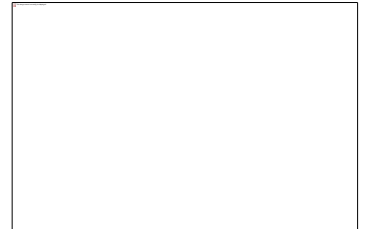
In 1912, with rubber prices decreasing, Manaus saw investors and inhabitants abandon the city leaving behind many houses and small palaces throughout the city. There was little expectation for the future of those remaining in the region. After years of neglect, the decision was made to reinvent Manaus. The *Zona Franca de Manaus*, or "ZFM" (Free tax zone of Manaus) was created by the Federal Government in 1967 to remake the city as an unlikely manufacturing industrial hub in the middle of the Amazonian Rainforest. The idea worked, and it propelled the economic growth of the region and indeed contributed to the growth of the entire country contributing to domestic consumption and exports. It also had a social repercussion, as in last the thirty years the number of migrants to Manaus (from the inland of the State as well as other parts of the country) increased significantly.

The urban zone of the city experienced a severe “population swell,” causing more and more people to settle further into the surrounding peripheral zones of the city in a random, chaotic growth pattern. Only recently, as these new urbanized areas spread, the state and municipal governments have embarked on ambitious urbanization and development projects delivering infrastructure and in many cases establishing large housing complexes. Social services and other government services have followed. This trip traces the cities development from boom, to neglect, to disordered growth and finally to attempts to once again reinvent Manaus as a prosperous and ordered urban environment.

MNS25 SWIMMING WITH DOLPHINS – GROUP B (0900-1700) Minimum 16/Maximum 30 (PRICE: \$115)

EARLY BOOKING RATE: \$109

This full-day expedition travels up the Rio Negro, visiting local villages before reaching the Dolphin Sanctuary, where one can swim in a natural pool with the native *botos* (river dolphins). Depart by speed boat and continue up the *Rio Negro* and arrive at



Ponta do Lago Araras Tatu. Explore the surrounding jungle before enjoying a local barbecue with fish fresh from the river and various Amazonian fruits. Afterward, proceed to the local Dolphin Sanctuary. Learn about the dolphin's revered place in indigenous Amazonian lore and legend. Enjoy some close contact swimming in the river with these large and friendly mammals before returning to Manaus. Please note: No jewelry (watches included), insect repellent or sunscreen products may be worn before or during dolphin interaction.

MNS26 AMAZON BY RIVERBOAT (1100 Day 2 – 1500 Day 4) Minimum 30/Maximum 30 (PRICE: \$608)

EARLY BOOKING RATE: \$579

This program is designed for participants who want to enjoy the ruggedness of the Amazon. Please note: Accommodations on board are hammocks. Please bring a towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary.

At the pier board your home for the next three days, a regional riverboat. Your guides will distribute hammocks and prepare you for your adventure in the Amazon as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon River. Next you will enter the region of Lake January to view the giant water lilies. Return to the boat and travel to a secluded area to enjoy an Amazonian luau on a white sand beach—a great way to start the New Year! Return to the boat for the evening. Be lulled to sleep listening to the sounds of the Amazon in hammocks with mosquito netting.

Start the next day off right with a sunrise canoe exploration. After breakfast back onboard, visit Acajatuba Village, a small riverside community of 200 people that is a favorite spot for many SAS participants and a soon-to-be favorite for you. Tour Acajatuba and meet the local people. Afterward, enjoy a jungle walk in the surrounding rainforest. Your local guide will point out the unique flora and fauna of the *Rio Negro* as you walk in the jungle. Learn how villagers interact with their environment in a positive and sustainable way. By the end of the visit, join a local soccer game with members of Student X Communities. The end of the evening, go to alligator beach for a barbecue feast. Return to overnight on the boat

After breakfast, leave in a canoe for piranha fishing in the flooded forest, followed by a jungle walk in the region to explore the surrounding rainforest. Return to the boat to swim in the river then enjoy a delicious lunch. The afternoon is at your leisure for join activities with your guides or rest. In the afternoon, return to the boat and travel downriver to Manaus.

Includes: various transportation (river boat and motorized canoes; 1 night accommodation; 1 breakfast; 2 lunches; 1 dinner; all activities listed above.

MNS27 AMAZON OVERNIGHT BY RIVERBOAT (1100 Day 2 – 1800 Day 3) Minimum 30/Maximum 30 (PRICE: \$549)

EARLY BOOKING RATE: \$519

This program is designed for participants who want to enjoy the ruggedness of the Amazon. Please note: Accommodations on board are hammocks. Please bring a



towel, bathing suit, sunscreen, long and short pants, hat, hiking boots, canteen, insect repellent (cream not aerosol) and rain gear. Sleeping bags are not necessary.

At the pier board your home for the next two days, a regional riverboat. Your guides will distribute hammocks and prepare you for your adventure in the Amazon as you motor towards the Meeting of the Waters, where the black water of the Negro River meets the brown water of the Solimões River to form the Amazon River. Next you will enter the region of Lake January to view the giant water lilies. Return to the boat and travel to a secluded area to enjoy an Amazonian luau on a white sand beach—a great way to start the New Year! Return to the boat for the evening. Be lulled to sleep listening to the sounds of the Amazon in hammocks with mosquito netting.

Start the next day off right with a sunrise canoe exploration. After breakfast back onboard, visit Acajatuba Village, a small riverside community of 200 people that is a favorite spot for many SAS participants and a soon-to-be favorite for you. Tour Acajatuba and meet the local people. Afterward, enjoy a jungle walk in the surrounding rainforest. Your local guide will point out the unique flora and fauna of the *Rio Negro* as you walk in the jungle. Learn how villagers interact with their environment in a positive and sustainable way. Return to the riverboat and travel to the final stop, the Dolphin Sanctuary. Once at the sanctuary, swim and interact with the colorful Amazon pink dolphin (*Boto Cor da Rosa*). In the late afternoon, return to the boat and travel downriver to Manaus.

Includes: various transportation (river boat and motorized canoes; 1 night accommodation; 1 breakfast; 2 lunches; 1 dinner; all activities listed above.

MNS28 BRAZILIAN DANCE FUSION – GROUP A (1300-1600) Minimum 16/Maximum 25 (PRICE: \$74)

EARLY BOOKING RATE: \$69

Brazilians are known the world over for their love of music and dance. Hear the sounds, feel the beat and absorb the energy while learning the steps of some of Brazil's famous dances!

Transfer to the Ritmo Quente Dance Academy and begin your Brazilian dance experience. For two hours, Brazilian teachers will go over the steps and take you through a series of Brazilian dance styles like Samba, Forro, Zuke and Lambada. This workshop allows you to understand the different Brazilian rhythms, meet other Brazilian dancers and immerse yourself in this most energetic and creative culture through dance. Please note: Participants wishing to participate in both the Brazilian Dance Fusion and the Amazon Tribal Dance workshop on the same day may do so. Those on the Brazilian Dance Fusion trip will remain at the studio awaiting the arrival of the Amazon Tribal Dance group.

MNS29 AMAZON TRIBAL DANCE – GROUP A (1530-1830) Minimum 16/ Maximum 40 (PRICE: \$74)

EARLY BOOKING RATE: \$69

While Rio's Carnival and the Samba steal the international spotlight, Brazil hosts many festivals throughout the year. The Amazon is home to the second largest popular festival in Brazil, the Parintins Festival. Every June, the jungle explodes with a musical contest between the two schools of *Garantido* and *Caprichoso*. The driving

rhythm that propels this festival is *Boi Bumba*, a pulsating sound with drumming, tribal roots and lots of swing!

Join a special guest instructor and learn about the influence of the *Boi Bumba* dance in the Amazon culture. During the 90-minute session, join the festive atmosphere and dance!

MNS30 BALLROOM DANCING UNDER THE STARS AT THE TEATRO AMAZONAS (2000-2230) Minimum 40/Maximum 40 (PRICE: \$74)

EARLY BOOKING RATE: \$69

Brazilians love to dance and not only a one-note samba! A wide variety of dance steps stem from the rich cultural traditions of Europe, Africa and indigenous peoples make Brazilian dance a delight to behold and a pleasure to indulge. Today, the dance forms range from the slow and graceful to the rhythmic and syncopated.

Travel to nearby *Teatro Amazonas*, Manaus' *Belle Époque* landmark. The theatre's beautiful plaza will provide a memorable venue for the evening. Watch several couples from *Ritimo Quente* Dance Academy display various dances. Then join in as they provide instruction on how to dance—and enjoy—Brazilian music. A Brazilian snack specialty, *Tacaca*, and beverages will be provided at the plaza.

Day 3: Thursday, February 2

MNS31 COMMUNITY SERVICE AT ACAJATUBA VILLAGE – GROUP B (0800-1800) Minimum 18/Maximum 18 (PRICE: \$189)

EARLY BOOKING RATE: \$179

Acajatuba Village is small Amazonian river settlement of approximately 200 people who live simply but peacefully on a beautiful; piece of land overlooking a tributary of the Rio Negro.

Over the years, Semester at Sea participants have visited the village and a close bond has grown between the program and the villagers. This day trip provides the opportunity to travel a bit deeper into the Rio Negro river system, get to know the local people and provide a valuable service to this community that is always trying to better the lives of its families, but often lack the funds to do so.

Participants will travel upstream for an hour and a half in a high speed launch and upon arrival will tour the village and meet its leaders. Painting supplies from Manaus will be provided and you will work alongside the local people in their ongoing efforts to beautify the village and make it a showcase of the region. A wonderful way to see the interior region, make friends with local people and contribute to their development.

MNS32 ZOO & SERVICE VISIT: ABRIGO MOACYR ALVES (0830-1200) Minimum 16/Maximum 40 (PRICE: \$62)

EARLY BOOKING RATE: \$59

The Abrigo Moacyr Alves Foundation is dedicated to providing care and comfort to children and young adults with neurological handicaps. Their major goal is providing shelter, health care and education for these individuals who will likely never be

adopted or able to live on their own. One of the greatest treats for these youths is the opportunity to enjoy fun day's outing.

Participants will meet the children and young adults at the zoo and tour the grounds, with free time available for games and interaction. Popcorn, hot dogs and juice will be provided as special treats to the children.

At conclusion, everyone will return to the Abrigo to tour the facility, see where the children live and study and meet the dedicated staff.

MNS33 AMAZONIAN RHYTHMS AT APARECIDA SAMBA SCHOOL (1300-1600)
Minimum 30/Maximum 40 (PRICE: \$74)

EARLY BOOKING RATE: \$69

The *Escola de Samba Aparecida* is one of the powerhouses of "samba schools" in Manaus. Members practice (and party) all year long in anticipation of the annual Carnival celebration, where they then perform en masse at the municipal sambadrome.

This program provides novices and long-time drummers alike the opportunity to have an invigorating hands-on percussion workshop with real masters of the craft. The workshop will be held at the school's "quadro". Various percussion instruments will be introduced and participants will observe then dive in and make music with the Brazilian percussionists. A fun time for all in a relaxed, festive environment.

MNS34 BRAZILIAN DANCE FUSION – GROUP B (1300-1600) Minimum 16/Maximum 25 (PRICE: \$74)

EARLY BOOKING RATE: \$69

Brazilians are known the world over for their love of music and dance. Hear the sounds, feel the beat and absorb the energy while learning the steps of some of Brazil's famous dances!

Transfer to the Ritmo Quente Dance Academy and begin your Brazilian dance experience. For two hours, Brazilian teachers will go over the steps and take you through a series of Brazilian dance styles like Samba, Forro, Zuke and Lambada. This workshop allows you to understand the different Brazilian rhythms, meet other Brazilian dancers and immerse yourself in this most energetic and creative culture through dance. Please note: Participants wishing to participate in both the Brazilian Dance Fusion and the Amazon Tribal Dance workshop on the same day may do so. Those on the Brazilian Dance Fusion trip will remain at the studio awaiting the arrival of the Amazon Tribal Dance group.

MNS35 AMAZON TRIBAL DANCE – GROUP B (1530-1830) Minimum 16/Maximum 40 (PRICE: \$74)

EARLY BOOKING RATE: \$69

While Rio's Carnival and the Samba steal the international spotlight, Brazil hosts many festivals throughout the year. The Amazon is home to the second largest popular festival in Brazil, the Parintins Festival. Every June, the jungle explodes with a musical contest between the two schools of *Garantido* and *Caprichoso*. The driving rhythm that propels this festival is *Boi Bumba*, a pulsating sound with drumming, tribal roots and lots of swing!

Join a special guest instructor and learn about the influence of the *Boi Bumba* dance in the Amazon culture. During the 90-minute session, join the festive atmosphere and dance!

Day 4: Friday, February 3

MNS40 INPA & PRESIDENT FIGUEIREDO WATERFALL RESERVE (0700-1500) **Minimum 20/Maximum 40 (PRICE: \$95)**

[FDP: DOUGHTY]

Located in the middle of the Amazon rainforest, *Presidente Figueiredo* and Waterfall Reserve are dramatically different than the *Rio Negro* ecosystem. Rich in towering trees, rushing rivers, splendid waterfalls and natural caves, this unique destination is a nice opportunity to explore the majesty of nature.

Depart early morning and if conditions are not too wet we will stop off at INPA (National Institute for Research in the Amazon) on BR-174 highway going north. INPA has a canopy tower designed to gather biodata linking rainforest cover with climate change. It also is an excellent overlook for some of the localized sand-forest birds of the region. Specialties include parrots, cotingas, antwrens, hawks, fruitcrows, and flycatchers. Harpy and crested Eagles are also possible. Afterward, travel to nearby President Figueiredo. Visit this small town and begin to understand their customs, culture, development and ways of living in a settlement far away from Manaus. Enjoy lunch at a restaurant located on the riverbank before returning to Manaus. Please note: A passport or valid ID is required on this trip. The identification must be presented to the Federal Highway Police upon inspection.

Questions for Professor Doughty's students: What do we know about tropical rainforest plants and animals? How do animals use the structure and canopy of trees, and what are they feeding on? Why are there large numbers of species in small populations, some of which are rare and very localized? What kind of migrant animals are there and why do they move in such a lush, moist and warm landscape? What role does water play in the biological communities you have visited? How fertile is a rainforest and what can we grow there?

MNS41 MERCANTILE NOVA ERA - GLOBAL DISTRIBUTOR (1100-1500) Minimum 20/Maximum 45 (PRICE: \$57)

[FDP: TAKEDA & HOWARD]

Provide students with a learning experience designed to challenge their pre-conceived notion of what constitutes a "distribution center". Typically this concept brings to mind an old fashioned building with long conveyor belts and bored workers. This field visit will open their eyes to the future, a multinational venture bringing together the latest technology, top minds, and energetic managers creating a state-of-the-art system designed to meet the rapidly growing appetite for high quality, high technology goods in the emerging world.

Students will be treated to a presentation, tour and question/answer session with the CEO and management of an entrepreneurial global assembly and distribution company - designed by a multinational team of experts to serve the rapidly changing needs of a

fast growing “emerging” market – Brazil. The company serves a long list of high profile clients including Toshiba, Panasonic, Unilever and others.

MNS42 SERVICE VISIT: VISIT TO CHILDREN’S CENTER – GROUP B (1130-1500)
Minimum 16/Maximum 40 (PRICE: \$51)

[FDP: TAYLOR]

The Monte Salem Orphanage works with children up to 14 years of age who have been abandoned or have been at risk in their homes. The children are brought to the shelter by the Social Services agencies in Manaus. The majority of children who arrive at Monte Salem (70 percent) are from the metropolitan area of Manaus and 30 percent come from riverside communities in the Amazon area. Most of them arrive malnourished, and many of them have behavioral problems. Some of the children are subsequently adopted according to Brazilian law.

The residential shelter is small, with a capacity of 30 children. The school is a free foundational school with a capacity of 100 children; it serves the children from the shelter, as well as children from interior and rural communities and from the metropolitan area of Manaus. Both the residential shelter and the school are supported by 10 full-time staff, YWAM volunteers, local churches and international volunteers.

Professor Taylor’s students will interact with the children at the shelter, in educational and enrichment activities. Students will have an opportunity to observe the children in their everyday activities noting attachment behaviors and temperament. Students will also have the opportunity to develop an appreciation for how full-time staff—with the help of volunteers—works toward meeting the needs of individual students as they provide vocational training in diverse areas.



TEMA, GHANA

Arrive: 0800 Monday, February 13
Onboard: 1800 Friday, February 17
Depart: 2000 Friday, February 17

DAY 1: Monday, February 13

ACR11 WELCOME TO GHANA: OVERNIGHT VISIT TO WINNEBA (0945 Day 1 – 2030 Day 2) Minimum 15/Maximum 40 (PRICE: \$147 + OOPEX)

EARLY BOOKING RATE: \$139 + OOPEX

With a population of just over 40,000, the coastal town of Winneba is known for its fishing, its welcoming atmosphere and, most recently, its University of Education. Since partnering with Charlottesville, Virginia as a sister city in 2009, delegates from both locations have joined forces to explore each city's culture and hospitality. Join your Winneba hosts, who may include city officials, residents and students, as they welcome the ship's arrival in Takoradi. Introduce them to the ship and enjoy lunch together onboard before departing for an overnight stay in Winneba. The drive to Winneba is approximately 2.5 hours.

Prepare for the city of Winneba to welcome you. Upon your arrival, you will be greeted by traditional drumming and dance from members of the two warrior groups from this region, known as *asafo*: *Asafo #1 – Tuafo* and *Asafo #2 – Dentsefo*. Following this ceremonial welcome, proceed to your hotel and check in. Spend the evening exploring the town and beach areas, meeting local citizens and enjoying a local dinner (included).

After breakfast the following morning, visit a local market to witness its cultural and political dynamics. While there, meet the market queen, who presides over the market and settles local disputes. Next, meet the "Chief Fisherman" and discern how disputes within this important local industry are resolved in a different fashion in a different culture from your own. Visit the University of Education and meet with faculty, staff members and students for a Q&A session. Note similarities and differences between your university experience and that in Ghana. Other potential activities include various cultural and musical performances. The order of these visits will vary depending on local schedules, and lunch will be arranged for you in the afternoon. You will spend enough time at each location to explore the surrounding area and to get a good feel for the town of Winneba and its citizens. Depart for the ship at approximately 1800. Please note: Other cultural activities may be included or substituted. Out of pocket expenses include local currency for any optional purchases you may wish to make in Winneba.

ACR12 ACCRA CITY ORIENTATION (1000-1800) Minimum 30/Maximum 80 (PRICE: \$94)

EARLY BOOKING RATE: \$89

The capital of Ghana since 1877, Accra is the country's most populous city. Serving as the capital of the Greater Accra Region, Accra is the administrative, communications and economic heart of the country. Over 70 percent of Ghana's manufacturing capacity is located within this region. The architecture of Accra's



public buildings reflects its transition from a 19th-century Victoriasborg suburb to the metropolis it is today. This 130-year old city is where urban meets traditional, where modern architecture nestles comfortably amidst lush greenery, where 21st-century high-tech merges wonderfully with age-old historical cultures.

Accra was founded by the Ga people in the late 1600s. The word *Accra* is derived from the word *Nkran* meaning “ants” in Akan, a reference to the numerous anthills seen in the countryside around Accra. Accra served as a centre for trade with the Portuguese, Swedish, Dutch, French and British; the Danish had also established trade there by the end of the 17th century. In 1877, at the end of the second Anglo-Asante War, Accra replaced Cape Coast as the capital of the British Gold Coast colony.



The site of present-day Accra evolved into a sizable town and included the original Ga town as well as British, Danish and Dutch forts and their surrounding communities: Jamestown, near the British fort; Osu, near the Danish Christiansborg fort (now Osu Castle); and Usherstown, near the Dutch Usher fort. The four areas form the core of present-day Accra.

After leaving the port area, drive through the administrative and economic districts of Accra and visit the W.E.B. Dubois Center for Pan African Culture. The final resting place of W.E.B. Dubois and Shirley Graham Dubois, the center houses the mausoleum, personal library and museum of the Dubois’ rich lives as influential American and Pan-African thinkers and activists. Also visit the Artiste Alliance, Independence/Black Star Square and Kwame Nkrumah Memorial Park. After lunch in a local Ghanaian restaurant, end your tour at the Arts Centre, where you will have the opportunity to use your bargaining skills while shopping in an open-air market for artifacts from Ghana and West Africa.

ACR13 DRUMMING AND DANCE WORKSHOP – GROUP A (1000-1800) Minimum 30/Maximum 60 (PRICE: \$110)

EARLY BOOKING RATE: \$105

Participants will partake in an African drumming and dance workshop under the direction of the renowned Afrique Dance Ensemble. Established in 1993, this group has been actively involved in the promotion of African and Ghanaian cultural heritage through traditional music and dance. Led by young and vibrant directors, this ensemble has performed widely in Ghana as well as other African countries. Its rich repertoire includes Ghanaian folk/traditional music and dance as well as Senegalese, Malian and Guinean traditional dance pieces fused with more contemporary movements. The workshop will culminate in a performance by the Ensemble.



Through participation in this workshop, students will observe firsthand the acoustic properties of Ghanaian music and learn about how music is used in this culture to communicate cultural beliefs. Above all, students will be better equipped to appreciate, compare and discuss music from many different parts of the world. Please note: Lunch will be provided.

DAY 2: Tuesday, February 14

ACR21 SERVICE PROJECT: HABITAT FOR HUMANITY - GROUP A (0700-2000) **Minimum 20/Maximum 45 (PRICE: \$93)**

[FDP: BASS]

Millard Fuller believed that “we have the know-how in the world to house everyone. We have the resources in the world to house everyone. All that’s missing is the will to do it.” In 1976, this lawyer and businessman from Alabama started Habitat for Humanity International. Thirty years later, Habitat for Humanity’s impact is colossal, reaching 100 countries across the globe. Habitat’s mission is “to eliminate poverty housing and homelessness all over the world.”

During this service project, work alongside Ghanaians in a nearby location. In partnership with Habitat, the future homeowners will also be present. Homeowner families are chosen according to their need and ability to repay the no-interest mortgage.

While providing worthy service to the community, students in Professor Bass’s class will evaluate the goals of the program in Ghana, as we consider Habitat’s mission within this particular cultural context. We will also evaluate our efforts in terms of tangible outcomes.

A typical day begins with a welcome from the Habitat team and some instruction on the activities of the day. This is followed by a morning work session, lunch and an afternoon work session. An experienced local builder provides supervision on site. Please note: The price of this practicum is based on the cost of round-trip transportation to and from the site, which is approximately 3.5 hours from Tema. The actual cost for this Habitat build (US\$2,000) is courtesy of the SAS Annual Fund.



ACR22 CASTLES AND SLAVE DUNGEONS: THE ORIGIN OF PIDGIN LANGUAGES (0700-2000) **Minimum 30/Maximum 45 (PRICE: \$116)**

[FDP: SCHWEGLER]

Tour the infamous forts, castles and slave dungeons of Ghana, located on the coast east of Takoradi. First visit Elmina Castle, also known as St. George’s Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Then visit the infamous Cape Coast Castle and slave dungeons. The castle was built by the Swedes in 1653 and was later taken over by the British. Today it houses the West African Historical Museum. Participants will learn about the relationship between the Western slave traders and African tribes that participated in the highly organized Atlantic slave trade, and will appreciate firsthand the tragedy of that complex trade of forced immigration. Have lunch in a local Ghanaian restaurant between visits.

On this FDP, students will want to explore (by asking locals!) what languages are currently spoken in the areas that we will visit. Also: is a pidgin (or creole) language still in use in the area? Is Portuguese still spoken in this area? Or other European languages? Please note: Box dinners will be provided upon your return to the ship.



ACR23 CASTLES AND SLAVE DUNGEONS – GROUP A (0700-2000) Minimum 30/Maximum 80 (PRICE: \$116)

[FDP: S. HINCHMAN & INGRAO]

Tour the infamous forts, castles and slave dungeons of Ghana, located on the coast east of Takoradi. First visit Elmina Castle, also known as St. George's Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Then visit the infamous Cape Coast Castle and slave dungeons. The castle was built by the Swedes in 1653 and was later taken over by the British. Today it houses the West African Historical Museum. Participants will learn about the relationship between the Western slave traders and African tribes that participated in the highly organized Atlantic slave trade, and will appreciate firsthand the tragedy of that complex trade of forced immigration. Enjoy lunch in a local Ghanaian restaurant between visits. Please note: Box dinners will be provided upon your return to the ship.

The FDP will give Professor Hinchman's students a clearer understanding of how the rise of the West was linked historically to the domination of the Rest.



ACR24 KUMASI CULTURAL TOUR OVERNIGHT (0700 Day 2 – 2000 Day 3) Minimum 16/Maximum 80 (PRICE: \$398)

EARLY BOOKING RATE: \$379

Depart in the morning for a drive through the forest zone to Kumasi, the seat of the Ashanti Empire, to explore the legends of the famous Ashantis whose legacies are still evident today. After lunch, visit Manhyia Palace Museum to obtain firsthand information on the legacies of the Ashanti Kingdom. Through relics and artifacts, learn the regal history that dates back to 1700. Enjoy a drive through the city to observe monuments dedicated to the memory of the great Ashanti people. End the day's tour at the National Cultural Center which features the Prempeh II Jubilee Museum and various studios of the brass makers, potters and batik makers. On the second day, visit the three famous Ashanti craft villages: Ahwiaa, the wood carvers' village; Ntonso, the home of Adinkra cloth; and Bonwire, the kente-weaving village. See how African crafts are made and buy directly from the artisans who make them.



Includes round-trip transportation, guide, 1 breakfast, 2 lunches, 1 dinner and overnight at a hotel.

~~Canceled!~~ ACR25 TOGO AND BENIN HISTORICAL TOUR (0700 Day 2 – 1800 Day 4) Minimum 20/Maximum 45 (PRICE: \$899)

EARLY BOOKING RATE: \$859

The adventure begins in Ouidah (Benin), the cradle of African traditional religion. After lunch in Ouidah, visit the Port of No Return, a monument built by the Benin government to commemorate the Africans who were taken from the Dahomey Empire during the slave trade. Then tour the temple dedicated to the sacred pythons, which are believed to give one vitality and protection. Tour the historical Museum of Ouidah, located in a Portuguese fort built in 1721. This museum portrays Benin's role in the Atlantic slave trade. Later, there will be an hour to explore the city of Ouidah on your own. Continue the journey northward to Cotonou and drive through the vibrant administrative and commercial center, viewing the town's many statues and monuments before arriving at the hotel. In the morning of Day 2 pay a memorable visit to Ganvié, the village on stilts, commonly referred to as the "Venice of West



Africa.” Witness firsthand the vendors of Ganvié carrying out their daily routine in dugout canoes piled high with wares, conducting business with tourists and with one another. Enjoy visiting floating shops and taking a relaxing canoe ride on the waterways of this exotic 300-year old village. After lunch at a local restaurant, visit Porto Novo, the former capital of Benin. Tour Porto Novo’s famous ethnographic museum dedicated to the Fon and Yoruba communities of Benin before arriving at the hotel. On Day 3 travel to Lomé, the capital of Togo, for a city tour. Drive through this modern capital, where tradition and modernism overlap. Discover the metropolis with its *Musée National* and *Place de l’Indépendance* before your return to the ship. Please note: This trip requires a multiple-entry visa for Ghana (purchased in advance); visas for Togo and Benin will be acquired on arrival. Please bring five additional passport photos for the Togo and Benin visas.

Includes round-trip transportation, guide; 2 breakfasts, 3 lunches, 2 dinners and overnight in a hotel.

ACR26 TORGORME VILLAGE EXPERIENCE (0800-1430) Minimum 15/Maximum 45 (PRICE: \$94)

[FDP: BELGRAVE & HOWARD]

Depart on a scenic drive along the Accra plains for the beautiful village of Torgorme, located on the lower Volta River. Pay a courtesy call to the paramount chief and elders of the village amidst traditional drumming and dancing by the villagers, and participate in a naming ceremony, in which you will be given traditional African names. After this ceremony, choose between the following activities: a village tour of Torgorme, a hands-on session in pottery making, or a kente-weaving session.

Students in Professor Belgrave’s class should think about the culture you experience and how this culture is manifested both universally among people of African descent and more uniquely among people in Ghana.

Please note: Part of this experience includes a Naming Ceremony. In preparation for this ceremony, a manifest will be submitted to the village elders. Therefore, participants will not be able to sell or exchange their tickets for this FDP. Lunch is included.



ACR27 CAPE COAST HISTORICAL OVERNIGHT (0800 Day 2 – 1800 Day 3) Minimum 20/Maximum 80 (PRICE: \$368)

EARLY BOOKING RATE: \$349

Depart in the early morning and drive through the historic Denkyira Kingdom to Kakum National Park, one of West Africa’s surviving tropical rainforests. Extending over 360 square kilometers, the park is home to over forty large mammals and four hundred bird species, as well as numerous species of butterflies and other flora and fauna. Kakum’s most popular attraction is the canopy walkway, which consists of seven bridges extending 350 meters and hanging forty meters above the forest floor. Choose either a two-kilometer walk through the forest to discover the wide variety of exotic floral species and the medicinal value they offer, or a walk in the treetops via the canopy walkway. Enjoy a lunch of African cuisine at Hans Cottage “Botel” while watching the resident crocodiles and busy weaver birds. Check out of the hotel on the second day and embark on a tour of historic landmarks. The group will tour Elmina Castle, also known as St. George’s Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Afterwards, enjoy a lunch of African cuisine at a local Ghanaian restaurant. Then visit the infamous

Cape Coast Castle and slave dungeons. The castle was built by the Swedes in 1653 and was later taken over by the British. Today it houses the West African Historical Museum.

Includes: round-trip transportation; guide; 1 breakfast; 2 lunches; 1 dinner; overnight at a hotel; tour of Elmina Castle; tour of Cape Coast Castle; and two-hour tour of Kakum National Park.

DAY 3: Wednesday, February 15

ACR31 KAKUM NATIONAL PARK AND ELMINA WALKING TOUR (0700–1900) Minimum 30/Maximum 80 (PRICE: \$142)

EARLY BOOKING RATE: \$135

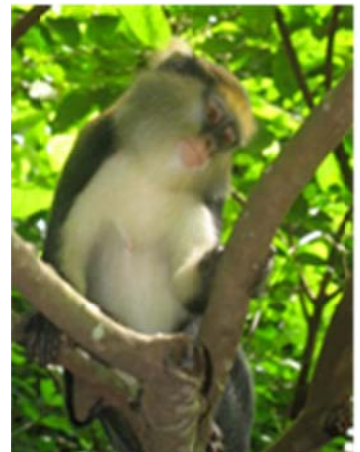
Drive through the historic Denkyira Kingdom to Kakum National Park, one of West Africa's surviving tropical rainforests, located four hours from Tema. Extending over 360 square kilometers, the park is home to over forty large mammals and 400 bird species, as well as numerous species of butterflies and other flora and fauna. Kakum's most popular attraction is the Canopy Walkway, which consists of seven bridges extending 350 meters and hanging forty meters above the forest floor. Other activities include touring the medicinal walking trails and the Sunbird Trail. After lunch, embark on a guided walking tour of Elmina, which was the first point of European contact in Sub-Saharan Africa. It was once the most cosmopolitan city in Tropical Africa. Climb the Jago Hill to Fort Saint Jargo, which was used by the Dutch as a post to snatch the Elmina Castle from the Portuguese. You will be thrilled by the various Colonial Dutch Cemeteries as well as the colorful Asafo (Fante Traditional Soldiers) Posts with their philosophical symbols. Please note: Sturdy, comfortable walking shoes recommended for the Canopy Walkway. Lunch will be provided.



ACR32 MONA MONKEYS AND WLI WATERFALLS (0700–1900) Minimum 30/Maximum 60 (PRICE: \$107)

EARLY BOOKING RATE: \$102

Depart Accra on an early morning drive to Tafi Atome, a village in which mona monkeys are held sacred. Witness these endangered animals in large numbers as they live in the wild. Later, depart Tafi on a scenic drive to Wli, home to the tallest waterfall in Ghana. Tour the village of Wli and familiarize yourself with the typical Ghanaian Ewe village lifestyle. After this short visit, enjoy a hike through the lush greenery of the Agumatsa Forest Reserve, where you will cross the same river eleven times to reach the breathtaking Wli Waterfall. Experience the cool, invigorating atmosphere and savor the breathtaking view of the cascades. Consider taking a refreshing swim in the plunge pool at the base of the falls. Please note: A packed lunch will be provided.



ACR33 SERVICE PROJECT: HABITAT FOR HUMANITY – GROUP B (0700-2000)
Minimum 20/Maximum 45 (PRICE: \$97)

EARLY BOOKING RATE: \$93

Millard Fuller believed that “we have the know-how in the world to house everyone. We have the resources in the world to house everyone. All that’s missing is the will to do it.” In 1976, this lawyer and businessman from Alabama started Habitat for Humanity International. Thirty years later, Habitat for Humanity’s impact is colossal, reaching 100 countries across the globe. Habitat’s mission is “to eliminate poverty housing and homelessness all over the world.”

During this service project, work alongside Ghanaians in a nearby location. In partnership with Habitat, the future homeowners will also be present. Homeowner families are chosen according to their need and ability to repay the no-interest mortgage.

A typical day begins with a welcome from the Habitat team and some instruction on the activities of the day. This is followed by a morning work session, lunch and an afternoon work session. An experienced local builder provides supervision on site. Please note: The price of this practicum is based on the cost of round-trip transportation to and from the site, which is approximately 3.5 hours from Tema. The actual cost for this Habitat build (US\$2,000) is courtesy of the SAS Annual Fund.



ACR34 CASTLES AND SLAVE DUNGEONS – GROUP B (0700-2000) Minimum 30/Maximum 80 (PRICE: \$125)

EARLY BOOKING RATE: \$119

Tour the infamous forts, castles and slave dungeons of Ghana, located on the coast east of Takoradi. First visit Elmina Castle, also known as St. George’s Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Then visit the infamous Cape Coast Castle and slave dungeons. The castle was built by the Swedes in 1653 and was later taken over by the British. Today it houses the West African Historical Museum. Participants will learn about the relationship between the Western slave traders and African tribes that participated in the highly organized Atlantic slave trade, and will appreciate firsthand the tragedy of that complex trade of forced immigration. Have lunch in a local Ghanaian restaurant between visits. Please note: Box dinners will be provided upon your return to the ship.



Canceled! ACR35 VOLTA ECO-ADVENTURE OVERNIGHT (0700 Day 3 – 1800 Day 4)
Minimum 20/Maximum 48 (PRICE: \$346)

EARLY BOOKING RATE: \$329

Depart in the early morning on a scenic drive through the coastal savannah of the Accra plains. En route to Afadjato Mountain, cross the most attractive bridge in Ghana, the Adome Bridge. The bridge was strategically built by Ghana’s first president in order to link Ghana and the former Trans Volta Togland (now the Volta Region) and eventually unify as one country. Once you arrive at Afadjato Mountain, climb to the highest point of Ghana, without the need for climbing gear. After reaching the summit, depart for an eventful drive to Wli Waterfalls. Hike through the lush greenery of the Agumatsa Forest Reserve where you will cross the same river eleven times to reach the falls. Enjoy a picnic lunch at the base of the falls. The water



falls from a height of about 1,600 feet into a plunge pool where swimming is permitted. Then drive to Ho where you will spend the rest of the day at leisure.

After breakfast, depart on a drive to Tafi Atome, a village in which mona monkeys are held sacred and are therefore protected from harm. Witness these endangered animals in large numbers as they live in the wild. Following this visit, return to the ship.

Includes round-trip transportation, guide, 1 breakfast, 2 lunches, 1 dinner and overnight in a hotel.

ACR36 TORGORME CULTURAL IMMERSION OVERNIGHT (0800 Day 3 - 1200 Day 4)
Minimum 20/Maximum 40 (PRICE: \$355)

EARLY BOOKING RATE: \$339

Depart for a scenic drive along the Accra plains to the beautiful village of Torgorme, located on the lower Volta River. Pay a courtesy call to the paramount chief and elders of the village and participate in a naming ceremony in which you will be given a traditional African name. Other activities include a demonstration of pottery making, which is the main occupation of the women in Torgorme. After the pottery demonstration, the village youth will demonstrate *kente* weaving. In the afternoon travel to Tafi Atome in the Volta Region, a village whose people practice conservation as a culture by keeping their monkeys sacred. Here, you will unite with host families. After dinner, join villagers by the fireside, amidst traditional drumming and dancing, and listen to interesting folktales and stories of Ewe history and heroism. Learn the origin and meaning of your clan name as told with pride by knowledgeable local people of this land.



After breakfast with host families, depart for the Shai Hills Reserve, which combines nature conservation, rich cultural interest and archaeological sites with splendid scenic beauty. Embark on a trek through the savannah plains to view West Africa's big game: antelopes, bushbucks, kobs, baboons, monkeys and many bird species including the crested eagle, ground hornbill, blank bellied bustard and more. Visit the Obonu Tem and Se Yo caves that serve as home to the many animals, notably insectivorous bats, which you are sure to see. You will have the opportunity to learn about the various artifacts that have been found on this site, the homeland of the Krobo people. Please note: Participants are recommended to bring toiletries and flashlights.

Includes round-trip transportation, guide, 1 breakfast, 1 lunch, 1 dinner and overnight homestay.

ACR37 SCHOOL VISIT: MORNING STAR SCHOOL (0900-1600) Minimum 25/Maximum 45 (PRICE: \$78)

EARLY BOOKING RATE: \$74

We will depart the ship and head towards the Cantonments, the Labone suburb of Accra, to the Morning Star School. This school teaches pupils from kindergarten through ninth grade. We will visit with both students and teachers at this school to learn more about their approaches to education. Students are offered a variety of courses ranging from science and language to health and music. Morning Star language faculty offer English, French and two local languages, Ga and Twi.



Participants will learn about Ghanaian education and see how the Morning Star School fulfils its mission of offering a top quality education in a caring environment. Our group will see how their academic and extracurricular programs support learning, evaluate teaching strategies, and celebrate student achievement. We will develop an appreciation for the ways in which educators around the world work towards meeting the needs of students in order to produce lifelong learners and responsible global citizens. Please note: Box lunches will be provided from the ship

ACR38 VISIT TO RADIO ADA (1130-1730) Minimum 20/Maximum 40 (PRICE: \$68)

[FDP: DOWNING]

Participants on this FDP will visit Radio Ada in Tetsonya, one of the strongest community radio stations in Accra, with particular interests in environmental issues amongst others, and also hear about Ghana's newly formed Coalition for Transparency of the Airwaves (CoTA). This will link directly to the Social Movement Media course's focus on community and alternative radio. Students in the Social Movement Media course will gain direct exposure to an established community radio station and to the community radio movement in Ghana in general.

DAY 4: Thursday, February 16

ACR40 CASTLES AND SLAVE DUNGEONS - GROUP C (0700-2000) Minimum 30/Maximum 80 (PRICE: \$116)

[FDP: HELMREICH & OLWELL]

Tour the infamous forts, castles and slave dungeons of Ghana, located on the coast east of Takoradi. First visit Elmina Castle, also known as St. George's Castle, built by the Portuguese in 1482. This castle was the first European structure built in Sub-Saharan Africa. Then visit the infamous Cape Coast Castle and slave dungeons. The castle was built by the Swedes in 1653 and was later taken over by the British. Today it houses the West African Historical Museum. Participants will learn about the relationship between the Western slave traders and African tribes that participated in the highly organized Atlantic slave trade, and will appreciate firsthand the tragedy of that complex trade of forced immigration. Enjoy lunch in a local Ghanaian restaurant between visits. Please note: Box dinners will be provided upon your return to the ship.



ACR41 VISIT TO SOCIAL THEATRE ENVIRONMENTALIST PROJECT (1000-1600) Minimum 20/Maximum 40 (PRICE: \$68)

[FDP: DOWNING]

Participants on this FDP will visit the Social Theatre Environmentalist Project and view presentations by Ms. Abl Dzifa Gomashie and her colleagues on the environmental issues facing Ghana and their efforts to bring about change through communications projects. This trip will be directly relevant to the Social Movement Media course. Students will have direct exposure to the attempts of this community organization to publicize environmental concerns in Ghana through various types of media, especially theater. Please note: Please bring \$5-10 for lunch at a local restaurant near the site. Continental as well as Ghanaian dishes will be available for purchase. For additional information, please reference www.valuesforlife.org.

ACR42 VISIT TO THE WORLD BANK OFFICE (0800-1500) Minimum 20/Maximum 40 (PRICE: \$63)

[FDP: RANADE]

Travel by bus for this special opportunity to visit the World Bank Office in Accra. Students in Professor Ranade's course will listen to the experts about the Economic Recovery Program launched by Ghana and the role of the World Bank in Ghana since 1983. Please note: Box lunches will be provided by the ship.

ACR43 SERVICE PROJECT: THE CITY OF HOPE REFUGE - GROUP A (0800-1600) Minimum 20/Maximum 30 (PRICE: \$62)

EARLY BOOKING RATE: \$59

Spend the day at the City of Refuge home in Tema. This orphanage cares for children who have been trafficked, orphaned or abandoned. The mission of the orphanage is to look after children who are marginalized, promote understanding of the value of every child, create opportunities for community change and increase awareness of the issue of trafficking. This children's home, called Freedom Center, was established in 2007 and provides child care, education, recreation, spiritual fulfillment and a nurturing environment for children in need. We will spend the day preparing and distributing meals to the children. We will make approximately 500 meals in total. The costs involved in making these meals are courtesy of the SAS Annual Fund. Please note: Box lunches will be provided from the ship



ACR44 SHAI HILLS GAME RESERVE AND AKOSOMBO DAM (0800-1700) Minimum 30/Maximum 45 (PRICE: \$84)

[FDP: THOMAS]

Depart Accra for the Shai Hills Game Reserve, which combines nature conservation, rich cultural interest and archaeological sites with splendid scenic beauty. Trek through the reserve and view some of West Africa's notable game: antelope, bushbucks, kobs, baboons, monkeys and many bird species, including the crested eagle. Visit the Obonu Tem and Se Yo caves which serve as home to many animals, notably insectivorous bats. Learn about the various artifacts that have been found on this site, the homeland of the Krobo people.

After lunch, continue to Akosombo to tour the famous Akosombo Dam, a hydroelectric dam in southeastern Ghana. The dam is located at the Akosombo gorge on the Volta River. The dam's construction resulted in the flooding of the Volta River Basin, which subsequently created Lake Volta. Lake Volta is the world's largest manmade lake and covers approximately 3.6 percent of Ghana's total land area. Please note: Lunch is included.



DAY 5: Friday, February 17

ACR50 KAKUM NATIONAL PARK AND BAMBOO ORCHESTRA (0600-1800) Minimum 30/Maximum 40 (PRICE: \$136)

[FDP: LAWRENCE]

Drive through the historic Denkyira Kingdom to Kakum National Park, one of West Africa's surviving tropical rainforests, approximately four hours from Tema. Choose either a two-kilometer walk through the forest to discover the wide variety of exotic floral species and the medicinal value they offer, or a walk on the Canopy Walkway forty meters above the forest floor. Enjoy a lunch of African cuisine in the park. Then visit Mesomagor, a culturally-rich village located close to the park, and hear the traditional Bamboo Orchestra. The youth in Masomagor have revived this traditional art by performing music and dance with bamboo percussion instruments.

This program will give students the opportunity to visit a continental rainforest within a protected area for comparison with other regions. The Canopy Walkway will allow observation of the unique plants and animals that inhabit the upper stories of the rainforest, which are often not visible from the ground. Nothing beats the biodiversity of a tropical rainforest, and in this FDP Professor Lawrence's students will be able to compare this protected lowland rainforest to that of Amazonia, as well as to the forest and non-forest ecosystems of other destinations. This excursion will also offer the best opportunity to experience this biome by foot, whether on the forest floor or high in the canopy. Please note: Sturdy, comfortable walking shoes are recommended for the Canopy Walkway. Lunch is included.



ACR51 BAMBOOSERO BICYCLE COMPANY TOUR (0800-1200) Minimum 15/Maximum 20 (PRICE: \$68)

[FDP: MORTON & TAKEDA]

This is a rare opportunity to meet one of the world's most talented and successful bicycle designers and see how he is changing the game with his bamboo-made high-end bikes. Students will meet Craig, hear his story, meet his employees and tour the Bamboosero operation. They will see how a sustainable, local and green business is built from vision into daily reality. Craig Calfee, a frame designer who has built bikes for Greg Lemond and other professional racers, founded Bamboosero with the idea that teaching a person to build bikes is a long-term solution that can have a lasting impact.

The use of bamboo makes this possible. Bamboo grows in most of the developing world, making it far easier to supply a bike builder with raw materials. Its use in making bikes also makes a common resource more valuable. Much better than mining or cutting down the forest. Oh...and it rides like a dream!

The Bamboosero idea is simple: connect bike builders in developing countries with bike buyers like you. Buying a Bamboosero Bike doesn't just get you a great bike, it helps working families support themselves, injects badly needed foreign currency into struggling economies and creates the production capacity for an incredibly efficient local transport—bicycles!

ACR52 WOMEN'S HEALTH & CHILDBIRTH PRACTICES IN GHANA (0800-1400)
Minimum 16/Maximum 40 (PRICE: \$86)

[FDP: BASS & PARROT]

Like most developing countries, Ghana is faced with a host of issues related to women's health and childbirth. Some of these issues include access to pre- and post-natal healthcare, and cultural, religious and traditional beliefs and values.

Visit a local hospital and meet with one of its resident gynecologists. This interactive meeting will focus on common birth practices, issues surrounding childbirth and women's health and other related topics. There are vast differences in beliefs about childbirth and childcare practices cross culturally, and close examination of maternal health, childbirth and infant mortality and nutrition are critical to the understanding of both the rhetoric and reality of social justice for women and children in Ghana. Please note: Box lunches will be provided from the ship.



ACR53 GLOBAL MAMAS: MICRO-LENDING IN ACTION (0800-1600) Minimum 20/Maximum 30 (PRICE: \$77)

[FDP: PAXSON]

This program will focus on the role of small business and micro-lending in Africa. To gather information on small businesses, we will participate in a discussion led by Renae Adams, who runs Global Mamas in Accra. Global Mamas is a nonprofit organization that develops business programs for small, women-owned businesses in Africa. They aim to increase revenues of these businesses so that women and their families can have sustainable livelihoods. The workshop is designed to provide education on the role of financing, leadership, teamwork and decision making in small businesses. During the workshop we will meet some of the women operating these businesses and tour the Makola Market.

Since we are visiting a place of business, participants on this program are asked to dress appropriately. Please feel free to visit the Global Mamas website, www.globalmamas.org, prior to the workshop to learn more about this nonprofit organization. Part of the price of this practicum will go to the Ghanaian women presenting the workshop and tour. Please note: Box lunches from the ship will be provided.



ACR54 SERVICE PROJECT: THE CITY OF HOPE REFUGE - GROUP B (0800-1600)
Minimum 20/Maximum 30 (PRICE: \$59)

[FDP: TAYLOR]

Spend day at the City of Refuge home in Tema. This orphanage cares for children who have been trafficked, orphaned or abandoned. The mission of the orphanage is to look after children who are marginalized, promote understanding of the value of every child, create opportunities for community change and increase awareness of the issue of trafficking. This children's home, called Freedom Center, was established in 2007 and provides child care, education, recreation, spiritual fulfillment and a nurturing environment for children in need.

While interacting with children in their normal day-to-day lives, Professor Taylor's students will have the opportunity to observe the children at City of Refuge, focusing on the development of attachment behaviors and temperament. Students will also



have the opportunity to develop an appreciation for how the staff and volunteers work toward meeting the needs of children who have a history of abuse and neglect, and for how resilient the children can be in an atmosphere of caring and safety. Please note: Box lunches will be provided from the ship.

ACR55 TEMA/GA QUEEN MOTHERS (0900-1300) Minimum 15/Maximum 40 (PRICE: \$67)

[FDP: LeFEBVRE]

In the traditional setting, the title of “queen mother” can relay the rank of paramount queen, divisional queen or even sub queen. Though queen mothers do not have the same traditional authority as their male counterparts, they play an important role in the traditional society. They are responsible for designating the next chief, providing wise counsel to the chief and his elders, rallying all women together and keeping an eye on the social conditions within the society. Participants will have the opportunity to discuss the role of women in royal courts and other related issues.

In this FDP, students in Professor LeFebvre’s courses, Human Rights and Global Women, will be able to observe an unusual role for women in one part of Ghana society. Students can learn more about the history of the Queen Mothers; their roles as contrasted with other women; and the differences between their authority and that of males with the same status. What are the reasons for having Queen Mothers today? Why does this designation endure? What impact do these women have on other women, on communities and in advancing the rights of women?

ACR56 VISIT TO A PRIVATE FARM AND UNIVERSITY OF GHANA (0900-1700) Minimum 16/Maximum 25 (PRICE: \$69)

[FDP: RANADE]

Ghana, earlier called the Gold Coast, has a fascinating history when it comes to economic development. Since 1983, Ghana has launched several successful economic reforms which are now bearing fruit. The visit to the private farm and the university will aid in understanding the related policies and performance of Ghana and also help in generalizing for other developing countries.

On this FDP, students will visit a private farmer on his farm and discuss his business in the export of farm produce to Europe, as well as visit the University of Ghana to discuss issues related to Trade, Finance and Economic Development. Please note: The timing of this trip will be confirmed closer to arrival.



ACR57 ENVIRONMENTAL ACTIVISM & POLICY IN GHANA (0830-1230) Minimum 12/No Maximum (PRICE: \$68)

[FDP: L. HINCHMAN & S. HINCHMAN]

Participants in this FDP will meet with the director and staff of Friends of the Earth (FOE), an international environmental organization with operations in Africa. They will describe the ecological crises currently affecting Ghana, including deforestation, habitat loss, and climate change, and suggest ways to resolve conflicts between economic development and environmental protection. They will also brief us on the

current state of the proposed West Africa gas pipeline. For students of comparative politics, this FDP will offer unusual insights into policy-making, lobbying, and grass-roots politics in a developing country. For those taking International Relations, it should illuminate at least several crucial aspects of globalization: the ways that NGOs with global reach try to influence politics within a nation-state, and the effort to find global solutions for global environmental problems.

ACR58 DRUMMING AND DANCE WORKSHOP WITH FRED TAY (1100-1500) Minimum 15/Maximum 40 (PRICE: \$85)

[FDP: STRAND]

Learn traditional Ghanaian hand drumming with Frederick Senanu Heloo-Tay, drummer with the Ghana Dance Ensemble, the nation's premiere performance ensemble in residence at the University of Ghana. Fred and his assistants will teach various hand-drumming techniques and dance rhythms of the region during the 90-minute class, which will take place on the grounds of the University of Ghana in Legon, just outside Accra. Drums made by local professional drum makers are also available for purchase through Fred.



CAPETOWN, SOUTH AFRICA

Arrive: 0800 Friday, February 24
Onboard: 1800 Wednesday, February 29
Depart: 2000 Wednesday, February 29

Cape Town is a city of beauty, a city of history and a city of contrasts. As the ship pulls into the harbor, with the waterfront nestled before the majestic Table Mountain, the beauty is evident in Cape Town's unique landscape. However, if one looks beyond Table Mountain and the immediate Victoria and Alfred Waterfront, the real beauty is its people and the story they tell through their experiences during, as well as post, Apartheid. The nearby townships may look grim in comparison to the pristine waterfront area but looking past the over-crowding and poor construction, the beauty and resilience of the townships and its peoples are clear. Even with political struggles and financial adversity, the threads of family, culture and community are apparent. Each township tells its own powerful story. A visit to a township is critical to understanding and embracing this resilient country; it is a rewarding experience that should not be missed.



Semester at Sea is offering several opportunities to visit a township in a safe, informative and insightful way during your call to Cape Town. The following trips include a visit to a township: Amy Biehl Foundation Trust, Baphumelele Orphanage & Township by Bike, Habitat for Humanity, Operation Hunger, Township by Bike & Interactive Soccer (full and half-day options), Township Homestay and Xhosa Cultural Tour, Cape Town, and Apartheid and Robben Island.

In addition to these standard trips, the following FDPs will visit a township as part of a class field experience: Khayelitsha Township Visit, Cape Town, Apartheid & Robben Island.

GENERAL DESCRIPTION FOR ALL SAFARIS/GAME RESERVES (SAS offers a wide variety of safaris. Please see following pages for dates, approximate departure/return times and specific itineraries.)

Africa's wildlife heritage is fittingly celebrated in superlatives. Such familiar wonders as the elephant, rhinoceros, hippopotamus and giraffe are the largest of the continent's astonishing assemblage of mammals. With these march a parade of predators, an immense collection of antelopes, a veritable ark-full of monkeys and mongooses, aardvarks and insectivores, and a host of other animal oddities. A profusion of colorful birds, weird reptiles and fascinating insects rounds out the experience. As amazing as the variety is the spectacle of numbers, for the African plains are the last place on Earth where vast herds still roam in primeval abundance.

Africa's wild creatures do not live in isolation; each species represents a strand in the web forming the community of plants and animals in which it has carved its niche. Even the briefest safari will traverse many such ecological communities and habitats. The eye soon discerns that the African wild is not a singular entity in which animals occur at random, but an ordered realm, where every creature has its appropriate place. Some species are extremely adaptive and survive in a wide spectrum of environments. Others are confined to specific niches or microhabitats. It would take volumes to describe all of Africa's animals, not to mention their relationships and the habitats in which they live.

A small understanding of African ecology will go a long way toward enriching your safari experience, for the wonder of the animals is heightened by an appreciation and awareness of their total environment. Although the famous big game animals naturally command the most attention, people who look only for lions, elephants and other large mammals tend to get bored after a few days. Those curious about African wildlife in all of its varied forms never have that problem, for it is impossible to run out of new and fascinating discoveries.

Game Drives: The game drive is the standard mode of wildlife viewing in the African national parks, where both regulations and safety considerations restrict exploration on foot. Conditions are ideal for vehicular safaris; cruising savanna game country from the security and comfort of a car, you will encounter a large number and variety of animals simply by chance. In many parks, the animals have lost all fear of vehicles and permit you to drive right up to them. Game drives in such places are always invigorating. You may go from one species to the next—observing a zebra here, a giraffe there, a knot of impala on the right, a trio of elephant bulls ahead. However, there is really no guarantee on what you will see; the animals are free to move around as they please, and may even pass beyond park boundaries.

While on a game drive, each group will be accompanied by a seasoned professional who is highly experienced as a field naturalist. The guides/drivers of each safari vehicle are also well trained and attend training classes on subjects as varied as the maintenance of safari vehicles, tracking animals and preservation and conservation. Be sure to ask questions of these informed resources!

Accommodations: Accommodations come in many shapes, sizes and budgets. Accommodation types range from basic (explorer option) to deluxe. For safaris, game drive experiences are similar regardless of accommodation choice. Many participants will choose their safaris based simply on where they will stay.

Explorer Options are great for those who are budget conscious. These backpacker-style accommodations provide basic rooms, shared bathrooms and simple one-course meals.

Standard Options offer 3-4 star accommodations and three-course meals or buffets for afternoon and evening meals. The Standard Option lodges enhance the safari experience providing access to amenities during free time – before and after game drive times.

Deluxe Options offer that special touch – from three-course meals or sumptuous buffet spreads to potorage, to lodges and resorts with creature comforts. Enhancing elements of the standard options, the Deluxe Option lodges and resorts are famous for their beauty as well as comfort. The general quality of comfort, cleanliness and service is very high. Each facility has its own ambience. For safaris, newer lodges are modern hotels designed for harmony with the natural setting. Spacious verandas look out over game viewing areas with stunning landscapes well visited by game. Some lodges are so well placed, usually by strategic water points, that game can be seen at any time.

Packing Suggestions: As a general rule, the following items are recommended: toiletries, sun block, sun hat, sunglasses, comfortable (closed-toe) walking shoes, windbreaker, swimsuit, comfortable light-weight clothing, and possibly a sweater and light-weight long pants for the evenings. Brightly colored clothing is not recommended safari attire. Temperatures reach approximately 86°F during the day, with cooler temperatures in the evening, so plan accordingly.

Safari Departure and Return Times: Actual flight details for safaris that include air travel are not confirmed at this time; details will be made available closer to port arrival. Many flight times (and thus departure and return times) are based on current timetables that may change prior to arrival. Despite the potential for time fluctuations, all safari activities described will occur as outlined.

While on safari you will be amazed by the superabundance of animals. Yet the question nags as to how long the game will last. Commercial poaching is the most dramatic and immediate danger, but loss of habitat is the ultimate threat. Both perils are exemplified by the plight of the two major species that are already in serious trouble, the elephant and the black rhino. Rather than abandon all hope, consider what you can do to aid the cause of African wildlife. A number of organizations fund and manage conservation projects in Africa. It also helps to stay informed and to spread the word that African wildlife needs help.

DAY 1: Friday, February 24

CAPO1 WARWICK ESTATES WINE TOUR SAFARI – FAMILY WINERY, INTERNATIONAL PLAYER (0900-1300) Minimum 20/Maximum 30 (PRICE: \$78)

[FDP: MORTON]

Among South Africa's wine region, Warwick Wine Estate is a family-owned winery known for their Trilogy wine (a combination of Cabernet Sauvignon, Merlot, Cabernet Franc) and Cabernet Franc. Warwick Estate wines have been listed on *Wine Spectator's* annual Top 100 Wines list. Come learn about how wine is produced, take a tour of the vineyards while riding in a Range Rover through the landscape, taste the wines of Warwick, and enjoy a gourmet picnic lunch. Although it is a busy season while we will be visiting, we will likely meet with management to learn about not only the wine making process, but also about the process of managing the brand and its distribution.

Operations Management (SEMS-3502) students will see how production of wine occurs for a family business. Global Management (COMM 4690) students will learn how a South African family business works with agents over the world to represent their products.

CAPO2 WEST COAST NATIONAL PARK HIKE (0915-1830) Minimum 16/ Maximum 20 (PRICE: \$139 + OOPEX)

[FDP: THOMAS]

Upon leaving the ship and quayside you will start your journey to the West Coast National Park and on route have the opportunity for some scenic views of Table Mountain. Five million years ago the Cape west coast was very different from what it is today with a wide range of now extinct animals living in riverine forests, wooded savanna, the adjacent sea and on offshore islands. Phosphate mining operations at Langebaan uncovered one of the richest fossil sites in the world. Over the past 40 years bones of 200 different kinds of animals, many of them new to science have been recovered.

After arriving at the West Coast National Park you will drive through the park. The turquoise waters of the Langebaan Lagoon are the focal point of this National Park. Thousands of seabirds roost on sheltered islands, pristine golden beaches stretch endlessly and brooding salt marshes are home to vast concentrations of migrant waders from the northern hemisphere. During the spring there is a tapestry of multi-hued flowers. In the Postberg section, many antelope can be spotted in a setting that is as unique as it is idyllic. Please note that the Postberg section is only open in peak flower season, August and September. Embark on a hiking trail known as the Steenbok One Day Trail. Though the thousands of migrating birds is one of the main reasons for the conservation of the West Coast National Park, the showy plants of the area, usually growing on granite or limestone rocks, especially during spring time, are what attracts most of its visitors to this fascinating park. The largest concentration of mammals is in the Postberg Reserve, but this is only open to the public during flower season. However mammals are found throughout the rest of the reserve. Eland, red hartebeest, Cape grysbok, caracal and rock hyrax are some of the terrestrial species to search for. After the hike board the coach and return back to Cape Town and the quayside.

CAPO3 ZANDVLEI, CAPE PENINSULA AND CAPE POINT (0915-1830) Minimum 20/Maximum 44 (PRICE: \$137)

[FDP: LAWRENCE]

Begin this tour with a visit to the Zandvlei Estuary Nature Reserve. The Zandvlei Reserve, located on the northern shore of Zandvlei, was proclaimed a bird sanctuary in the 1980s. The area conserves endangered Cape Flats thicket vegetation and valuable seasonal salt marsh. As a functioning estuary, Zandvlei receives inputs from both the sea and the catchment area. Twenty-four indigenous fish species have been recorded there. Enjoy a guided walk and discussion with the manager of the Educational Centre.

Next, continue along the shoreline of the Indian Ocean, through the historic naval base of Simonstown. Visit Boulder's Beach, one of only two mainland Jackass Penguin breeding colonies in the world. Enjoy some free time for swimming.

Thereafter, drive to The Cape of Good Hope Nature Reserve, which occupies 19,151 acres of indigenous flora and fauna. Walk to the platform on top of the hill for a great view of the peninsula and the spot where the Atlantic and Indian Oceans are said to meet. If you prefer, take the optional funicular railway, which will transport you to the platform. From that location, there are approximately 120 steps to the old lighthouse on top of Cape Point. Contrary to popular belief, Cape Point is not the southernmost tip of Africa. That honor belongs to Cape Agulhas. It is, however, the meeting place of the Atlantic Ocean and False Bay. In the late afternoon return to the ship.

From birds to mammals to fish – to a record number of plant species – this FDP will give Professor Lawrence's students the opportunity to explore unique assemblages of both marine and terrestrial biodiversity. Where else can you find penguins in a Mediterranean biome?

Please note: Wear comfortable lightweight clothing and comfortable walking shoes. Bring sun block, sun hat, sunglasses and windbreaker; bring a swimsuit and a towel to swim during free time at Boulder's Beach. Lunch at a local restaurant is included, as are entrance fees to Cape Point Nature Reserve and Boulder Beach. Optional funicular railway is an out-of-pocket expense. Trip price includes a donation to the Zandvlei Conservation Trust.



CAPO4 SOUTH AFRICAN WRITERS (1000-1230, On Ship) Minimum 11/No Maximum (PRICE: \$20)

[FDP: MULDOON]

Meet some of Cape Town's successful writers – poets from Cape Town's major publishing house, NB Publishers. Please join Professor Muldoon with your local host, Ettie Williams, to learn about the work of some of South Africa's prominent writers during this discussion. Featured authors include Joan Hambidge and Gabeba Baderoon. We will meet aboard the ship with these local writers, who will discuss their works in contemporary South Africa. This exchange will be particularly worthwhile for those interested in and studying the poetry and literature of southern Africa, especially that of South Africa.

CAPO5 TOWNSHIP XHOSA CULTURAL COOKING DAY (1000-1600) Minimum 10/Maximum 50 (PRICE: \$104)

Early Booking Rate: \$99

This practicum provides insights into the Xhosa people, their culture and especially their cuisine. Xhosa refers to both a cultural group of people as well as the language (isiXhosa) spoken by this people group. There are currently approximately eight million people in South Africa who are culturally identified as Xhosa. The Xhosa people have a rich cultural history that predates the arrival of the Dutch in the 1600s. The staple food of the Xhosa people is *umngqusho* made from cracked maize and beans. Maize meal 'pap' is also very popular. There are many different kinds of vegetable dishes that feature alongside the staples and various meat dishes are also often prepared. Women in the Xhosa culture traditionally prepare the food



Travel to Gugulethu Township and meet the local 'mamas' - women who will teach you about traditional Xhosa cuisine. The *mamas* will show you the various ingredients important in Xhosa cuisine and where necessary they'll explain the cultural significance of certain foods. You'll then get to partake in some traditional cooking of your own under the supervision of the *mamas*. Of course, you will be eating your own traditionally prepared Xhosa dishes for lunch.

CAPO6 WALKING TOUR OF CENTRAL CAPE TOWN (1300-1700) Minimum 15/Maximum 29 (PRICE: \$25)

[FDP: FARMER & ZHANG]

In the nineteenth century Cape Town was the seat of British colonial government. We will walk through the center of the city to view major buildings including the Castle of Good Hope (built by the Dutch East India Company), the Grand Parade, and the Cape Town City Hall. Please bring approximately R30 (US\$4) for lunch at a gallery where a variety of Malay and Indian food is served.

CAPO7 CITY ORIENTATION (1300-1700) Minimum 22/Maximum 160 (PRICE: \$64)

[FDP: ACEVEDO-MUNOZ]

Cape Town is a remarkable city where the present and the past harmoniously converge—in history, architecture, cultural pursuits and the essence of its people. Take a step back in time when you pay a visit to the Castle of Good Hope, the oldest building in South Africa. Built from 1666-1679, it is a pentagonal fortification with a moat and bastions at each corner. Adderley Street is the principal thoroughfare of Cape Town and is renowned for its fine examples of old Cape architecture, including the Standard Bank Building, St. George's Anglican Cathedral and the Cultural History Museum. Afterward, stroll through the Company's Garden, the oldest garden in South Africa. Established in 1652 by Jan van Riebeeck, it was originally used as a vegetable garden to supply fresh produce to passing ships. Located within the gardens are the red-bricked House of Parliament, the South African National Gallery, the Jewish Museum and the Great Synagogue. Enjoy a refreshment stop in the tranquil surroundings of the gardens before you proceed to the South African Museum. Established in 1825, it is the oldest museum in sub-Saharan Africa and houses an extensive natural history collection. Before returning to the ship, end your city orientation with a visit to the Foreshore, an area of land that was reclaimed during the construction of the harbor, known as Duncan Dock. Vast quantities of sand dredged up during the building of the dock created 145 hectares (352 acres) of level ground.



CAP08 RACE & RACE CLASSIFICATION BEFORE & DURING APARTHEID (1300-1700)
Minimum 20/Maximum 24 (PRICE: \$39)

[FDP: BELGRAVE & HELMREICH]

We will travel to the South African Natural History Museum, the oldest and, according to many residents and visitors, the most interesting museum in the country. After a presentation on races in South Africa and how they have been classified and portrayed, we will look at the ethnographic and archaeological exhibits in the museum. We will then walk through the Company Gardens to the Cultural History Museum (about a 15-minute walk) where we will contrast the way in which South African peoples are displayed in this more politically engaged institution.

Professor Alan G. Morris, from the University of Cape Town, will give a presentation on the old classification laws and how they controlled every aspect of life for every citizen. In particular, he will discuss the category "coloured", which is not the same as the American usage and continues to be a contentious issue of identity in modern South Africa. Professor Morris will also consider the current times by talking about racial redress and the problem of using race to give differential access to University systems. Can the effects of old discrimination be removed by using new forms of discrimination? Return to the ship will be from the Museum.

Students in Professor Belgrave's cross-cultural psychology classes should consider the conceptualization's of self and identity and how these might differ for South Africans from historically classified groups? In what ways do you think this classification system affect the identity of current South Africans? What are the socio-political ramifications of these differing identities? Do think there are any parallels to ethnic and racial identity among ethnic minority individuals in the United States? In what ways might there be similarities and in what ways might there be differences? Do you think identity serves a positive function for South Africans?

CAP09 SOUTH AFRICAN CONTEMPORARY ART (1300-1700) Minimum 20/Maximum 45 (PRICE: \$)

[FDP: WILKINSON]

The dynamic visual arts scene in today's Cape Town will be experienced in an afternoon visit to the Old Town House, now an art gallery, and the South African National Gallery, the two most prominent exhibition venues for contemporary art in Cape Town. Students will be met by the Director of Collections, Professor Riason Naidoo, who will discuss the exhibits, artists and remarkably diverse trends of South African art. There will be time for discussion and viewing other exhibits in the galleries.

This trip will allow students to confront South African artists' responses to their political, religious and social past, such as the experience of Apartheid, and their complicated position in the global present. The art is wildly creative, unorthodox, angry, funny, despairing, joyous – and possibly, at the moment, the strongest in the world.

CAP10 EXPERIENCE CAPE TOWN HIP HOP FROM THE INSIDE (1300-1900) Minimum 16/Maximum 40 (PRICE: \$94)

[FDP: STRAND]

Get in the 'cipher', experience Cape Town hip hop from the inside. Meet MCs and hip hop artists in an intimate performance. On this evening journey, we visit two Cape Town hip hop artists at home, for intimate performance and conversation. Cape Town has a

rich history of hip hop music and activism, the two are strongly linked. Cape Town is considered the granddaddy of South African hip hop, with pioneering acts like Prophets of da City emerging from the Cape Flats. We will be visiting artists in areas as diverse as Sea Point, Guguletu, Langa, and Mitchell's Plain.

This FDP will be of particular interest to those registered in MUS3750, Popular Music in World Cultures, as hip hop will specifically be a topic that is covered in the South Africa unit. Please note: Dinner and refreshments are included.

CAP11 KHAYELITSHA TOWNSHIP VISIT (1330-1800) Minimum 16/Maximum 25 (PRICE: \$64)

[FDP: ZIMMER]

Visit Khayelitsha, South Africa's fastest growing township. The impression from the outside is fairly grim—many shacks line the outskirts and give no indication of the vibrant culture found within. However, life in Khayelitsha is filled with entrepreneurial energy and community spirit; this trip is your opportunity to gain first-hand experience. Upon entering the township, visit the Khayelitsha Craft Market. Continue to the Philani Nutrition Centre, where you will view weavings and silkscreen paintings, a project undertaken by the women in the community. Visit *Medicines sans Frontiers* (Doctors Without Borders), which provides a HIV clinic to the community. Finally, a visit to Vicky's Bed and Breakfast is followed by a visit to the Waterfront *shebeen* (tavern) before returning to the ship. Please note: There are limited restrooms in the Township. Only local currency is accepted in the craft market.



CAP12 LION'S HEAD SUNSET PICNIC HIKE (1600-2100) Minimum 16/Maximum 100 (PRICE: \$53)

Early Booking Rate: \$49

Lion's Head is a beautiful rocky peak that lies between Table Mountain and Signal Hill and forms part of the dramatic backdrop to the city of Cape Town. Its name was derived in the 17th century by the Dutch who saw the rock formations and thought they resembled a crouching lion—Signal hill as the lion's tail or rump and Lion's Head its mane. The area is part of the Table Mountain National Park and is covered in indigenous fynbos vegetation and is home to a variety of small animals. On a clear day, the peak provides spectacular 360-degree views of Table Mountain, the city center, harbor and the Atlantic Ocean.



Depart the ship and travel to the base of the peak where you'll have an opportunity for some moderate exercise with beautiful views all around. Upon reaching the summit (about a 70 minute walk), refreshments and a picnic dinner will be served while watching the sunset. Once the sun sets, the beauty of the city starts to shimmer as the city lights are turned on and the moon and stars start to light the sky. The guides will carry flashlights to light the path on the journey down. Please note: Flashlights are highly recommended for this trip. This hike can be considered strenuous at times. A moderate level of fitness is required.

CAP13 AN EVENING IN CAPE TOWN (1845-2345) Minimum 25/ Maximum 150 (PRICE: \$63)

Early Booking Rate: \$49

Enjoy an evening out at one of Cape Town's premiere performing arts venues, whether an evening of drama or dance, the evening is sure to inspire. Michael Williams, Managing Director of Cape Town Opera, will be your host and guide, taking you



backstage and introducing you to cast members and creative teams of the productions. Participants will choose one of three performances to attend. A selection of South African wine and cheese will be served in the Opera Bar before the performances.

CAP14 CAPE TOWN JAZZ SAFARI (1900-2330) Minimum 16/Maximum 40 (PRICE: \$139)

Early Booking Rate: \$134

A wonderful way to connect with people and their culture is by listening to their music; this practicum provides just that opportunity. Cape Town Jazz is a unique mix of Western and African music with global influences interspersed. It expresses South Africa's struggle and freedom; it is the music of the people. Access to the jazz scene takes time and is difficult if you are only in the city for a short time. Experience Cape Town's musical fabric and experience an intimate evening of music in the living rooms of a variety of Cape Town musicians, enjoying exclusive musical performances by the artists, dinner, drinks and conversation. Please note: If you wish to play with the musicians, you must bring your own instrument.

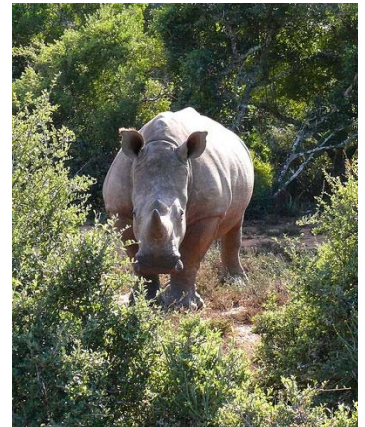


DAY 2: Saturday, February 25

CAP20 HLUHLUWE OVERLAND SAFARI – Deluxe Accommodations (0630 Day 2 – 1530 Day 4) Minimum 10/Maximum 22 (PRICE: \$1,379)

Early Booking Rate: \$1,199

The province of KwaZulu Natal is referred to as the “Kingdom of the Zulus” and claims the oldest game reserve in Africa, the Hluhluwe-Umfolozi Game Reserve. Established in 1895, this combined reserve spans over 237,000 acres of hilly terrain and wooded savannah. The rich habitat is prime Big Five country and is the only park in its province under formal conservation. The park has the largest concentration of black and white rhino in the world. The wild dog, believed to be Africa's most-endangered carnivore, is now one of the park's conservation priorities. The park is also renowned for its wilderness trails which date back to the 1950s and its Game Capture Unit, a benchmark for animal capture and sustainable utilization throughout Africa.



Accommodation will be at Umkhumbi Lodge in comfortable twin-bedded rooms. Each room has en-suite bath and shower, private veranda, fridge, tea and coffee making facilities and air-condition. Nestled in the bush, Umkhumbi is the Zulu name for the Red Duiker, a shy small red antelope, which can commonly be seen picking its way across the forest floor. You even enjoy sipping sundowners with a view over the bushveld and enjoy swapping stories in the cozy Lapa area where you can enjoy your meals and drinks.

Includes: flights; return airport transfers in private touring vehicles with A/C & PA-system; guide; Private accommodation in twin/double rooms at Umkhumbi Lodge including all meals (2 breakfasts; 1 lunch; 1 picnic lunch; 2 dinners) and two soft drinks during meals; afternoon walk in iSimangaliso Wetland Park with sundowners on Day 1; full-day game drive in 4x4 vehicles on Day 2; bottled water on vehicle; airport and lodge portorage. (Gratuities not included.)



CAP21 KAPAMA PRIVATE GAME RESERVE – Deluxe Accommodations (0715 Day 2 – 1830 Day 4) Minimum 10 /Maximum 18 (PRICE: \$1,859)

Early Booking Rate: \$1,769

Enjoy this safari experience at Kapama Game Reserve located in the Limpopo Province, adjacent to the Kruger National Park, an area renowned for superb safaris. With more than 32,000 acres, Kapama has all the big game of Africa with 42 mammal species and approximately 350 bird species. This equates to huge natural diversity and includes the famed 'Big 5' – lion, leopard, elephant, buffalo and rhino. Game drives are conducted through the rolling savannah grasslands and riverine forests that make up this appealing African reserve. Accompanied by highly skilled game rangers, discover the wonder of the African bush with its majestic inhabitants.

Accommodations are at Kapama Buffalo Camp, which offers a unique and intimate experience in the African bush. It is ideal for discovering big game Africa in true safari tented style without compromising on comfort. Ten luxury newly built canvas tents, each sleeping two, are set on wooden decks built on stilts over a steep-sided riverbank.

Wooden walkways interconnect the rooms, which are all in the upper reaches of tall riverine trees. The river below rarely flows and antelopes are seen daily walking along the sandy riverbed. Each tented room has all the usual comforts of electricity, en-suite bathroom, safe, writing table, wardrobe, low impact climate control, mini-bar and tea/coffee facilities. The communal areas of Buffalo Camp are on the riverbank, where gardens of succulent aloes and euphorbia are tended around the thatched bar, dining room, pool terrace and campfire. But the thick African bush is just a glance away, inhabited by animals like lion, hyena and jackal whose calls can be heard in the dead of night. Lanterns, rather than electric lights, glow at night under the trees, creating a special intimate ambience particular to Buffalo Camp.

Kapama also offers a variety of other activities, at your own expense, including bush walks, elephant-back safaris, bird watching, hot-air balloon rides and visits to the Hoedspruit Endangered Species Centre. These options may be booked upon arrival at the lodge.

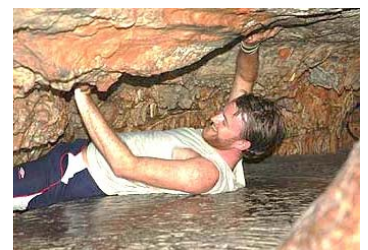
Includes: flights; return airport transfers in private touring vehicles with A/C & PA-system; guide; Private accommodation in twin/double rooms at at Kapama Buffalo Camp including all meals (2 breakfasts; 2 high teas; 1 lunch; 2 dinners); afternoon walk in iSimangaliso Wetland Park with sundowners on Day 1; 4 game drives in 4x4 vehicles; bottled water on vehicle; airport and lodge portorage. (Gratuities not included.)

Cancelled! CAP22 GARDEN ROUTE CANGO CAVES & OUDTSHOORN – Explorer Accommodations (0800 Day 2 – 1730 Day 4) Minimum 10/Maximum 25 (PRICE: \$429)

Early Booking Rate: \$409

The Garden Route is a popular and scenic stretch of the south-eastern coast of South Africa and offers visitors majestic mountains, breath-taking views, a natural garden of rich, colorful vistas, with valleys and lakes, rivers and forests, a paradise for bird-lovers and nature lovers, an eco-destination like few others in the world, with miles upon miles of beautiful, white sandy beaches and a zillion things to do and explore.

Pass towns such as Somerset West, Caledon and Riviersonderend, Heidelberg, Riversdale and Mossel Bay. The famous Milkwood Tree in Mossel Bay is over 500 years old, and is known as the Post Office Tree. In 1500 a sailor left a letter in a shoe,



tucked in the tree. In 1501 this letter was found by Joao da Nova, who was en route to India. From Mossel Bay make your way to the town of George and cross the majestic Outeniqua Pass, the gateway to Oudtshoorn. The area was originally inhabited by the Bushmen, as evidenced by the many rock paintings that are found in caves throughout the surrounding mountains.

Visit the famous Cango Caves, sculptured by nature through the ages. Mysterious and breathtaking limestone formations in a wide variety of natural colors, a subterranean wonderland can be seen. Continue to the Cango Wildlife Ranch, where crocodiles and cheetahs are bred in captivity. Proceed to the Safari Ostrich Farm and experience a guided tour of the farm, which traces this unique bird's development. You will also have the opportunity to sit on an ostrich and to watch a short ostrich race.

Includes: air-conditioned transportation; guide for the duration of the overland; lunch with 2 drinks per person in the towns of Mossel Bay and Barrydale on the first and last days respectively; 2 nights' accommodation at Oudtshoorn Backpackers in bunk beds or similar, with basic linen and shared bathrooms; 2 continental breakfasts; 3 light lunches; 2 one-course dinners; entrance to the Dias Museum Complex and Old Post Office Tree in Mossel Bay; adventure guided tour of the Cango Caves; guided tour of the Cango Wildlife Ranch; guided Safari Ostrich tour. (Gratuities not included.)

CAP23 FROM OLD BISCUIT MILL TO MZOLI'S: RACE, CLASS, and PLACE in CAPETOWN (0815-1515) Minimum 20/Maximum 30 (PRICE: \$42 +OOPEX)

[FDP: LeFEBVRE]

At one cultural, social, and racial extreme in Cape Town is the amazing Old Biscuit Mill Saturday Neighborhood Market—food heaven, to be sure—in Woodstock, an area becoming gentrified. Here, nearly all the vendors, artisans, and clientele are white. The Market features mind-boggling, gorgeous displays of delicious locavore, artisanal, organic, home-grown/homemade food, including cheeses, olives (try the smoked ones), chocolates, fancy pastries, breads, fresh veggies, olive oils, wines, beers, biltong, nuts, fruits, and specialty food of every imaginable variety, from crepes to bratwurst, with yummy free samples of nearly everything. You'll also find stall boutiques, where young white designers sell their jewelry, dresses, and other wares, as well as a few small shops, including a quirky, edgy camera shop.

Mzoli's, in Gugulethu Township, is the ultimate barbeque and township experience, a lot of fun, and is the total cultural opposite of Old Biscuit Mill Market. Customers pick out the meat they want—steak, pork chops, lamb chops, chicken, and South African sausages; women behind the glass counter put the meat in large bowls; and the customers take the bowls back to the men who grill the meat on big, wood fires. Mzoli's also sells a kind of South African "salsa", as well as "pap", a local diet staple. Across the street is a store that sells soft drinks, water, and beer, but if you want any other food, you need to bring it with you. Mzoli's frequently has live music during the day on Saturdays and Sundays and is noted for showcasing local styles of black music. The vast majority of Mzoli's clientele is black, and Mzoli's is the only township venue where whites and township blacks easily mingle, share tables and drinks, and socialize in an open, natural, and relaxed way. Mzoli's is a unique cultural experience, unlike any other in Cape Town—with delicious food and great company.

In this FDP, students in Professor LeFebvre's courses, Human Rights and International Criminal Law will be able to observe the sharp divide of race, class, and economics, as well as the legacy of apartheid. As you're walking through the fabulous Old Biscuit Mill and later, sitting at Mzoli's, eating incredible food and listening to music, look around carefully: Who is there? What are your surroundings like? What is being sold at each place? What is going on here and why are there all these differences? Please note: OOPEX is for lunch onsite. Please bring approximately \$30 for lunch excluding drinks.

CAP24 CAPE TOWN, APARTHEID & ROBBEN ISLAND – GROUP A (0815-1715)

Minimum 36/Maximum 80 (PRICE: \$138)

[FDP: DOUGHTY & INGRAO]

This trip provides historical insight into the social injustices of Cape Town's past. Begin the day's journey with a stop at the Bo-Kaap Museum, a typical example of a Malay Quarter residence. Experience the unique culture, lifestyle and personality of this Cape Muslim community and their role in Cape Town's development. Then visit the District Six Museum and learn how 60,000 families were forcibly removed from that once vibrant suburb. Next, a visit to the townships and Cape Flats shows how sprawling satellite camps of seemingly endless shanties provide little more than a roof and some shelter. This journey through history continues with a visit to *Langa*, the oldest existing township on the Western Cape. Local community workers host you in this vibrant community as numerous squatters set about building their own brick homes, with the help of state grants. Then sample traditional African sorghum beer at a local tavern, or *shebeen*, before enjoying a lunch of traditional South African dishes. Afterward, continue to Robben Island by ferry. This former leper colony was a political prison during apartheid. View Nelson Mandela's prison cell while ex-political prisoners give a detailed commentary. Also visit the quarry, where the former president's eyes were damaged, and where individuals in the struggle endured backbreaking labor. Now operating as a living museum, Robben Island also hosts about 23 mammals and 132 bird species including the African penguin. Return to the ship after this thought-provoking day.

Questions for Professor Doughty's students: How are the historical contexts of remembrance and reconstruction expressed? What is the narrative of culture continuity and change, and what elements in the landscapes you have explored embody both the old and new? Can you see the impact of African colonialism and the effects of European imperialism on this city? How can we refer historical information about apartheid in South Africa to broader cultural concepts and ethnic tensions both in Africa and elsewhere?

Please note: Wear comfortable lightweight clothing and comfortable walking shoes. Bring sunblock, sun hat, sunglasses and windbreaker.



Cancelled! CAP25 PILANESBERG SAFARI & JOHANNESBERG OVERLAND – Standard Accommodations (0815 Day 2 – 1500 Day 5) Minimum 20 /Maximum 40 (PRICE: \$1,849)

Early Booking Rate: \$1,759

Enjoy a two-day safari in the malaria-free Pilanesberg National Park ranked among the largest national parks in Southern Africa. It is situated on the eroded remains of an extinct alkaline volcanic crater – one of only three such extensive craters in the world. End the tour off with a visit to Soweto – a township infused with the history of the struggle against apartheid and alive with the energy of the city of gold – including lunch at the famous Wandies Restaurant and a visit to Mandela's former house and the Apartheid Museum.

Accommodations while in Pilanesberg are at the Bakubung Bush Lodge. Enjoy the comfortable accommodations of this full-service lodge. Tucked in the expanses of the Park, the Bakubung Bush Lodge offers a natural rock-hewn swimming pool, floodlit tennis courts, beach volleyball, outdoor chess and a children's adventure playground. Game drives in open-air vehicles and bush walks are part of the wildlife experience at the lodge.



Includes: flights; return airport transfers in private touring vehicles with A/C & PA-system; guide; Private accommodation in twin/double rooms at Bakubung Bush Lodge (serving 3-course and buffet meals) and Sandton Sun Hotel; 3 breakfasts; 2 lunches; 3 dinners; 4 game drives in 4x4 vehicles; admission to Mandela House & Apartheid Museum. (Gratuities not included.)



CAP26 KARIEGA PRIVATE GAME RESERVE – Deluxe Accommodations (0845 Day 2 – 1730 Day 4) Minimum 20/Maximum 40 (PRICE: \$1,379)

Early Booking Rate: \$1,199

Enjoy a safari experience at the malaria-free Kariega Private Game Reserve set in 14,800 acres of pristine wilderness high above the spectacular Kariega River Valley. Nestled between the Kariega and Bushmans Rivers, the reserve incorporates contrasting riverine, bushveld and grassland ecosystems and hosts more than 25 species of game, including elephant, buffalo, leopard, rhino, hippo, hyena, giraffe, zebra, eland, wildebeest, waterbuck, a wide variety of antelope and more than 250 bird species.



Accommodations will be in the Kariega Main Lodge, located on the banks of the Bushman's River. The lodge, which overhangs the river, consists of air-conditioned thatched-roof suites and has a swimming pool and sun deck on the premises. The suites feature modern African décor; each enjoys a view of the river and floodplain beyond and an en-suite bathroom. There are a variety of other activities and facilities available, at your own expense, such as canoeing, mountain biking and horseback riding at the nearby beaches of Kenton-on-Sea. For additional information, please reference www.kariega.co.za.

Includes: flights; return airport transfers in private touring air-conditioned vehicles; guide; Private accommodation in twin/double rooms at Kariega Main Lounge (serving 3-course and buffet meals) and Sandton Sun Hotel; 2 breakfasts; 2 lunches; 2 dinners (1 dinner open-air boma (barbecue); 2 soft drinks per person during lunches and dinners; bottled water on vehicles; 2 game drives in 4x4 vehicles; 1 river cruise; 1 game driver or guided hike on last day; airport and lodge portage. (Gratuities not included.)

CAP27 FOOTSTEPS TO FREEDOM AND STREETWIRES (0900-1300) Minimum 12/Maximum 40 (PRICE: \$109)

Early Booking Rate: \$105

This eye opening, tactile and fascinating three-hour walking tour of South Africa's most historic square mile will provide an excellent geopolitical and historic overview of Cape Town. There is no better way to experience Cape Town than on foot. With an expert guide, walk through the chronological events that have shaped the national and the geopolitical map. The tour begins with tales and facts about the San and Khoikhoi peoples, whose lives were forever and indelibly changed by the arrival of the Dutch East India Company, slavery, British Colonial rule, The Union of South Africa, the rise and fall of apartheid and the birth of the "Rainbow Nation." During this walking tour, explore Old Town, catch the buzz of the city in Greenmarket Square, hear tales of Dutch rule at the Castle of Good Hope and Grand Parade and see where slaves were traded and where they toiled in the Company's Garden. Take a look at the Parliament Building, where the apartheid laws were passed and repealed, and see the devastating consequences of unfettered racism at the District Six Museum.



Following the walking tour, visit one of the central tenets of the modern South Africa—the need for thriving "upliftment" of previously disadvantaged peoples. There is no more tangible example of this in the city than Streetwires, which employs more than 75

formerly unemployed people. This company marks a clever conjoining of street art and social development in the dynamic genre of wire art. The project provides the skills training, support and raw materials necessary to enable many formerly unemployed South Africans to channel their natural creative energies into this vibrant art form. While wire art is not a new genre, the Streetwires team brings together a group of people with skills in wire art, marketing, production development and industrial design. In doing so, it successfully empowers needy South Africans by creating opportunities where none had existed. There will be an opportunity to talk to the artists and learn their craft, and try first-hand the art of creating wire art. Please note: As this trip involves a lot of walking, comfortable, sturdy shoes are recommended. Includes refreshments at a local restaurant.

CAP28 PUMBA GAME RESERVE – GAME RANGER INTERNSHIP – Deluxe Accommodations (0900 Day 2 – 1900 Day 4) Minimum 10/Maximum 14 (PRICE: \$1,549)

Early Booking Rate: \$1,469

The [Pumba Private Game Reserve](#), home to the white lion, is located in the malaria free Eastern Cape, and has achieved gold status for its environmental responsibility, through The Green Leaf Initiative. Together with unrivalled beauty and an abundance of wildlife, this reserve also boasts five of the seven biomes, namely savannah, grassland, thicket, Fynbos and forest. In addition to providing a top-notch safari experience, this trip includes rare insight into the training and fieldwork of reserve guides. Recent SAS voyagers have raved about the Game Ranger program! This program includes interactive, hands-on guiding experiences.

Includes: flights; return airport transfers in private touring air-conditioned vehicles; guide; Accommodations in twin/double rooms at Gameston Lodge (serving 3-course and buffet meals); 3 breakfasts; 3 lunches; 3 dinners; 2 soft drinks per person during lunches and dinners; bottled water on vehicles; 2 game drives in 4x4 vehicles; Pumba ball cap & a group photo per person ay; airport and lodge portorage. (Gratuities not included.)

CAP29 ELEPHANT-BACK SAFARI & TREETOP CANOPY OVERLAND – Explorer Accommodations (0900 Day 2 – 1830 Day 5) Minimum 6/Maximum 20 (PRICE: \$1,579)

Early Booking Rate: \$1,499

During this scenically beautiful adventure, you will get to partake in a safari experience which involves learning and becoming familiar with one of Africa's most stately, intelligent mammals - the African Elephant. You will get a chance to ride the elephants, interact and embark on a bush walk with them. A canopy zipline adventure will also await you. You will get to traverse from one platform to another along a steel cable suspended up to 30 meters above the Tsitsikamma forest floor during a Treetop Canopy Tour, and enjoy the African wildlife during an overnight and 4x4 game drive in the wilderness. You will also have the opportunity to explore a well-known region of South Africa known as the Garden Route.

Includes: flights; return airport transfers in Cape Town & Port Elizabeth in private touring vehicles with A/C & PA-system; guide; Accommodations in Addo Backpackers and Tsitsikamma Backpackers (with one-course meals provided); Private accommodations at Garden Route Game Lodge; 3 breakfasts; 3 lunches; 3 dinners; Game drive at Addo Reserve; Elephant-back safari which includes a ride, a bush walk and feeding the gentle giants; Game drive at Garden Route Game Lodge; Tsitsikamma Canopy Treetop Adventure; Tour Reptile Center.



CAP30 GARDEN ROUTE SAFARI – Standard Accommodations (0930 Day 2 – 1600 Day 4) Minimum 10/Maximum 40 (PRICE: \$499)

Early Booking Rate: \$469

Set against the backdrop of the majestic Langeberg mountain Range, the Garden Route Game Lodge guards the entrance to South Africa’s world famous Garden Route Coast. Only a four scenic-hour drive from Cape Town, this malaria-free, family-owned and operated private game reserve is home to an abundance of animal and birdlife including the Big 5. You will enjoy game viewing in open Landrovers, luxury accommodation and delicious meals.

Includes: Transportation in an air-conditioned vehicle; guide; Private accommodation at 3 Garden Route Game Lodge including breakfast, dinner, 3 game drives, a cheetah walk & visit to reptile center; 2 breakfasts; 2 dinners. (Gratuities not included.)*

CAP31 ISLAND OVERNIGHT – Explorer Accommodations (1000 Day 2 – 1045 Day 3) Minimum 12 /Maximum 50 (PRICE: \$409)

Early Booking Rate: \$389

During your Robben Island trip, an ex-political prisoner will take you on a guided walking tour of the Maximum Security Prison where Nelson Mandela, among others, was incarcerated during South Africa’s Apartheid years; you will embark on a tour of the island by coach; you will visit the WW2 exhibition; visit to the house of another of the islands famous ex-political prisoners, Robert Sobukwe, the founder of the Pan African Congress; meet and interact with the residents currently living on the island as well as several of the ex-political prisoners who were incarcerated during the apartheid years; and explore the islands numerous exhibitions and monuments before a delicious BBQ dinner and overnight in the island’s dormitory.

Declared as a world heritage site by UNESCO in 1999, Robben Island itself is an outcrop of rock formed by geological processes extending millions of years ago. Rising and falling sea levels have changed the appearance of the island periodically. Over the past 700,000 years there have been 12 periods of lower sea levels during which the island has been linked to the mainland. Except for the administrative buildings and prison infrastructure, the island is primarily sand covered with somewhat limited vegetation. It is home to penguins, seals, chameleons, lizards, snakes, seabirds and a variety of buck. Robben Island hosts about 23 mammals and 132 bird species including the African penguin. Robben Island hosts the third largest colony of African Penguins.

Includes: return-ferry transportation; guide; guided walking tour of prison; bus orientation of island; visit to WWII Exhibition; lunch; Sobukwe House; BBQ dinner; Bunk-bed accommodations at Robben Island Dormitory; 1 breakfast; 1 lunch; 1 dinner; 2 soft drinks per person during lunch and dinner; Round-trip Ferry. (Gratuities not included.)



Cancelled! CAP32 BREEDE RIVER ADVENTURE – Standard Accommodations (1230 Day 2 – 1830 Day 3) Minimum 16 /Maximum 40 (PRICE: \$419)

Early Booking Rate: \$398

The Breede River originates in the Great Hex River Mountains and winds its way through beautiful green valleys, picturesque vineyards and quaint little towns such as Worcester, Robertson and Bonnievale before it disappears into the Indian Ocean at Witsand. On this two-day Breede River Adventure, you will meet a local botanist for a talk on the local flora & fauna and enjoy two long stretches of paddling down the river enjoying lunch on the riverbank.

Please note: The water is relatively calm; at no time will the waters require advanced rafting experience. Rafting equipment and lifejackets, as well as safety and paddling instructions will be provided. For river conservation reasons, no bottles are allowed.

Packing suggestions: Bring at least one change of clothing and an extra pair of shoes, as you are likely to become wet. Toiletries, a towel, pillow, sun protection, insect repellent and a flashlight are also recommended.

Includes: transportation in private touring vehicle with air-conditioning and PA-system; guide; Wine tasting and cellar tour on first day; Accommodation at Breede River Tented Chalets; sleeping bags; limited local drinks; sleeping bags; use of equipment and guides. (Gratuities not included.)

CAP33 TOWNSHIP HOMESTAY – GROUP A (1600 Day 2 – 1000 Day 3) Minimum16/Maximum 32 (PRICE: \$129)

Early Booking Rate: \$124

Townships in South Africa came about as a result of apartheid city-planning policies, which excluded 'non-white' people from living in the suburbs of the city. They were forcibly moved to peripheral areas on the edge of the city, where they had to live in harsh conditions and cope with extreme poverty. Although apartheid may have ended with the birth of democracy on April 26, 1994, when all races were allowed to vote, many people still face harsh conditions from the consequences of poverty. Despite these conditions, the townships are filled with a strong sense of community, vibrancy and faith. There is a growing sense of hope as many redefine their futures within and beyond the boundaries of the township.

Tambo Village is a community located within the Gugulethu Township. As a small, contained community where everyone knows each other and lives within walking distance, Tambo is an ideal location to experience a homestay. This homestay project is fully embraced by the community; it is owned and operated by community members. They have a vested interest in the comfort and safety of their guests.

The accommodations in Tambo are simple. The houses are built out of brick and mortar and have running water, flush toilets and electricity. Geysers (water heaters) are not standard; bathing in some houses is either with cold water or with water heated up on the stove. Participants registered in this program will share a room with another SAS participant within the family home and must be prepared to share a double bed. This is a separate room from where the family sleeps. All linen and bedding is provided. Meals are prepared and provided by the host family. The food quality is excellent and special dietary needs may be catered for on request. Please note: At the village's request, this trip is not suitable for children under 12 years of age.

Includes: round-trip transportation; dinner; overnight homestay; breakfast



CAP34 JAZZ MUSIC (1900-2330) Minimum 16/Maximum 40 (PRICE: \$109)

[FDP: STRAND]

Get in the 'cipher', experience Cape Town hip hop from the inside. Meet MCs and hip hop artists in intimate performance. On this evening journey, we visit two Cape Town hip hop artists at home, for intimate performance and conversation. Cape Town has a rich history of hip hop music and activism, the two are strongly linked. Cape Town is considered the granddaddy of South African hip hop, with pioneering acts like Prophets of da City emerging from the Cape Flats. We will be visiting artists in areas as diverse as Sea Point, Guguletu, Langa, and Mitchell's Plain.

This FDP will be of particular interest to those registered in MUS3750, Popular Music in World Cultures, as hip hop will specifically be a topic that is covered in the South Africa unit.

CAP35 STAR GAZING AT KIRSTENBOSCH (2000-2310) Minimum 16/ Maximum 80 (PRICE: \$101)

Early Booking Rate: \$96

Enjoy a magical evening of star gazing in the Kirstenbosch National Botanical Gardens, which sprawl over 560 hectares (1,383 acres) on the eastern slopes of Table Mountain. Experience the gardens in ways that few others have.

On arrival you will be taken through to the grass observing area, which is situated next to the Silvertree Restaurant. You will be divided into smaller groups, from where a variety of telescopes await you. Astronomers will share their passion and knowledge of the night skies. You will be guided through the night sky, and shown the many wonders appearing at that time.

Gazing at stars through an eyepiece is an unforgettable experience and seems to shorten time. Before you know it the two hours in the gardens will be over and we will need to return to Cape Town.

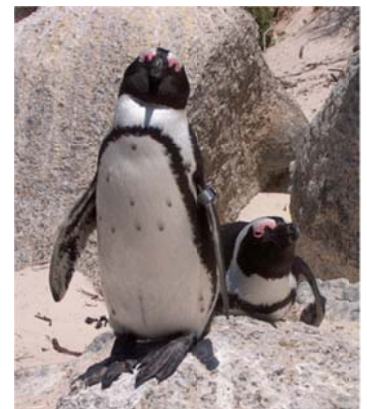
Please note: The departure and return times will be confirmed closer to port arrival to coincide after sunset. The contents of the tour are weather dependent. In case of inclement weather, the astronomers will present a lecture on the night skies. This trip is not suitable for those with mobile impairment.

DAY 3: Sunday, February 26

CAP36 CAPE POINT AND PENINSULA (0800-1630) Minimum 24/Maximum 160 (PRICE: \$139)

Early Booking Rate: \$132

Contrary to popular belief, Cape Point is not the southernmost tip of Africa. That honor belongs to Cape Agulhas. It is, however, the meeting place of the Atlantic Ocean and False Bay. The scenic route to Cape Point takes you through the seaside suburbs of Sea Point, Bantry Bay and Clifton to Camps Bay, behind which the impressive peaks of the Twelve Apostles rise. Continue along the Atlantic seaboard toward Hout Bay, a small fishing village. The Hout Bay harbor is the homeport for a fleet of fishing vessels and nearby factories process crayfish (Cape rock lobster) for export overseas. After a short orientation of Hout Bay, continue your journey through the award-winning wine-producing valley of Constantia to the Cape of Good Hope Nature Reserve.



The Cape of Good Hope Nature Reserve occupies 19,151 acres of indigenous flora and fauna. Walk to the platform on top of the hill for a great view of the peninsula and the place where the Atlantic and Indian Oceans are said to meet. If you prefer, take the optional funicular railway, which will transport you to the platform. From that location, there are approximately 120 steps to the old lighthouse on top of Cape Point. Enjoy free time to explore the area on your own. In the late afternoon, depart the reserve and continue along the shoreline of the Indian Ocean through the historic naval base of Simonstown. Stop at Boulder's Beach, one of only two mainland Jackass Penguin breeding colonies in the world, before returning to the ship. Please note: Participants are advised to wear lightweight clothing and comfortable walking shoes. Please bring sun block, sun hat, sunglasses and windbreaker. Optional funicular railway is an out-of-pocket expense. Includes lunch with one drink per person.

Cancelled! CAP37 HIKE UP & OVERNIGHT ON TABLE MOUNTAIN - Deluxe Accommodations (0815 Day 3 - 1715 Day 5) Minimum 6/Maximum 12 (PRICE: \$426)

Early Booking Rate: \$405

Imagine waking up on top of Table Mountain, enjoying a wholesome breakfast and exploring Table Mountain and surrounds on a one-night/two-day hike featuring Skeleton Gorge, 'the diving board', Echo Valley, Central Table and more.



This two-day adventure begins at Kirstenbosch Botanical Gardens on the eastern side of the mountain. Stroll through the Gardens up to the contour path before selecting the most appropriate route up the mountain. A suitable route to the top of the mountain will be selected according to the group's ability and the weather conditions. Standard route options are Skeleton Gorge, Nursery Ravine, Cecelia Buttress and Cecelia Forest or Jeep Track. Take in the sweeping views over the Cape Flats towards the Hottentots Holland (Great Fold) Mountains.

Spend the afternoon exploring a little bit of the mountain including a stroll to the Waterworks Museum, then on to the top of Kasteels Poort on the western side of the mountain and walk back to the cottages takes past the historic Hely-Hutchinson, Woodhead, Victoria and Alexandra dams, and back towards the view of False Bay and the Cape Flats. That evening, it is time for a South African *braai* (barbecue) or *potjiekos* (cast-iron pot-on-the-fire) stew, which is served around the fire - either under the stars, or indoors on cooler evenings.

Wake up to the sun peeking over the eastern mountains of the wine country and enjoy a wholesome continental breakfast. After exploring the area even further, complete the experience with a cable car trip down the mountain.

Please note: A high level of fitness is required for this overnight trip. This excursion is weather dependent, and it will be up to the discretion of the Qualified Mountain guide whether the conditions are safe or not.

Packing Suggestions: Sun block, sunhat, sunglasses, beach towel, comfortable (closed-toe) walking shoes, windbreaker, comfortable light-weight clothing and possibly sweater and light-weight long pants for the evenings

Includes: round-trip transport in private touring vehicle with air-conditioning and PA-system; guide on the transfers; visit to Kirstenbosch National Botanical Gardens with a specialized guide; qualified mountain guide on hike; accommodation up on Table Mountain for 1 night, as well as dinner and breakfast at the cottage with drinks; 2 lunch packs; overnight bags portered; Cable Way descent ticket; 2 bottles of water per day. (Gratuities not included.)

CAP38 TOWNSHIP CULTURE & CHURCH SERVICE (0915-1600) Minimum 16/Maximum 100 (PRICE: \$69)

Early Booking Rate: \$65

Townships in South Africa came about as a result of apartheid city-planning policies, which excluded 'non-white' people from living in the suburbs of the city. They were forcibly moved to peripheral areas on the edge of the city, where they had to live in harsh conditions and cope with extreme poverty. During this time the church became an integral part of South African township culture as churches stepped in to provide education, health care and an important support structure in poverty stricken and heavily burdened township communities where there would have otherwise been incredibly little or no access to these things. As a result, most township residents consider themselves Christian. The church service at Khanyisa Community Church lasts about 1.5 hours and is a fun vibey experience where different races come together to share their cultures under the roof of Christianity. Khanyisa is a true South African success story in where people from different cultures, backgrounds and racial groups have joined together in love and support under the umbrella of faith in a community once torn apart by Apartheid and racism. After the church service, students will be taken to Mzoli's – Gugulethu's most popular eatery, where they will be treated to a traditional "braai" lunch, consisting mostly of meat cooked over the fire. Vegetarian options are available too.

CAP39 CYCLING IN THE WINELANDS - GROUP A (0900-1700) Minimum 11/Maximum 40 (PRICE: \$132)

Early Booking Rate: \$125

Depart the ship by motorcoach for the university town of Stellenbosch and explore the town and surrounding area for approximately one hour, using 21-gear mountain bikes. Then pack up the bikes and transfer by vehicle over the Helshoogte Pass to the other side of the mountain. Once there, cycle approximately 19 kilometers along the Simonsberg on an evenly paved road to the picturesque wine land region of Franschoek. After a brief visit at the Huguenot Monument, continue to a local winery for a wine tasting and a picnic lunch in pristine surroundings before returning to Cape Town. Please note: Participants are advised to bring sunscreen and a hat and wear light-weight clothing and comfortable walking shoes. The biking can be considered strenuous at times; a moderate level of fitness is required.

CAP40 !KHWATTU ROUTE (1230-1900) Minimum 23/Maximum 40 (PRICE: \$104+ OOPEX)

Early Booking Rate: \$99 + OOPEX

Travel an hour out of Cape Town along the west coast, to the San Culture and Education Centre. This is a beautifully assembled and progressive project celebrating ancient indigenous San traditions in a contemporary and relevant fashion. On this day's journey, gain insight into how ancient culture is relevant today; receive a short lesson in the clicks of the San languages; and experience a guided tour of the estate, which is slowly being set up as a game estate.

After a friendly welcome, the San themselves will take you on a journey into their history, traditional knowledge, skills, languages, customs and current affairs. The !Khwattu San guides introduce the history of !Khwattu while on a relaxing drive through the hilly landscape in an open-air trailer. The 850-hectare nature reserve is home to hundreds of plant species of the indigenous fynbos flora and a wide array of indigenous fauna. As you drive up and down the hills, the San guides will point out some of the many game species such as eland, zebra, oryx, bontebok and springbok.



Hear stories of the animals, which are forever linked to San oral history. Leave the vehicle and follow an easy nature walk with your guide, who will talk about hunting, gathering and tracking techniques used by the San people. Watch the guide demonstrate a traditional bird snare and storing water in ostrich eggs. Learn significant insights in traditional practices that are often still part of the Sans' lives.

At the replica traditional San Village, observe demonstrations on the use of tools such as bows and arrows. If you wish, try shooting an arrow or igniting a fire with sticks under the guidance of experienced San. Watch the unique skills of San women as they make ostrich eggshell jewelry. Learn about some extraordinary aspects of the San's social life such as the healing power of the trance dance and the traditional egalitarian society. Next, visit the *boma*, sustainably constructed of natural materials. Here, at the highest point in the landscape of !Khwa ttu, experience breathtaking views of Table Mountain to the south and the Langebaan Lagoon to the north. Continue to the gallery to view the exhibition entitled "The San and the Camera." The artistic and informative display includes eye-opening quotes, realistic life stories and explanatory texts, as well as historic and contemporary photographs. Issues close to the hearts of the South Africa San people are highlighted in this presentation.

This trip is an important complement to the assigned readings in the Introduction to Cultural Anthropology and Global Political Economy courses and brings to life the analysis of how and why societies have changed, and are changing, over time and of the ways in which specific economic systems impact a variety of other societal institutions and individual people's lives.

Please note: Lunch at the estate's restaurant is at your own expense. The restaurant prepares exquisite interpretations on classic indigenous dishes and freshly-baked farm bread. Please wear lightweight clothing, walking shoes, and sun protection.

CAP41 TOWNSHIP HOMESTAY – GROUP B (1600 Day 3 – 1000 Day 4)
Minimum 16/Maximum 32 (PRICE: \$129)

Early Booking Rate: \$124

Townships in South Africa came about as a result of apartheid city-planning policies, which excluded 'non-white' people from living in the suburbs of the city. They were forcibly moved to peripheral areas on the edge of the city, where they had to live in harsh conditions and cope with extreme poverty. Although apartheid may have ended with the birth of democracy on April 26, 1994, when all races were allowed to vote, many people still face harsh conditions from the consequences of poverty. Despite these conditions, the townships are filled with a strong sense of community, vibrancy and faith. There is a growing sense of hope as many redefine their futures within and beyond the boundaries of the township.

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The accommodations in Tambo are simple. The houses are built out of brick and mortar and have running water, flush toilets and electricity. Geysers (water heaters) are not standard; bathing in some houses is either with cold water or with water heated up on the stove. Participants registered in this program will share a room with another SAS participant within the family home and must be prepared to share a double bed. This is a separate room from where the family sleeps. All linen and bedding is provided. Meals are prepared and provided by the host family. The food quality is excellent and special dietary needs may be catered to on request. Please note: At the village's request, this trip is not suitable for children under 12 years of age.

Includes: round-trip transportation; dinner; overnight homestay; breakfast



CAP42 WOZA CAPE TOWN!—A NIGHT OF THEATRE IN DISTRICT SIX (1730-2130) Minimum 35/Maximum 150 (PRICE: \$64)

Early Booking Rate: \$59

Woza Cape Town! looks at Cape Town through the thoughts, views and experiences of three young South Africans from different cultural backgrounds. Their anxieties, pleasures, hopes and pains are conveyed through verse penned by some of this country's most respected poets. Full of South African songs, dances and poems, *Woza!* provides insights into the joys and challenges facing young Capetonians.

Located in the heart of the historic District Six, the production is creatively staged in Chapel Street's refurbished church hall, one of Cape Town's oldest and most historic buildings. Now called the Theatre in the District, this building has had a long-standing tradition of serving its community and promoting the arts. Once at the theatre, enjoy an evening meal of Cape cuisine drawing on the multiplicity of its cultural tastes and influences. After dinner, meet the cast of *Woza!* and learn the Gumbboot Dance. Next, Brian Notcutt, who created the show, will give a brief introduction, explaining the history of District Six and putting the show in context. Then, sit back and enjoy *Woza Cape Town!*, an exhilarating celebration of life in Cape Town today. After a memorable evening of entertainment and reflection, return to the ship.

DAY 4: Monday, February 27

CAP43 AQUILA GAME RESERVE (0715-1645) Minimum 16/Maximum 100 (PRICE: \$389)

Early Booking Rate: \$369

This full-day tour to Aquila Game Reserve will take you to the semi-scrub desert of the Karoo for a wild encounter with Africa's game. Travel in an air-conditioned coach to your game drive destination. This comfortable 90-minute drive will meander through the scenic Hex River Valley to Cape Town's closest private game reserve, Aquila. The Aquila Game Reserve in South Africa is situated on 4,500 hectares of Southern Karoo Highlands and combines the fauna and flora of three beautiful valleys. The reserve encompasses a natural wetland and a magnificent mountain range. Here, you will have the opportunity to experience an outstanding variety of game.



Once at the reserve, a welcome drink awaits your arrival. Then, head out on a 2-3 hour game drive. While traveling in 4x4 safari vehicles with an experienced ranger guide, view the animals roaming the reserve. There is an ideal opportunity to observe rhinoceros, buffalo, giraffe and lions. (The lions are in an enclosure.) Large herds of zebra, black and blue wildebeest, red hartebeest, warthog, eland, springbok, blesbok and gemsbok may also be seen in the semi-arid desert conditions. Hippopotami and crocodiles lurk in the wetlands and in the rainy season; flamingoes also reside there. Aquila's wide array of bird species includes several pairs of the rare and endangered black eagle, after which the reserve has been named. After your drive, enjoy a delicious buffet lunch, which is served in the African *boma* restaurant before returning to Cape Town. Please note: It is recommended to wear lightweight clothing and comfortable walking shoes and to bring sun block, sun hat, sunglasses, and windbreaker.

CAP44 ECO-MARINE TRIP IN HERMANUS (0800-1800) Minimum 13/Maximum 20 (PRICE: \$299)

Early Booking Rate: \$289

Travel two hours to Hermanus and board a boat for your eco-marine adventure. Before setting off in search of marine life, attend an informative briefing after you are outfitted with a life jacket.

The ride to Dyer Island is 90-minutes to two hours in length. Travel past the Uilenkraalsmond Lagoon, where Bottlenose Dolphins are often sighted. Next, continue to the Shark Cage diving location where you will have an 80% chance to see a Great White Shark! Learn about the scientific opportunities found in cage diving.

Continue through the world-renowned channel, between Dyer Island and Geysers Rock, inhabited by 60 000 Cape Fur Seals. Back on land, enjoy a complimentary beverage at the Great White House. Afterwards, enjoy lunch at the Hemelen-Aarde Valley Flanked by the *Babilonstoringberge* (Babylon's Tower Mountains) – higher than Table Mountain – to the north and the Hermanus mountains to the south, with the Onrust River down the middle, and the Atlantic Ocean in the distance. This valley is a location where great wines are made.

After a wine tasting at the selected estate make your way back to Cape Town and the ship.

CAP45 SERVICE PROJECT: HABITAT FOR HUMANITY – GROUP A (0800-1600) Minimum 15/Maximum 20 (PRICE: \$65)

Early Booking Rate: \$59

Millard Fuller believed that, “We have the know-how in the world to house everyone. We have the resources in the world to house everyone. All that's missing is the will to do it.” In 1976, this lawyer and businessman from Alabama started Habitat for Humanity International. Thirty years later, Habitat for Humanity’s impact is colossal, reaching 100 countries across the globe. In 1998, Habitat began building houses for people in need in Cape Town. Habitat’s mission “is to eliminate poverty housing and homelessness over the world.”

It takes more than desire, sweat and hard work to embrace this mission and build a Habitat house. The cost to build a brick house with electricity and indoor plumbing in South Africa is approximately US\$14,300. During this service project, you will be working alongside South Africans in a nearby township. In partnership with Habitat, the future homeowners will also be there. Homeowner families are chosen according to their need and their ability to repay the no-interest mortgage.

A typical day begins with a welcome from the Habitat team and some instruction on the activities of the day. This is followed by a morning work session, lunch and then an afternoon work session. An experienced local builder provides supervision on site. The homeowners provide lunch and tea. Please note: The price of this practicum is based on round-trip transportation to and from the site. The actual cost for this Habitat build (US\$14,300) is courtesy of the SAS Annual Fund.



CAP46 KRUGER NATIONAL PARK SAFARI – Explorer Accommodations (0830 Day 4 – 1730 Day 6) Minimum 20/Maximum 20 (PRICE: \$1,429)

Early Booking Rate: \$1,359

Steeped in legend and history, the iconic Kruger National Park in South Africa is waiting for you to explore its vast landscapes and spectacular African wildlife. Enjoy thrilling game drives and find out what it is like to be close to a pride of Lion, feel the excitement and intensity of a South African safari in Kruger National Park.

Includes: flights; return airport transfers, transportation in air-conditioned vehicles; guide; Accommodations in twin/double rooms at Hazyview Backpackers (serving 1-course meals); 1 breakfast pack; 1 breakfast; 1 picnic lunch; 1 lunch; 2 dinners; 1 snack; 1 afternoon game driver and 1 full-day game drive in 4x4 vehicles; Kruger park fees. (Gratuities not included.)



CAP47 KRUGER NATIONAL PARK SAFARI – Deluxe Accommodations (0830 Day 4 – 1730 Day 6) Minimum 20/Maximum 20 (PRICE: \$1,719)

Early Booking Rate: \$1,629

Kruger National Park is one of the world’s most popular sanctuaries for nature and wildlife and home to innumerable species. There is an ideal opportunity in the park to observe Africa’s “Big Five” up close—the lion, leopard, elephant, buffalo and rhinoceros—in addition to no less than 336 types of trees, 49 species of fish, 114 types of reptiles and 507 bird species, as well as an endless number of giraffe, baboons, zebra and buck.



Accommodations will be in the Sabi River Sun Resort, which is on the banks of the tranquil Sabi River. Surrounded by the scenic Lowveld, the resort is known for its sporting facilities, tranquil nature walks, bird watching, and sightings of their resident crocodiles and hippopotamus. On the Sabi River Sun property, there are five outdoor pools, three tennis courts, an 18-hole golf course, a bowling green, volleyball, table tennis and walking trails. There are a variety of other activities and facilities available, at your own expense, such as horseback riding, white-water rafting and hot-air ballooning.



Includes: flights; return airport transfers, transportation in air-conditioned vehicles; guide; Accommodations in twin/double rooms at Sabi River Sun Resort (serving 3-course meals); 1 breakfast pack; 1 breakfast; 1 picnic lunch; 1 lunch; 2 dinners; 1 snack; 2 soft drinks per person during lunches and dinners; bottled water on vehicles; 1 afternoon game driver and 1 full-day game drive in 4x4 vehicles; Kruger park fees; airport and lodge portorage. (Gratuities not included.)

CAP48 TABLE MOUNTAIN HIKE (0900-1700) Minimum 16/Maximum 100 (PRICE: \$74)

Early Booking Rate: \$69

The world-famous Table Mountain is the centerpiece for the city of Cape Town and the main attraction in the Table Mountain National Park. With a height of 1,086 meters, this unique level plateau is surrounded by steep cliffs and is flanked by Devil’s Peak to the east and Lion’s Head to the west. Together with Signal Hill it forms the natural amphitheater of the city bowl and is a spectacular backdrop to Cape Town and its Table Bay Harbour. Table Mountain is also home to 2,200 plant species, making it a natural world heritage site.



Join experienced guides on a trip up Platteklip Gorge and follow the trek made by Antonio de Saldanha, who gave Table Mountain its name during the mountain's first recorded ascent in 1503. It takes approximately two hours to reach the summit. Once at the summit, participants are rewarded with lunch and spectacular views of the mountainous Cape Peninsula, the Twelve Apostles, the city bowl and Robben Island. On a clear day, you can see as far as 200 kilometers (125 miles). Descend the mountain using a different circular route and return to the ship.

Please note: Sturdy hiking shoes, a small backpack with an extra shirt or jersey as it can be cold at the top, a snack to boost your energy, plenty of water and your spirit of adventure are recommended. Participants are advised to wear a hat and sun block. This hike can be considered strenuous at times. A moderate level of fitness is required; therefore this trip is not suitable for children under 12.

CAP49 SERVICE VISIT: AMY BIEHL FOUNDATION TRUST (0930-1730) Minimum 25/Maximum 50 (PRICE: \$65)

Early Booking Rate: \$59

Amy Biehl was a young American Fulbright Scholar who was stoned to death in 1993 in South Africa, where she had gone to help in the struggle against apartheid. She was very interested in working with disenfranchised voters in the country and had worked there previously, studying multi-party elections in various African states. Her parents, Peter (now deceased) and Linda, and their family established the Amy Biehl Foundation Trust to continue Amy's work and have been highly supportive of groups concerned with the lasting effects of apartheid.



In the townships, you will see the lasting impact of apartheid and the continuing racial discrimination of poverty today. As you meet the townspeople, remember that there are social forces at work that have caused these terrible conditions to occur. Reflect back on what you have learned in class pertaining to racism and inter-group patterns.

This highly interactive trip is a favorite with SAS participants; many revisit the Foundation during their remaining time in Cape Town because it is such a rewarding experience. On this trip, spend the day touring the various facilities and programs in the townships run by the Amy Biehl Foundation including the Amy Biehl Music Program, which teaches sixth and seventh graders music theory and practice; the Youth Reading Role Models program, where seventh graders read to first graders; the Buthisizwe Training Centre, a facility which provides instruction on block making, sewing and aluminum window-frame making; and the Khayelitsha Golf Club—*A Driving Range for the People*. The Foundation provides children and youth with the opportunity for constructive and safe activities after school and makes the game of golf accessible to all South Africans regardless of race or economic circumstance. Lunch is included at a township restaurant featuring traditional Xhosa foods.

DAY 5: Tuesday, February 28

CAP50 INVERDOORN GAME RESERVE (0730-1630) Minimum 21/Maximum 60 (PRICE: \$274)

Early Booking Rate: \$260

Depart the pier for a game drive in the green oasis amidst the harsh and dry Karoo environment. Pass the wine region of Paarl while traveling through the fertile Tulbagh Valley to the deciduous fruit-growing region of Ceres, just over two hours from Cape

Town. Enjoy a refreshing welcome drink upon arrival at the Inverdoorn Game Farm. With more than 10,000 hectares dedicated to conservation, the Inverdoorn Game Lodge & Safari contains more than 1,200 wild animals representing 28 different species and hundreds of species of birdlife. Africa's magnificent wild animals have returned to this area for the first time in over a century. During your two-hour game drive, you will have the chance to see giraffe, zebra, waterbuck, Oryx, sable antelope, kudu, impala and springbok. A large number of birds can also be seen. The reserve also runs an on-site Cheetah Rehabilitation Program. (Lions and cheetahs are in an enclosure.) After your game drive, enjoy a lunch made with fresh farm produce. After an enjoyable day viewing African wildlife, return to the ship. Please note: Participants with walking difficulties or with limited mobility might find it difficult to get in and out of game vehicles. The actual game drive can be bumpy so this trip is not advisable for those with back problems. Participants are advised to wear lightweight clothing and comfortable walking shoes and bring sun block, sun hat, sunglasses and windbreaker.

CAP51 SERVICE PROJECT: HABITAT FOR HUMANITY – GROUP B (0800-1600) Minimum 15/Maximum 20 (PRICE: \$65)

Early Booking Rate: \$59

Millard Fuller believed that, "We have the know-how in the world to house everyone. We have the resources in the world to house everyone. All that's missing is the will to do it." In 1976, this lawyer and businessman from Alabama started Habitat for Humanity International. Thirty years later, Habitat for Humanity's impact is colossal, reaching 100 countries across the globe. In 1998, Habitat began building houses for people in need in Cape Town. Habitat's mission "is to eliminate poverty housing and homelessness over the world."

It takes more than desire, sweat and hard work to embrace this mission and build a Habitat house. The cost to build a brick house with electricity and indoor plumbing in South Africa is approximately US\$14,300. During this service project, you will be working alongside South Africans in a nearby township. In partnership with Habitat, the future homeowners will also be there. Homeowner families are chosen according to their need and their ability to repay the no-interest mortgage.

A typical day begins with a welcome from the Habitat team and some instruction on the activities of the day. This is followed by a morning work session, lunch and then an afternoon work session. An experienced local builder provides supervision on site. The homeowners provide lunch and tea. Please note: The price of this practicum is based on round-trip transportation to and from the site. The actual cost for this Habitat build (US\$14,300) is courtesy of the SAS Annual Fund.

CAP52 CYCLING IN THE WINELANDS – GROUP B (0900–1700) Minimum 11/Maximum 40 (PRICE: \$132)

Early Booking Rate: \$125

Depart the ship by motorcoach for the university town of Stellenbosch and explore the town and surrounding area for approximately one hour, using 21-gear mountain bikes. Then pack up the bikes and transfer by vehicle over the Helshoogte Pass to the other side of the mountain. Once there, cycle approximately 19 kilometers along the Simonsberg on an evenly paved road to the picturesque wine land region of Franschhoek. After a brief visit at the Huguenot Monument, continue to a local winery for a wine tasting and a picnic lunch in pristine surroundings before returning to Cape Town. Please note: Please bring sunscreen and a hat. The biking can be considered strenuous at times; a moderate level of fitness is required.

**CAP53 OPERATION HUNGER - GROUP A (0900-1800) Minimum 35/Maximum 40
(PRICE: \$42 + OOPEX)**

[FDP: S. HINCHMAN & SCHWEGLER]

Operation Hunger is an NGO whose mission is “to create partnerships between vulnerable households and caring people to combat malnutrition which, when suffered by children, undermines the nation’s health, education and economic potential.” The objectives are to improve the nutritional well-being of the poor; promote the dissemination of knowledge about poverty and malnutrition in South Africa; improve existing facilities to reduce malnutrition in South Africa and to render financial assistance to develop such programs; cooperate with communities, organizations and authorities to combat malnutrition; and publicize and promote the objectives via lectures, exhibitions, meetings, conferences, pamphlets, newspapers, books, leaflets, radio, television and films. Operation Hunger’s integrated development program includes locally managed growth-monitoring programs, targeted food support, water supply, sanitation facilities, health/hygiene education, income generation and livelihood programs, agriculture and food production.

The staff of Operation Hunger provided the following vivid description for this visit: You will visit the squatter camps on the outskirts of Cape Town, filled with people mainly from the Transkei and Ciskei, who come to the big city at a rate of 10,000 per month, in search of non-existent work. On arrival, these people are already malnourished. They find no land, no shelter, no work and no means by which to return “home.” So they set up shacks made out of plastic, tin, cardboard or anything else they can find. Through Operation Hunger, women in the community have established feeding programs—setting up their pots of soup in the dusty little lanes and in all the crèches. About 50 kilometers outside Cape Town, in the beautiful wine lands; you will also visit the children of farm workers who are part of Operation Hunger’s feeding program for malnourished children. Most farmers in the wealthy wine lands area are paid an absolute pittance in exchange for 12 hours of hard labor. While the parents are out picking, child-minding and feeding are nonexistent. Women in the community have set up street kitchens to feed the children. The day’s activities will include visits to several townships such as Spandau, Green Park and Chris Hani, and an opportunity to witness the efforts of Operation Hunger. Please note: The price for this practicum includes a small donation to Operation Hunger.

Because it concentrates on the harsh realities of Third World poverty and efforts to ameliorate them, this FDP is highly relevant to Professor Hinchman’s course on the Politics of Development.

Students in Professor Schwegler’s course will be asked to be keen observers during this FDP, as they will have to report back (in class) what they saw, and how it affected their (1) view of South Africa’s society, and (2) outlook on life in general. Students should be prepared to take pictures and/or short videos (where appropriate), so as to use them in class during their presentation (in Spanish).



**CAP54 CAPE MALAY COOKING SAFARI (1000-1400) Minimum 14/Maximum 40
(PRICE: \$154)**

Early Booking Rate: \$144

Perched on the slopes of Signal Hill and overlooking Table Bay and Mountain is the colorful Bo-Kaap community with its cobblestone streets, legends and secrets. Walk to Cape Town’s historical quarter and turn your focus to the extraordinary cuisine of the Cape Malay community. While shopping for ingredients to prepare a typical Cape Malay dish, discover links between history, food and religion. Enjoy an informal

cooking workshop in a Bo-Kaap family restaurant, which is just below their home. Learn how to mix masala, fold samosas, and balance the flavors of Cape Malay curry, catering to both vegetarians and non-vegetarians. Share the table with the hostess and cooking instructor and enjoy the rich opportunity of interesting conversation and interaction. Please note: In respect of the Muslim community, women are asked to dress conservatively and bring scarves to cover their heads and shoulders in case the group is invited into a mosque.

CAP55 CAPE COMMUNITY TELEVISION (1300-1800) Minimum 15/Maximum 25 (PRICE: \$49 + OPEX)

[FDP: DOWNING]

Students on this FDP will visit by bus to the facilities of both media projects, attend information sessions and participate in discussions with some people active in each project.

Participants will understand the story of these media in relation to the wind-down of the former apartheid regime; to grasp the challenges they face in the monumental process of reconstructing South African society; and to learn to appreciate the distinctive organizational dynamics of community media in comparison with commercially-oriented media.

CAP56 ANIMAL WHISPERS TOUR (1315-1715) Minimum 16/Maximum 40 (PRICE: \$129)

Early Booking Rate: \$122

Located in the heart of the Cape wineland region is the Spier Wine Estate. The estate is renowned for its fine modern wines as well as its conservation efforts. The estate, which covers 1,000 hectares, is dedicated to protecting and preserving South Africa's fauna. Recognized by *Condé Nast Traveler* in 2007 as one of the world's top responsible tourist destinations, Spier is committed to eco-tourism and sustainable development. In 2007, they launched two major initiatives to reduce their carbon footprint. In addition to planting more than 1,000 trees on the estate, they introduced an innovative waste water treatment plant. Spier's macro goals include carbon neutrality, zero waste solids, zero wastewater, water sustainability, biodiversity enhancement, organic farming and poverty eradication. For additional information about the company's sustainability efforts, please reference www.spier.co.za/sustainability. In addition to their pioneering sustainable efforts, the estate is committed to educating its workers through development programs and visitors through the Bird of Prey Centre and the Cheetah Outreach Project. This half-day tour focuses on Africa's valuable resource—its wildlife.



Depart the pier and travel 45 minutes outside of Cape Town to reach the Spier Wine Estate. Visit the Cheetah Outreach Project for a personal encounter with these majestic cats. The project supports the Cheetah Conservation Fund (CCF) in their efforts to ensure the survival of free-ranging cheetah. Come face-to-face with resident cheetahs, stroke an adult cheetah or maybe even cuddle up with a little cub (cat willing).

Visit the Bird of Prey Centre, which was founded in 2001 as a rehabilitation and educational facility. The mission of the center is the preservation of the eco-environment by protecting birds of prey through the release of prime rehabilitation candidates and community awareness through programming and eco-tourism efforts. Enjoy a private viewing and meet birds of prey like eagles, owls, kestrels, kites and ghost hawks. These birds, which have been previously injured, poisoned or illegally removed, are now being nurtured until they can be released back into the wild.

Continue to the Spier Wine Tasting Centre for a private wine tasting before returning to the ship. Please note: Participants are advised to wear light-weight clothing and comfortable walking shoes and to bring sunblock, sun hat, sunglasses, and windbreaker.

CAP57 BAPHUMELELE ORPHANAGE & TOWNSHIP BY BIKE (1330-1745) MINIMUM 15/MAXIMUM 25 (PRICE: \$80)

Early Booking Rate: \$72

Travel 45 minutes on the N2 National Highway to the Baphumelele Children’s Home, located in the Khayelitsha township. Founded in 2001, the orphanage was a humble woman’s response to an alarming situation. Rosie Mashale had no money when she decided to provide a home and place of safety for children who were orphaned, abandoned, abused or neglected, but she had a vision, a big heart, a lot of resolve and the constant support of her community. At present, the children—ranging in age from newborn to 19 years old—live in nine separate buildings. Members of the community volunteer and care for the children, providing them much needed love and support.



The sustainability and unique nature of Baphumelele as a community-based project is assured through its deep roots in the community. The home in particular is viewed by many as a sentinel of hope in the townships of the Western Cape and a demonstration of what a community can achieve when all work together. At the orphanage, meet the founding member of the establishment, Rosie Mashale, who will offer a brief tour of the orphanage coupled with an explanation of its mission. Once you are familiar with the establishment, the group will be split up to assist with various activities taking place throughout the orphanage, including minding infants, playing with toddlers, reading to the children, completing general handiwork and preparing meals.

After completing the various tasks assigned, bid farewell to the children at the orphanage and travel to Mandela Park where you will meet the YEP (Youth Empowerment Project) leadership group. During a bicycle tour of Khayelitsha with the YEP group, you will learn about the organization and their efforts to keep youngsters off the streets. This will be followed by a game of informal soccer before you board the coach to return to the ship. Please note: Comfortable shoes and sun screen are recommended. This tour is not suitable for guests with walking difficulties or in wheelchairs. There are limited restrooms in the Township.

DAY 6: Wednesday, February 29

CAP60 WEST COAST NATIONAL PARK/LANGEBAAN LAGOON (0730 -1730) Minimum 25/Maximum 50 (PRICE: \$62 + OOPEX)

[FDP: DOUGHTY]

Travel along the coast from Cape Town to the West Coast National Park and Langebaan Lagoon, one of South Africa’s major national parks. The coastal region is composed largely of marine sedimentary rocks, less than 5 million years old, which record many recent climate fluctuations. Langebaan National Park is centered on a saltwater marsh and lagoon that is the largest in Africa. More than 250 species of birds, both migratory and resident, inhabit the wetland during the year, including flamingos. Sand dunes occur on much of this stretch of coast, including the National Park. The oldest known footprints of modern humans (about 117,000 years old) come from older dune fields within the park.

Dr. John Rogers of the University of Cape Town will join the FDP and guide us through features of the park. Professor Doughty's students will have the opportunity explore coastal processes including beaches, lagoons and a large saltwater marsh that is the winter home for to birds coming from as far as both Canada and Russia in the northern hemisphere. We will also see fossil dunes and discuss climate change.

Questions for Professor Doughty's students: Is the idea and expression of a national park in South Africa the same as in the US? Why and how do you manage a wetland such as this? What access is there to the flora and fauna, and what do long distance migrants, such as shorebirds and waterfowl need in terms of food and freedom from disturbance? Are they getting both? How important is this reserve in terms of the European African flyway system?

Please note: Participants may want to bring their pre-packaged food for this long day.

CAP61 SPAR: DISTRIBUTING FOOD THROUGHOUT SOUTH AFRICA (0800-1200)
Minimum 15/Maximum 25 (PRICE: \$57)

[FDP: MORTON]

SPAR South Africa is retail group that offers voluntary trading to over 800 retail outlets in South Africa (SPAR for neighborhood shopping, SUPERSPAR for one-stop, competitively priced, bulk shopping and KWIKSPAR for every day convenience). These independently-owned stores can choose to use SPAR's buying power or source locally to tailor the needs to their locality. SPAR began in the Netherlands as a co-operative buying group, but now extends to Europe, Asia, and Africa. In Cape Town, we will visit a 33,000 square meter (355k square feet) distribution center for SPAR, tour the distribution facility, learn about centralized distribution, and speak to a manager about the role of a voluntary trade group, centralized distribution, and SPAR's core competency for success.

Operations Management (SEMS-3502) students will see how warehouse and distribution systems work. We will learn how SPAR uses a central distribution model. Global Management (COMM 4690) students will have the chance to learn about a unique business model called voluntary trading that gives more freedom to retails (versus franchising) but allows for the benefits of collective distribution.

CAP62 SERVICE PROJECT: HABITAT FOR HUMANITY – GROUP C (0800-1600) Minimum 15/Maximum 20 (PRICE: \$65)

Early Booking Rate: \$59

Millard Fuller believed that, "We have the know-how in the world to house everyone. We have the resources in the world to house everyone. All that's missing is the will to do it." In 1976, this lawyer and businessman from Alabama started Habitat for Humanity International. Thirty years later, Habitat for Humanity's impact is colossal, reaching 100 countries across the globe. In 1998, Habitat began building houses for people in need in Cape Town. Habitat's mission "is to eliminate poverty housing and homelessness over the world."

It takes more than desire, sweat and hard work to embrace this mission and build a Habitat house. The cost to build a brick house with electricity and indoor plumbing in South Africa is approximately US\$14,300. During this service project, you will be working alongside South Africans in a nearby township. In partnership with Habitat, the future homeowners will also be there. Homeowner families are chosen according to their need and their ability to repay the no-interest mortgage.



A typical day begins with a welcome from the Habitat team and some instruction on the activities of the day. This is followed by a morning work session, lunch and then an afternoon work session. An experienced local builder provides supervision on site. The homeowners provide lunch and tea. Please note: The price of this practicum is based on round-trip transportation to and from the site. The actual cost for this Habitat build (US\$14,300) is courtesy of the SAS Annual Fund.

CAP63 CAPE TOWN, APARTHEID & ROBBERN ISLAND - GROUP A (0815-1715)
Minimum 36/Maximum 80 (PRICE: \$138)

[FDP: OLWELL]

This trip provides historical insight into the social injustices of Cape Town's past. Begin the day's journey with a stop at the Bo-Kaap Museum, a typical example of a Malay Quarter residence. Experience the unique culture, lifestyle and personality of this Cape Muslim community and their role in Cape Town's development. Then visit the District Six Museum and learn how 60,000 families were forcibly removed from that once vibrant suburb. Next, a visit to the townships and Cape Flats shows how sprawling satellite camps of seemingly endless shanties provide little more than a roof and some shelter. This journey through history continues with a visit to *Langa*, the oldest existing township on the Western Cape. Local community workers host you in this vibrant community as numerous squatters set about building their own brick homes, with the help of state grants. Then sample traditional African sorghum beer at a local tavern, or *shebeen*, before enjoying a lunch of traditional South African dishes. Afterward, continue to Robben Island by ferry. This former leper colony was a political prison during apartheid. View Nelson Mandela's prison cell while ex-political prisoners give a detailed commentary. Also visit the quarry, where the former president's eyes were damaged, and where individuals in the struggle endured backbreaking labor. Now operating as a living museum, Robben Island also hosts about 23 mammals and 132 bird species including the African penguin. Return to the ship after this thought-provoking day. Please note: Wear comfortable light-weight clothing and comfortable walking shoes. Bring sunblock, sun hat, sunglasses and windbreaker.



CAP64 SERVICE PROJECT: PARKWOOD PRIMARY SCHOOL FEEDING PROJECT (0900-1245) Minimum 5/Maximum 16 (PRICE: \$89)

Today you will have the opportunity to get some "hands-on" experience in making the world a better place for some children in the Western Cape. Together with your guide you will visit the Parkwood Primary School based in Grassy Park. Here you will have the opportunity to interact with the teachers and learners, as well as serve food to the children. Grassy Park and surrounding areas were created some 35 years ago, when the old and much publicized Apartheid system forced many residents to settle in un-serviced and underdeveloped farm areas.

Parkwood Primary first opened its doors in 1961 with just over 300 learners in 7 classrooms. Due to overpopulated classrooms, double shift classes were introduced, whereby teachers had to teach 2 separate class groups per day. Today with the help of Non-Governmental Organizations and community workers, Parkwood Primary has over 528 eager learners with 15 dedicated educators. Together they are laying down a solid education foundation for the future of South Africa.

On arrival at the school you will have a chance to help prepare the actual meals for the children. At around 1030 the children will be fed and here you have a chance to meet some of the youngsters. After the meal you once again have the opportunity to help in clearing the dishes (if you wish). In addition, there is also time to interact with staff at the school to learn more about the children.

CAP65 THREE FAITHS PILGRIMAGE (0900-1430) Minimum 21/Maximum 29 (PRICE: \$24+ OOPEX)

[FDP: FOWLER & GRAVES]

Cape Town is a multiracial city that includes vibrant Muslim, Jewish and Christian communities. Islam was introduced by slaves brought over 300 years ago from Indonesia. The Jewish community traces its history to religious persecution in Europe. An estimated 80 percent of South Africans are Christians, and St. George's Anglican Cathedral was the site of much interfaith protest during the struggle against apartheid. Guided by South African peace activist Terry Crawford-Browne (a former SAS professor), the walking tour of downtown Cape Town will include a mosque in Bo-Kaap, the Jewish Center, the Slave Lodge and St. George's Cathedral. The visit to the Cathedral also includes an opportunity to walk the labyrinth (praying with your feet) to meditate upon the experiences. Please note: The price of this practicum includes entrance fees and a donation to the Bo Kaap Mosque. The out-of-pocket expense is approximately R 3.90 for public transportation costs and approximately R30 (US\$4) for lunch at a gallery where a variety of Malay and Indian food is served. Modest dress is required for the mosque. No shorts, short skirts, or exposed midribs permitted. Lunch is at your own expense.

CAP66 OPERATION HUNGER - GROUP B (0900-1800) Minimum 35/Maximum 40 (PRICE: \$48 + OOPEX)

Early Booking Rate: \$42 + OOPEX

Operation Hunger is an NGO whose mission is "to create partnerships between vulnerable households and caring people to combat malnutrition which, when suffered by children, undermines the nation's health, education and economic potential." The objectives are to improve the nutritional well-being of the poor; promote the dissemination of knowledge about poverty and malnutrition in South Africa; improve existing facilities to reduce malnutrition in South Africa and to render financial assistance to develop such programs; cooperate with communities, organizations and authorities to combat malnutrition; and publicize and promote the objectives via lectures, exhibitions, meetings, conferences, pamphlets, newspapers, books, leaflets, radio, television and films. Operation Hunger's integrated development program includes locally managed growth-monitoring programs, targeted food support, water supply, sanitation facilities, health/hygiene education, income generation and livelihood programs, agriculture and food production.



You will visit the squatter camps on the outskirts of Cape Town, filled with people mainly from the Transkei and Ciskei, who come to the big city at a rate of 10,000 per month, in search of non-existent work. On arrival, these people are already malnourished. They find no land, no shelter, no work and no means by which to return "home." So they set up shacks made out of plastic, tin, cardboard or anything else they can find. Through Operation Hunger, women in the community have established feeding programs—setting up their pots of soup in the dusty little lanes and in all the crèches. About 50 kilometers outside Cape Town, in the beautiful wine lands; you will also visit the children of farm workers who are part of Operation Hunger's feeding program for malnourished children. Most farmers in the wealthy wine lands area are paid an absolute pittance in exchange for 12 hours of hard labor. While the parents are out picking, child-minding and feeding are nonexistent. Women in the community have set up street kitchens to feed the children. The day's activities will include visits to several townships such as Spandau, Green Park and Chris Hani, and an opportunity to witness the efforts of Operation Hunger. Please note: The price of this practicum includes a small donation to Operation Hunger.

CAP67 HOPE CAPE TOWN & TYGERBERG CHILDREN'S HOSPITAL (1000-1300)

Minimum 25/Maximum 35(PRICE: \$48)

[FDP: BELGRAVE]

Participants will visit the Tygerberg Children's Hospital, home of the Hope Cape Town Association. Hope Cape Town is a nonprofit organization that offers community outreach, education and counseling focusing on HIV/AIDS and TB in the Western Cape Province of South Africa. Tygerberg Children's Hospital provides specialty pediatric care for infants with HIV/AIDS, TB or various cancers. The FDP will feature a presentation by Noeline de Goede, Director of the Association. Through this experience participants will gain insight into HIV/AIDS and poverty in South Africa and the implications on families and societies. If interested in this FDP, please plan ahead to bring one or two items to donate to Tygerberg Children's Hospital.

Suggested items to donate include: new or gently used stuffed animals, clothing (0-5 years), toothbrushes and toothpaste, soft baby blankets.

CAP68 SOUTHERN AFRICAN ART (1000-1600) Minimum 20/Maximum 30 (PRICE: \$62

+ OOPEX)

[FDP: MATTAI & TAYLOR]

We will travel to the University of Cape Town's Michaelis School of Fine Art to meet with faculty and students. Gavin Younge, the author of *The Art of the South African Townships*, will speak with us about Southern African art, and will give us a brief tour of the campus. Afterward, we will visit the National Gallery of Art. The South African National Gallery's permanent collection, which includes art from the colonial to the contemporary, is regularly rotated so that there is a full program of exhibitions of paintings, photography, sculpture, architecture, beadwork, textiles and works on paper.

Professor Taylor's students will have the particular opportunity to observe whether face-ism appears in local art. Students will learn about South African Township art from a scholar specializing in the field, and will have the opportunity to see the art at the National Gallery. This will provide an opportunity to compare face-ism in the two locally-related, but distinct, environments. Students in Professor Mattai's class will create a photo journal documenting images from which to draw from for projects. Please note: Lunch is at your own expense.

CAP69 WINE PRODUCTION AND MANAGEMENT - GROUP A (1200-1800) Minimum

29/Maximum 40 (PRICE: \$115)

[FDP: HOWARD & RANADE]

South African wines are gaining an increasing share of the wine market in many countries, including the United States. Visit Backsberg Wines Estate and Nelsons Creek to learn about production techniques and management strategies.

The FDP departs the Cape Town quayside and travels into the heart of the Cape wine lands. Our first stop is Backsberg Wine Estate, situated along the slopes of the Simonsberg Mountains, midway between Paarl and Stellenbosch. The estate has been producing quality wines for over 70 years. The philosophy of Backsberg remains that of providing pleasure and enjoyment to a broad range of wine lovers by producing wines not only with structure and finesse, but also with a high level of "drinkability". Backsberg emphasizes quality in all of their products and has been chosen as one of the Top 100 Wineries of the Year by *Wine & Spirits Magazine* in New York.

Backsberg also has a strong environmental focus. They have a holistic approach to



preservation – from the seemingly smaller features such as the weight of bottles, to reserving a section of land on the farm for the Fynbos biome. Backsberg made history recently when it became the first wine producer in South Africa - and one of only three in the world - to gain Carbon Neutral status by sequestering its carbon emissions. Harry Haddon, marketing coordinator of the estate, will welcome and escort you on a tour through the wine cellar. After the tour, Harry will host a talk on Backsberg’s sales and marketing strategies and the estates environmental practices. After a Q&A session, students can enjoy an optional wine tasting in the Vat Cellar.

Continue next to Nelson’s Creek Wine Estate near country town of Wellington. Nelson’s Creek Wine Estate stands upon one of the first pieces of land to be selected by the French Huguenots for making wine. A deeds office entry dated 1692 records the fact that the new arrivals from the Loire Valley immediately recognized the potential of the area and set about making their contribution to the fledgling wine industry. These early pioneers probably had the same dream as the present owner Alan Nelson - to make wines that would proudly carry the family name, wines that would be among the finest coming out of South Africa.

After touring the vineyard, cellar and facilities, meet with Alan Nelson and his marketing team to discuss topics such as international marketing, sustainable procedures and social and environmental practices. Return to the ship in time for dinner. Please note: Participants are advised to wear lightweight clothing and comfortable walking shoes and to bring sunblock, sun hat, sunglasses and windbreaker.

CAP70 WINE PRODUCTION AND MANAGEMENT – GROUP B (1200-1800) Minimum 29/Maximum 40 (PRICE: \$115)

[FDP: PAXSON]

South African wines are gaining an increasing share of the wine market in many countries, including the United States. Visit Backsberg Wines Estate and Nelsons Creek to learn about production techniques and management strategies.

The FDP departs the Cape Town quayside and travels into the heart of the Cape wine lands. Our first stop is Backsberg Wine Estate, situated along the slopes of the Simonsberg Mountains, midway between Paarl and Stellenbosch. The estate has been producing quality wines for over 70 years. The philosophy of Backsberg remains that of providing pleasure and enjoyment to a broad range of wine lovers by producing wines not only with structure and finesse, but also with a high level of “drinkability”. Backsberg emphasizes quality in all of their products and has been chosen as one of the Top 100 Wineries of the Year by *Wine & Spirits Magazine* in New York.

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CAP71 WORLD'S FIRST HEART TRANSPLANT (1400-1700) Minimum 16/Maximum 35 (PRICE: \$39 + OOPEX)

[FDP: ZIMMER]

We will be visiting Groote Schuur Hospital, which is one of Cape Town's most well known hospitals and became world renowned in 1967 when the world's first heart transplant operation was done there. It is built on the slopes of Devils Peak and looks out over Table Bay. In fact it can see both the Indian and Atlantic Oceans. The hospital consists of the old building, which was built way back in the 1930's and the newer more modern part that was built about 15 years ago.

Participants on this FDP will learn about transplants, cross species transplants, rejection and talk about ethical aspects of human organ transplants.

CAP72 TRIANGLE PROJECT (0900-1215) Minimum 16/Maximum 35 (PRICE:\$46)

[FDP: PARROT]

Based in Cape Town, the Triangle Project has as its mission eradicating discrimination against and within the LGBT community and providing defined services to this community. For additional information, please reference: triangle.org.za

Students on this FDP will learn information about homosexual transmission and prevention of HIV/AIDS, and how gay men are viewed, heterosexual transmission within marriage, and prevention in that context the role polygamy plays in transmission and prevention in that context.

PORT LOUIS, MAURITIUS

Arrive: 0800 Monday, March 5

Onboard: 1800 Monday, March 5

Depart: 2000 Monday, March 5

DAY 1: Monday, March 5

MAU01 MARINE SCIENCE RESEARCH & MARINE PARK (0830-1730) Minimum 16/Maximum 30 (PRICE: \$98)

[FDP: HELMREICH & LAWRENCE]

Mauritius is an Indian Ocean gem whose rich marine waters are threatened by development on the island. We will travel to the Mauritius Marine Science Research Institute at Albion, where a specialist will present information on all the branches of the institution: Aquaculture, Marine Science, Marine Parks, Marine Research, and Fisheries. Enjoy a tour of the various departments and laboratories. Then proceed to a part of the island to explore marine life. After lunch, divide into smaller groups of 15 and visit the marine park with an opportunity to snorkel (equipment provided). In the meantime, the remaining participants will have free time on the beach to visit the islet. The trip will conclude with a discussion about sustainability of the ecosystems we have observed.

This FDP will be an opportunity for Professor Lawrence's students to explore a reef ecosystem as a class and to learn about marine sustainability from researchers at the front lines.

Please note: Although equipment is provided, inventory may not have your size available. If you have your own fins and masks, you may wish to bring your own.

MAU02 JUMMAH MOSQUE (0830-1430) Minimum 15/Maximum 30 (PRICE: \$52)

EARLY BOOKING RATE: \$49

A mosque or a masjid holds a crucial place in the life of a Muslim individual. It is the "cornerstone" of their cultural, social and religious life. The mosque is not just used for praying purposes where Muslims congregate for prayer on Fridays. It is also a center where they meet with their fellow Muslims and share their ideas about life and the Islamic community. This is a unique and exciting opportunity to visit an Islamic mosque in Port Louis, Mauritius. Prior to entering the mosque, the Imam, a historian, and host will give the group an overview of the Islamic beliefs and faith. This will be followed by a visit to the largest mosque in Mauritius—the Jummah Mosque. Inside the mosque, the Imam will explain the protocol that Muslims use when they pray and worship. To enter the mosque, men and women should be modestly dressed. Men should wear long pants and women should refrain from wearing sleeveless blouses or tee shirts. A head covering or scarf for women is also recommended. After the visit to the mosque some pamphlets and brochures will be distributed to those who are interested in learning more about the faith. Participants will have an opportunity to visit and discuss issues relating to dating, marriage and family issues with Muslim college students. The group will then be treated to a biryani lunch which is a Muslim specialty. The biryani is cooked in an earthen pot and consists of rice, potatoes,

spices, and includes either chicken or lamb. A yogurt sauce with cumin, tomatoes, cucumber and coriander is poured over the rice.

Given the importance that religion plays in the life of Muslims, a visit to one of Mauritius' most important mosques will provide participants with an insight to this part of their lives.

MAU03 VOLCANIC ISLAND (0900-1700) Minimum 16/Maximum 40 (PRICE: \$84)

[FDP: THOMAS]

Barely 720 square miles, the island of Mauritius is small by many standards, yet it has a diversity of geographical features that makes the landscape interesting and ever-changing. The island basically consists of undulating uplands varying in height from 984 feet to a maximum of 1,969 feet. Surrounding the uplands are mountain ranges and plains. Numerous rivers, fed entirely by rainfall, flow to the sea. Last, but not least, stretches of coral-sand beaches are found along parts of the coastline.

Participants will be accompanied by a Mauritian specialist who will introduce you to this volcanic island. Begin the visit with a stop at the *Trou Aux Cerfs*, a dormant volcano. The crater floor is now heavily wooded and a tarred road leads up to and around the rim. There are several rest stops with beautiful views. Continue with a drive through the protected forests, viewing specimens of indigenous timber that are unique to Mauritius. Proceed to Grand Bassin, a lake created by an accumulation of water in the crater of an extinct volcano and a holy place for the Hindu community. At *Plaines Champagne*, the rainiest spot and largest natural area on Mauritius, admire the Black River Gorges, an ideal sanctuary for the fauna and flora of the island. Toward the western end of the plain, observe *Piton de la Petite*, the highest point on Mauritius. Continue southwest to reach the Chamarel Cascade and the seven-colored earth, a volcanic phenomenon that left this plot of land with rich mineral oxides that give different colors to the soil. Lunch will be at a Creole restaurant overlooking the mountains and the southwest lagoon. To end the day, visit Morne Peninsula where the imposing Morne Brabant Mountain rests on the beach. The Morne Brabant Mountain is an interesting geological point as it has been separated from the Black River range by a schism and cracked in a star shape. Enjoy some free time at the beach before returning to the ship. Please note: Lunch is included. Wear comfortable walking shoes; bring a swimsuit, sunblock and towel.



MAU04 SERVICE VISIT: TERRE DE PAIX CHILDREN'S SHELTER (0900- 1300) Minimum 16/Maximum 40 (PRICE: \$49)

EARLY BOOKING RATE: \$45

Visit the *Terre De Paix*, an organization providing services to children, adolescents, young adults and those in need. The children here have been removed from their families through a court process by the Child Development Unit to protect them from a hostile environment, where they have all suffered various types of abuse and gross neglect. Several programs support this organization. Discover the aim of the organization, see the village and workshops, and meet the children through interactive games. Please note: The price includes a donation to the *Terre de Paix*.



MAU05 CITY ORIENTATION (0900-1400) Minimum 16/Maximum 80 (PRICE: \$52)

EARLY BOOKING RATE: \$48



Enjoy an orientation to Port Louis, the capital city with fascinating cultural diversity. See cathedrals, pagodas, mosques, Hindu temples, colonial buildings, the Champ de Mars—the oldest racetrack in the Indian Ocean region—and the famous Fort Adelaide.

Visit the Pamplémousses Garden for a guided tour. The garden is located in the Pamplémousses District, in the northern part of Mauritius. It hosts the SSR botanical garden, or Jardin Botanique Sir Seewoosagur Ramgoolam, renamed in 1988 in honor of the first prime minister of Mauritius. The garden was first constructed in 1770 by Pierre Poivre who had great interest in botany. This 25-acre garden consists of 500 different species of plants and flowers and features giant water lilies, a spice garden and the Talipot palm tree, which blooms when it reaches sixty years of age. You will also see the Aldabras Giant Tortoise (*Geochelone gigantea*)—one of the largest tortoises in the world. Please note: Box lunches from the ship will be provided.



MAU06 ADVENTURE PARK & BEACH (0900-1700) Minimum 16/Maximum 35 (PRICE: \$107)

EARLY BOOKING RATE: \$102

Go for a full day of adventure and nature in the heart of a unique 30-acre forest with *Adventure Park Chamarel*. The park includes a ropes course where you can roam from tree to tree and path to path attached to a lifeline (safety equipment). Enjoy a botanical stroll along footbridges through the treetops, from 75 to 141 feet high. For the more adventuresome, participate in an obstacle course that involves rings, a zip line, nets and beams. After the activities, have a rest and a picnic lunch in the park before heading to the beach of *Flic en Flac*, one of the best beaches on the west coast of the island, for free time. Please note: This trip is recommended for participants who are physically fit. Wear sturdy walking shoes and long pants for the ropes course. You will most likely get dirty during the ropes course portion of the trip. Bring a swimsuit, towel and sun protection. Children under six years of age are not permitted.



MAU07 HIKE IN THE MOUNTAINS & BEACH (0900-1700) Minimum 16/Maximum 80 (PRICE: \$114; CHILD PRICE: \$114)

EARLY BOOKING RATE: \$109

Mauritius has a central plateau and extinct volcanic craters where rivers and waterfalls meet to create fascinating gorges and peaks. At the apex of this plateau rise three mountain ranges characterized by basaltic rocks, beautifully shaped and surrounded by magnificent and unique vegetation. Discover this national heritage site during a hike (about two hours) to the *Le Pouce* peak. Shaped like a thumb, *Le Pouce* is 2,661 feet high and part of the Port Louis Mountain Range.



Return to St. Pierre where the coaches await you and have lunch at *Eureka Colonial House* situated near a waterfall at the foot of Moka mountain range. Visit the colonial house, located in a tropical garden, with its ancient furniture and listen to a brief account of its history. After lunch, enjoy free time at *Flic en Flac*, one of the best beaches on the west coast of the island. Please note: Wear sturdy walking shoes for the hike; bring your swimsuit, towel and sun protection.

MAU08 BLUE ESCAPE: CATAMARAN AND SNORKELING (0900-1730) Minimum 15/Maximum 100 (PRICE: \$114; CHILD PRICE: \$114)

EARLY BOOKING RATE: \$109

Spend the whole day on a catamaran as you view the forest and mountains of the southwest region of Mauritius and its magnificent lagoon by sea. Sail to Tamarin Bay where, if you're lucky, you might see dolphins! A stop will be scheduled at a chosen spot for swimming and snorkeling (snorkeling equipment provided). Please note: Wear your swimsuit underneath your clothes; bring a towel and sun protection. Barbeque lunch with unlimited soft drinks provided onboard.



Cancelled! MAU09 SOS CHILDREN'S VILLAGE (1000-1330) Minimum 16/ Maximum 40 (PRICE: \$49)

EARLY BOOKING RATE: \$45

Visit the SOS Children's Village. A medical student, Hermann Gmeiner, opened the first SOS Children's Village in Austria in 1949. Today, SOS Children's Villages can be found in more than 106 countries and are home to over 26,000 needy children. A Village consists of 10 to 20 houses, with 9 to 13 children of various ages living with their SOS mother in each house. And while SOS provides a family environment for these children, it also acts as a bridge integrating them into a larger society. The children attend local schools and thus keep in close contact with the surrounding community. On this trip, participants will learn about SOS Village organization and management and spend time meeting and interacting with the children. Please note: The price includes a donation to the SOS Children's Village.



COCHIN, INDIA

Arrive: 0800 Monday, March 12

Onboard: 1800 Saturday, March 17

Depart: 2000 Saturday, March 17

DAY 1: Monday, March 12

KOC01 SOCIAL JUSTICE, SUSTAINABLE DEVELOPMENT, & DEMOCRACY IN INDIA (0900-1300) Minimum 10/Maximum 29 (PRICE: \$35)

[FDP: BASS & L. HINCHMAN]

Kerala forms the great exception to generalizations about India. Although per capita income remains very low, the citizens of Kerala are almost universally literate, and the state boasts high levels of socio-economic equality, democratic participation, empowerment of women and sustainability. Students will have an opportunity to see how a new (2004), progressive NGO in Kerala operates: the Centre for Public Policy Research. They will learn what projects are in the works, how the Centre's scholars interpret their roles, and how they hope to achieve their announced objectives: "the creation of an equitable, socially just, and environmentally sound state enriched by democratic and secular principles." Furthermore, students will have an opportunity to discuss the broader currents of India's politics, especially the 2009 elections, the impact of globalization on the country, and the prospects for environmentally friendly water, energy and transportation policies.

KOC02 TOUR OF CALL CENTER Minimum 20/Maximum 29 (PRICE: \$19)

[FDP: MORTON]

Today's SMEs, MNCs and other Indian business organizations are increasingly relying on a broad range of outsourcing options to drive efficiencies and greater business values. Business processes with Eben Telecom help organizations become high-performing business units and thus consistently exceed their peers by quantifiable standards and through economic cycles of the complete process management. Eben Telecom services many local companies as well as large corporations such as HSBC Bank and Vodaphone. Take a tour of Eben Telecom to learn about their outsourcing solutions and how they work with global customers to offer efficient solutions. For additional information, please reference www.ebentelecom.com/about_us.html

For Operations Management (SEMS-3502) students, as part of our service management and supply chain studies, we will learn about outsourcing of services such as customer service via telephone. At Eben Telecom you will tour a call center facility for a company that is a provider of a variety of services for companies.

For Global Management (COMM 4690) students, by observing a call center, you will be able to understand the models in place for outsourcing and customer service using global solutions.

KOC03 SPICE TRADE, ANCIENT CHURCH & TATA CONSULTANCY SERVICES (0900-1700) Minimum 15/Maximum 50 (PRICE: \$29)

[FDP: RANADE]

In search of spices, Europeans landed initially in Kerala (State where Cochin is located). The morning visit to the Spice market will tell us more about why spices are important, why they retail at such high prices and their importance in the tropics. Following the spice market, the group will visit St. Francis Church, related to the European explorer Vasco de Gama. Finally, there will be a lunch meeting at Tata Consultancy Services.

Students in Professor Ranade's Development Economics and International Trade courses will learn how spices are a critical and high value export commodity historically from India in addition to how the Tata Consultancy Firm, one of the most important companies in India, deals with the international finance and related business process with clients in the USA. Please note: Box lunches from the ship will be provided.

KOC04 HIGHLIGHTS OF COCHIN (0930-1300) Minimum 16/Maximum 150 (PRICE: \$24)

[FDP: SCHWEGLER]

The vibrant city of Cochin is situated on the southwest coast of the Indian peninsula and hailed as "God's Own Country" and the Gateway to Kerala. Its strategic importance over the centuries is underlined by the sobriquet "Queen of the Arabian Sea." As the commercial capital of Kerala, this city of peninsulas and islands has a magnificent natural harbor, which was created by the underwater Malabar mudbanks, ensuring calm waters. It is one of India's largest ports, a major naval base and the headquarters of the Southern Command of the Indian Navy.

As part of the main trade route between Europe and China, the city reflects the eclectic nature of past visitors. The city boasts the oldest church in India, winding streets crammed with 500-year-old Portuguese houses, cantilevered Chinese fishing nets, a Jewish community whose roots date back to the Diaspora, a 16th-century synagogue, and a palace built by the Portuguese and given to the Raja of Cochin.

During this FDP, students will be asked to be keen observers of language use. What languages are used in this city? Is it a single tongue, and if so, which one? Or is multilingualism rampant, and if so, what languages are in use? Can English be heard and/or seen (advertisements, etc.) at all? And since Portuguese explorers once lived in Cochin (see above): is the Portuguese language still present in the city?

Cancelled! KOC05 WALKING TOUR OF FORT COCHIN (1000-1330 Monday) Minimum 16/ Maximum 100 (PRICE: \$25)

[FDP: INGRAO]

Vasco da Gama was the first European to open the sea route to India for Portugal in 1497. Five years later, Afonso de Albuquerque continued Portugal's influence when the Raja of Cochin granted him permission to build a fort at the mouth of the river, now known as Fort Cochin. Inside the perimeters of the fort was a wooden church dedicated to St. Bartholomew, the first European church built in India. Thirteen years later another church was built. Dedicated to St. Antony, this church remained in the



Order of St. Francis until the arrival of the Dutch in 1663. The Dutch then demolished all convents and churches, save one—the Church of the Franciscans, which was reconditioned and converted into a government church. On the walking tour, visit St. Francis and the Dutch cemetery before walking past cheenavala. These Chinese fishing nets are a unique symbol of centuries-old Chinese influence. View colonial private homes with Indo-European architecture like the Pierce Leslie bungalow, Koder House, Vasco House and the Old Harbour House before enjoying refreshments at a local hotel. **Please note:** Comfortable and sturdy walking shoes are recommended for the two-hour segment through the fort area.

KOC06 FISHERMEN VILLAGE EXPERIENCE – GROUP A (1000-1730) Minimum 30/Maximum 55(PRICE: \$62)

[FDP: HOWARD]

Travel to the traditional local village of Kumbalangi in the backwaters of Kerala. Once at the village, board traditional country canoes for a short trip through the serene backwaters. View daily life on the water; view activities such as *veeshu vala* (fishing with conical nets) and *padal* (fish trapping in coconut tree leaves). Disembark and take a walk through the village and witness crab catching, fish flipping, clam meat processing and coir making. Coir rope making is a common cottage industry in India. The coconut fiber is attached to hooks on a wheel that is turned by hand. This twists the coir while more is added. It forms a strong rope that doesn't unwind or break. Next, enjoy KolKali, a local dance performed by male dancers, using batons carved from wood. The dancers retell stories from epics such as Ramayana and Mahabharata. Enjoy a traditional lunch; the venue overlooks the picturesque Chinese fishing nets. After lunch, travel by auto rickshaw through narrow village lanes to the coach parking area to re-board your motor coach. Next, enjoy KolKali, a local dance performed by male dancers, using batons carved from wood. The dancers retell stories from epics such as Ramayana and Mahabharata. Travel by auto rickshaw through narrow village lanes to the coach parking area to re-board your motor coach. Before returning to the ship, enjoy a brief stop at Fort Cochin to view St. Francis church and the Chinese fishing nets.

KOC07 CHENDAMANGALAM VILLAGE PROGRAM – GROUP A (1000-1800) Minimum 26/Maximum 70 (PRICE: \$62)

[FDP: S. HINCHMAN & OLWELL]

Launched by the state of Kerala in 1998, Kudumbasree is a holistic, government-sponsored program whose mission is to eradicate poverty in rural areas through assisting unemployed women. The program teaches women about organic farming, how to weave clothing, or how to make handicrafts or eco-based products to support their single-income family. The program strives to meet its mission by “reaching out to families through women and reaching out to community through families.” This trip highlights the efforts of Kudumbasree with this full-day trip to the village of Chendamangalam, a two-hour drive from Cochin. Chendamangalam, part of the European trading route and the ancient port city of Muziris, is known for its lush vegetation and crystal-clear inlets. The European influence is still evident despite Kerala's history, which spans more than 2,000 years.

Enjoy a traditional tharavadu (family house) welcome with chenda melam (drums), jasmine garland and sandalwood chutti (jewelry), along with tender coconut water to drink. Afterward, view one of the traditional cultural folk dances of Kerala. Feast on Sadya, a vegetarian meal served on banana leaves. For those who like to try new



things, try your hand at preparing the renowned Kerala dish, Appam and fish Mappas. After lunch, watch handloom weaving by skilled villagers; weaving is a primary source of income for many of the families in the village. Explore the winding roads of the village and spend time interacting with the villagers before returning to Cochin. Please note: Comfortable, sturdy footwear, long cotton pants and protection from the sun recommended.

With its focus on both historical relations between East and West and the plight of the rural poor, the visit to Chendamangalam should be of particular interest to students in Professor Hinchman's course on the Politics of Development.

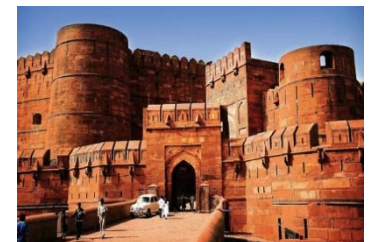
GENERAL DESCRIPTION FOR ALL TRIPS INCLUDING AGRA & THE TAJ MAHAL (Several trips are offered. See below for dates, times, and specific itineraries.)

Located in the northern state of Uttar Pradesh, Agra is the 19th most-populated city in India. Although many Indian cities easily surpass Agra's census figures—1.6 million inhabitants compared to 7.2 million in Chennai and 15.9 million in Delhi—Agra continues to be a cultural mecca for this country (Source: United Nations Population Division Department of Economic and Social Affairs: Urban Agglomerations 2007). Home to three UNESCO World Heritages sites: Taj Mahal, Agra Fort and Fatehpur Sikri, Agra is understandably one of the most visited cities in India.

It was during the Mughal period (16th and 17th centuries) that Agra first gained prominence as a capital city. For many years, travelers from around the world have visited this historical city to gaze upon what many believe is one of the world's most breathtaking sights—the Taj Mahal. The Mughal Emperor Shahjahan married Mumtaz Mahal (as she is known in history) in 1612, when she was 21 years old. It is said that tales are still told of her generosity and wisdom. She bore him 14 children, and it was in childbirth that she died when Shahjahan was waging a battle campaign. Grief-stricken, he vowed to build her a memorial surpassing in beauty anything the world had ever seen. It was this love that built the splendid Taj Mahal.

You will also visit Agra Fort and Fatehpur Sikri. Agra Fort is the flourishing center of the Mughal dynasty, created by four successive emperors. Agra Fort is a perfectly preserved Mughal city at the height of the empire's splendor. There are many fascinating buildings inside the massive 20-meter-thick walls of the fort that stretch for 2 ½ kilometers. Fatehpur Sikri is a silent and petrified sandstone city where time has stood still for the last 400 years. According to legend, Emperor Akbar was without a male heir and made a pilgrimage to this spot to see the saint Shaikh Salim Chisti. The saint foretold the birth of Akbar's son. In gratitude, Akbar named his son Salim and transferred his capital to Sikri. He built a new and splendid city that was later abandoned, probably due to difficulties with the water supply. Its red sandstone palaces are still in a remarkable state of preservation. Here you will almost feel the haunting presence of the Mughals.

In addition to visiting the Taj Mahal and the sites of Agra, you will have an orientation to Old and New Delhi. Some of the following sites will be included: (1) Humayun's Tomb, a forerunner of the ornate Mughal style of architecture later perfected in the Taj Mahal; (2) *Qutub Minar*, a 71-meter-high fluted minaret of the 13th century; (3) a drive along the ceremonial avenue, *Rajpath*, past India Gate (the War Memorial), Parliament House, the Secretariat Buildings and the official residence of the President of India; (4) the Red Fort in Old Delhi, once the most opulent fort and palace of the Mughal Empire; (5) *Jama Masjid*, India's largest mosque, built by Emperor Shahjahan in the 17th century; (6) Birla Temple; (7) a Sikh Gurdwara; (8) a Baha'i House of Worship; and (9) the Gandhi Museum and *Raj Ghat* (memorial).



For all Taj trips involving trains, please note: Every attempt will be made to secure first class air-conditioned chair seats. However, on occasion, it may be necessary to provide second-class non-air-conditioned accommodations.

KOC08 AGRA & VARANASI – GROUP A (1100 Day 1 – 2330 Day 4) Minimum 31/Maximum 70 (PRICE: \$1,239)

EARLY BOOKING RATE: \$1,169

This trip combines the bustling city of Delhi, the majesty of the Taj Mahal and the “eternal city” of Varanasi, one of the most important pilgrimage sites in India. Located on the banks of the sacred River Ganges, Varanasi is the holy city of the Hindus. Often called “the heartbeat of India,” it is the oldest inhabited city in the world. Varanasi has been a center of civilization and learning for more than 2,000 years. Here you can observe the ritual bathing in the Ganges at dawn, a practice that has continued virtually unchanged over the centuries.

Transfer by motor coach to the airport for your three-hour flight to Delhi. Upon arrival, transfer to hotel for dinner and overnight stay. The early morning finds you aboard the Shatabdi Express, heading toward Agra. Upon arrival, transfer to the hotel. After checking in, enjoy breakfast before departing for the remarkably preserved Fatehpur Sikri, with its red sandstone palaces. Return to the hotel for lunch. In the afternoon, visit the Agra Fort to view the halls and palaces of the Mughals. Then visit the fabled Taj Mahal where you will have the opportunity to view the Taj Mahal at dusk. Depart for the railway station on the Shatabdi Express for your journey to Delhi. A packed dinner will be provided for the train ride. Overnight in Delhi.

After breakfast, tour Delhi. See Humayun’s Tomb and *Raj Ghat*. Drive past numerous government buildings, *Raj Path* and *Rashtrapati Bhawan*. After lunch, transfer to the airport for your flight to Varanasi. Once there, transfer to the hotel for check-in and freshen up before heading out to witness the Ganga Aarti at Dasaswamedh Ghat on the banks of the River Ganges. Return to the hotel for dinner and overnight.

Awaken early and drive to the banks of the River Ganges before sunrise. Board a boat and sail along the river to witness a spectacle of religious practice that has continued unchanged over centuries. At dawn, pilgrims converge at the holy waters for the ritual immersion and prayer to release their souls from the cycle of rebirth. This is one of the most memorable experiences of a visit to India. Return to the hotel for breakfast followed by a brief city tour of Varanasi. After lunch at the hotel, depart for the afternoon flight to Cochin, connecting in Delhi. Upon arrival, transfer to the ship and arrive shortly before midnight. Please note: This is a rigorous itinerary involving a lot of traveling and early morning departures

Includes: all transfers, flights and rail; three nights’ accommodation; 3 breakfasts; 3 lunches and 1 lunch on flight; 3 dinners and 1 dinner on flight; visit to Taj Mahal, Fatehpur Sikri and Agra Fort; sunrise boat ride on the Ganges; other sites listed above.



**KOC09 GREENIX MUSEUM WITH CULTURAL SHOW (1030-1430) Minimum 25/
Maximum 75 (PRICE: \$39)**

[FDP: TAYLOR]

Visit the Greenix Museum, a UNESCO World Heritage town, in the Fort Cochin area. Often referred to as Greenix Village, because of the eclectic assemblage and representation of culture and art forms that represent Kerala's villages, Greenix Village is a pioneer establishment in the area of promotion of art and culture. The museum showcases Kerala traditions with integrated facilities such as a modern theatre for performing arts, an audio-visual theatre, an archaeological museum, an open-air *Kalari* square and an art gallery.

The cultural museum is a presentation of Kerala's rich dance and cultural history in visual form. Once at the museum participants can explore the use of color in dance costumes, in art, and in local crafts. The museum houses a photographic and audio representation of various art forms with a descriptive history. Each major dance form has its own space with a sculpted dancer with pointers showing each item of his/her intricate make up. Participants can explore the village and see artisans exhibiting and working on their products such as weaving, pottery-making and basket-making, through which they earn their livelihoods. Afterward, enjoy a cultural performance with a mixture of many art forms such as *Bharatnatyam*, *Mohiniattam*, *Kuchipudi*, *Theyyam* and *Kathakali*. Before returning to the ship, view the Chinese fishing nets, which appear mid-air along the coast. (Box lunches from the ship will be provided.)



**KOC10 KUMBALANGHI VILLAGE VISIT WITH HIGHLIGHTS OF COCHIN (1030-1600)
Minimum 16/Maximum 100 (PRICE: \$66)**

EARLY BOOKING RATE: \$62

This tour combines the Highlights of Cochin trip with a visit to a traditional local village in the backwaters of Kerala. First, travel to nearby Kumbalangi village, approximately 30 minutes from the pier. Once at the village, enjoy a welcome drink of tender coconut water before boarding the traditional country canoes for a short trip through the serene backwaters. View daily life on the water; view activities such as *veeshu vala* (fishing with conical nets) and *padal* (fish trapping in coconut tree leaves). Disembark and take a walk through the village and witness crab-catching, fish-flipping, clam-meat processing and coir-making. Coir rope-making is a common cottage industry in India. The coconut fiber is attached to hooks on a wheel that is turned by hand. This twists the coir while more is added. It forms a strong rope that doesn't unwind or break. Next, enjoy *Kolkali*, a local dance performed by male dancers, using batons carved from wood. The dancers re-tell stories from epics such as the *Ramayana* and *Mahabharata*. Enjoy a traditional lunch. The venue overlooks the picturesque Chinese fishing nets. After lunch, travel by auto rickshaw through narrow village lanes to the coach parking area to re-board your motorcoach. From here, view the highlights of Cochin before returning to the pier.

Cochin is situated on the southwest coast of the Indian peninsula and hailed as "God's Own Country" and the Gateway to Kerala. Its strategic importance over the centuries is underlined by the sobriquet "Queen of the Arabian Sea." As the commercial capital of Kerala, this city of peninsulas and islands has a magnificent natural harbor, which was created by the underwater Malabar mudbanks, ensuring calm waters. It is one of India's largest ports, a major naval base and the headquarters of the Southern Command of the Indian Navy. As part of the main trade route between Europe and China, the city reflects the characteristics of past

visitors. The city boasts the oldest church in India, winding streets crammed with 500-year-old Portuguese houses, cantilevered Chinese fishing nets, a Jewish community whose roots date back to the Diaspora, a 16th-century synagogue, and a palace built by the Portuguese and given to the Raja of Cochin.

KOC11 ALLEPPEY BACKWATERS - GROUP A (1030-1745) Minimum 16/Maximum 90 (PRICE: \$46)

EARLY BOOKING RATE: \$43

A visit to this region of India would be incomplete without a ride through the famous backwaters. The backwaters, with its narrow maze of canals, are synonymous with Kerala and Alleppey. Located 63 kilometers south of Cochin, this “Venice of the East” is a verdant area surrounded by coconut plantations. After a brief comfort stop and lunch at a local hotel, board a motor-launch for a leisurely backwater cruise. This two-hour journey provides insight into the traditional life of those who live along the banks of the canals. Enjoy some refreshments before returning to the ship. Please Note: comfortable, sturdy footwear to explore the grounds and protection from the sun recommended.

KOC12 LEGACIES OF THE PEPPER TRADE: WESTERN ARCHITECTURE IN COCHIN (1400-1800) MINIMUM 15/Maximum 25 (PRICE:\$19)

[FDP: WILKINSON]

It can be said that globalization began with the export of pepper from the Cochin area of India. It has been found as early as the 3rd millennium BCE in Ancient Sumer (Iraq), in China from very early days and in England in the 2nd century CE. In about 408 CE Rome was ransomed for, among other treasures, 3000 pounds of Indian pepper. Pepper and other spices from south and Southeast Asia (cinnamon from Sri Lanka, cloves, mace and nutmeg from small islands east of Java) had been transported to Europe through the Middle East for centuries, but the sea routes opened in 1498 when the Portuguese finally sailed around Africa to the western coast of India. Cochin became one of the greatest spice markets in the world, catering to westerners, Persians, Jews, Arabs as well as traders from as far east as China and Japan.

This half-day walking tour complements, but is different from the Walking Tour of Cochin. The objective is to discover the international nature of the trading community of Cochin. Participants will visit the Dutch Palace (begun in the 16th century and housing Indian paintings and murals of the *Ramayama*), the still-active Pepper Exchange, and the richly-decorated Jewish Synagogue, a monument to specific community of foreign traders in Cochin.

KOC13 SERVICE VISIT: SOS CHILDREN'S VILLAGE - GROUP A (1300-1800) Minimum 21/Maximum 90 (PRICE: \$29)

[FDP: BELGRAVE]

A medical student, Hermann Gmeiner, opened the first SOS Children's Village in Austria in 1949. Today, SOS Children's Villages in more than 106 countries are home to about 50,000 needy children. The villages respect varying religions and cultures, and work in countries and communities where their mission can contribute to development. They work in the spirit of the United Nations Convention on the Rights of the Child and also promote these rights around the world. With the SOS Children's Village concept, their organization pioneered a family approach to the long

term care of orphaned and abandoned children. Founded in 1964, the SOS Children's Villages of India take action for children as an independent non-governmental social organization. There are 182 children living in 15 family homes at SOS Village Cochin, located in Aluva. Visit this SOS Village where a traditional welcome with Aarathi and flowers, followed by a welcome drink of tender coconut water. The children will sing a song followed by a classical dance performance. Interact with the children during a visit to the family houses before returning to the ship.

KOC14 THE RELIGIOUS ART & ARCHITECTURE OF KOCHI (0900-1330) (PRICE: \$32)

[FDP: FOWLER, GRAVES & MATTAI]

Kerala has stood at the crossroads of civilizations for centuries, if not millennia: Phoenicians, Romans, Chinese, Arab Muslims and Christian Portuguese have all, at various times, engaged in trade along this fertile stretch of the Malabar Coast. This constant contact with other parts of the globe has given the region a diverse religious and artistic history. This FDP will explore art, architecture and theater associated with these traditions. We will begin our day with a visit to St Francis Church. Originally built by Portuguese Franciscans in 1503, it is the oldest church built by Europeans in India. Next, we'll pay a visit to the old Jewish quarter of Kochi. We will be able to catch a glimpse of south Indian temple art in the Mattancherry Palace, which houses impressive sixteenth-century murals depicting stories from the ancient Hindu epics (the Ramayana and Mahabharata) and from medieval Puranic mythology. We'll finish the day off by attending a Kathakali performance, where those same stories will be translated onto the stage in this colorful dance-drama tradition.

Students in Professor Mattai's class will create a photo journal documenting the trip for use in visual projects. With Professor Fowler, students will pay special attention to the way that temple architecture guides and shapes its devotees in their contemplative practices.

Cancelled! KOC15 NAGARKOIL: VILLAGE, FARM AND PLANTATION VISIT 4 DAYS/3 NIGHTS (1830 Day 1 - 0500 Day 4) Minimum 5/Maximum 10

This is a great opportunity to experience rural India and Indian joint-family system while staying in the home of plantation owners. You will visit a village, farm and rubber plantation to learn about farming practices and growing spices and exotic plants like vanilla. You will have the opportunity to interact with students of the school managed by your hosts. You will visit a *coir* factory, pottery-making unit and spinning mill. You will also visit one of the very few temples dedicated to snake worship. The practice of snake worship symbolically invokes the power of Kundalini shakti, the coiled energy contained in the chakras of the spinal column and believed to be released through the practice of Kundalini yoga. You will also visit Kanyakumari—a popular tourist spot. Please note: Bring towels and washcloth, mosquito repellent, toiletries and bottled water. Please also bring a small gift for your host family.

Depart by overnight sleeper train for Nagarkoil. (Bedding is provided.) Upon arrival, enjoy breakfast before visiting a Hindu temple and Kanyakumari, a popular tourist spot at the southernmost tip of India. A boat ride will take you to Vivekananda Rock, a beautiful memorial in the sea for Swami Vivekananda, a disciple of Swami Ramakrishna Paramahansa, a famous 19th-century Hindu saint. Return to Nagarkoil to visit a school and interact with the students, giving you a glimpse of rural

educational facilities. In the evening, interact with the host family and discuss various aspects of Indian life. In the morning, visit the farm, plantation and handicrafts center. A delicious traditional Indian lunch will be arranged before your visit to the spinning mill. Then interact with the students of a college managed by your hosts. In the evening, depart for the train station for the overnight return to Cochin.

Includes: round-trip overnight train Nagarkoil to Cochin; Homestay in Nagarkoil; 3 dinners; two lunches; two breakfasts;

KOC16 WELCOME RECEPTION (1830-2200) Minimum 80/Maximum 400 (PRICE: \$37)

This reception is a SAS favorite and provides an excellent opportunity to meet Indian students, experience a traditional dance performance and enjoy Indian snacks. You will travel by motorcoach to the reception area where you will be given a traditional welcome with sari-clad ladies offering flower-buds, applying *kum-kum* (red dot or sandalwood paste on the forehead) and sprinkling rose water. Enjoy mingling with the invited guests from local colleges in the outdoor atmosphere of a local fair. Along with sampling the tempting snacks, you may learn how to tie a sari, have a design painted on your hand with henna paste and observe a *Bharata Natyam* dance demonstration. *Bharata Natyam* is the subtle and sophisticated dance-art of Tamil Nadu. It is a dynamic and very precise style of dance. The dancer presents a story at several levels of meaning using a variety of complex body postures and movements, hand and arm gestures and facial expressions. A dancer needs substantial knowledge and appreciation of the thematic and philosophical content of Indian myth and legend as well as a thorough grounding in technical skill. The meaning of a portion of the dance will be interpreted for you and some of the movements, gestures, and facial expressions will be explained. You will also have the opportunity to buy Indian clothing and costume jewelry.



KOC17 CHILD LABOR IN RURAL INDIA with OVERNIGHT VILLAGE STAY (Evening, Day 1 - morning, Day 5) Minimum 15/Maximum 20 (PRICE: \$439)

“This trip will be a humbling experience for SASers. I learned so much! Everything from social justice to child labor practices to Indian culture. Absolutely wonderful! I loved the interactions with the people, children, villages; the RIDE program and hosts were great too” remarked a student, as she relayed the experience on the trip.

Prior to visiting RIDE (Rural Institute for Development Education), this trip will include overnight hotel accommodations in Chennai. During the time in Chennai, visit an orphanage or other home that supports and cares for children.

Despite Indian laws prohibiting child labor, thousands of children, ages 4-14 years, have been sold into bondage in the sari-making industry. Some of these children have had to work in these factories for 12-14 hours per day with no breaks and only a cupful of rice for lunch. They have earned an average of only \$2 per month. This overnight field program provides the opportunity to visit a successful micro-credit lending program for women and a bridge school for children who have been child laborers in the silk weaving industry. RIDE began as a bridge school to help children leave the silk-weaving industry. They quickly learned that the best way to help children was to help their mothers increase their income. This visit will include an overnight stay in the village where you will see the women at work weaving silk and bamboo mats, a meeting with the self-help group leaders to ask questions, a tour of one of the bridge schools to meet the children, and a visit to Kancheepuram to view its beautiful temples



and tour the silk-weaving factory and shop that supports child-free labor. For additional information, please reference www.rideindia.org.

Suggested packing list: lightweight clothing, sleeping bag and enough bottled water for two days

KOC18 ROTARIAN HOMESTAY with SERVICE PROJECT (1830 Day 1 – 0900 Day 5) Minimum 15/Maximum 20 (PRICE: \$50)

This homestay, hosted by a Rotarian chapter in Chennai, has been rated very highly by past SAS participants. It is your chance to spend two nights in an Indian home and to exchange views on various topics or aspects of Indian/U.S. culture. During the time with your host family, you will visit the temples of Mamallapuram and participate in other activities. To meet your host families, you will travel by overnight train to Chennai. Each pair of participants (two males or two females) will be met by their host family and accompanied back to the train station after their homestay.

During the homestay, SAS participants will travel with their host families to Mamallapuram and work with the local Rotary Club serving the Gurukulam School, which is dedicated to helping disadvantaged children of families devastated by the tsunami and who would otherwise not be able to enjoy an education. The school has 144 children desperately in need of support and help with their studies. A donation to the Madras Rotary Club's scholarship fund is included. (Packing suggestion: include a modest gift for your host family. Trip includes: 2 nights' homestay; all meals.)

This project is generously being underwritten by the J. Watumull Fund.

DAY 2: Tuesday, March 13

KOC21 AGRA – GROUP A (0400 Day 2 – 2200 Day 4) Minimum 26/Maximum 70 (PRICE: \$882)

EARLY BOOKING RATE: \$839

Transfer to the airport for your three-hour flight to New Delhi. Upon arrival, enjoy a short city orientation of Old Delhi. Drive along *Rajpath*, the ceremonial avenue, past the *Rashtrapati Bhavan* (Presidential Palace) the *Raj Ghat* (Gandhi Memorial), Red Fort and *Jama Masjid*. Enjoy lunch at a local restaurant. In the afternoon, depart on a three-hour train ride for Agra. Once in Agra, proceed to the hotel and overnight. After an early morning wake-up call, leave the hotel to view the Taj Mahal at dawn then return to the hotel for breakfast. Visit the deserted city of Fatehpur Sikri with its well-preserved sandstone palaces. Return to the hotel for check-out and lunch. The afternoon will include visits to Agra Fort and the Taj Mahal. After viewing the Taj Mahal at sunset, transfer to the railway station and board the express train (two hours) for New Delhi. A packed dinner from the hotel will be provided on the train. Upon arrival, transfer to your hotel. After breakfast at the hotel, enjoy a city tour and visit various temples like the Lotus Temple (Bahá'i), Gurudwara (Sikh), Laxmi Narayan Temple, and Mandir Marg (Hindu). Enjoy lunch at the hotel followed by an optional shopping tour with your guide before transferring to the airport for your return flight to Cochin.

Includes: all transfers, flights and rail; 1 breakfast on flight; 2 breakfasts; 3 lunches; 2 packed dinners; 2 nights' accommodation; 2 visits to Taj Mahal; visit to Fatehpur Sikri and Agra Fort.

KOC22 AGRA & JAIPUR (0400 Day 2 – 0130 Day 6) Minimum 25/ Maximum 70 (PRICE: \$979)

EARLY BOOKING RATE: \$929

This trip combines the bustling city of Delhi, the majesty of the Taj Mahal and the wonders of the “Pink City” of Jaipur. Jaipur, the capital city of the state of Rajasthan, is popularly known as the “Pink City” because of the pink-colored sandstone from which the buildings in its old, walled city are constructed. Visit the observatory designed by the astronomer Prince Maharajah Jai Singh, who founded the city in the 1700s. View the landmark of Jaipur, Hawa Mahal (Palace of Winds). Also, visit the City Palace, home of Jaipur royalty, which houses a museum with an extensive collection. In nearby Amber, explore the fort which is perched on a hill overlooking the desert plains of Rajasthan. The fort is a superb example of Rajput architecture. Enjoy the beauty of the hillside fort and the lake reflections of its terraces and ramparts.

Transfer to the airport for your three-hour flight to New Delhi. En route to lunch visit *Qutab Minar* then see India Gate and many imperial buildings. Check in to your hotel and freshen up before continuing your city tour of Delhi. Visit Humayun’s Tomb and see Mahatma Gandhi’s Samadhi. Return to your hotel for dinner and overnight. After an early morning transfer to the railway station, board the train to Agra. Upon arrival, travel to the hotel for breakfast. Visit the Agra Fort then continue to the Taj Mahal. After lunch, depart for the six-hour journey to Jaipur. Midway, stop and visit Fatepursikri which is renowned for its red-sandstone palaces. Arrive in Jaipur for a late dinner and overnight. After breakfast, depart for Amber, the former capital. Travel to the Amber Fort by jeep. Or, if elephants are available, you may make your ascent to the citadel on the back of a gaily-caparisoned elephant. Government regulations limit the number of times elephants may proceed to the fort (four trips each day) for the individual animal’s welfare. After lunch, proceed on a city orientation of Jaipur. Highlights include the City Palace and the observatory. After returning to the hotel, there is an optional shopping tour available with your guide. Dinner and overnight at the hotel. A hearty breakfast will prepare you for the five-hour ride to Delhi. Stop en route for lunch. View the Red Fort and Jama Masjid and enjoy evening snacks at a local restaurant. Board your flight to return to Chennai. Please note: This is a rigorous itinerary involving a lot of traveling and early morning departures.

Includes: transfers; flights; train fare, three nights’ accommodation; 3 breakfasts, 1 breakfast on flight; 4 lunches; 3 dinners; visit to Taj Mahal; 1 photograph in front of Taj Mahal; all entrance fees

KOC23 ECO-TREK OVERNIGHT IN MUNNAR (0800 Day 2 – 1300 Day 4) Minimum 20/Maximum 50 (PRICE: \$156)

EARLY BOOKING RATE: \$149

Head for the hills and explore Munnar, Kerala’s premier hill station. Pronounced “Moon-aar”, (‘three rivers’ in Malayalam), this seemingly remote location is just a four-hour drive from Cochin. Built around the tea industry, Munnar sits 1,600 meters above MSL (mean sea level) and is a hiker’s dream with its year-long agreeable climate.

From expansive tea plantations, to its pristine valleys and mountains, to exotic species of flora and fauna to its spice scented cool air, no wonder Munnar is a favorite destination in Kerala. The trek through the tea gardens to your campsite takes about three hours (depending on fitness level of the group). Once at camp,



enjoy dinner by campfire. The next morning trek through plantations and vegetable farms and interact with the village farmers. Along the way, enjoy your packed lunch. The 4-5 hour hike ends at Koviloor. This village is where the farmers will get together after their daily work is done. Transfer by jeep to the camp at Top station and enjoy panoramic views of Kerala's neighboring state, Tamil Nadu. After embracing this rugged yet fragile environment, return to the ship.

Includes: air-conditioned transportation; guided hikes; Accommodation in A-shape tents with all accessories; 2 breakfast; 1 lunch; 1 packed lunch; 2 dinners by campfire; portage; necessary permits; 2 Bottles of Mineral Water per day.

KOC24 GOURMET INDULGENCE: KERALA CUISINE WITH NALINI VERMA – GROUP A (0900-1600) Minimum 10/Maximum 15 (PRICE: \$66)

EARLY BOOKING RATE: \$62

Nalini Verma is a professional cooking instructor for the last 26 years and has authored four cookbooks. She has hosted television shows, judged several cooking contests, conducted seminars and contributed articles to magazines and newspapers throughout India.

Nalini Verma will introduce you to the finer nuances of traditional Kerala cuisine through her special cooking demonstration. These classes are exclusively for visitors and held in her residence in Kochi. Join her in this hands-on interactive experience and prepare a traditional Kerala lunch which will be served on banana leaves for your enjoyment.

KOC25 AGRA & VARANASI – GROUP B (0930 Day 2 – 2330 Day 5) Minimum 31/Maximum 70 (PRICE: \$1,239)

EARLY BOOKING RATE: \$1,169

This trip combines the bustling city of Delhi, the majesty of the Taj Mahal and the “eternal city” of Varanasi, one of the most important pilgrimage sites in India. Located on the banks of the sacred River Ganges, Varanasi is the holy city of the Hindus. Often called “the heartbeat of India,” it is the oldest inhabited city in the world. Varanasi has been a center of civilization and learning for more than 2,000 years. Here you can observe the ritual bathing in the Ganges at dawn, a practice that has continued virtually unchanged over the centuries.

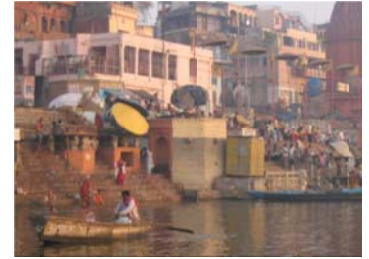
Transfer by motor coach to the airport for your three-hour flight to Delhi. Upon arrival, transfer to hotel for dinner and overnight stay. The early morning finds you aboard the Shatabdi Express, heading toward Agra. Upon arrival in Agra, transfer to the hotel. After checking in, enjoy breakfast before departing for the remarkably preserved Fatehpur Sikri, with its red sandstone palaces. Return to the hotel for lunch. In the afternoon, visit the Agra Fort to view the halls and palaces of the Mughals. Then visit the fabled Taj Mahal where you will have the opportunity to view the Taj Mahal at dusk. Depart for the railway station on the Shatabdi Express for your journey to Delhi. A packed dinner will be provided for the train ride. Overnight in Delhi.

After breakfast, tour Delhi. See Humayun's Tomb and *Raj Ghat*. Drive past numerous government buildings, *Raj Path* and *Rashtrapati Bhawan*. After lunch, transfer to the airport for your flight to Varanasi. Once there, transfer to the hotel for check-in and freshen up before heading out to witness the Ganga Aarti at Dasaswamedh Ghat on



the banks of the River Ganges Return to the hotel for dinner and overnight.

Awaken early and drive to the banks of the River Ganges before sunrise. Board a boat and sail along the river to witness a spectacle of religious practice that has continued unchanged over centuries. At dawn, pilgrims converge at the holy waters for the ritual immersion and prayer to release their souls from the cycle of rebirth. This is one of the most memorable experiences of a visit to India. Return to the hotel for breakfast followed by a brief city tour of Varanasi. After lunch at the hotel, depart for the afternoon flight to Cochin, connecting in Delhi. Upon arrival, transfer to the ship and arrive shortly before midnight. Please note: This is a rigorous itinerary involving a lot of traveling and early morning departures



Includes: all transfers, flights and rail; three nights' accommodation; 3 breakfasts; 3 lunches and 1 lunch on flight; 3 dinners and 1 dinner on flight; visit to Taj Mahal; sunrise boat ride on the Ganges; other sites listed above.

KOC26 AYURVEDIC CENTER (1000-1700) Minimum 16/Maximum 30 (PRICE: \$59)

EARLY BOOKING RATE: \$56

Located in Kalady, the Nagarjuna Ayurvedic Centre provides a complete range of traditional *Ayurvedic* treatments. The setting provides the right ambiance for a suitable sojourn in harmony with nature, as Kalady is the birthplace of the great Indian philosopher Sankaracharya. This revered mystic believed that man and Brahman the Supreme were of one essence and that all people should strive to cultivate a vision of oneness. His holistic approach still resonates today at the Centre; *Ayurveda* embraces a person's entire well being: physical, mental and spiritual and is accepted as the oldest scientific medical system, with a long record of clinical experience. The Centre blends deep *Ayurvedic* insights with traditional skills to provide a range of remedies based on preventive, curative, rejuvenating and immunization therapies.

Travel 90 minutes from Kerala to the Nagarjuna Ayurvedic Centre, on the banks of the river Periya. Upon arrival enjoy a traditional Kerala welcome. Afterward, visit the herbal garden, treatment rooms and pharmacy. After your orientation, learn more about *Ayurveda* from the Centre's chief physician. The lecture includes a massage demonstration. Enjoy a traditional *Ayurvedic* vegetarian lunch before returning to the pier.

KOC27 ALLEPPEY BACKWATERS – GROUP B (1030-1745) Minimum 16/ Maximum 90 (PRICE:\$46)

EARLY BOOKING RATE: \$43

A visit to this region of India would be incomplete without a ride through the famous backwaters. The backwaters, with its narrow maze of canals, are synonymous with Kerala and Alleppey. Located 63 kilometers south of Cochin, this "Venice of the East" is a verdant area surrounded by coconut plantations. After a brief comfort stop and lunch at a local hotel, board a motor-launch for a leisurely backwater cruise. This two-hour journey provides insight into the traditional life of those who live along the banks of the canals. Enjoy some refreshments before returning to the ship. Please Note: comfortable, sturdy footwear to explore the grounds and protection from the sun recommended.



**KOC28 TIMES OF INDIA BUREAU OFFICE (1300-1700) Minimum 15/Maximum 29
(PRICE: \$25)**

[FDP: DOWNING]

Global Media Industries students will be introduced to the long-running and very significant English-language press in India, a very different phenomenon from the tourist/expatriate-oriented English-language newspapers which have sprung up around the planet over the past 20-30 years. *The Times of India* is one of the three major dailies in this group.

Students on this FDP will visit the bureau offices and have an introduction by Mr. Nair and his colleagues to the history and current operations of India's English-language press industry, and specifically to *The Times of India* and its new regional Kochi bureau.

***Updated Pricing!* KOC29 VILLAGE HOMESTAY: ERODE (1900 Day 2 – 0800 Day 5)
Minimum 20/ Maximum 30 (PRICE: \$299)**

This experience has been ranked very highly by previous participants as a golden opportunity to experience rural India. You will travel through coconut groves and rice paddies and learn about farming practices. In Erode, you can interact with students at a residential school and visit the handicapped training center started by the Social Welfare Department. In Jayaramapuram (20 students) or Gobichettypalayam (10 students), you will be the guests of the village landlord, who has graciously provided vegetarian meals as well as overnight accommodations in his home in the village for everyone. Accommodations are clean and neatly kept. Good beds, with pillow and bedding, are provided. Please note: Bring towels and washcloth, mosquito repellent, toiletries and bottled water. Please also bring a small gift for your host family.

Depart by overnight sleeper train (Yercaud Express) for Erode. (Bedding is provided.) Arrive in Erode (around 0600) where you will proceed to Gobichettypalayam (10 students) to visit the farm and school operated by your hosts, or to Jayaramapuram (20 students) to visit the farm operated by your hosts. You will have a chance to discuss Indian culture and history with your hosts as well as some leisure time for hiking and enjoying new friends. You will visit agricultural workers' huts and the village market place, learn about farming practices, watch coconut tree climbing and ride a bullock cart. You will spend the night in your host's home. Travel by bus to Erode where you will visit a residential school, Bhavani temple and a carpet-weaving center. Return to the school, managed by your hosts in Erode, for lunch followed by an afternoon visit to a disabled children's school. (The children may provide a performance for you. Be prepared to perform in return.) After a dinner hosted by the owner of the indigenous medicinal plants garden, depart for the railway station and the overnight train to Chennai. Arrive at the train station (around 0510) in Chennai and transfer to the ship.

Includes: transfers; round-trip overnight sleeper train; 1 night homestay; 2 breakfasts; 2 lunches; 2 dinners

DAY 3: Wednesday, March 14

KOC31 AGRA – GROUP B (0400 Day 3 – 2200 Day 5) Minimum 26/Maximum 70 (PRICE: \$882)

EARLY BOOKING RATE: \$839

Transfer to the airport for your three-hour flight to New Delhi. Upon arrival, enjoy a short city orientation of Old Delhi. Drive along *Rajpath*, the ceremonial avenue, past the *Rashtrapati Bhavan* (Presidential Palace) the *Raj Ghat* (Gandhi Memorial), Red Fort and *Jama Masjid*. Enjoy lunch at a local restaurant. In the afternoon, depart on a three-hour train ride for Agra. Once in Agra, proceed to the hotel and overnight. After an early morning wake-up call, leave the hotel to view the Taj Mahal at dawn then return to the hotel for breakfast. Visit the deserted city of Fatehpur Sikri with its well-preserved sandstone palaces. Return to the hotel for check-out and lunch. The afternoon will include visits to Agra Fort and the Taj Mahal. After viewing the Taj Mahal at sunset, transfer to the railway station and board the express train (two hours) for New Delhi. A packed dinner from the hotel will be provided on the train. Upon arrival, transfer to your hotel. After breakfast at the hotel, enjoy a city tour and visit various temples like the Lotus Temple (Bahá'i), Gurudwara (Sikh), Laxmi Narayan Temple, and Mandir Marg (Hindu). Enjoy lunch at the hotel followed by an optional shopping tour with your guide before transferring to the airport for your return flight to Cochin.

Includes: all transfers, flights and rail; 1 breakfast on flights; 2 breakfasts; 3 lunches; 2 packed dinners; 2 nights' accommodation; 2 visits to Taj Mahal; visit to Fatehpur Sikri and Agra Fort.

Cancelled! KOC32 CULTURAL EXCHANGE AT CHERAI BEACH (0900-1600) Minimum 20/Maximum 70 (PRICE: \$79)

EARLY BOOKING RATE: \$74

Located just 15 miles from Cochin, Cherai Beach is known for its long golden beach, its clean and shallow waters, which are perfect for swimming and sunbathing. With the lagoon (*pozil*) only a few meters from the ocean, it is no wonder this area attracts attention.

Travel to Cherai for cultural exchange, planned by local members of SHG and the Reading Library Club of Cherai for a full-day. SHG, or Self Help Group(s), are making a positive impact throughout India as they provide effective methods of poverty reduction.

Once in Cherai, a warm welcome of Chendamelam, garland and chutti greets you. Talk with the local artists before enjoying a traditional Kerala Folk Dance. The mid-day break provides an opportunity to join the SHG and Reading Library Club members for a game of volleyball. Or perhaps just toss the ball around with a newly-formed acquaintance.

After a traditional lunch served on banana leaves, travel to the Synagogue at Chendamangalam. Then its off to enjoy a short cruise down the Periyar River. Arrive at a handloom weaving factory. Before returning to the ship, peruse the showroom which highlights the hand-woven clothing made by members of the community.



KOC33 CHENDAMANGALAM VILLAGE PROGRAM – GROUP B (1000-1800) Minimum 26/Maximum 70 (PRICE: \$64)

EARLY BOOKING RATE: \$62

Launched by the state of Kerala in 1998, Kudumbasree is a holistic, government-sponsored program whose mission is to eradicate poverty in rural areas through assisting unemployed women. The program teaches women about organic farming, how to weave clothing, or how to make handicrafts or eco-based products to support their single-income family. The program strives to meet its mission by “reaching out to families through women and reaching out to community through families.” This trip highlights the efforts of Kudumbasree with this full-day trip to the village of Chendamangalam, a two-hour drive from Cochin. Chendamangalam, part of the European trading route and the ancient port city of Muziris, is known for its lush vegetation and crystal-clear inlets. The European influence is still evident despite Kerala’s history, which spans more than 2,000 years.



Enjoy a traditional tharavadu (family house) welcome with chenda melam (drums), jasmine garland and sandalwood chutti (jewelry), along with tender coconut water to drink. Afterward, view one of the traditional cultural folk dances of Kerala. Feast on Sadya, a vegetarian meal served on banana leaves. For those who like to try new things, try your hand at preparing the renowned Kerala dish, Appam and fish Mappas. After lunch, watch handloom weaving by skilled villagers; weaving is a primary source of income for many of the families in the village. Explore the winding roads of the village and spend time interacting with the villagers before returning to Cochin. Please note: Comfortable, sturdy footwear, long cotton pants and protection from the sun recommended.

KOC34 ART OF LIVING AND DAKSHINACHITRA HERITAGE VILLAGE STAY – 3 DAYS/ 2 NIGHTS Minimum 20/Maximum 30

This program is highly recommended by past SAS participants. It is a holistic program structured to learn a particular type of yoga. The main part of this program is the Art of Living, a self-development program. The emphasis is not on the physical aspect of yoga, so everyone can attend. Past participants have praised this trip for its self-transformation value. Come prepared to explore your inner self.

The three-day intensive course includes: yoga, breathing exercises of Pranayama and Sudarshan Kriya, meditation, informative talks and other personal and group processes. These have helped to cure or prevent problems related to stress, depression and breathing difficulties. Intensive training classes will be held each day for four hours in the morning and four hours in the evening. The course is offered by an organization called Vyakthi Vikas Kendra, which has branches in 140 countries. For additional information, please reference www.artofliving.org. More information about this trip will be available online. Please check the addendum for periodic updates.

Includes: round-trip transportation; two nights’ accommodation at DakshinaChitra; 3 breakfasts; 3 lunches; 3 dinners; yoga sessions

DAY 4: Thursday, March 15

Cancelled! KOC41 LADIES OF COCHIN COOKING DEMONSTRATION – GROUP A (0900-1600) Minimum 26/Maximum 50 (PRICE: \$46)

EARLY BOOKING RATE: \$42

Travel to a residential area in Cochin to one of the meeting rooms for the Ladies of Cochin. Members of the Cochin Rotary Club, the woman will provide an interactive session on how to cook local cuisine. This is an excellent opportunity to sharpen your international cooking skills while interacting with active community members. The women will also talk about Kerala culture as well as cuisine.

During the cooking demonstration, help prepare vegetable pulao, Kerala chicken curry, vegetable kurma, appam and ppads.



KOC42 RELAXING HARBOR CRUISE (1000-1330) Minimum 16/Maximum 29 (PRICE: \$26)

EARLY BOOKING RATE: \$24

This trip provides a glimpse of the famous backwaters of Cochin. The waterways are synonymous to Kerala. A trip to 'God's Own Country' would be incomplete without a ride through the famous waterways. Depart the pier by motor boats for a leisurely ride on the waterways surrounding the Cochin Harbour. Kerala's network of canals, rivers and little lakes, is unique to this green and silver state. The journey takes you past the Chinese Fishing Nets and round Vypeen Island, Gundu Island Vallarpadam Island, Bolghatty Island (no stop) and Pizhala Canal.



DAY 5: Friday, March 16

KOC51 GOURMET INDULGENCE: KERALA CUISINE WITH NALINI VERMA – GROUP B (0900-1600) Minimum 10/Maximum 15 (PRICE: \$66)

EARLY BOOKING RATE: \$62

Nalini Verma is a professional cooking instructor for the last 26 years and has authored four cookbooks. She has hosted television shows, judged several cooking contests, conducted seminars and contributed articles to magazines and newspapers throughout India.

Nalini Verma will introduce you to the finer nuances of traditional Kerala cuisine through her special cooking demonstration. These classes are exclusively for visitors and held in her residence in Kochi. Join her in this hands-on interactive experience and prepare a traditional Kerala lunch that will be served on banana leaves for your enjoyment.

KOC52 ALLEPPEY BACKWATERS - GROUP C (1030-1745) Minimum 16/Maximum 90 (PRICE:\$46)

EARLY BOOKING RATE: \$43

A visit to this region of India would be incomplete without a ride through the famous backwaters. The backwaters, with its narrow maze of canals, are synonymous with Kerala and Alleppey. Located 63 kilometers south of Cochin, this “Venice of the East” is a verdant area surrounded by coconut plantations. After a brief comfort stop and lunch at a local hotel, board a motor-launch for a leisurely backwater cruise. This two-hour journey provides insight into the traditional life of those who live along the banks of the canals. Enjoy some refreshments before returning to the ship. Please Note: comfortable, sturdy footwear to explore the grounds and protection from the sun recommended.



KOC53 SERVICE VISIT: MISSIONARIES OF CHARITY ORPHANAGE (1000-1300 Day 5) Minimum 10/Maximum 20 (PRICE: \$32)

Missionaries of Charity is a religious order founded by Mother Teresa. Born to Albanian parents in Yugoslavia, Mother Teresa became a nun at age 18 and served as a teacher at St. Mary’s School in Entally, Calcutta. The school was a beautiful, serene place that was far from the city’s slums. Teresa said that, at the age of 36, she received a calling from God to serve the poorest of Calcutta. Nearly 20 years after she had chosen Calcutta to carry out God’s work, she finally found exactly what God wanted her to do. Throughout India, Mother Teresa’s Missionaries of Charity has more than 2,000 sisters in its order, 100 slum schools serving 14,000 children, 200 relief centers where 45,000 are fed per day, 200 sewing and typing classes serving 8,000 girls, 750 mobile clinics, and 103 homes for abandoned children. You will be visiting one of the orphanages for infants and small children, some of whom suffer from birth defects and mental retardation. Many of these children were abandoned on the streets or left on the orphanage’s doorstep.

Arrive at the missionary and meet with the caretaker, Sister Sheryl, who will give an overview of the facility as well as talk about the children under their care. Later meet and spend time with the children, a majority of whom are both mentally and physically challenged. Please note: The facility is an approximate 10-minute walk from the main road. The price of this practicum includes a small donation to the orphanage. (Box lunches from the ship will be provided.)

Suggested packing list for donations: baby clothes or items such as blankets or cloth diapers.

DAY 6: Saturday, March 17

KOC61 FISHERMEN VILLAGE EXPERIENCE - GROUP B (0800-1530) Minimum 30/Maximum 55 (PRICE: \$62)

[FDP: DOUGHTY]

Travel to the traditional local village of Kumbalangi in the backwaters of Kerala. Once at the village, board traditional country canoes for a short trip through the serene backwaters. View daily life on the water; view activities such as *veeshu vala* (fishing with conical nets) and *padal* (fish trapping in coconut tree leaves). Disembark and take a walk through the village and witness crab catching, fish flipping, clam meat processing and coir making. Coir rope making is a common cottage industry in India. The coconut fiber is attached to hooks on a wheel that is turned by hand. This twists the coir while more is added. It forms a strong rope that doesn’t unwind or break. Next, enjoy *Kolkali*, a local dance performed by male dancers, using batons carved

from wood. The dancers retell stories from epics such as *Ramayana* and *Mahabharata*. Enjoy a traditional lunch; the venue overlooks the Chinese fishing nets. After lunch, travel by auto rickshaw through narrow village lanes to the coach parking area to re-board your motor coach.

Questions: How is daily life as linked and bound with a physical setting, namely water-bound activities? How does it change in terms of the season? Who are the major stakeholders, the fishers or middlemen? How do their place-related activities express community beliefs and attitudes about this special type of habitat?

KOC62 LADIES OF COCHIN COOKING DEMONSTRATION – GROUP B (0900-1600)
Minimum 26/Maximum 50 (PRICE: \$46)

EARLY BOOKING RATE: \$42

Travel to a residential area in Cochin to one of the meeting rooms for the Ladies of Cochin. Members of the Cochin Rotary Club, the woman will provide an interactive session on how to cook local cuisine. This is an excellent opportunity to sharpen your international cooking skills while interacting with active community members. The women will also talk about Kerala culture as well as cuisine.

During the cooking demonstration, help prepare vegetable pulao, Kerala chicken curry, vegetable kurma, appam and ppads.



KOC63 CHENDAMANGALAM VILLAGE PROGRAM – GROUP C (0930-1715) Minimum 26/Maximum 70 (PRICE: \$62)

[FDP: LEFEBVRE]

Launched by the state of Kerala in 1998, Kudumbasree is a holistic, government-sponsored program whose mission is to eradicate poverty in rural areas through assisting unemployed women. The program teaches women about organic farming, how to weave clothing, or how to make handicrafts or eco-based products to support their single-income family. The program strives to meet its mission by “reaching out to families through women and reaching out to community through families.” This trip highlights the efforts of Kudumbasree with this full-day trip to the village of Chendamangalam, a two-hour drive from Cochin. Chendamangalam, part of the European trading route and the ancient port city of Muziris, is known for its lush vegetation and crystal-clear inlets. The European influence is still evident despite Kerala’s history, which spans more than 2,000 years. Enjoy a traditional tharavadu (family house) welcome with chenda melam (drums), jasmine garland and sandalwood chutti (jewelry), along with tender coconut water to drink. Afterward, view one of the traditional cultural folk dances of Kerala. Feast on Sadya, a vegetarian meal served on banana leaves. For those who like to try new things, try your hand at preparing the renowned Kerala dish, Appam and fish Mappas. After lunch, watch handloom weaving by skilled villagers; weaving is a primary source of income for many of the families in the village. Explore the winding roads of the village and spend time interacting with the villagers before returning to Cochin.

In this FDP, students in Professors LeFebvre’s courses, Human Rights and Global Women, will be able to observe life in a traditional village. While you’re on this FDP, you should look carefully at how labor is divided among men, women, and children; the economic well-being of the village; and the kinds of tasks the villagers are doing. You should be thinking and asking the following: Do girls finish school at the same rates as boys? Do families pay dowry? Are there as many girls in the village as boys?

Are parents as happy about the birth of a girl as a boy? What is the main economic support for the village? Why would a person in India want to sell a kidney, and does that ever happen in this part of India? Do children help support the families? What is the impact of caste on jobs, marriage, status, etc.? Please note: Comfortable, sturdy footwear, long cotton pants and protection from the sun recommended.

KOC64 GHAZAL CONCERT (1000-1130, On Ship) Minimum 50/No Maximum (PRICE: \$23)

[FDP: MULDOON & STRAND]

Abhradita Maitra Banerjee is a shining star in the Hindustani music scene in the State. This A-grade artiste of All India Radio is not only famed for the rich timbre of her voice but is also quite well-known as a guru for Hindustani classical and light music. A Bengali, who was raised in Raipur, Chhattisgarh (formerly in Madhya Pradesh) and now based in Thiruvananthapuram, Abhradita runs a music school named Mukthaangan (meaning – free space) “to advance and validate the impact of music.” As an ode to her interest in folk music traditions of India, and her keenness for experimentation, Abradhita, along with a handful of her students, recently formed the music band Shristi with the objective of “promoting traditional Indian music in a new format for a new age.”

Join Abhradita Banerjee and her musicians playing on tabla, keyboard, harmonium and acoustic guitar, for this unique performance in the Union on our final morning in India. In addition to performing each piece, rhythm, style, lyrics and historical perspective will be shared.

For additional information about Abhradita Banerjee and Indian music, please reference: the following websites: www.yentha.com/news/view/4/13961 and www.thehindu.com/arts/music/article2573606.ece

KOC65 SERVICE VISIT: SOS CHILDREN'S VILLAGE – GROUP B (1300-1800) Minimum 21/Maximum 90 (PRICE: \$29)

[FDP: BASS]

A medical student, Hermann Gmeiner, opened the first SOS Children's Village in Austria in 1949. Today, SOS Children's Villages in more than 106 countries are home to about 50,000 needy children. The villages respect varying religions and cultures, and work in countries and communities where their mission can contribute to development. They work in the spirit of the United Nations Convention on the Rights of the Child and also promote these rights around the world. With the SOS Children's Village concept, their organization pioneered a family approach to the long term care of orphaned and abandoned children. Founded in 1964, the SOS Children's Villages of India take action for children as an independent non-governmental social organization. There are 182 children living in 15 family homes at SOS Village Cochin, located in Aluva. Visit this SOS Village where a traditional welcome with Aarathi and flowers, followed by a welcome drink of tender coconut water. The children will sing a song followed by a classical dance performance. Interact with the children during a visit to family houses before returning to the ship.



SINGAPORE

Arrive: 0800 Thursday, March 22
Onboard: 2100 Thursday, March 22
Depart: 2300 Thursday, March 22

DAY 1: Thursday, March 22

SNG01 SINGLISH: NATIONAL INSTITUTE OF EDUCATION (0830-1445) Minimum 20/Maximum 44 (PRICE: \$20 + OOPEX)

[FDP: LUNSFORD]

Our host at NIE will be Professor Warren Liew, who specializes in general language differences across cultures and in language policy in Singapore in particular. After a brief tour of the campus, students will participate in an hour of conversation with Professor Liew on the place of “Singlish,” the indigenized variety of Singaporean English, in Singaporean society and culture. Learn about and discuss the ways in which Singaporean youth engage in online activism through the production of homemade YouTube videos which celebrate the performative power of Singlish.

Please note: After our discussion, Professor Liew will introduce us to several places on campus to have lunch together. OOPEX is \$10 USD for lunch.

SNG02 SCHOOL OF HARD KNOCKS (0900-1230) Minimum 12/Maximum 30 (PRICE: \$56)

Early Booking Rate: \$51

Visit Royal Selangor, the largest pewter factory in the world. Begin with a briefing that will enlighten participants on the process of making pewter. Next, enjoy a tour of the factory, followed by a hands-on demonstration on the art of pewter crafting. Appreciated for its warmth and subtle sheen, pewter (composed 97 percent of tin and 3 percent of copper and antimony, added for strength) is highly malleable and adapts perfectly to shapes and forms that incorporate both beauty and function. In the hands of skilled craftspeople, this versatile alloy is transformed into an endless range of housewares and gifts. Despite the adoption of technology, Royal Selangor craftspeople still handcraft every piece of pewter to an astonishing degree. Using just a few simple tools, you will make and personalize a pewter dish of your own. An experienced pewtersmith will guide you step by step through the process of forming, scraping, polishing and packing. The dish you create is yours to keep along with a School of Hard Knocks apron. At the conclusion, you will also be awarded a certificate for your one-of-a-kind handmade masterpiece.

SNG03 SINGAPORE ZOOLOGICAL GARDENS (0900-1300) Minimum 15/Maximum 86 (PRICE: \$48)

Early Booking Rate: \$45

Leave the city behind and head north to the Singapore Zoological Gardens, acclaimed as the finest and most beautiful zoo in Asia. Located on 28 hectares of secondary forests in Mandai, the zoo is surrounded by the tranquil waters of the Seletar Reservoir and houses 2,500 animals from 315 species, 16 percent of which

are threatened. For such animals and other extremely rare species, the zoo runs a successful nursery and breeding program. Animals inhabit tastefully landscaped enclosures amidst lush greenery. A truly wonderful experience awaits you at the Singapore Zoological Gardens!

SNG04 HISTORIC CHURCHES, TEMPLES & MOSQUES (0900-1300) Minimum 15/Maximum 43 (PRICE: \$48)

Early Booking Rate: \$45

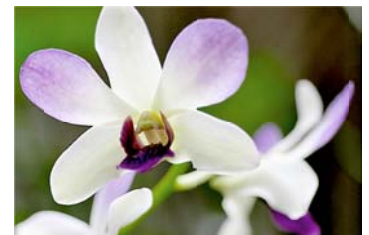
Begin with a visit to Thian Hock Keng Temple, the oldest Chinese and most important Hokkien temple in Singapore. Sailors are said to have given thanks at this Taoist-Buddhist temple as early as 1821. Today, both the young and the elderly can be seen paying their respects to Ma Zu Po, mother of the Heavenly Sages. Next, head over to Sri Mariamman Temple, a designated national monument and the oldest Hindu temple in Singapore, dating back to 1827. The preferred venue for Hindu weddings, this temple is also the site of the annual fire-walking ceremony known as *Thimithi*. Continue to St. Andrew's Cathedral, an Anglican Church. This is the second building to be erected here; the original, built by G.D. Coleman and consecrated in 1838, was demolished in 1852 following two lightning strikes. The present cathedral was designed by Colonel Ronald MacPherson in 1856. Proceed to another significant monument, the Cathedral of the Good Shepherd, the oldest Catholic Church in Singapore and home to the present Archbishop. Interestingly, the church, whose stone foundation was initially laid in 1843, later became the center of a design showdown between colonial architect-greats D.L. Sweeney and J.T. Thomson. Even though it was more expensive than Sweeney's, it was Thomson's design that was eventually chosen. A year later a third architect, Charles Dyce, added a tower and spire to the plan. Next, tour the Hajah Fatimah Mosque, built in 1846 and named after its female benefactor, a Malaccan-born Malay who married a wealthy Bugis Sultan. Although it exhibits a combination of architectural influences, the mosque has a distinct British style. Lastly, visit the Sultan Mosque, originally built with a S\$3,000 grant from Sir Stamford Raffles. The present mosque, designed by Denis Santry, was completed in 1928. With its massive dome and huge prayer hall, the Sultan Mosque is one of Singapore's most imposing Muslim locales.



Cancelled! SNG05 LIFE SCIENCE WORKSHOP AT ORCHIDVILLE WITH LUNCH (0900-1400) Minimum 30/Maximum 44 (PRICE: \$89)

Early Booking Rate: \$84

The largest and most prominent orchid farm in Singapore, Orchidville features lush, beautiful landscapes with sprawling orchids, fresh air pavilions, a café and restaurant, tissue culture laboratories, and both indoor and outdoor classrooms. The farm, whose mission is to promote life science education and an appreciation for Nature among the general public, offers a rare opportunity to examine unusual plant life in their natural habitat and to observe firsthand the cultivation of orchids. In this workshop participants will create their own orchid hybrids, explore aquatic and insect-eating plants, and learn about Orchidville's preservation program for *Nepenthes*, the tropical carnivorous plant.



SNG06 WALKING TOUR OF COLONIAL SINGAPORE (0930-1445) Minimum 15/Maximum 20 (PRICE: \$68)

[FDP: FARMER AND ZHANG]

We will walk through the Colonial District of Singapore to view architectural evidence of the city's earlier history. Included on the tour will be a visit to Padang, Old Parliament House, City Hall, the historic Raffles Hotel, and Chinatown. We will end with a traditional Chinese dim sum lunch.

SNG07 SINGAPORE ART MUSEUM (0930-1445) Minimum 15/Maximum 20 (Price: \$25 + oopex)

[FDP: TAYLOR]

The mission of the Singapore Art Museum (SAM), which opened in January 1996, is to preserve and present the art history and contemporary art practices of Singapore and Southeast Asia. The SAM has amassed one of the world's largest public collections of modern and contemporary Southeast Asian artwork. After traveling by bus to the SAM, enjoy a docent-led tour of the museum as well as time to explore on your own. Please note: OOPEX includes \$10 USD for lunch at nearby Kopitiam, which offers a wide selection of both local and western food.

Participants in Professor Taylor's Social Psychology course will have the opportunity to observe modern and traditional art and to compare the varying depictions of men's and women's face images relative to body images over time.



SNG08 BACK TO NATURE AT PULAU UBIN (0930-1230) Minimum 15/Maximum 86 (PRICE: \$52)

Early Booking Rate: \$49

Travel to Changi Jetty, where you will board a bumboat for a 10-minute ride to Pulau Ubin, also known as the "Stone Mountain," an island off the northeastern coast of Singapore and a rich source of granite. Upon arrival proceed on an orientation tour by bicycle (bike rental included). Discover the island, villagers and scenery on a leisurely trip around the island, including a visit to the quarry. Newly hatched fish, prawns, crabs and all kinds of burrowing creatures find their home by the island's mangroves, which make up most of the coastline. Away from the coastline secondary forests are interspersed with small rubber plantations and coconut groves. View abandoned gardens and farms laden with local fruits such as *durian*, *rambutan* and *chempedak*. Experience Ubin's wonderful natural offerings, using all of your senses, on a relaxing, two-hour walk along the Sensory Trail. Discover the secrets of tropical plants with a professional botanist/naturalist, who will provide an excellent introduction to the rustic and natural character of the island. You will be able to touch, see and smell fruit trees, spices and herbs for cooking, plants used in traditional medicine, and native plants of the mangrove forest.



SNG09 CITY ORIENTATION (0930-1300) Minimum 15/Maximum 129 (PRICE: \$30)

Early Booking Rate: \$28

An orientation to the city begins with a trip to the "colonial heart" for a look at Padang: the Cricket Club, Parliament House, the Supreme Court and City Hall. The tour will then proceed to fascinating Chinatown, home to the Sri Mariamman Temple,



Singapore's oldest Hindu Temple. Next, head over to Mount Faber for a panoramic view of the city. Visit a local handicraft centre en route to the National Orchid Garden, located within the beautiful Botanical Gardens. The final stop will be at Little India, where you will be enticed by the scent of joss sticks, jasmine and spices.

Cancelled! SNG10 IN REMEMBRANCE OF WWII (0930-1430) Minimum 15/Maximum 35 (PRICE \$58)

Early Booking Rate: \$54

This tour will introduce you to the experience of World War II in Singapore. The city, which became a British colony in 1824, had been so well fortified by 1941 that it was called "the Gibraltar of the East." Still, the day following the attack on Pearl Harbor, the colony was invaded by the Japanese. After two months of battle, the British were forced to surrender. The city was renamed Shonan and was occupied by Japan until August 1945. During the siege and years of occupation, thousands of Commonwealth troops and their allies, as well as civilians, lost their lives.

Visit Kranji War Memorial and Cemetery where many of the soldiers killed—most of their names unknown—are buried. Continue on to the old Ford Motor Factory, where the British surrendered in 1942, and explore the exhibit, "Shonan Years: Singapore under Japanese Rule, 1942-1945." Before returning to the ship, enjoy lunch at the Beaulieu House where senior British officers resided until they surrendered the city.

SNG11 SHUTTLE BUS TO DOWNTOWN (0930 or 1015) Minimum 10/Maximum 340 (PRICE: \$8)

Early Booking Rate: \$6

Shuttle bus tickets will be good for a one-way trip to downtown, either at 0930 or 1015 (to be confirmed). Shuttles will operate on a first-come, first-served basis for boarding. The drive from the pier to downtown (Orchard Road—Paragon Shopping Complex) takes about 20 minutes depending on traffic conditions. Taxis, which can transport up to four people, are reasonably priced at approximately S\$10 per cab. However, as there may be a limited number of available taxis at the pier when we arrive, we have arranged for four shuttle buses to depart shortly after the ship is cleared.



SNG12 MANY FACES OF SINGAPORE (1330-1700) Minimum 15/Maximum 86 (PRICE: \$48)

Early Booking Rate: \$45

Singapore boasts a delightful multicultural heritage. Experience the diverse cultures of Indian and Chinese heritage on this afternoon tour of the city. Be prepared for an assault on the senses as you enter the arcade of Little India known as Campbell Lane. Campbell Lane is a narrow pathway through a cluster of restored shops, including a traditional Indian sweet shop, filled to the brim with Indian clothing, accessories, incense and other goods. Next, make your way to Chinatown, where you will encounter the insightful stories behind some of the district's most famous shops and eateries, loved by generations of Singaporeans. Discover the best buys in jewelry, notice the varieties of traditional Chinese medicine, and sample tasty snacks, such as Singaporean-style pork jerky. Stroll through streets lined with quaint, restored shops featuring Chinese arts and crafts, household goods and clothing.



HO CHI MINH CITY, VIET NAM

Arrive: 0800 Sunday, March 25
Onboard: 2100 Thursday, March 29
Depart: 0600 Friday, March 30

DAY 1: Sunday, March 25

HCM01 DIPLOMATIC BRIEFING FOLLOW UP (1100-1230, On Ship) Minimum 7/No Maximum (PRICE: FREE)

[FDP: ZHANG]

Following the Diplomatic Briefing students in Professor Zhang's course will continue with an on-ship discussion of U.S. and Vietnamese perspectives on Sino-U.S. relations in the Asia-Pacific region and of trilateral relations in the South China Sea controversy.

HCM02 CORPORATE FINANCE IN VIETNAM (1400-1600, On Ship) Minimum 7/No Maximum (PRICE: FREE)

[FDP: RANADE]

Please join Professor Ranade, Dr. Nguyen Quoc Toan, Founder and CEO of TNK Capital, and Dr. Tran Vinh Du, Director, for an on-ship discussion on how Vietnam is liberalizing its financial market and developing its corporate finance structure. For additional information about TNK Capital, please reference tnkfunds.com.

HCM03 CU CHI TUNNELS (WITH LUNCH) (1100-1700) Minimum 16/ Maximum 80 (PRICE: \$49)

EARLY BOOKING RATE: \$46

Located approximately two hours from Ho Chi Minh City, Cu Chi is famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the *Viet Cong* forces during wars against both the French and Americans. Before visiting the tunnel system, you will be shown a video explaining its history and construction. From the mid-1940s onward, the tunnels were used as a base from which the *Viet Cong* could launch strategic attacks and then seemingly disappear into thin air. The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are about only two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for easier access. Please note: If you decide to visit the lower levels of the tunnels, which have not been enlarged, you will most likely get dirty while crawling through the narrow passageways. You may wish to bring a flashlight to assist in navigating these lower levels. Lunch at a local restaurant is included.



HCM04 CITY ORIENTATION (1100-1700) Minimum 16/No Maximum (PRICE: \$48)

This orientation will introduce you to the rapidly modernizing Ho Chi Minh City, still commonly referred to as Saigon. Among the grand old buildings, you will see colorful markets selling everything from lemongrass to French bread and, of course, an endless

stream of bicycles and motorbikes. You will visit the History Museum, which documents the evolution of Viet Nam's various cultures from the Dong Son Bronze Age civilization to the *Chams* and the *Khmers*. The History Museum also features a water puppet performance. Water puppetry is a traditional Vietnamese performing art that dates back to the 11th century. The stage is a pool of water upon which puppet masters, who are hidden behind the set, maneuver brightly-colored wooden puppets. You will also visit the former Presidential Palace, where everything has been left much as it was on April 30, 1975, when North Vietnamese military tanks crashed through the front gates and overthrew the South Vietnamese government. In addition to touring the former palace rooms, you can view a video about the French and American wars. If time permits, your orientation will include a brief stop at Thien Hau Pagoda, known for its profusion of incense coils which burn for as long as one month. Photo stops will be made at Notre Dame Cathedral and City Hall. Please note: Lunch at a local restaurant is included.



GENERAL DESCRIPTION FOR ALL TRIPS TO CAMBODIA: PHNOM PENH & ANGKOR WAT
(Several trips are offered. See below for dates and times.)

Phnom Penh, capital of Cambodia, was once considered the loveliest of the French-built cities in Indochina. Its charm is still evident despite the violence and destruction that occurred during and immediately following the Viet Nam War. When the Viet Nam War spread to Cambodia, the city's population swelled with refugees, reaching about two million in early 1975. The *Khmer Rouge* took over the city in April 1975 and immediately forced the entire population into the countryside as part of a radical social program. During the next four years, more than one million Cambodians, including the vast majority of the educated people, were killed.

On your city orientation of Phnom Penh, you will visit the National Museum and view the Royal Palace and Silver Pagoda. You will also visit the Tuol Sleng Museum, a school that was converted into a prison camp and torture chamber by the *Khmer Rouge*. Thousands of Cambodians were incarcerated here before they were taken to *Choeng Ek* to be killed. Photographs of the victims, taken before or after torture, line the walls of the former schoolrooms. The only crime committed by most of these victims was being educated. A map of Cambodia, constructed of human skulls, dominates one room and symbolizes the fact that the death and destruction carried out by the Pol Pot Regime affected the entire country. At the Killing Fields of *Choeng Ek*, you will see the mass graves of more than 17,000 men, women and children who were executed at this extermination camp between 1975 and 1978. Please note: These sites are grim reminders of the extermination policies carried out by the *Khmer Rouge*. If you choose to participate in these visits, be prepared for some gruesome and depressing sights.

Angkor is an incomparable temple complex built between seven and eleven centuries ago at the height of the *Khmer* civilization. Angkor's one hundred or so temples constitute the sacred skeleton of a spectacular administrative and religious center covering 200 square kilometers. The ruins represent successive capitals constructed by a dozen *Khmer* kings, which included massive stone temples, majestic causeways and imposing towers. You will visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, many consider *Angkor Wat* to be one of the most inspired and spectacular monuments ever conceived by the human mind. The largest religious building in the world, it was built by Suryavarman II, who reigned from 1112 to 1152, to honor Vishnu and for later use as his funerary temple. The Bayon Temple of the complex is an edifice of 54 towers, each carved with the four enigmatic faces of the Bodhisattva Avalokitesvara and bas-relief events.

IF YOU PLAN TO PARTICIPATE IN ONE OF THE TRIPS TO CAMBODIA, YOU WILL NEED ONE PASSPORT PHOTO TO OBTAIN A CAMBODIA VISA WHEN YOU ARRIVE AT THE AIRPORT. BRING THE EXTRA PHOTO WITH YOU.

HCM05 CAMBODIA: PHNOM PENH & ANGKOR WAT – GROUP A (1145 Day 1 - 2030 Day 3) Minimum 15/Maximum 60 (PRICE: \$1,229)

EARLY BOOKING RATE: \$1,169

Depart for the airport for your one-hour flight to Phnom Penh. Upon arrival, visit the Royal Palace and the Silver Pagoda. Enjoy a sunset cruise on the Mekong River followed by dinner at a local restaurant.

The next morning, visit the Tuol Sleng Museum, the Killing Fields and the Russian Market before transferring for your flight to Siem Reap. Upon arrival, view and explore *Angkor Wat* until sunset. Check into the hotel for dinner and overnight accommodations.

Early risers may enjoy an optional sunrise tour of *Angkor Wat*. After breakfast at the hotel, spend the day exploring the area's massive and elaborate temple ruins and restoration projects, including *Angkor Wat*. Late afternoon, transfer to the airport for your return flight to Ho Chi Minh City.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival. The order of visits may change depending on confirmed flight times.

Suggested packing list: 1 passport photo and US\$20 for Cambodia visa, lightweight pants or knee-length shorts; sturdy walking shoes with good tread for exploring the ruins; protection from the sun; and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations in Phnom Penh and Siem Reap; box lunch on Day 1; 2 lunches; 2 dinners; 2 breakfasts; and all flights, tours and transfers.

HCM06 FORMER UPI PHOTOGRAPHER AND THE MUSEUM OF WAR REMNANTS (1300-1730) Minimum 11/Maximum 25 (PRICE: \$45)

EARLY BOOKING RATE: \$42

Before visiting the Museum of War Remnants, meet with a former UPI photographer who will provide a personal account of his work and of war photography during the 1960s and 1970s in Viet Nam. We will have the opportunity to ask questions before departing for the museum. The Museum of War Remnants (previously known as the Museum of American & Chinese War Crimes and then as the Museum of War Atrocities) is housed in the former U.S. Information Service building. Many of the atrocities documented in the museum were well publicized in the West. This visit is likely to jolt the senses; many of the photographs are grisly and shocking. Atrocities illustrated are from U.S. sources and include a picture of a suspected Viet Cong being pushed from a helicopter because he refused to “cooperate.” In the room on crimes committed by the Chinese during their 1979 invasion, China is portrayed as being allied with U.S. imperialism. In the yard of the museum, U.S. armored vehicles, artillery pieces, bombs and infantry weapons are displayed. This practicum will provide a backdrop for considering how images of conflict are captured and conveyed, and for reflecting upon the ethics of telling war stories.

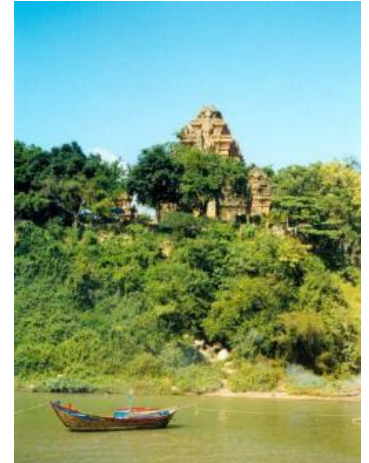


DAY 2: Monday, March 26

HCM11 NHA TRANG (0430 Day 2 – 2030 Day 4) Minimum 15/Maximum 40 (PRICE: \$425)

EARLY BOOKING RATE: \$405

The town of Nha Trang extends the length of a white sandy beach and affords you the opportunity to explore some of Viet Nam's beautiful coastline and off-shore islands. Many remnants of the ancient *Cham* civilization of Viet Nam are also found in this area. Visit the Long Son Pagoda with its entrance gate and roofs decorated with mosaic dragons made of pieces of glass and ceramic tiles. Behind the pagoda, a huge white Buddha sits on a lotus blossom on top of a steep hill. The figure is 14 meters high and can be seen from all over Nha Trang. Climbing the 152 stone steps to the Buddha statue is well worth the effort, as it provides an excellent view of Nha Trang. Also visit the famous Cham Towers at Po Nagar, built between the 6th and 12th centuries. The towers provide an excellent view of the mouth of the river, bridges and *coracles* (bamboo baskets) used to ferry fishermen out to their boats.



Depart for the Ho Chi Minh City Airport for your one-hour flight to Nha Trang. Upon arrival, proceed for a light breakfast followed by a full-day city orientation including visits to Long Son Pagoda, the famous Cham Towers at Po Nagar, Hon Chong Rocks, the central market, Bao Dai Villas and the Oceanographic Institute. In the evening, enjoy a cultural show.

The following day enjoy a full-day boat trip around Nha Trang. Swimming and exploring uninhabited islands and a seafood lunch at a local village are included. After dinner, the remainder of your time in Nha Trang is at your leisure.

On your final day, enjoy free time after breakfast before your return flight in the afternoon.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival.

Suggested packing list: lightweight clothing; water shoes (or shoes you don't mind getting wet); bathing suit; protection from the sun; and layered clothing for cooler temperatures in the evenings. Also note that ATMs are not available in Nha Trang.

Includes: hotel accommodations; box breakfast from the ship on Day 1; 2 lunches; 2 dinners, 2 breakfasts; and all flights, tours and transfers.

HCM12 HA NOI AND MAI CHAU VILLAGE (0500 Day 2 – 2000 Day 4) Minimum 7/Maximum 16 (PRICE: \$629)

EARLY BOOKING RATE: \$599

Escape to the fascinating village life in the heartland of the North's ethnic minority region. Travel to the mountainous region west of Ha Noi with its expanses of rice fields, magnificent mountain vistas and villages nestled into scenic valleys. The Mai Chau village, where weaving and rice farming are the mainstays of life, provides a warm welcome. Enjoy the unique opportunity to spend the evening in the home of a member of the Black Thai hill tribe.

After experiencing rural life in Viet Nam, your visit to Ha Noi provides an interesting

contrast. History has been brutal to Viet Nam, and much of our knowledge of this country comes from images of the Viet Nam War. A visit to Ha Noi today is more likely to evoke an “old-world” image of ambience and tranquility rather than an image of an “enemy city.” Ha Noi is arguably the most beautiful capital in Southeast Asia, a city of dignified, if somewhat dilapidated, charm where French-colonial architecture dominates narrow, tree-shaded streets. The absence of modern buildings and the predominance of bicycle traffic are quite different from Ho Chi Minh City. Your orientation to Ha Noi includes visits to Ho Chi Minh’s house, the Army Museum, the Temple of Literature, the charming Old Quarter and, time permitting, the Tran Quoc Pagoda.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival.

Suggested packing list: sturdy walking shoes, flashlight for walks in the village at night, toiletries, towel, protection from the sun, and layered clothing for cooler temperatures in the evenings.

Includes: longhouse accommodation in Mai Chau; hotel accommodation in Ha Noi; meals on flights, box lunch on Day 1, 1 lunch, 2 dinners, 2 breakfasts; and all flights, tours and transfers.

HCM13 HA NOI AND HA LONG BAY (0530 Day 2 - 2000 Day 4) Minimum 10/Maximum 50 (PRICE: \$705)

EARLY BOOKING RATE: \$669

In addition to visiting Ha Noi, which has become arguably one of the most interesting cities in Southeast Asia, this trip explores one of the natural wonders of the world—Ha Long Bay. The bay’s tranquil beauty encompasses 1,500 square miles dotted with more than 1,000 limestone islands and islets. Bizarre rock sculptures jut dramatically from the sea, and numerous grottoes have created a picturesque setting. The sails of the *junks* and *sampans* gliding on the bay add to the timeless beauty of the scene. A four-hour boat trip on the bay includes stops at some of the grottoes. The most spectacular is Dau Go Cave with its stalactites and stalagmites resembling beasts, birds and human forms. Folk legends associated with various grottoes and information about some of Ha Long Bay’s historic battles are part of this learning experience.



Transfer to Ho Chi Minh City Airport for your flight to Ha Noi. Upon arrival, you are transferred to Ha Noi for an orientation that includes visits to the Army Museum and Ba Dinh Square. Enjoy lunch at a local restaurant in Ha Noi then depart Ha Noi by motorcoach to Ha Long Bay. This three-hour journey provides insight into the agricultural lifestyle of the north. See emerald-green rice paddies, water buffalo, farms and villages. Check into the hotel and refresh before going out for dinner at a local restaurant.

Next, enjoy a four-hour boat ride in Ha Long Bay, including lunch on board before departing overland for Ha Noi, arriving early evening. Enjoy a water puppet performance with dinner.

The following day visit the Temple of Literature, 36 Streets, One Pillar Pagoda and Tran Quoc Pagoda then free for lunch on your own. Depart in the late afternoon for the Ha Noi Airport and your return flight to Saigon.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival.

Suggested packing list: sturdy walking shoes, flashlight for walks in the village at night, toiletries, towel, protection from the sun, and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations; meals on flights, box breakfast on Day 1, 2 lunches, 2 dinners, 2 breakfasts; all flights, tours and transfers.

HCM14 CAMBODIA TEMPLES & SERVICE: EGBOK (0600 Day 2 - 1930 Day 4)
Minimum 7/Maximum 20 (PRICE: \$1.049)

EARLY BOOKING RATE: \$999

This trip combines a visit to the monumental magnificence of Angkor, former seat of the Khmer Empire, with an inspirational visit to EGBOK Mission, an international non-profit organization serving underprivileged youth. Angkor is an incomparable temple complex built between seven and eleven centuries ago at the height of the Khmer civilization. Angkor's one hundred or so temples constitute the sacred skeleton of a spectacular administrative and religious center, covering 200 square kilometers. The ruins represent successive capitals constructed by a dozen Khmer kings and include massive stone temples, majestic causeways and imposing towers. In the second part of the trip, you will be visiting EGBOK Mission an organization empowering youth with the educational and vocational training needed to support themselves as hospitality professionals. You will have the opportunity to see EGBOK Mission in action and to interact with the EGBOK Mission students on a personal level, making for a truly unique experience with the local community.

Depart from Nha Rong port and travel to Tan Son Nhat airport for your one hour flight to Siem Reap (Cambodia). Upon arrival in Cambodia, transfer to your hotel in Siem Reap to freshen up. Lunch will be served at the hotel. In the afternoon, visit Angkor Thom, the last capital of the Khmers with its Elephant Terrace, the Terrace of the Leper King and the stunning Bayon temple. This 12th century masterpiece lies at the very center of Angkor Thom and is an archaeological wonder of symmetry and grandeur. The exterior gallery walls have extensive bas-reliefs but the highlight is the "faces", more than 200 of them, silent but with the famous half-smile playing on their lips. PJ de Beerski wrote of them: "godliness in the majesty and the size, mystery in the expression." Next up is Ta Prohm, this temple has been left largely in its natural state since its "re-discovery" by French explorers. Surrounded by jungle, its labyrinth of stone hallways is overgrown with the roots and limbs of massive banyan trees, which wrap around the stone like tentacles. Dedicated in 1186, it is one of the largest temples at Angkor. Historians have noted its mystical charm. Return to Siem Reap for dinner at local restaurant.

After breakfast at the hotel the following morning, visit the most famous temple complex, *Angkor Wat*. With its soaring towers and extraordinary bas-reliefs, many consider *Angkor Wat* to be one of the most inspired and spectacular monuments ever conceived by the human mind. Conceived by Suryavarman II, who reigned from 1112 to 1152, *Angkor Wat* took an estimated thirty years to build and is generally believed to have been a funeral temple for the king. It has been occupied continuously by Buddhist monks and is well preserved. Intricate bas-reliefs surround *Angkor Wat* on four sides, each telling a story. The most celebrated of these is the Churning of the Ocean of Milk, located on the east wing. In it, the Naga serpent is twisted by demons and gods to spurt out the elixir of life. Lunch is at Sala Bai Restaurant.

Following lunch, travel to the EGBOK Mission student home to meet the staff and students and to learn about this non-profit's mission. Discuss the role hospitality plays



in the development and sustainability of Cambodia and hear from current and former students about their experience with hospitality. Travel to a classroom site at the Self Help Community Center (SHCC), a twenty-minute ride from downtown Siem Reap. Meet the director of SHCC and tour the facility while meeting Cambodian youth enrolled there. After a rewarding day, enjoy a Khmer dinner at the Paul Dubrulle School of Hotel and Tourism where you can see the training in action as the EGBOK Mission students act as hosts and servers.



On your last day, travel to Ton Le Sap Lake, the largest freshwater lake in Southeast Asia and the heart of the Cambodian fishing industry. Once there, board a small covered vessel and move between the floating homes and small fish farms for an intimate look at daily lake life. If time permits on the return journey back to Siem Reap, visit “Les Artisans d' Angkor,” a heart-warming reminder that progress in Cambodia can go hand in hand with traditional crafts. After lunch at the hotel, travel to the airport for your return flight to Vietnam.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival. The order of visits may change depending on confirmed flight times.

Suggested packing list: 1 passport photo and US\$20 for Cambodia visa, lightweight pants or knee-length shorts, sturdy walking shoes with good tread for exploring the ruins, protection from the sun, and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations in Siem Reap; meals on flights, 3 lunches, 2 dinners, 2 breakfasts, packed dinner for your return flight; and all flights, tours and transfers.

Cancelled! HCM15 CU CHI TUNNELS (0700-1300) Minimum 11/Maximum 80 (PRICE: \$39)

EARLY BOOKING RATE: \$36

The Cu Chi Tunnels tell a story of remarkable survival. They are also a place of shared history between the United States and Viet Nam; a place where histories intersect. The tunnels and accompanying stories of “tunnel rats” are a part of the American imagination shaped by popular Hollywood movies like *Apocalypse Now* and *Full Metal Jacket*. This practicum will offer participants a special opportunity to reflect on the popular mythology of the Viet Nam War, which, in Viet Nam, is known as the American War.



Located approximately two hours from Ho Chi Minh City, Cu Chi is famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the *Viet Cong* forces during wars against both the French and Americans. Before visiting the tunnel system, you will be shown a video explaining its history and construction. From the mid-1940s onward, the tunnels were used as a base from which the *Viet Cong* could launch strategic attacks and then seemingly disappear into thin air. The tunnels had well-hidden entrances and thick roofs that were capable of withstanding the weight of tanks and impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for easier access. Please note: If you decide to visit the lower levels of the tunnels, which have not been enlarged, you will most likely get dirty while crawling through the narrow passageways. You may wish to bring a flashlight to assist in navigating these lower levels.

HCM16 SERVICE VISIT: NGUYEN DINH CHIEU SCHOOL FOR THE BLIND (0730-1200)
Minimum 15/Maximum 30 (PRICE: \$42)

EARLY BOOKING RATE: \$39

Nguyen Dinh Chieu School currently educates approximately 125 children between the ages of eight and sixteen years. Approximately thirty of the children are partly blind while the majority of the students are fully blind. NGOs and the government compensate a staff of 47 members via donations and support. First established by the French in 1926, the school offers boarding facilities and educates students to the standard of primary and secondary education. Students are also taught specific abilities to assist them in coping with their disabilities, and work-related skills, including how to become a masseur/masseuse. You will tour the facilities and have time to interact with the children. Please note: A small donation is included in the cost of this practicum.

Please note: The government requires a submitted manifest for this visit; therefore, participants cannot sell or exchange tickets.

Suggested packing list: small toys (tactile or sound-generating), musical instruments or mP3 player with portable speakers. These items will aid in interacting with the children.

HCM17 ICP GROUP – COMPANY TALK AND TOUR (0800-1200) Minimum 25/Maximum 45 (PRICE: \$19)

[FDP: TAKEDA]

The ICP Group represents a true success story of growing a business from a vision through to reality. Mr. Phan Quoc Cong, founder of ICP, started out with the idea that the Vietnamese market needed a local presence in the personal care market—so he set out to create a business that relied on sound management principles, ethical leadership, a positive corporate culture and a focus on sustainability. Today the ICP Group boasts more brands than any other firm in the industry. We will meet Mr. Cong, learn his ideas about the secrets of making business really work in his country, region and the world. Then we will get to see firsthand how the employees, working with a common vision and purpose in mind, create the products that are so popular throughout the region.

Students will be transported from the ship to the ICP Headquarters for a presentation by Mr. Cong, president of ICP. The presentation will be followed by a tour of the facilities and close with a question and answer session. Students will have the opportunity to apply their in class learning by seeking to understand how the ICP group follows prescribed norms of business behavior as well as how it uniquely manages within its own business culture.

HCM18 MEKONG DELTA DAY TRIP – GROUP A (0800-1630) Minimum 16/Maximum 40 (PRICE: \$46)

[FDP: ACEVEDO-MUNOZ]

Until the 16th century the Mekong Delta was an area of marshlands and forest. Gradually marshlands were reclaimed, and a canal network was built for the cultivation of rice, fish, soybeans, maize, peanuts, tobacco and melons. The My Tho area is famous for its coconut palms and fruit orchards (mangoes, *longans*, bananas and



citrus fruits). The drive out of Ho Chi Minh City (about 1.5 hours using the National Highway) takes you through miles of flat rice fields, along a road that is always busy with bicycles and people heading to or from the market. A highlight of this trip is a boat ride on the Mekong River to observe the active river life. The Mekong Delta was annexed from the Khmers in the late 18th century and continues to be influenced by Cambodia. Your boat trip takes you to one of the islands in the Mekong Delta to see a traditional farmer's home and fruit orchards where you will have the opportunity to sample exotic tropical fruits. Lunch will be at a local restaurant/house in My Tho. Please note: Sunscreen, bug spray and a hat are recommended.

HCM19 SHRIMP FARMING IN THE CAN GIO BIOSPHERE (0800-1800) Minimum 16/Maximum 20 (PRICE: \$68)

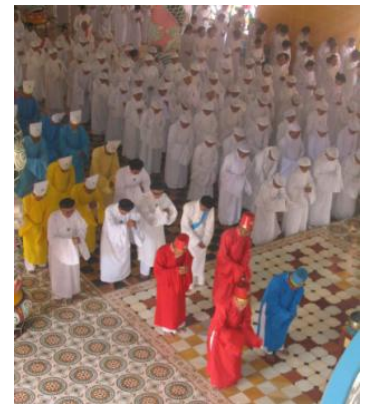
[FDP: HOWARD]

The Can Gio Biosphere Reserve (located approximately 40 kilometers southeast of Ho Chi Minh City) is a coastal wetlands ecosystem dominated by mangroves. Home to a wide variety of plants, fish, birds and invertebrates, the area represents one of Viet Nam's richest and most diverse natural habitats. The mangrove forest provides valuable ecological functions, including coastal stabilization and protection against erosion from storm surges, and is a source of fuel wood and construction materials. The area is recovering from extensive deforestation that occurred during the Vietnam War. Unfortunately, the natural diversity is threatened by expanding aquaculture activities, primarily of shrimp. Current methods of shrimp aquaculture compete with agricultural and other uses of the watershed, and impose substantial externalities on other parties. In addition to exploring the rich natural beauty of the Can Gio Biosphere, participants will visit a working shrimp farm to learn about shrimp aquaculture in the region. The tour includes lunch at a local restaurant in Can Gio and will return to the ship in late afternoon.

HCM21 CU CHI TUNNELS AND CAO DAI TEMPLE – GROUP A (0800-1900) Minimum 16/Maximum 80 (PRICE: \$63)

EARLY BOOKING RATE: \$59

Tay Ninh (a drive of about three hours from Ho Chi Minh City) serves as headquarters for one of Viet Nam's most interesting indigenous religions, Caodaism. Caodaism is the product of an attempt to create the ideal religion through the fusion of the secular and religious philosophies of the East and West. The result is a colorful potpourri that includes elements of Buddhism, Confucianism, Taoism, Hinduism, native Vietnamese spirits, Christianity and Islam. The main tenets of Caodaism include belief in one God, the existence of the soul, and the use of mediums to communicate with the spiritual world. The Holy See of the *Cao Dai* includes the Great Temple, offices, residences for officials and a hospital practicing traditional Vietnamese herbal medicine, to which people from all over the south travel for treatment. The Great Temple is one of the most striking structures in all of Asia, with its rococo extravagance and many architectural idiosyncrasies. Services are held daily at 0600, 1200, 1800 and 2400. You will observe a portion of the 1200 service. Please note: Dress appropriately (covered knees and shoulders) in respect for the service you are attending.



After lunch, depart Tay Ninh for a one hour drive to Cu Chi, famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the *Viet Cong* forces during wars against both the French and Americans. Before visiting the tunnel system, you will be shown a video explaining its history and construction. From the mid-1940s onward, the tunnels were used as a base from which the Viet Cong could launch strategic attacks and then seemingly disappear into

thin air. The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and the impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for easier access. Please note: If you decide to visit the lower levels of the tunnels, which have not been enlarged, you will most likely get dirty while crawling through the narrow passageways. You may wish to bring a flashlight to assist in navigating these lower levels. Lunch at a local restaurant is included.

Cancelled! HCM22 RELAXING PHAN THIET (0800 Day 2 – 1800 Day 4) Minimum 15/Maximum 40 (PRICE: \$345)

EARLY BOOKING RATE: \$329

Leave the intensity of Ho Chi Minh City behind as you head 200 kilometers east to Phan Thiet. Your journey to this small, pleasant town takes you to one of Viet Nam's most beautiful, unspoiled coastlines. Located in the Binh Thuan Province, Phan Thiet's economy is strongly tied to the fishing industry. In fact, this influence often permeates the air with the aroma of Phan Thiet's famous fish sauce, *nuoc mam*.

Continuing eastward to Mui Ne, you pass rows of coconut and rubber trees, dragon fruit orchards and fishing villages—and you will begin to understand why Mui Ne is referred to as the “Hawai’i” of Viet Nam. Although this route is filled with visual splendor, the true beauty of Mui Ne can be seen in the impressive sand dunes. Each dune is unique—nature is its artist and the sand its canvas. Photographers often enjoy the challenge of attempting to capture this ever-changing beauty.

This trip includes a balance between structured and free time. Past participants have enjoyed Phan Thiet for its laid back atmosphere and its amazing sand dunes to its beachfront access.

Please note: There are strong waves or currents in the waters; however, the beaches are not patrolled.

Suggested packing list: lightweight clothing, bathing suit, and hat; protection from the sun and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations; 3 lunches, 2 dinners, 2 breakfasts; all tours and transfers.

HCM23 MEKONG DELTA EXPLORER (0800 Day 2 – 1800 Day 4) Minimum 15/Maximum 28 (PRICE: \$239)

EARLY BOOKING RATE: \$229

Depart Nha Rong Port by motor coach (about 2½ hours) for Cai Be. Upon arrival, board a local boat for a journey across the Mekong to nearby islands. Fresh fruit will be served and you can enjoy your box lunch picnic-style from the ship or on the island. Enjoy a walk along the riverbank—passing by local communities, a school, a small church and rice mills—before returning to the boat to continue your journey through the maze of tributaries. In the late afternoon you will reach your accommodations, a local house overlooking the waterway. Enjoy an evening of dinner and local hospitality at the cottage house.



The next morning after breakfast at the house, depart by boat for Vinh Long township and rejoin the vehicle for the drive to Can Tho (approximately 2½ hours). Enjoy free time to visit the local market before lunch at the Kim Tho hotel where you will be staying. After lunch, board your vehicle for a visit to Bang Lang Stork Garden and the Binh Thuy ancient house. In the late afternoon, return overland to Can Tho. Relax in the evening with dinner on a Can Tho boat cruise (Du Thuyen nha hang Can Thou).

After waking up refreshed, enjoy breakfast at your hotel. Depart by boat for a journey down the Mekong River to the bustling and photogenic Cai Rang floating market, one of the busiest in the Delta. Return to Can Tho for some free time before check out at the hotel. Enjoy lunch at the Sao Hom restaurant and then return overland to Saigon (about 5 hours) arriving at Nha Rong Port in the early evening.

Suggested packing list: lightweight clothing, sturdy walking shoes, insect repellent, protection from the sun, card games or reading material for free time after dinner at the cottage, and layered clothing for cooler temperatures in the evenings.

Includes: hotel and cottage accommodations; box lunch on Day 1, 2 lunches, 2 dinners, 2 breakfasts; all tours and transfers.

HCM24 CAMBODIA: PHNOM PENH & ANGKOR WAT – GROUP B (1100 Day 2 – 2200 Day 4) Minimum 15/Maximum 60 (PRICE: \$\$1,229)

EARLY BOOKING RATE: \$1,169

Depart for the airport for your one-hour flight to Phnom Penh. Upon arrival, visit the Royal Palace and the Silver Pagoda. Enjoy a sunset cruise on the Mekong River followed by dinner at a local restaurant.



The next morning, visit the Tuol Sleng Museum, the Killing Fields and the Russian Market before leaving for your flight to Siem Reap. Upon arrival, view and explore *Angkor Wat* until sunset. Check into the hotel for dinner and overnight.

Early risers may enjoy an optional sunrise tour of *Angkor Wat*. After breakfast at the hotel, spend the day exploring the area's massive and elaborate temple ruins and restoration projects, including *Angkor Wat*. Late afternoon, transfer to the airport for your return flight to Ho Chi Minh City.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival. The order of visits may change depending on confirmed flight times.

Suggested packing list: 1 passport photo and US\$20 for Cambodia visa; lightweight pants or knee-length shorts; sturdy walking shoes with good tread for exploring the ruins; protection from the sun; and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations in Phnom Penh and Siem Reap; box lunch on Day 1, 2 lunches, 2 dinners, 2 breakfasts; all flights, tours and transfers.

HCM25 CAMBODIA: TEMPLES OF ANGKOR (1230 Day 2 – 1930 Day 4) Minimum 35/Maximum 60 (PRICE: \$1,059)

EARLY BOOKING RATE: \$1,006

Depart for the Tan Son Nhat Airport for your one-hour flight to Siem Reap. Drive to

Angkor Wat in the afternoon and explore until sunset. Dinner will be at a local restaurant.

For early risers, there will be an optional sunrise tour at *Angkor Wat* the next morning. After breakfast at the hotel, depart for your full-day tour. Continue to Bayon with stops at *Ta Keo*, *Tommanon*, *Chaosay Tevoda*, Elephant Terrace, Leper King Terraces and the South Gate of *Angkor Thom*. Following lunch at the hotel, continue to Ta Prohm for a walking tour followed by a sunset at Phnom Bakheng. In the evening, enjoy dinner at a local restaurant.

After breakfast at the hotel, depart for a boat trip to see floating homes and a market at Tonle Sap. Return to the hotel for some free time. Transfer to the airport for your flight back to Ho Chi Minh City. **(B, Box D)** Please note: Knee length shorts are acceptable attire when touring the *Angkor* temples.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival. The order of visits may change depending on confirmed flight times.

Suggested packing list: 1 passport photo and US\$20 for Cambodia visa; lightweight pants or knee-length shorts; sturdy walking shoes with good tread for exploring the ruins; protection from the sun; and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations in Siem Reap; 2 lunches, 2 dinners, 2 breakfasts and packed dinner for your return flight; all flights, tours and transfers.

HCM26 SERVICE VISIT: 8 SCHOOL FOR THE DEAF & ZOO VISIT (1300-1730) Minimum 15/Maximum 25 (PRICE: \$42)

EARLY BOOKING RATE: \$39

You will travel by motorcoach to the Hy Vong 8 School for the Deaf to meet the students (ranging in age from five to eighteen years) and their teachers. After a brief visit to the school, you will be joined by some of the children for a visit to the zoo. Each SAS student will be assigned to supervise one or two deaf students. The visit to the zoo will include a picnic (snack boxes from the ship).



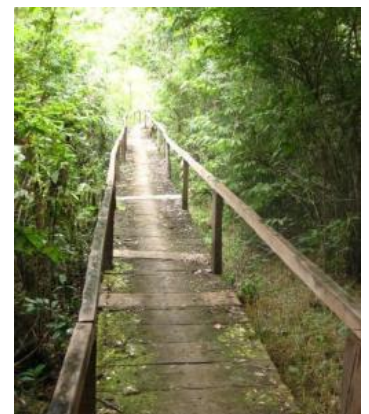
Please note: The government requires a submitted manifest for this visit; therefore, participants cannot sell or exchange tickets.

DAY 3: Tuesday, March 27

Cancelled! HCM31 CAT TIEN NATIONAL PARK (0700 Day 3 – 1800 Day 5) Minimum 10/Maximum 20 (PRICE: \$254)

EARLY BOOKING RATE: \$242

Cat Tien National Park is an important national park in Viet Nam that protects one of the largest areas of lowland tropical rainforests left in the country. *Cat Tien* was protected initially in 1978 as two sectors, *Nam Cat Tien* and *Tay Cat Tien*. Another sector, *Cat Loc*, was designated as a Rhinoceros Reserve in 1992 upon the discovery of a population of Javan Rhinoceros, an occasion that brought the park to the world's eye. The three areas were combined to form one park in 1998. The park suffered during the Viet Nam War when it was extensively sprayed with pesticides like the defoliant Agent Orange. To this day these areas have extensive bamboo and grassland



cover, but trees have not yet grown back. Although much wildlife was frightened away or killed during the war, some wild animals managed to survive in this area. *Cat Tien* is one of the world's premier sites for biodiversity, with over 1,600 species of plants, nearly 400 bird species and 38 documented species of mammals. In addition, this site is also a model for the UNESCO goal of ensuring sustainable economic, cultural and social development of indigenous people. Your guide will provide information on local flora and fauna as well as on conservation issues in Viet Nam.

Upon arrival, a registration card must be completed in order to receive a license to enter the park. After these formalities are concluded, travel by small boats to the park headquarters. As the park has only recently been opened to tourists, facilities are sparse and quite rustic. Accommodations are very basic and include all bedding and bathroom facilities, though hot water is unreliable. A small restaurant serving simple Vietnamese food overlooks the river. This is the ideal excursion for those who wish to "get away from it all"—including rustic conditions, hiking through the forest and boating. The climate is usually very hot and humid.

Suggested packing list: lightweight clothing, long pants, extra socks, hiking shoes rain gear, insect repellent, protection from the sun, card games or reading material for free time after dinner at the guesthouse, and layered clothing for cooler temperatures in the evenings.

Includes: guesthouse accommodations (double or triple occupancy); box lunch on Day 1, 2 dinners, 1 packed lunch on Day 2, 1 lunch and 2 breakfasts; all tours and transfers.

HCM32 SERVICE VISIT: ANH DUONG SCHOOL FOR CHILDREN (0800-1200) Minimum 15/Maximum 30 (PRICE: \$42)

EARLY BOOKING RATE: \$39

You will travel to the Hoc Mon District, about 25 kilometers from Ho Chi Minh City, to visit Anh Duong School, catering to deaf and hearing-impaired children. Established in 1993, the school has fifty students ranging in age from four to fourteen years. Classes are conducted from 0800-1100 five days per week, as children have to be collected and returned home by the teachers themselves and must return home for meals (some travel distances of 12 to 15 kilometers by bicycle each day to attend). Facilities at the school are very basic—small to medium-size rooms with wooden benches and tables attended by up to ten children per class, and a main gathering hall. There is a small kindergarten for the youngest children with simple playing tools and accessories for their use, and a large overgrown garden that the school hopes, at some stage, to develop into a playground with facilities. Hoc Mon is a rural area that produces about 60% of the vegetables for Ho Chi Minh City. The children in this rural area do not have many chances to meet and interact with visitors. They are likely to be quite excited about your visit.



Please note: The government requires a submitted manifest for this visit; therefore, participants cannot sell or exchange tickets.

Suggested packing list: small toys, stickers, bubbles, crayons and coloring books to aid in interacting with the children.

Cancelled! HCM33 CU CHI TUNNELS AND CAO DAI TEMPLE – GROUP B (0800-1900) Minimum 16/Maximum 80 (PRICE: \$63)

EARLY BOOKING RATE: \$59

Tay Ninh (a drive of about three hours from Ho Chi Minh City) serves as headquarters



for one of Viet Nam's most interesting indigenous religions, Caodaism. Caodaism is the product of an attempt to create the ideal religion through the fusion of the secular and religious philosophies of the East and West. The result is a colorful potpourri that includes elements of Buddhism, Confucianism, Taoism, Hinduism, native Vietnamese spirits, Christianity and Islam. The main tenets of Caodaism include belief in one God, the existence of the soul, and the use of mediums to communicate with the spiritual world. The Holy See of the *Cao Dai* includes the Great Temple, offices, residences for officials and a hospital practicing traditional Vietnamese herbal medicine, to which people from all over the south travel for treatment. The Great Temple is one of the most striking structures in all of Asia, with its rococo extravagance and many architectural idiosyncrasies. Services are held daily at 0600, 1200, 1800 and 2400. You will observe a portion of the 1200 service. Please note: Dress appropriately (covered knees and shoulders) in respect for the service you are attending.

After lunch, depart Tay Ninh for a one hour drive to Cu Chi, famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the *Viet Cong* forces during wars against both the French and Americans. Before visiting the tunnel system, you will be shown a video explaining its history and construction. From the mid-1940s onward, the tunnels were used as a base from which the Viet Cong could launch strategic attacks and then seemingly disappear into thin air. The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and the impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for easier access. Please note: If you decide to visit the lower levels of the tunnels, which have not been enlarged, you will most likely get dirty while crawling through the narrow passageways. You may wish to bring a flashlight to assist in navigating these lower levels. Lunch at a local restaurant is included.

Cancelled! HCM34 MEKONG DELTA OVERNIGHT (0800 Day 3 – 1800 Day 4) Minimum 15/Maximum 40 (PRICE: \$179)

EARLY BOOKING RATE: \$169

Until the 16th century, the Mekong Delta was an area of marshlands and forest. Gradually, marshlands were reclaimed and a canal network was built for the cultivation of rice, fish, soybeans, maize, peanuts, tobacco and melons. The Cai Be area is famous for its coconut palms and fruit orchards (mangoes, *longans*, bananas and citrus fruits). The drive out of Ho Chi Minh City (about four hours) takes you through miles of flat rice fields, along a road that is always busy with bicycles and people heading to or from the market. A highlight of this trip is a boat ride on the Mekong River to observe the active river life. The Mekong Delta was annexed from the *Khmers* in the late 18th century and continues to be influenced by Cambodia. Your boat trip takes you to one of the islands in the Mekong Delta to see a traditional farmer's home and fruit orchards where you will have the opportunity to sample exotic tropical fruits. Then travel overland from Vinh Long to Can Tho. Can Tho is the capital of Hau Giang province, the economic hub of the Mekong Delta and its most modern city. Can Tho University, founded in 1966, conduct valuable agricultural research that has contributed substantially to improving production and pest control. Visit the Cai Rang Floating Market at the junction of seven canals, where all types of boats and *sampans* gather, their occupants busily engaged in buying or selling a wide variety of fruit, fish and vegetables. Please note: Sunscreen, bug spray and a hat are recommended.



Travel by motor coach (about four hours) to Vinh Long for a boat trip along the Mekong River. Visit a local farm and enjoy fresh fruits. Time to eat your ship box lunch is provided before continuing overland (about two hours) to Can Tho, the most modern and commercial town in the Delta. Dinner is at the Pacific Restaurant.

After breakfast, depart to observe boat-building along the river. Continue to the Cai Rang Floating Market and board a small boat for a river cruise on which you can observe the local people as they bargain over fresh fruit, fish and vegetables. Upon returning to Can Tho, visit the Khmer Pagoda and have some free time at Can Tho market. Enjoy lunch at the hotel before returning overland to Ho Chi Minh City.

Suggested packing list: lightweight clothing, sturdy walking shoes hat, insect repellent, protection from the sun, card games or reading material for free time after dinner and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations; box lunch on Day 1, 1 lunch, 1 dinner, 1 breakfast; all tours and transfers.

HCM35 CAMBODIA: PHNOM PENH & ANGKOR WAT – GROUP C (1100 Day 3 – 1700 Day 5) Minimum 15/Maximum 60 (PRICE: \$1,229)

EARLY BOOKING RATE: \$1,169

Depart for the airport for your one-hour flight to Phnom Penh. Upon arrival, visit the Royal Palace and the Silver Pagoda. Enjoy a sunset cruise on the Mekong River followed by dinner at a local restaurant.

The next morning, visit the Tuol Sleng Museum, the Killing Fields and the Russian Market before leaving for your flight to Siem Reap. Upon arrival, view and explore *Angkor Wat* until sunset. Check into the hotel for dinner and overnight.

Early risers may enjoy an optional sunrise tour of *Angkor Wat*. After breakfast at the hotel, spend the day exploring the area's massive and elaborate temple ruins and restoration projects, including *Angkor Wat*. Late afternoon, transfer to the airport for your return flight to Ho Chi Minh City.

Please note: Flight times are subject to change and will be confirmed one month prior to arrival. The order of visits may change depending on confirmed flight times.

Suggested packing list: 1 passport photo and US\$20 for Cambodia visa; lightweight pants or knee-length shorts; sturdy walking shoes with good tread for exploring the ruins; protection from the sun; and layered clothing for cooler temperatures in the evenings.

Includes: hotel accommodations in Phnom Penh and Siem Reap; box lunch on Day 1, 2 lunches, 2 dinners, 2 breakfasts; all flights, tours and transfers.

HCM36 SERVICE VISIT: HY VONG 8 SCHOOL FOR THE DEAF AND THI NGHE ORPHANAGE – (1300-1730) Minimum 10/Maximum 30 (PRICE: \$49)

EARLY BOOKING RATE: \$46

Hy Vong 8 School for the Deaf accommodates 63 children from the ages of three to eighteen. In addition to speech lessons and regular class work, some of the students work under the supervision of a local artist to produce cards and paintings that are sold at a local gallery. Revenue is used to pay expenses and to help support the school.

You will visit the Hy Vong 8 School for the Deaf and the Thi Nghe Orphanage, a residential facility for abandoned and handicapped children. This facility accommodates approximately 300 children ranging in age from two to twenty-five years.

Suggested packing list: small toys, stickers, bubbles, crayons and coloring books to aid in interacting with the children. You may also wish to bring cash (U.S. currency accepted) to purchase these hand-painted silk cards while at the school.

DAY 4: Wednesday, March 28

HCM41 MEKONG DELTA DAY TRIP – GROUP B (0800-1630) Minimum 16/ Maximum 80 (PRICE: \$49)

EARLY BOOKING RATE: \$46

Until the 16th century the Mekong Delta was an area of marshlands and forest. Gradually marshlands were reclaimed, and a canal network was built for the cultivation of rice, fish, soybeans, maize, peanuts, tobacco and melons. The My Tho area is famous for its coconut palms and fruit orchards (mangoes, *longans*, bananas and citrus fruits). The drive out of Ho Chi Minh City (about two hours) takes you through miles of flat rice fields, along a road that is always busy with bicycles and people heading to or from the market. A highlight of this trip is a boat ride on the Mekong River to observe the active river life. The Mekong Delta was annexed from the Khmers in the late 18th century and continues to be influenced by Cambodia. Your boat trip takes you to one of the islands in the Mekong Delta to see a traditional farmer's home and fruit orchards where you will have the opportunity to sample exotic tropical fruits. Lunch will be at a local seafood restaurant in My Tho. Please note: Sunscreen, bug spray and a hat are recommended.



HCM42 SERVICE VISIT: SCHOOL FOR DISABLED (0730-1200) Minimum 15/ Maximum 20 (PRICE: \$42)

EARLY BOOKING RATE: \$39

You will travel to the Hoc Mon District, about 25 kilometers from Ho Chi Minh City, to visit Khuyer Tat Hoc Mon School, catering to deaf and hearing-impaired children. Established in 1993, the school has fifty students ranging in age from four to fourteen years. Classes are conducted from 0800-1100, five days per week, as children have to be collected and returned home by the teachers themselves and must return home for meals (some travel distances of 12 to 15 kilometers by bicycle each day to attend). Facilities at the school are very basic—small to medium-size rooms with wooden benches and tables attended by up to ten children per class, and a main gathering hall. There is a small kindergarten for the youngest children with simple playing tools and accessories for their use, and a large overgrown garden that the school hopes, at some stage, to develop into a playground with facilities. Hoc Mon is a rural area that produces about 60% of the vegetables for Ho Chi Minh City. The children in this rural area do not have many chances to meet and interact with visitors. They are likely to be quite excited about your visit. Please note: A small donation is included in the cost of this practicum.

Suggested packing list: small toys, stickers, bubbles, crayons and coloring books to aid in interacting with the children.

DAY 5: Thursday, March 29

HCM50 THE CAN GIO BIOSPHERE RESERVE (0730-1830) Minimum 16/Maximum 20 (PRICE: \$82)

[FDP: LAWRENCE]

The Can Gio Biosphere Reserve (located approximately 25 miles southeast of Ho Chi Minh City) is a coastal wetlands ecosystem dominated by mangroves. Home to a wide variety of plants, fish, birds and invertebrates, the area represents one of Viet Nam's most rich and diverse natural habitats. The mangrove forest provides valuable ecological functions, including coastal stabilization and protection against erosion from storm surges, and is a source of fuel wood and construction materials. The area is recovering from extensive deforestation that occurred during the Vietnam War. Unfortunately, the natural diversity is threatened by expanding aquaculture activities, primarily of shrimp. Current methods of shrimp aquaculture compete with agricultural and other uses of the watershed, and impose substantial externalities on other parties. Please Note: Lunch is OPEX.

This FDP will give Professor Lawrence's students an up-close look at one of the most important tropical habitats as well as one of its biggest threats.

HCM51 ELEMENTARY SCHOOL VISIT (0800-1200) Minimum 15/Maximum 20 (PRICE: \$42)

[FDP: BELGRAVE]

Visit a local elementary school for children from the ages of five to eight years. Tour the facilities, observe classes and learn about the educational system in Ho Chi Minh City. If possible, an informal gathering in the staff room at the school will be arranged to interact with the teachers.

For my cross-cultural psychology class I would like students to think about how interdependence and other attributes found among people from collective cultures are revealed in the behaviors and interactions the children have with each other, and with teachers and other adults. What do you think would constitute rewards for these children?

Please note: The government requires a submitted manifest for this visit; therefore, participants cannot sell or exchange tickets.

HCM52 MEKONG DELTA DAY TRIP - GROUP C (0800-1630) Minimum 16/ Maximum 114 (PRICE: \$49)

EARLY BOOKING RATE: \$46

Until the 16th century the Mekong Delta was an area of marshlands and forest. Gradually marshlands were reclaimed, and a canal network was built for the cultivation of rice, fish, soybeans, maize, peanuts, tobacco and melons. The My Tho area is famous for its coconut palms and fruit orchards (mangoes, *longans*, bananas and citrus fruits). The drive out of Ho Chi Minh City (about two hours) takes you through miles of flat rice fields, along a road that is always busy with bicycles and people heading to or from the market. A highlight of this trip is a boat ride on the Mekong River to observe the active river life. The Mekong Delta was annexed from the Khmers in the

late 18th century and continues to be influenced by Cambodia. Your boat trip takes you to one of the islands in the Mekong Delta to see a traditional farmer's home and fruit orchards where you will have the opportunity to sample exotic tropical fruits. Lunch will be at a local seafood restaurant in My Tho. Please note: Sunscreen, bug spray and a hat are recommended.

HCM53 SHRIMP FARMING IN THE CAN GIO BIOSPHERE (0800-1800) Minimum 16/Maximum 20 (PRICE: \$68)

[FDP: S. HINCHMAN & RANADE]

The Can Gio Biosphere Reserve (located approximately 25 miles southeast of Ho Chi Minh City) is a coastal wetlands ecosystem dominated by mangroves. Home to a wide variety of plants, fish, birds and invertebrates, the area represents one of Viet Nam's most rich and diverse natural habitats. The mangrove forest provides valuable ecological functions, including coastal stabilization and protection against erosion from storm surges, and is a source of fuel wood and construction materials. The area is recovering from extensive deforestation that occurred during the Vietnam War. Unfortunately, the natural diversity is threatened by expanding aquaculture activities, primarily of shrimp. Current methods of shrimp aquaculture compete with agricultural and other uses of the watershed, and impose substantial externalities on other parties. In addition to exploring the rich natural beauty of the Can Gio Biosphere, participants will visit a working shrimp farm to learn about shrimp aquaculture in the region. The tour includes lunch at a local restaurant in Can Gio and will return to the ship in late afternoon.

The trip will enable Professor Hinchman's students to reflect on possible trade-offs between economic development and environmental quality.

HCM54 SERVICE VISIT: YMCA HEADQUARTERS, ORANGE AGENT CHILDREN'S CENTER AND DISABLED YOUTH FACILITY (0800-1800) Minimum 15/Maximum 45 (PRICE: \$49)

EARLY BOOKING RATE: \$46

You will meet YMCA representative at the ship's pier and travel by van to YMCA-sponsored facilities. A YMCA staff member will accompany you throughout the day. You will tour Orange Agent Children's Center, located in Cu Chi district. You will continue to YMCA Headquarters for a brief orientation where you will have an opportunity to interact with the YMCA volunteers and tour their sewing workshop. YMCA will provide lunch for you and the volunteers. Your final stop will be at Disabled Youth of VNYMCA for a tour of the facility and to learn about this program. The price of this practicum includes round-trip transportation, lunch and a donation to the YMCA facility.

Please note: This day trip requires a manifest; therefore, participants cannot sell or exchange tickets.

HCM55 CU CHI TUNNELS AND CAO DAI TEMPLE GROUP D (0800-1900) Minimum 15/Maximum 80 (PRICE: \$63)

EARLY BOOKING RATE: \$59

Tay Ninh (a drive of about three hours from Ho Chi Minh City) serves as headquarters for one of Viet Nam's most interesting indigenous religions, Caodaism. Caodaism is the product of an attempt to create the ideal religion through the fusion of the secular and religious philosophies of the East and West. The result is a colorful potpourri that includes elements of Buddhism, Confucianism, Taoism, Hinduism, native Vietnamese spirits, Christianity and Islam. The main tenets of Caodaism include belief in one God,



the existence of the soul, and the use of mediums to communicate with the spiritual world. The Holy See of the *Cao Dai* includes the Great Temple, offices, residences for officials and a hospital practicing traditional Vietnamese herbal medicine, to which people from all over the south travel for treatment. The Great Temple is one of the most striking structures in all of Asia, with its rococo extravagance and many architectural idiosyncrasies. Services are held daily at 0600, 1200, 1800 and 2400. You will observe a portion of the 1200 service. Please note: Dress appropriately (covered knees and shoulders) in respect for the service you are attending.

After lunch, depart Tay Ninh for a one hour drive to Cu Chi, famous for its 200-kilometer network of underground tunnels. These tunnels were created and used by the *Viet Cong* forces during wars against both the French and Americans. Before visiting the tunnel system, you will be shown a video explaining its history and construction. From the mid-1940s onward, the tunnels were used as a base from which the Viet Cong could launch strategic attacks and then seemingly disappear into thin air. The tunnels had well-hidden entrances and thick roofs, which were capable of withstanding the weight of tanks and the impact of bombs. Unknowingly, the Americans even built a base camp on top of an existing tunnel network and suffered extensive casualties before they discovered their mistake. Most of the tunnels are only about two feet wide and five feet high. However, some of the passageways and tunnel rooms (e.g., meeting room, kitchen, dining room and hospital), while still small, have been enlarged for easier access. Please note: If you decide to visit the lower levels of the tunnels, which have not been enlarged, you will most likely get dirty while crawling through the narrow passageways. You may wish to bring a flashlight to assist in navigating these lower levels. Lunch at a local restaurant is included.

HCM56 ENGLISH IN VIET NAM (1000-1600) Minimum 15/Maximum 30 (PRICE: \$32)

[FDP: SCHWEGLER]

Chinese was the traditional language of culture in Viet Nam, which was joined by French as the language of the colonial power. English only entered the scene with the Viet Nam War and, following the American withdrawal, was seriously discouraged. Only with the opening up of Viet Nam to foreign investment did a revival of interest in English as the language of commerce and tourism come about. Now Viet Nam is embarking on a course of rapid expansion of the teaching of English. On this field trip, we will visit the University of Saigon (web address: www.hcmussh.edu.vn) to learn about the efforts to teach English and the effects of English on the Vietnamese language. After a short stop for lunch (included), we will go the Institute of Tourism to learn about the practical ways that English is taught to students who will be active in the tourist industry. At both locations there will be excellent opportunities to speak one-on-one to Vietnamese students of English, for many of whom you will be their first native-speaking interlocutor.

During this FDP, students will want to inquire from local students to what extent ongoing GLOBALIZATION is affecting their *attitudes* about the acquisition of English as a second language. Are students enthusiastic about learning English? Or is it simply viewed as an “obligatory task” similar perhaps to what occurs in (some) U.S. High Schools, where Spanish language courses are not always met with enthusiasm?



HCM57 BEN THANH MARKET AND MUSEUM OF WAR REMNANTS (1000-1530)
Minimum 30/Maximum 60 (PRICE: \$42 + OOPEX)

[FDP: OLWELL & ZIMMER]

Spend a day exploring areas of the city on foot, taking in the local sights, sounds, and flavors. Departing the ship, we will walk first to Ben Thanh Market (*Cho Ben Thanh*), one of the city's liveliest and most bustling market areas, to observe social interaction between men and women, personal space, nonverbal behavior and gender roles. Here we will have lunch at one of many local food stalls or at an area noodle restaurant. Next, we will walk to the Museum of War Remnants for a sobering cross-cultural view of the Viet Nam War. There are few museums in the world that so powerfully depict the brutality of modern warfare and its effects on both soldiers and civilians. Please note: This trip involves quite a bit of walking; please wear comfortable clothing and shoes appropriate for the weather conditions. OOPEX include local currency for lunch (equivalent of USD\$15) and optional market purchases.



HCM58 ENVIRONMENT AND DEVELOPMENT IN VIETNAM: AN OVERVIEW WITH SPECIAL EMPHASIS ON WATER QUALITY (1315-1715) Minimum 15/Maximum 15 (PRICE: \$39)

[FDP: L. HINCHMAN]

In this FDP students will travel to the Ho Chi Minh University for Natural Resources and Environment, where they hear a talk (illustrated with slides) by Professor Dinh Tuan, who has done considerable research on environmental issues, in particular water quality in Vietnam. We will then have a discussion about ecological issues in Vietnam and the country's development goals more generally. We may also reflect on the impact that the war between Vietnam and the United States has had on the latter's environment. Our military used many tons of defoliants like Agent Orange in Vietnam, and the effects—tragically—still linger even after more than 35 years. To conclude, our students will have a chance to meet their counterparts at the University and enjoy a tour of the facilities.

HCM59 EXPLORING THE SUPPLY CHAIN AT AN MNC (1400-1700) Minimum 15/Maximum 20 (PRICE: \$29)

[FDP: MORTON]

As consumers we may never consider the processes and companies that go into producing an end product. We will visit QST Industries, a multi-national corporation based in the US that has facilities all over the globe. Although their name may not be immediately recognized, you likely own a clothing product that includes something manufactured by QST. QST makes linings and fasteners and belt loops attached to many clothing products. Their items are used by Abercrombie & Fitch, Ralph Lauren, Old Navy, Gap, Brooks Brothers, and Victoria's Secret just to name a few. We will tour the Viet Nam QST facility, which is standardized to resemble all other QST manufacturing facilities. We will meet with international and local managers to learn how the Viet Nam QST location interacts with their US managers.

For Operations Management (SEMS-3502) students, a tour of a brand new production facility that has been standardized will help bring to life the operations management concepts including supply chain, quality, materials management, and processes. For Global Management (COMM 4690) students, you will have the chance to meet a US manager of a multi-national company as well as a local general manager to learn how the two work together to successfully meet the company's production targets.

HONG KONG S.A.R., CHINA

Arrive: 0800 Sunday, April 1
Onboard: 1800 Monday, April 2
Depart: 2000 Monday, April 2

BEIJING



Beijing, the capital of China, lies just south of the rim of the Central Asian Steppes and is separated from the Gobi Desert by a green chain of mountains, over which the Great Wall runs. Modern Beijing lies on the site of countless human settlements that date back half a million years. *Homo erectus pekinensis*, better known as “Peking Man,” was discovered just outside the city in 1929. Beijing is China’s second largest city in terms of population and the largest in the administrative territory.

The name *Beijing* or “Northern Capital” is a modern term by Chinese standards. It first became a capital in the Jin Dynasty (1115-1234), but it experienced its first phase of grandiose city planning in the Yuan Dynasty under the rule of the Mongol emperor, Kublai Khan, who made the city his winter capital in the late 13th century. Little of it remains in today’s Beijing. Most of what the visitor sees today dates from either the Ming or later Qing dynasties. Huge concrete tower blocks have mushroomed and construction sites are everywhere. Bicycles are still the main mode of transportation, but taxis, cars and buses jam the city streets.

On your trip to Beijing, you will gain insight into one of the world’s ancient civilizations and observe the daily life of the people in the world’s most populous nation. You will visit the Temple of Heaven, which is situated in the largest of Beijing’s parks. The main temple and other buildings of the complex comprise one of the most beautiful architectural achievements in the world and are outstanding masterpieces of traditional Chinese architecture. The sights surrounding Tiananmen Square include Chairman Mao’s Memorial Hall and the Imperial Palace (referred to as the Forbidden City of the Ming and Qing Dynasties). This palace complex is the largest and most complete of China’s existing imperial palaces and the former residence of 24 emperors.

Outside the city proper is one of the world’s most famous sights—the Great Wall of China. The Chinese name for the Great Wall is *Wan Li Chang Cheng*, or “the Long Wall of Ten Thousand Li.” The Great Wall snakes its way from east to west for nearly 4,000 miles (6,350 kilometers). The Great Wall was first built in shorter pieces, starting in the fifth century BCE, as a defensive and boundary wall around the smaller states of Yen, Chao and Wei. The first Qin emperor, who unified China for the first time, linked up and extended the Great Wall from Liaoning in the east to Gansu in the northwest as protection from the Huns and other nomadic tribes to the north. The Great Wall was subsequently repaired and extended by succeeding dynasties, especially the Ming. It is said that more than 300,000 men worked for ten years to complete it.

For this voyage, Semester at Sea is offering the following trips to Beijing: Xi’an/Beijing (6 Days/5 Nights), Tibet/Beijing (6 Days/5 Nights) Beijing (4 Days/3 Nights), and Hiking the Great Wall (4 Days/3 Nights). Please note: For all trips traveling to the People’s Republic of China from the Special Administrative Region (Hong Kong), you must take your passport with you. Also note that the Beijing trips are physically demanding. They involve long days, a fair amount of walking (often over uneven surfaces) and crowded spaces.

Several parents and friends will meet the ship in Hong Kong to explore China and this ancient civilization as part of the [Spring 2012 Parent Trip](#). Please note: the Parent Trip lasts most of the port stay, therefore SAS voyagers should check their schedules before signing up for any other experiences if participating in this exclusive opportunity.

DAY 1: Sunday, April 1

HKG01 TIBET /BEIJING - 6 DAYS/5NIGHTS (Upon Arrival Day 1-1200 Day 6)
Minimum 16/Maximum 64 (PRICE: \$2,229)

EARLY BOOKING RATE: \$2,119

This field program will take you from Hong Kong to Chengdu, to Lhasa, to Beijing and back to Shanghai to meet the ship, with many sites along the way.

Lhasa is rightly one of the most featured and dreamt-about cities in the world. This is not only because of its remoteness—its high altitude at 3,650 meters (11,975 feet) means limited accessibility—but also because of its impressive heritage of over a thousand years of cultural and spiritual history which has shaped the romantic and mysterious Tibetan religion.

Differing from inland cities and other places in Tibet, Lhasa has an allure all of its own. In the Tibetan language, Lhasa means the Holy Land or Buddha Land. It is the center of Tibet's politics, economy and culture. The city has also been appointed one of the 24 historical and cultural cities of China. The splendor and grandeur of the Potala Palace remains a world-famous symbol of the enigmatic power of politics and religion in this region.

The Potala Palace is the religious center of Tibetan Buddhism and the former residence of the Dalai Lama. The giant structure looks like an ancient fortress. It was originally built in 637CE by Emperor Songtsen Gampo to greet his new bride from China. Construction of the current structure began during the reign of the fifth Dalai Lama. The bottom section of the White Palace was completed in 1645 and the red section of the Red Palace in 1694. The palace remained virtually unchanged until 1922 when the thirteenth Dalai Lama renovated many of its chapels and assembly halls and added two stories to the Red Palace. The building not only resembles a fortress, it was built like one as well. The main structure measure 400 meters by 350 meters. Its sloping stone walls covered in clay average three to five meters in thickness. Molten copper was poured into the foundations to protect the building from earthquakes. The entire structure has thirteen stories and contains over 1,000 rooms and 10,000 shrines. The roof of the Potala Palace rises more than 300 meters above the valley floor.

As the beautiful capital city of Tibet Autonomous Region (TAR), Lhasa is situated in the South Central part of the region, on the North bank of the Kyichu River (Lhasa River) in a mountain-fringed valley. This ancient sprawling city, settled 1,300 years ago, covers 30,000 square kilometers (11,583 square miles) and has a population of 400,000, of which 87 percent are Tibetans. The urban population is 180,000.

After enjoying the majesty of Tibet, travel to Beijing to explore the many highlights this ancient capital city has to offer. From Tiananmen Square, the largest public square in the world, to the Forbidden City to the Great Wall—these sites are sure to leave a lasting impression. One of the wonders of the world, *Wan Li Chang Cheng* (the Long Wall of Ten Thousand Li) boasts nearly two million visitors each year.

Includes: 5 nights' accommodation in hotel; flights; transfers; guide; entrance fees for sightseeing; service visit to the Help Blind School; 3 dinners; 5 breakfasts; 4 lunches; and mineral water on board coaches.



HKG02 XI'AN/BEIJING – 6 DAYS/5 NIGHTS (Upon Arrival Day 1-1200 Day 6)
Minimum 32/Maximum 64 (PRICE: \$1,699)

EARLY BOOKING RATE: \$1,599

In addition to visiting the highlights of Beijing, such as Tiananmen Square, the Forbidden City and the Great Wall, this trip explores Xi'an. This eternal city records the great changes of China just like a living history book. Called Chang'an in ancient times, Xi'an is one of the birthplaces of the ancient civilization in the Yellow River Basin area of the country. During Xi'an's 3,100-year development, thirteen dynasties such as Zhou, Qin, Han and Tang placed their capitals here. So far, Xi'an enjoys equal fame with Athens, Cairo and Rome as one of the four major capitals of ancient civilization. A principal city of northwest China, Xi'an is the capital of Shaanxi Province, located in the southern part of the Guan Zhong Plain.

Today, Xi'an attracts visitors because of the important archeological finds in the area. The famous Silk Road began here, promoting economic and cultural interchanges between Han and post-Han China with countries in West Asia and Europe. Among the important attractions in Xi'an are the Shaanxi Provincial Museum; the Terracotta Army of 7,000 life-size soldiers, with chariots, horses and weapons; the Big Wild Goose Pagoda; and the excavations of the Banpo Neolithic village.

The Terracotta Warriors Museum is a treasure worth viewing. Uncovered in 1974 by peasants digging a well, the terracotta warriors are considered Xian's greatest and most important attraction. The first emperor of the Qin Dynasty, Qin Shi Huangdi, ordered the making of the warriors. During his reign, he undertook military programs in the far corners of the known world. The soldiers are a testament to his power and megalomania. In the main and most impressive vault, the figures are arranged in typical battle formation in eleven columns comprised of officers, soldiers holding spears and swords, and others steering horse-drawn chariots. Each figure is 5'10" tall and each head has been individually modeled with unique facial expressions. The Xi'an City Wall is equally impressive. When Zhu Yuanzhang, the first Emperor of the Ming dynasty (1368-1644), captured Huizhou, a hermit named Zhu Sheng cautioned him to "build high walls, store abundant food supplies and take time to be an Emperor" so that he could fortify the city and unify the other states. After the establishment of the Ming dynasty, Zhu Yuanzhang followed Zhu Sheng's advice and began to enlarge the wall built initially during the old Tang dynasty (618 -907), creating the modern Xian City Wall. It is the most complete city wall that has survived in China, as well as one of the largest ancient military defensive systems in the world.

Includes: 5 nights' hotel accommodations; flights; transfers; guide; entrance fees for sightseeing as listed above; Tang Dynasty Show in Xi'an; Acrobatic Show in Beijing; service visit to the Xian Orphanage; Jiaozi (Chinese dumpling) hands-on demonstration; Trishaw ride in Hutong area; visit to International Kongfu School; 5 Breakfasts; 4 Lunches; 4 Dinners; and mineral water on coaches.

HKG03 BUDDHIST MONASTERY/LANTAU ISLAND (0900-1600) Minimum
26/Maximum 40 (PRICE: \$93)

EARLY BOOKING RATE: \$88

Travel by motorcoach to Lantau Island, the largest outlying island of Hong Kong. Make a brief stop at the Tsing Yi viewing platform for a view of the Tsing Ma Bridge, the longest suspension bridge in the world. Upon arrival in Tung Chung New Town, change to a franchised coach for your tour of Lantau Island. Visit the Tai O fishing



village. Built on stilts on the river, Tai O was the center of Hong Kong's salt-panning industry for 100 years. Travel through the beautiful mountain scenery to Po Lin Monastery, the principal center of Buddhism in Hong Kong. See the world's largest outdoor bronze Buddha (26 meters high) and visit the museum. After a vegetarian lunch at the monastery, enjoy free time to explore the Ngong Ping Theme Village before taking the cable car to Tung Chung town.

Cancelled! HKG04 TOWNGAS COOKING CENTRE (0930-1230) Minimum 15/Maximum 24 (PRICE: \$119)

EARLY BOOKING RATE: \$113

The Hong Kong and China Gas Company Ltd. officially established the Towngas Cooking Centre in May 1977. Its opening turned a new page in the history of culinary education in Hong Kong by teaching customers to experience the enjoyment of gourmet flame cookery. The newly renovated and spacious practical classroom occupies approximately 2,000 square feet, allowing up to 24 students to cook simultaneously. To create an intimate cookery atmosphere, the school provides each student an individual work station which includes worktop, cookware and stove. In addition, the chef will use common kitchenware during the classes so that participants can cook just as proficiently when they return to their own kitchens.



Includes round-trip transportation, chef demonstration and a hands-on session on one Dim Sum dish.

HKG05 POETRY READING & DISCUSSION WITH BEI DAO (1030-1230, ON SHIP)
Minimum 15/No Maximum (PRICE: \$15)

[FDP: MULDOON]

Please join Professor Muldoon and Chinese poet Bei Dao for a poetry reading and discussion in the Union.

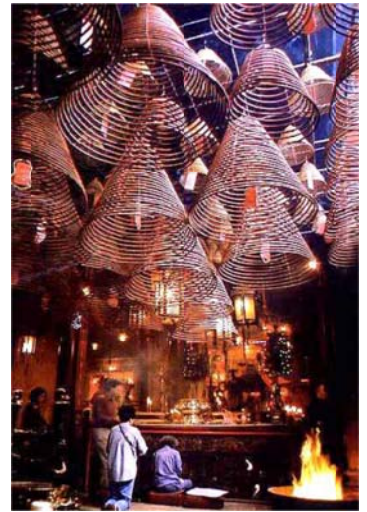
On August 2, 1949 Zhao Zhenkai was born in Beijing. His pseudonym Bei Dao literally means "North Island," and was suggested by a friend as a reference to the poet's provenance from Northern China as well as his typical solitude. Dao was one of the foremost poets of the Misty School, and his early poems were a source of inspiration during the April Fifth Democracy Movement of 1976, a peaceful demonstration in Tiananmen Square. He lived in exile from his native China after the Tiananmen Square massacre of 1989.

His books of poetry include *The Rose of Time: New and Selected Poems* (New Directions, 2010); *Unlock* (2000); *At the Sky's Edge: Poems 1991-1996* (1996), for which David Hinton won the Harold Morton Landon Translation Award from The Academy of American Poets; *Landscape Over Zero* (1995); *Forms of Distance* (1994); *Old Snow* (1991); and *The August Sleepwalker* (1990). His work has been translated into over 25 languages. His awards and honors include the Aragana Poetry Prize from the International Festival of Poetry in Casablanca, Morocco, and a Guggenheim Fellowship. He has been a candidate several times for the Nobel Prize in Literature, and was elected an honorary member of The American Academy of Arts and Letters. Bei Dao was a Stanford Presidential lecturer and has taught at the University of California at Davis, the University of Alabama in Tuscaloosa, and Beloit College in Wisconsin. In 2006, Bei Dao was allowed to move back to China. He is currently Professor of Humanities in the Center for East Asian Studies at the Chinese University of Hong Kong.

HKG06 CITY ORIENTATION: HISTORIC HONG KONG (1100-1745) Minimum 19/No Maximum (PRICE: \$48)

[FDP: ACEVEDO-MUNOZ]

Visit some of the monuments, heritage buildings and historical sites that help give Hong Kong its unique atmosphere. Begin at Cat Street, once notorious for seamen's lodging houses, brothels and hideouts for criminals. The Man Mo Temple in the Hollywood Road/Cat Street antique and curio area dates back to 1847 and is the oldest temple in the city. Continue your orientation with a visit to Aberdeen, home to hundreds of people living on fishing junks, juxtaposed against a modern high-rise community. Take a sampan ride to get a close-up look at this unusual way of life. Then, take a tram ride up to Victoria Peak for a birds-eye view of the city and harbor before taking the funicular tram downhill. Then, go on a walk by some of the city's historic landmarks, including St. John's Cathedral, one of Hong Kong's oldest Western-style buildings. Also visit the Court of Final Appeal (Old French Mission Building), the Legislative Council Building (Old Supreme Court) and the Museum of Tea Ware. Please note: Box lunches from the ship will be provided.



Cancelled! HKG07 HONG KONG ZOOLOGICAL AND BOTANICAL GARDENS (1230-1700) Minimum 20/Maximum 35 (PRICE: \$27)

EARLY BOOKING RATE: \$24

On this practicum we will visit the Hong Kong Zoological and Botanical Gardens (HKZBG). The gardens are located on the northern slope of Victoria Peak with a highest point of 100 meters and a lowest point of 62 meters above sea level. HKZBG occupies an area of 5.6 hectares and was founded in 1871. Construction work on the Garden began in 1860, and the first stage was opened to the public in 1864.



HKG08 GLOBAL BUSINESS DEVELOPMENT COMMUNITIES OF THE FUTURE (1230-1600) Minimum 15/Maximum 20 (PRICE: \$72)

[FDP: TAKEDA]

Mr. Andrew Jessop will lead a presentation and discussion about the new Future Community Model of Development in Hong Kong that brings together business, educators, civil servants, civic leaders and community members to design, build and enact Communities of the Future. Mr. Jessop is a specialist in business planning and strategic development. He will take students on a tour of Hong Kong Future Communities and cap off the visit with a local meal.

This FDP will allow students to understand and experience how globalization impacts communities. Hong Kong is a business community, city and global hub all wrapped into one. The city planners and business people of Hong Kong understand that they lead the way for other major cities in designing communities that are sustainable and invest in the local culture while growing outward into the global marketplace. Students will have a unique experience on this trip and a rare opportunity to learn about the business significance of Hong Kong from a specialist who plays an important role in planning the city's future.

HKG09 WALKING TOUR OF HONG KONG (1300-1700) Minimum 15/Maximum 25 (PRICE: \$36 + OOPEX)

[FDP: FARMER]

Hong Kong, developed as a major trading center under British colonial rule, was returned to China in 1997. We will start at Tsimshatsui in Kowloon, take the ferry across the harbor to Hong Kong, walk through the central district and take the cable car up to Victoria Peak. Along the way, we will take note of surviving treaty port architecture, shipping activities in the harbor and the confluence of Chinese and international features in the Special Administrative Region. A Dim Sum lunch at a local restaurant will be provided. Please note: This FDP will entail lots of walking and modest fees for the ferry (HKD 3) and cable car (HKD 28).

HKG10 FAMILY INSIGHT TOUR (1300-1700) Minimum 18/Maximum 45 (PRICE: \$62)

[FDP: PARROT]

This tour is designed to provide insight into the daily life of Hong Kong residents. About three million people (50 percent of Hong Kong's population) live in public housing. In 1953, a tragic fire broke out in a squatter area of Kowloon leaving 53,000 people homeless. Seven-story housing blocks were built to accommodate the displaced residents. These well-known resettlement housing estates laid the foundation for public-housing development. Today, housing estates that are more spacious offer low-income groups comfortable and well-designed homes. Visit a social center for the elderly, a temporary housing estate, a youth center or a nursery and think about the ways in which this culture is dealing with homelessness and overcrowded public housing. Witness educational policies at work and consider the role of familial duty with regard to the elderly.

This practicum will also give you a sense of how the elderly are treated in a part of the world other than your own and challenge the commonly held belief that the elderly are regarded more highly, even revered, in Eastern cultures. This trip allows students to make firsthand observations about family life in Hong Kong and come to conclusions based not just on facts but on their own experiences. Please note: Actual times are subject to change due to local family availability and will be confirmed closer to port arrival.

HKG11 DRAGON'S BACK HIKE (1300-1800) Minimum 10/Maximum 15 (PRICE: \$87)

EARLY BOOKING RATE: \$82

Hong Kong is remarkable because you can travel from a busy urban area to the peaceful countryside in less than an hour. This is particularly true for the Dragon's Back trail, which Time Magazine declared the Best Urban Hike in Asia. According to the article, this trail is "the city's finest and most surprising ramble. The glory of it all is that you're so close to the city, but could hardly feel farther away." A cool, lovely path takes you through shady groves of bamboo and lush woodland, accompanied by birdsongs. You will emerge into open hillsides often covered with wild azaleas or rose myrtle. We will finish the hike by strolling through shaded tunnels of exotic vegetation and then continue on to the nearby fishing village of Shek O, with its beach and popular seafood restaurants.



HKG12 AIR QUALITY RESEARCH IN HONG KONG (1330-1500, On Ship) Minimum 10/No Maximum (PRICE: \$9)

[FDP: ZIMMER]

Please join Professor Zimmer for an on-board discussion with Dr. Mark Wenig of the Air Quality Research Group at the City University of Hong Kong. We will focus on atmospheric physics and chemistry, remote sensing, air pollution monitoring and measurements of atmospheric aerosols conducted at the City University of Hong Kong. For an overview of the facilities and our local expert, please reference airquality.e2.cityu.edu.hk/home. Come learn about how air pollution research is conducted. Meet and talk to one who is active in the field and find out what challenges industrialization has placed on the air quality both locally and globally.

HKG13 HONG KONG MUSEUM OF ART (1330-1700) Minimum 20/Maximum 40 (PRICE: \$9 + OOPEX)

[FDP: GRAVES & MATTAI]

The Hong Kong Museum of Art is one of the museums managed by the Leisure & Cultural Services Department. Established in 1962, it was first housed in City Hall, moving to its present location by the Hong Kong Cultural Centre in 1991. The mission of the Hong Kong Museum of Art is to preserve the cultural heritage of China and promote art with a local focus. The museum's collections now number in excess of 15,000 art objects, including Chinese paintings and calligraphy works, antique Chinese treasures, and paintings of historical significance, as well as creations by local artists. Highlights of the collections are on displayed in the exhibition galleries. To maintain an essential international character, the museum also presents a great variety of thematic exhibitions drawn from both local and overseas sources.

After an hour-long guided tour of the museum's permanent collection, Professor Mattai's students will be given the opportunity to make independent precedent sketches and studies from works of their choice. Students in Professor Graves' class will be asked to consider the various ways in which the rich religious and mythological traditions of China have been translated into potent works of visual art. Please note: OOPEX includes the US\$10 entrance fee to the Museum. Admission will be free if the group size is 20 or larger.

HKG14 HONG KONG IN-MEDIA PROJECT (1330-1700) Minimum 15/Maximum 25 (PRICE: \$43)

[FDP: DOWNING]

Participants on this FDP will have a guided tour of In-Media followed by an information session and discussion with Mr lam Chong Ip, a local media activist. Students will gain an understanding of the development of Internet activism, and of In-Media in Hong Kong in particular, and will grasp the particular role of Hong Kong's freedom of expression in general within the People's Republic of China, and especially to evaluate the relation of Internet freedom in Hong Kong to the Internet's centrality in contemporary China.

This FDP will provide Social Movement Media students with an example of different internet uses by various social movements in Hong Kong, and to provide background regarding mainstream media and their relationships to central government in Beijing.

Day 2: Monday, April 02

HKG21 SUSTAINABLE CITIES: IS HIGH-DENSITY THE NEW GREEN? (0830-1630) **Minimum 12/Maximum 34 (PRICE: \$79)**

[FDP: HINCHMAN, HINCHMAN & DOUGHTY]

For the first time in history, more people live in urban than in rural areas. Worldwide, there are 500 cities with over a million residents. Some of these cities, especially those in developing countries, are ecological nightmares characterized by overcrowding, polluted air, unsafe drinking water, open sewers, and squalid, disease-ridden slums.

In principle, however, urban living can be the most sustainable and earth-friendly option. At least potentially, urban dwellers can use public transport rather than private automobiles; their residences are more energy-efficient, both to construct and to heat or cool; basic services are easier and cheaper to deliver; and the human footprint is more compact, so that more habitat remains for other creatures.

Hong Kong, with seven million inhabitants and 1,100 square kilometers, provides an excellent example of earth-friendly urban living. The city's population density is the highest in the world, yet its government managed to set aside over 40 percent of the surrounding territory as open space.

Questions: How and why has it been possible to protect so much land from development? What considerations motivated this choice: were they primarily ecological, economic or political? What consequences has the policy had for the city, its residents, and the natural environment? Should Hong Kong serve as a model for other urban communities?

We begin downtown with a visit to the Hong Kong Planning and Infrastructure Exhibition Gallery, which explains how the city government intends to deal with anticipated population growth over the next three decades. The FDP then allows participants to explore Hong Kong's undeveloped areas on foot, accompanied by a professional guide. Please note that the trek stretches for approximately seven miles over fairly strenuous terrain. Be sure to wear appropriate clothing and close-toed footwear and to carry plenty of water. View the hike at www.hkwalkers.net/longtrail/eng/mtrail/mtrail_05.html.

~~Cancelled!~~ HKG22 LAMMA ISLAND AND FISHERFOLK'S VILLAGE (0900-1500) **Minimum 25/Maximum 30 (PRICE: \$107)**

EARLY BOOKING RATE: \$100

Enjoy a cruise along Victoria Harbor past famous Hong Kong landmarks, including Hong Kong's tallest building, Two International Finance Centre (Two IFC) and the award-winning Hong Kong Convention and Exhibition Centre along the Wan Chai waterfront. Visit the Shau Kei Wan Typhoon Shelter where local fishermen moor their fishing boats and witness the firing of the legendary Noon Day Gun at Causeway Bay. Continue to Lamma Island—Hong Kong's third largest island—for a local seafood lunch followed by a visit to the Lamma Fisherfolk's Village. Located at the Sok Kwu Wan, the village shows its local fisherman's traditional culture. Learn about Hong Kong's marine fish culture and fishing industry, including how to raise the top gallant and put up sails,



cast the net to catch fish, repair the net and fix the fishing boats. Traditional fishing gears and fishing boat models are also on display in the village.

HKG23 PORTUGUESE MACAO (0900-1700) Minimum 10/Maximum 30 (PRICE: \$129 + LUNCH OOPEX)

[FDP: INGRAO & WILKINSON]

As part of their growing sea-going empire, the Portuguese established a foothold in China in the mid-sixteenth century on the southern peninsula of Macao. From there for the next four-hundred years they traded with India, Southeast Asia, the Philippines, China and Japan. Old Macao is rich with Portuguese art, architecture and maritime history. This tour will visit some of these monuments of east-west trade. The area is small and can be walked for the most part. Included will be the Church of Sao Paolo, Fortaleza (fort) do Monte and museum, the Luis de Camoes Museum, the Old Protestant Cemetery, the Macao Maritime Museum and the Chapel of St. Francis Xavier. This chapel has relics of the massacres of Jesuit priests and Christian followers in Japan around 1600. This will be a day trip with boat travel from Hong Kong to Macao.

The objective of this FDP is to see and explore one of the most important trade centers in the history of east-west trade. Macao was the fulcrum of trade between China, Japan, the Philippines and the Spice Islands in the East; and India, the Islamic Middle East and Europe in the West. Please Note: Lunch is at your own expense.

HKG24 TAI CHI, TEA, AND DIM SUM (0930-1400) Minimum 25/ Maximum 30 (PRICE: \$80)

EARLY BOOKING RATE: \$76

Tai Chi is a graceful exercise that combines thought and action and is developed from an ancient martial art that reflects the Taoist approach to stabilizing cosmic energy. The essence of Tai Chi is a blend of control and balance. After a lesson under the guidance of a Tai Chi master, visit a Chinese teashop to learn more about Chinese tea-drinking customs and the secrets of making Chinese tea. A Tang Dynasty scholar devised the first definitive treatise on tea-making more than 1,200 years ago, and it remains a thriving tradition in China today. Complete your trip with a delicious dim sum meal at a local restaurant followed by a stroll on the historical Wet Market. Please note: This practicum is not recommended for children.

HKG25 BEIJING - 4 DAYS/3 NIGHTS (0945 Day 2 - 1500 Day 5) Minimum 16/Maximum 200 (PRICE: : \$1,049)

EARLY BOOKING RATE: \$999

Beijing, the capital of China, lies just south of the rim of the Central Asian Steppes and is separated from the Gobi Desert by a green chain of mountains, over which runs the Great Wall. Modern Beijing lies on the site of countless human settlements that date back half a million years. *Homo erectus Pekinensis*, better known as Peking man, was discovered just outside the city in 1929. Beijing is China's second largest city in population and the largest in administrative territory.

Beijing first became a capital in the Jin Dynasty (1115-1234) but experienced its first phase of grandiose planning in the Yuan Dynasty under Emperor Kublai Khan, who made the city his winter capital in the late 13th century. Most of what the visitor sees



today dates from either the Ming or later Qing dynasties. Huge concrete tower blocks have mushroomed and construction sites are everywhere. Bicycles are still the main mode of transportation but taxis, cars, and buses jam the city streets.

Sites visited and activities included on this program to the capital of China include: the Temple of Heaven; the Hutong area on a *trishaw*; a local family for tea and interesting conversation, as well as a lesson in homecooking of *jiaozi* (the popular Chinese dumpling); Tiananmen Square; and the Forbidden City. The trip also includes a visit to the Guang Ai Migrant School in the Shunyi District on the outskirts of Beijing to participate in volunteer work, a visit to the Badaling section of the Great Wall, a visit to the Beijing International Kungfu School and a Chinese Acrobatic show.

Includes: flights; transfers; 3 nights' accommodation; guide; entrance fees for sightseeing; 3 breakfast; 2 lunches; 3 dinners; and mineral water on board coaches.

HKG26 HIKING ON THE GREAT WALL - 4 DAYS/3 NIGHTS (0945 Day 2 – 2000 Day 5)
Minimum 16/Maximum 64 (PRICE: : \$1,049)

EARLY BOOKING RATE: \$999

This trip offers the opportunity to explore the expansive Great Wall by hiking this rewarding wonder of the world. Once in Beijing, travel three hours by bus to *Simatai* where participants will watch the sunset over the Great Wall followed by an early evening under the stars. Enjoy exhilarating four- to five-hour hikes on Days 2 and 3 when the group will enjoy two different sections of the Wall. Hike *Simatai* and *Jinshanling*. The *Simatai* Great Wall is celebrated for its steepness and durability. Main attractions include the Stairway to Heaven, the Fairy Tower, the Heaven Bridge and the Wangjinglou Tower. Continue to *Jinshanling*, the best-preserved part of the Great Wall with many original features. The next day, travel to the *Gubeikou*, which in comparison to the previous hike is fairly smooth and amenable. On the last day, return to Beijing and visit Tiananmen Square and the Forbidden City before the return flight to Shanghai.

Includes: flights; transfers; 3 nights' accommodation; air-conditioned bus to Simatai; sunset over the Great Wall; 3 breakfasts; 3 lunches; 3 dinners, including Peking Duck; Simatai-Jinshanling hike; Jinshanling- Gubeikou hike; and visit to Tiananmen Square and the Forbidden City.



Cancelled! HKG27 FOXCONN FACTORY VISIT (1200-1700) Minimum 10/Maximum 30 (PRICE: \$113)

[FDP: HOWARD]

Foxconn Technology Group is the most dependable partner for joint-design, joint-development, manufacturing, assembly and after-sales services to global Computer, Communication and Consumer-electronics ("3C") leaders. Aided by its legendary green manufacturing execution, uncompromising customer devotion and award-winning proprietary business model, eCMMS, Foxconn has been the most trusted name in contract manufacturing services (including CEM, EMS, ODM and CMMS) in the world. The tour will depart from Hong Kong and continue by cross-border coach to Shenzhen. After we arrive at the factory, we will watch a video about Foxconn and then view their presentation. You then will have time for the Q&A session. Next, take a tour of the campus and their measurement laboratory. Please note: This trip travels across a border; therefore a multiple-entry China visa is required. All visa requirements are the sole responsibility of the participant. The actual departure and

return times are subject to change depending on factory workload and will be confirmed closer to port arrival.

HKG28 GUILIN - 4 DAYS/3 NIGHTS (1300 Day 2 - 1500 Day 5) Minimum 16/Maximum 40 (PRICE: \$1049)

EARLY BOOKING RATE: \$999

Guilin is world famous for its eroded limestone mountains. The scenery of Guilin inspired classical Chinese landscape painting. Strangely-shaped karst formations, shrouded in mist and reflected in the winding Li River, give Guilin a wondrous watercolor feel. These karst formations were thrust up from the limestone seabed that covered the region some 300 million years ago. Eroded over the centuries by the area's unique wind and water conditions, this "stone forest" with its many subterranean caves and rivers, creates a haunting atmosphere. Located in the northeast of Guangxi Zhuang Autonomous Region, Guilin is considered to be the pearl of China's thriving tourist industry on account of its natural beauty and historic treasures. Covering an area of about 10,734 square miles, the city is rather compact when compared to other leading cities in the country. However, situated within this area, one can find green mountains, crystal clear waters, unique caves and beautiful stones. Major attractions include Elephant Trunk Hill, Li River, Reed Flute Cave and Seven-Star Park, which boasts a stone museum with amazing geological finds on display.



Spend a morning exploring the Longji Terraces located about two hours from Guilin. The rice terraces are built into the hillsides and look like great chains or ribbons as they wind from the foot to the top of the hill. This ingenious construction makes good use of the scarce arable land and water resources in the mountainous area. There are about 66 square kilometers of terraced fields in the southeastern part of Longsheng. In the afternoon, visit a village school at Longsheng.



Take a day to enjoy a downstream cruise on the Lijiang River and be exposed to the indescribable beauty and scenery surrounding it. Disembark at a small village, where you will have chance to visit a local family. Continue with a drive up to Yangshuo. The relaxing pace of life, friendly people, good food, scenic beauty, rice fields, clear streams and country roads for cycling all make it the paradise for those who seek rest from the harsher aspects of life in the big cities. There will be some free time to shop at the "Biggest Market of the World." Enjoy a buffet lunch onboard.



In the afternoon, arrive at Yangshuo which lies in the northeast of Guangxi Province and to the southeast of Guilin City. The special geography gives it breathtaking beauty while more than 1,400 years of history bless it with a deep traditional culture. The diverse ethnic minority groups—including Hui, Zhuang, Yao and others—enrich it with special folk cultures represented by their various festivals, while many foreign residents add exotic flavors to its fascination.

Wander along West Street, the oldest street in Yangshuo with a history of more than 1,400 years. Situated at the center of Yangshuo County, West Street has become, since the 1980's, a window of eastern and western culture and the biggest foreign language center in China. West Street is the most prosperous district in Yangshuo, and each year, approximately 100,000 foreigners come here on their travels or to attend advanced studies. Visitors are attracted to West Street by its unique mix of cultures. In the evening, enjoy a folk dancing show.



On the final morning, explore Yangshou and its villages by bicycle. Six kilometers away from the County of Yangshuo, you will find a prominent and towering tree: the Big Banyan Tree. It has survived wind and rain over centuries since it was planted during the Sui Dynasty (581-618). It is also famous because the Chinese film *The Third Sister Liu* was partly shot here. Enjoy lunch at a local restaurant before completing your journey to Shanghai to return to the ship.

Includes: flights; transfers; 3 nights' accommodation in hotel; all tours; guide; entrance fees for sightseeing; river cruise in Yangshuo & Impression Liu San Jie Show; 3 breakfasts; 3 Lunches; 3 dinners; and mineral water on board coaches.

Cancelled! HKG29 DOLPHIN WATCHING CRUISE (1300-1800) Minimum 25/Maximum 50 (PRICE: \$74)

EARLY BOOKING RATE: \$69

Transfer to the pier to board the vessel that will take you on a 2.5 hour cruise in search of pink dolphins. These dolphins live within a few kilometers of the world's busiest shipping center and one of the most densely populated urban areas. Chosen as the official mascot of the 1997 hand-over ceremony, the dolphins are threatened by pollution, overfishing and reclamation. A brief talk about these lovely mammals and informative handouts will be provided. This trip is designed to minimize disturbance to the dolphins so that they are pretty comfortable with the boats being used and sometimes come quite close.



SHANGHAI, CHINA

Arrive: 0800 Thursday, April 5
Onboard: 1800 Saturday, April 7
Depart: 2000 Saturday, April 7

DAY 5: Thursday, April 5

SHA51 SHANGHAI CITY ORIENTATION – GROUP A (1030-2030) Minimum 16/No Maximum (PRICE: \$103)

EARLY BOOKING RATE: \$98

Until the mid-19th century, Shanghai was a small fishing town on the Huangpu River. Its rise to prominence came as the result of its selection as a treaty port by the British after the Treaty of Nanjing. Since then, its unparalleled locational advantages have sustained its position as one of China's leading cities.

This orientation begins with a visit to Yu Garden, a fully restored classical Chinese garden with ingeniously mingling pavilions and corridors, small hills, and carefully selected and placed rocks, lotus ponds, and bridges, winding paths, trees and shrubs. This will be followed by a visit to the Jade Buddha Temple, an active temple with approximately 70 resident monks. Easily recognized by its bright saffron walls, the temple's centerpiece is a 1.9-meter high jade Buddha encrusted with jewels. Proceed to the Old Town Bazaar, followed by lunch at a local restaurant. After lunch, continue to the historic Shanghai Bund, a seven-mile long grand boulevard on the bend of the Huangpu River, and visit the Shanghai Museum for a self-guided tour (headsets provided). Conclude your day in Shanghai with dinner at a local restaurant, followed by an acrobatics show at the Shanghai Center Theater.

SHA52 NEW SHANGHAI – MAGLEV TRAIN (1200-1700) Minimum 16/Maximum 114 (PRICE: \$76)

EARLY BOOKING RATE: \$72

The Maglev train in Shanghai is the first of its kind in the world; made of breakthrough German technology, the Magnetic Levitation (Maglev) Train is the new state-of-the-art mode of transportation in Shanghai. Using no wheels, the train floats on an electromagnetic cushion, which is propelled along a guide way at incredible speeds. Meandering for 33 kilometers from Long Yang Lu Station to the Pudong International Airport and built with a budget of over one billion U.S. dollars, the train can reach a speed of 430 kilometers per hour, the highest ever for any operational transport on the ground.

The tour starts on an air-conditioned motorcoach from the pier to the Long Yang Lu Station at Pudong New District. You will then board the Maglev Train for an eight-minute ride to the Pudong Airport and experience the sensation of flying as the train accelerates in no time to its maximum speed. Pause for a short while before the train brings you back to Long Yang Lu Station. Board your motorcoach again and drive through the Lujiazui Area of the Pudong New District. Developed only a decade ago from farmlands, this area has now become the financial center of China with numerous high-rise office buildings. A short stop will be arranged at the new landmark of Jinmao Hyatt Hotel, which is currently the second highest in the city. Return to the ship after this dynamic half-day tour.



SHA53 ERA ACROBATIC PERFORMANCE (1830-2130) Minimum 16/ Maximum 60 (PRICE: \$54)

EARLY BOOKING RATE: \$49

An acrobatic extravaganza, the multimedia theatrical performance called “ERA: An Intersection of Time” mixes traditional Chinese acrobatics with technology. Multimedia effects are used to enhance sound, create smells and add wind, light, fog and even a spray of water to the show.

ERA is a love story, yet it is also a story about the fascination with that other dimension man has yet to conquer: time. ERA’s acrobats are on a quest to find that tenuous point of balance, the intersection between X, Y and Z. Be amazed by the acrobats’ control and precision and be enchanted by the world that is created through the use of multimedia technology, lighting and sound effects, elaborate costumes, original live music and much, much more.



DAY 6: Friday, April 6

SHA60 SHANGHAI VOLKSWAGEN FACTORY VISIT (0830-1230) Minimum 16/Maximum 40 (PRICE: \$90)

EARLY BOOKING RATE: \$86

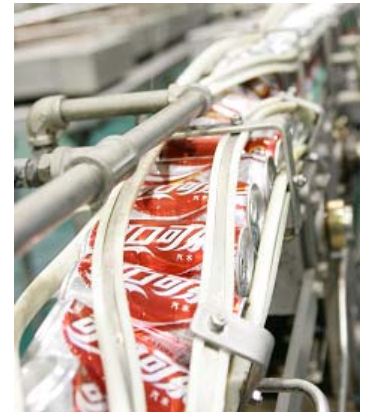
Tour the Shanghai Volkswagen plant. With 13,000 employees, the Volkswagen plant in Shanghai (SVW) is one of the company’s largest. The Polo, Polo Classic, Santana, Santa Vista und Variant and Touran und Passat (Lingyu, B5) models are produced in a joint venture with the Shanghai Automotive Industry Corporation (SAIC). In all, the Shanghai location comprises five operating areas: three for the manufacture of entire vehicles and two for engine production.

SVW has had ISO 14001 certification since 1997 and is integrated into the VW Group's environmental management system. All of SVW's production lines and products meet both Chinese environmental protection laws and regulations and Volkswagen standards. SVW continues to work on reducing its energy consumption and environmental pollution. Internal controls help to track energy-saving measures used by employees. Moreover, installations are either brought forward to state-of-the-art specifications or are retrofitted. To protect water resources, the steam plants at this location are interconnected by means of a pipe system, thus considerably reducing the use of fresh water. In addition, self-contained condensate recycling systems have been introduced, permitting a large proportion of condensate to be reused. Learn more by visiting www.vw.com.cn/en.html.

SHA61 COCA-COLA PLANT VISIT (0830-1230) Minimum 16/Maximum 40 (PRICE: \$72)

[FDP: MORTON & RANADE]

Coca-Cola is one of the most well-known international brands in China, with a leading position in the soft drinks market. Since re-entering China in 1979, Coca-Cola has invested more than US\$2 billion in the local market. By the end of October 2009, China Business Unit had established a total of 39 bottling plants. Now the Coca-Cola system employs more than 40,000 people, virtually 99 percent of which are local hires. The system has also donated more than RMB 100 million to support China's



national and regional social charity undertakings. Immediately after the Sichuan earthquake, the Coca-Cola System (including Coca-Cola (China) Beverages Ltd., COFCO Coca-Cola Beverages Ltd., Coca-Cola China Industries Ltd. and Swire Beverages Ltd.) donated RMB 20 million in immediate relief support. It donated another RMB 80 million to help with the reconstruction of schools destroyed by the earthquake, with total contributions of RMB 100 million in disaster relief and rebuilding efforts.

SHA62 EXCHANGE ON SINO-US RELATIONS WITH CHINESE COLLEGE STUDENTS (0900-1300) Minimum 16/Maximum 30 (PRICE: \$29 + OOPEX)

[FDP: ZHANG]

Students in Professor Zhang's course, PLIR 3559 Sino-American Relations, will travel to Fudan University, one of the most prestigious universities in China, to meet Chinese college students in related fields to engage in a free discussion about issues on Sino-U.S. relations in the 21st century. Please note: Lunch is at the cafeteria at your own expense.



SHA63 SERVICE VISIT: KINDERGARTEN VISIT (1000-1400) Minimum 16/Maximum 25 (PRICE: \$47)

[FDP: SCHWEGLER]

Participants will visit a local kindergarten to meet and interact with the teachers and children who range in age from three to five years. After a tour of the facilities, there will be an opportunity to interact with the children. Please note: Box lunches from the ship will be provided. Participants are encouraged to bring interactive materials to assist in engaging with the children and to leave behind as donations.

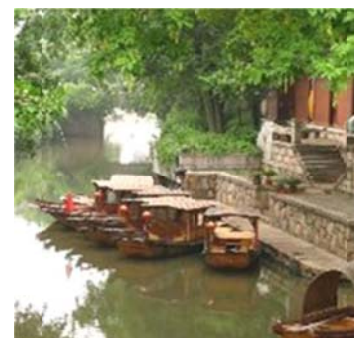
Students' task: A primary purpose of this kindergarten visit is to learn whether the children (and teachers) speak one or several different (ethnic) languages. Also, we will want to learn what is used as the main language of instruction. SAS students will be asked to inquire whether there are significant dialectal variations in the language(s) used by the children. Also of interest will be the question of whether, within this kindergarten context, language is strictly ORAL, or also written (are local children taught to read and write at an early age?). Finally, we'll want to explore how the main language of instruction is related to other languages of Asia.



SHA64 ZHUJIAJIAO WATER VILLAGE (1230-1730) Minimum 16/ Maximum 114 (PRICE: \$62)

EARLY BOOKING RATE: \$59

Located in a suburb of Shanghai, Zhujiajiao is an ancient water town well-known throughout the country, with a history of more than 1,700 years. Covering 47 square kilometers, the little fan-shaped town glimmers like a bright pearl in the landscape of lakes and mountains. Endowed with another elegant name, "Pearl Stream," this town is the best preserved among the four ancient towns in Shanghai. Unique old bridges crossing bubbling streams, small rivers shaded by willow trees, and houses with attached courtyards transport those living amidst the hustle and bustle of the modern big city to a world full of antiquity, leisure and tranquility.



SHA65 TRADITIONAL CHINESE OPERA (1800-2230) Minimum 16/No Maximum (PRICE: \$49)

[FDP: FOWLER]

Yi Fu Theater has the longest history and greatest scale of any Chinese opera theater in Shanghai. Established in 1925 as Tian Chan Theater, this venue has featured numerous Peking Opera performances and many famous Chinese opera artists. Early on, it became known as the largest theater in the Far East.

In 1990, the theater was rebuilt and renamed Yi Fu Theater. In 1994, it opened to the public with an elegant new appearance and advanced facilities. Now, Yi Fu Theater offers nearly 1,000 seats on two floors, and its crown jewel is still the Peking Opera. Enjoy an evening performance (not translated) accompanied by Professor Fowler and a local guide. Specific performances are announced only two weeks in advance.

With Professor Fowler, students will be watching for clues to the opera's imaginative and actual uses of space and to its virtual coding of temporal movements: diurnal, biological, biographical, seasonal, historical, traditional, futuristic time.



DAY 7: Saturday, April 7

SHA70 SUNRISE TAI CHI (0530-0830) Minimum 30/Maximum 80 (PRICE: \$41)

EARLY BOOKING RATE: \$38

Tai Chi is a graceful exercise that combines thought and action and is developed from an ancient martial art that reflects Taoist philosophy. The essence of Tai Chi is a blend of control and balance. You will travel by motorcoach to a public square where you will practice Tai Chi with locals. Under the guidance of a Tai Chi Master, students will perform alongside other groups of participants. During this practicum, learn about the history, practice and different forms of Tai Chi as well as related types of martial arts. Please note: Early morning temperatures may be cool; layered clothing is recommended.



SHA71 SHANGHAI MARKETPLACE (0700-1730) Minimum 16/Maximum 16 (PRICE: \$36)

[FDP: HOWARD]

Visit a variety of markets in Shanghai—from luxury stores to street markets—accompanied by knowledgeable local guides. This practicum will provide students with an understanding of marketplace diversity and an appreciation for the difficulties encountered in marketing products when the norms of retailing are so different from those in the U.S.

Begin the day with a visit to a local market, observing local shoppers perusing such offerings as fresh flowers, handmade chocolates, natural yogurt, organic foods and produce, and other homemade goods. Next, proceed to a Shanghai Wal-Mart. Wal-Mart came to China in 1996. The first Supercenter and Sam's Club were opened in Shenzhen, Guangdong Province. Today, there are 104 units in 55 cities, including 99 Supercenters, three Sam's Clubs and two Neighborhood Markets. Across China, Wal-Mart employs over 50,000 associates.

Enjoy a local Chinese lunch before proceeding to the Commodity Market, which occupies over 215,000 square feet of indoor market space and specializes in small commodities. Next, get a sense of the Chinese computer market with a visit to Hisap, one of the country's top ten consumer electronics retailers. Hisap has nearly 80 retail stores throughout China with total annual sales exceeding 10 billion RMB. If time permits, conclude the afternoon at Plaza 66, Shanghai's version of a luxury mall. Please note: Although this FDP takes students to several shopping areas, the focus of the trip is more academic in nature. *This is not a tourist shopping day for participants.*

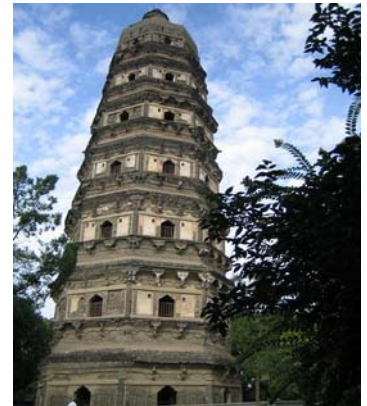
SHA72 SUZHOU (0700-1800) Minimum 16/No Maximum (PRICE: \$95)

[FDP: OLWELL]

Located in the middle of the Yangtze Delta on the Grand Canal just west of Shanghai, Suzhou is noted for its classical gardens and traditional handicrafts (silk embroidery and tapestry, mahogany furniture, regional pottery, etc.). When Marco Polo visited Suzhou in the 13th century, he called it the beautiful city of 6,000 bridges, an exaggeration to be sure, but because of the canal system and bridges still evident in the old city, Westerners have often called it the Oriental Venice. Of the more than 100 magnificent gardens in Suzhou originally created by retired officials or literati, only a dozen are now open to visitors. This type of landscape design was frequently used in the densely populated cities of the Ming and Qing eras, where residents recalled the countryside with nostalgia and yearned to commune with nature once again.

Visit the Garden of the Master of Nets (the smallest in Suzhou, part of which is reproduced in New York's Metropolitan Museum of Art), the Lingering Garden (one of the four most famous gardens in China), the Leaning Pagoda and the Humble Administrator Garden. Walk through the main campus of Suzhou University, formerly an American Missionary School founded in 1900, and notice its sharp contrast to the old city and its gardens. (Lunch at a local restaurant and a canal boat ride are included.)

With their delicacy, intimacy and simplicity, the gardens of Suzhou epitomize landscaping art for the private garden. Suzhou's gardens embody many of the ideas behind traditional Chinese landscape painting, concepts that have been put into practice in various forms for over a thousand years. Indeed, as we wander through the gardens, we will consider the philosophical beliefs of Confucianism, Taoism and Buddhism, and the romance of ancient painting, prose and poetry that had such a direct influence on the gardens' creators.



SHA73 WALKING TOUR OF HISTORIC AND CONTEMPORARY SHANGHAI (0900-1300) Minimum 20/Maximum 30 (PRICE: \$42)

[FDP: FARMER]

Located near the mouth of the Yangzi River, Shanghai has developed into a major hub of international trade and cultural interaction. Our walking tour will take us to the heart of the old walled city, to the City God Temple and the Yuyuan Garden (an example of traditional architecture). Then, we will visit the Bund to see remnants of foreign influence and walk up Nanjing East Road to the contemporary pedestrian mall (buxingjie). We will have a Chinese lunch before returning to the ship.

SHA74 JADE BUDDHA TEMPLE AND LONGHUA TEMPLE (0900-1300) Minimum 20/Maximum 40 (PRICE: \$39)

[FDP: GRAVES & MATTAI]

This trip will enable students to visit two of the most important Buddhist temples in Shanghai, the Longhua Temple and the Jade Buddha Temple.

The Longhua Temple is the oldest and largest temple in Shanghai. Built in AD 242 during the Three Kingdom period, it is located beside the town of Longhua to the southwest of the city. Damaged and rebuilt several times, the present temple was erected under the reign of Emperor Guang Xu in the Qing Dynasty. In front of the temple, there is a seven-story octagonal pagoda with upturned eaves at each corner. The temple has seven halls, representing the style of the Zen School of Buddhism. By visiting this temple, students will have a chance to see how certain principles of Buddhist philosophy and mythology are translated into artistic and architectural expressions.

This trip will give students the opportunity not only to see the architectural expressions of Chinese Buddhism, but to experience the living, liturgical dimensions of Buddhist monastic practice as well. To that end, we will also visit the Jade Buddha Temple, which is also the site of a famous monastery in the area south of the Yangtze River. The temple was founded in 1882 in the southern outskirts of Shanghai and was literally moved to a more central point of the city. Enshrined there are two white jade statues of Sakayamuni, one reclining and the other sitting. If we're lucky, we may be able to catch a glimpse of monks reading from their sacred scriptures or engaged in singing and chanting prayers.

Students in Professor Mattai's class will create a photo journal documenting the trip for use in visual projects.

SHA75 TASTING THE DAILY LIFE OF A SHANGHAI CITIZEN (0900-1530) Minimum 16/Maximum 37(PRICE: \$74)

[FDP: BASS]

This trip will provide a unique opportunity to observe and experience aspects of everyday life for a Shanghai family. You will travel by motorcoach to a residential community where you will visit a free market where locals shop for food each day. After a briefing at the Neighborhood Committee, you will break into groups of eight to visit a local family. You will learn the art of Chinese cooking while helping your host prepare a lunch that you will all enjoy together. You will also visit an Elder People Club to interact with the residents during their leisure hours when they sing and dance. You are welcome to join in the activities!



SHA76 SHANGHAI ECONOMIC STRATEGY TOUR AND AUTHENTIC CHINESE BUSINESS LUNCH (1000-1400) Minimum 15/Maximum 20 (PRICE: \$59)

[FDP: TAKEDA]

Keith Barr is a longtime resident of China who has been at the center of city, region and growth planning in the multi-billion dollar leisure industry (tourism, hotels, retail, city planning, events planning, etc). He has graciously accepted our invitation to host a small number of students (twenty) for a talk, walking tour and traditional "business" lunch in the heart of the bustling business section of Shanghai—Pudong. Students will learn how the city, region and country have undergone rapid transformation and how

Shanghai has positioned itself as a major global hub of the future. They will explore topics such as infrastructure investment, global strategic planning, industrial policy and others.

Students will participate in an interactive presentation by Mr. Barr, convene to a walking tour of the business district and complete the FDP with an open dialogue session conducted over a traditional Chinese Business Lunch.

SHA77 SHANGHAI CITY ORIENTATION – GROUP B (0900-1700) Minimum 16/No Maximum (PRICE: \$77)

[FDP: ACEVEDO-MUNOZ]

Until the mid-19th century, Shanghai was a small fishing town on the Huangpu River. Its rise to prominence came as the result of its selection as a treaty port by the British after the Treaty of Nanjing. Since then, its unparalleled locational advantages have sustained its position as one of China's leading cities.

This orientation begins with a visit to Yu Garden, a fully restored classical Chinese garden with ingeniously mingling pavilions and corridors, small hills, and carefully selected and placed rocks, lotus ponds, bridges, winding paths, trees and shrubs. This will be followed by a visit to the Jade Buddha Temple, an active temple with approximately 70 resident monks. Easily recognized by its bright saffron walls, the temple's centerpiece is a 1.9-meter high jade Buddha encrusted with jewels. Proceed to the Old Town Bazaar, followed by lunch at a local restaurant. After lunch, continue to the historic Shanghai Bund, a seven-mile long grand boulevard at the bend of the Huangpu River and visit the Shanghai Museum for a self-guided tour (headsets provided). After the tour of the museum, return to the ship.

SHA78 SHANGHAI MUSEUM (1230-1800) Minimum 16/Maximum 45 (PRICE: \$35)

[FDP: WILKINSON]

Located in the center of Shanghai in People's Square, Shanghai Museum is a large museum of ancient Chinese art. The museum's style and presentation surround visitors with artifacts demonstrating ancient wisdom and philosophy. The exterior design of the round dome and the square base symbolizes the ancient idea of a round heaven and a square land.

The museum is divided into eleven galleries and three exhibition halls. The eleven galleries cover most of the major categories of Chinese art: Ancient Bronze, Ancient Ceramics, Paintings, Calligraphy, Ancient Sculpture, Ancient Jade, Coins, Ming and Qing Furniture, Seals and Minority Nationalities.

Accompanied by Professor Wilkinson and a local guide, explore the various exhibits, including over 400 pieces of bronze wares covering the history of ancient Chinese bronze art, and more than 500 ceramic pieces spanning from the Neolithic age. The stunning new Shanghai Museum of Art is already one of the world's great museums. It is an architectural gem that shows contemporary influences yet refers back to the earliest periods of Chinese history by emulating the shape of an ancient ritual bronze vessel. The objective of this FDP is to study the arts of China firsthand and to understand their development in the context of Chinese society, religion and history. While Prof. Wilkinson and the museum guide will highlight certain pieces, there will also be time for personal viewing. Audio guides are also available.

SHA79 SHANGHAI MEDIA GROUP OFFICE (1300-1700) Minimum 16/Maximum 25
(PRICE: \$29)

[FDP: DOWNING]

Participants on this FDP will travel by bus to visit the head office of the Shanghai Media Group. There will be a guided tour, information session and discussion with a member of SMG's Entertainment Group, which covers all the entertainment industries of Shanghai Media Group, with Wingsmedia Corporation responsible for marketing and franchising SMG copyrighted contents around the world.

Objectives: To understand the operations of the Shanghai Media Group, currently one of the PRC's largest media firms, with interests in many branches of media.

SHA80 THE FRENCH CONCESSION & URBAN PLANNING MUSEUM (1300-1700)
Minimum 16/Maximum 30 (PRICE: \$29)

[FDP: INGRAO]

Take a walking tour of the old French Concession and International Settlement to see the European influence on this port city. Most of the old-style houses in this area have remained intact, providing a charming surrounding for strolling, browsing in shops and imagining what life must have been like for Shanghai's wealthy community prior to World War II.

The tour will begin at Fuxing Park. The park is one of the oldest French-style parks in Shanghai. The route from Fuxing Park along Middle Fuxing Road and Sinan Road used to be the French Concession but is now considered historical Shanghai. With the plane trees lining alongside the road, you will find the Old Shi Ku Men houses (stone-built houses) and private gardens side by side, some of which are former residences of Old Shanghai celebrities, including: Zhang Xueliang (great General in the Anti-Japanese War), Sun Yat-sen (Founder of Republic of China), Zhou Enlai (First Prime Minister of People's Republic of China), among others.

Despite its dry sounding name, the Urban Planning Museum is a surprisingly informative and interesting venue containing some amazing scale models of Shanghai at various points in its development. The most impressive is the model that shows all existing and approved buildings in Shanghai. It represents the entire city and takes up an entire floor of the building. Another model shows what Shanghai will look in a couple of decades. In the basement is a model of Old Shanghai complete with cobblestones, shops and teahouses.

SHA81 FAMILY PLANNING NEIGHBOURHOOD COMMITTEE (1330-1730) Minimum
16/Maximum 24 (PRICE: \$39)

[FDP: PARROT]

China has a population of over 1.3 billion. In recent years, the government has worked to reduce the rate of population growth. Today, the growth rate is approximately 1.1 percent (doubling time of 63 years). The Neighborhood Committee supervises family planning in the urban areas of China and also dispenses birth control information and other materials. We will meet with the committee members to discuss how the Chinese promote the national "one child" policy and its implications on gender and then take part in a question-and-answer session.

YOKOHAMA, JAPAN

Arrive: 0800 Friday, April 13
Onboard: 1800 Saturday, April 14
Depart: 2000 Saturday, April 14

DAY 4: YOKOHAMA - Friday, April 13

Cancelled! YOK41 MOUNT TAKAO HIKING (0800-1600) Minimum 20/Maximum 25 (PRICE: \$153 + OOPEX)

EARLY BOOKING RATE: \$145 + OOPEX

Enjoy a day of hiking at Mount Takao, located in Hachioji City within an hour of downtown Tokyo. Standing 599 meters tall, Mount Takao is a popular hiking spot with eight trails and more than 2.5 million visitors annually. This region is located on the natural boundary between Japan's subtropical and temperate forests, so trees and other plants typical of both types of woodland are present. Hike along trails under huge cedar trees that are hundreds of years old and enjoy the fabulous view from the summit—if the weather is right, you can see Mount Fuji clearly. Following the hike, visit the Mount Takao Monkey Park to see monkeys and learn about their relationships and social order from trained professionals. Around mid-November, deciduous trees like the maples *iroha momiji* (*Acer palmatum*) and *ou momiji* (*Acer amoenum*) decorate the landscape most elegantly. Begin the journey up the mountain by taking the cable car and pass through a tunnel of colors. Please note: Sturdy walking shoes are recommended. Lunch is at your own expense.



YOK42 MT. FUJI, HAKONE & TOKYO OVERNIGHT (0800 Day 4 – 1730 Day 5) Minimum 21/Maximum 44 (PRICE: \$597)

EARLY BOOKING RATE: \$569

See the natural beauty of the Fuji-Hakone-Izu National Park, the iconic Mount Fuji and the historical and cultural highlights of Tokyo during this two-day program.

Includes: Round-trip transportation by motor coach; guide; Komagata Ropeway; boat ride on Lake Ashi; dinner; overnight at hotel; breakfast; Meiji Shinto Shrine; Imperial Palace Plaza; lunch on Day 2; Asakusa Kannon Temple; and Nakamise Street.



Cancelled! YOK43 TOKYO OVERNIGHT with YOKOHAMA CITY TOUR (0900 Day 4 – 1730 Day 5) Minimum 16/Maximum 44 (PRICE: \$579)

EARLY BOOKING RATE: \$549

See the historical and cultural highlights of Japan's two largest cities—Yokohama and Tokyo. This program provides a great overview of both cities as well as some free time in Tokyo, the nation's metropolis.

Includes: Round-trip transportation by motor coach; guide; Sankeien Garden; Landmark Tower; overnight at hotel; breakfast; Meiji Shinto Shrine; Imperial Palace Plaza; lunch on Day 2; Asakusa Kannon Temple; and Nakamise Street.



YOK44 KABUKI THEATER (1000-2000) Minimum 20/Maximum 40 (PRICE: \$120+ OOPEX)

[FDP: FOWLER, OLWELL, MULDOON & TAYLOR]

Kabuki plays trace their origin to the feudal days of the Tokugawa Shogunate. Kabuki is an actor's medium of melodrama with artful settings, special effects, and magnificent costumes. Kabuki is the most recognized and enjoyable medium to foreigners. It involves audience participation with people calling out loudly to actors and moving about the theater. Specific performance details will be communicated to participants when the performance schedule is announced.

Participants from Professor Taylor's Cognitive Psychology course will have the opportunity to observe how the use of color in the actors' costume and stage scenery enhance comprehension of each play's theme.

Please note: Shortly after registering for this trip, students must show a valid university/college student ID to the Field Office verifying that they are eligible for a discounted ticket, which is \$15 less than the adult admission ticket. The student ID must be shown at the box office the evening of the event. A \$15 credit will be applied to the shipboard account of those registered students that presented the student ID as outlined.

The performance is at the National Theatre in Tokyo and occurs from 1230-1645. The group will use public transportation to and from the ship. If participants wish to stay in Tokyo after the performance, please inform Professor Taylor. Dinner is at your own expense.

YOK45 JAPANESE HOME VISIT – GROUP A (1000-1600) No Minimum/Maximum 8 (PRICE: \$36 + OOPEX)

EARLY BOOKING RATE: \$32 + OOPEX

The purpose of this home visit, sponsored by a Yokohama volunteer organization, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to engage in in-depth personal and intellectual exchanges with your hosts, who will meet you at the ship. Out-of-pocket expenses may range from ¥1,500 to ¥2,500 (approximately US \$20 to \$30) to cover expenses incurred during the day. Please remember to bring a small gift to your host family (possibly a box of sweets or a memento from your home city or school). Please note: Out of respect to the host families, cancellations will not be acceptable.



YOK45 YOKOHAMA CITY ORIENTATION (1300-1830) Minimum 30/Maximum 44 (PRICE: \$127)

EARLY BOOKING RATE: \$119

Although originally a small fishing village, Yokohama is a major commercial hub and remains a prominent port city within Japan. Many Western influences were first introduced in this prefecture. Japan's first English language newspaper, the *Japan Herald*, was first published in Yokohama in 1861. Japan's first gas-powered street lamps were built in 1872 as was the country's first railway to stretch from Yokohama to Tokyo's *Shinagawa* and *Shimbashi*. On this day visit some of the many highlights found in Japan's second largest city.



Board your motorcoach for a city orientation. Highlights include the *Sankeien* Garden, which was originally built by silk trader Tomitaro Hara as his private residence. This authentic Japanese garden sprawls 175,000 square meters and features a three-story pagoda, a Buddhist sanctum and several tea ceremony houses. Then, make your way over to Harbor View Park, where you will visit Landmark Tower—the tallest building in Japan—and enjoy a panoramic view from its observation deck, known as the “Sky Garden.”

DAY 5: YOKOHAMA - Saturday, April 14

YOK51 MOUNT FUJI (0700-1730) Minimum 25/Maximum 45 (PRICE: \$126 + OOPEX)

[FDP: THOMAS]

As the highest peak in Japan, Mount Fuji stands 12,388 feet high with a near-perfect stratovolcano shape. It has remained dormant since its last eruption in 1707. This symbol of Japan is highly regarded for its beauty and is frequently a subject in Japanese art. Undoubtedly the best known series of artwork inspired by Mount Fuji is *Fugaku Sanju Rokkei* (Thirty-six Views of Mount Fuji). Published in 1830 by woodblock artist Hokusai, this series of prints actually contains forty-six designs. Adding to the beauty of this mountain are its permanently snow-capped peaks, which can be seen year round. For those looking to climb Mount Fuji, a Japanese proverb issues a lighthearted warning: “He who climbs Mount Fuji once is a wise man; he who climbs it twice is a fool.”

Begin this full-day orientation traveling by motorcoach to the base of Mount Fuji. Explore the Visitor Center before driving up to the mountain’s fifth station (*depending on seasonal road conditions*). Weather permitting, enjoy expansive views Hakone National Park and Mount Fuji. Please note: Lunch is at your own expense.

YOK52 MOUNT FUJI AND HAKONE (0700-1830) Minimum 25/Maximum 88 (PRICE: \$166 + OOPEX)

EARLY BOOKING RATE: \$159

As the highest peak in Japan, Mount Fuji stands 12,388 feet high with a near-perfect stratovolcano shape. It has remained dormant since its last eruption in 1707. This symbol of Japan is highly regarded for its beauty and is frequently a subject in Japanese art. Undoubtedly the best known series of artwork inspired by Mount Fuji is *Fugaku Sanju Rokkei* (Thirty-six Views of Mount Fuji). Published in 1830 by woodblock artist Hokusai, this series of prints actually contains forty-six designs. Adding to the beauty of this mountain are its permanently snow-capped peaks, which can be seen year round. For those looking to climb Mount Fuji, a Japanese proverb issues a lighthearted warning: “He who climbs Mount Fuji once is a wise man; he who climbs it twice is a fool.”

Begin this full-day orientation traveling by motorcoach to the base of Mount Fuji. Explore the Visitor Center before driving up to the mountain’s fifth station. Weather permitting, enjoy expansive views of Hakone National Park and Mount Fuji. Then continue to Hakone and ride the famous Komagatake Ropeway. Enjoy a relaxing boat ride on Lake Ashi before returning to the ship. Please note: Lunch is at your own expense.



Cancelled! YOK53 KAMAKURA (0800-1600) Minimum 35/Maximum 44 (PRICE: \$109 + OOPEX)

EARLY BOOKING RATE: \$104

Kamakura was the capital of Japan from 1185 to 1333. Rule of Japan had effectively passed from the imperial family and nobles represented by the Fujiwaras to the samurai. When the capital was moved away from Kyoto, new forms of Buddhism, particularly Zen and Pure Land, were patronized. Visit the *Tsurugaoka Hachiman-gu* (shrine). Originally built in Kyoto in 1063, the shrine was moved to its present location in 1180 and is known for its *Homotsuden* (treasure house), big ginkgo leaves and *Sugaraba* (a haiku-inscribed monument). Continue to *Hasedera* (temple) to view its impressive 30-foot Buddha statue. With its eleven faces, this is reportedly the largest wooden statue in Japan. Lastly, make a trip to *Kamakura Daibutsu* (Great Buddha) to see the nearly 44-foot bronze statue that weighs over 93 tons. Admire the craftsmanship of this outdoor statue before returning to the ship. Please note: Lunch is at your own expense.

YOK54 MODERN TOKYO/GLOBAL CITY (0900-1800) Minimum 25/Maximum 44 (PRICE: \$131 + OOPEX)

[FDP: ACEVEDO-MUNOZ]

This FDP showcases the modern world of Japan—its technology and industrial prowess. Begin this full-day orientation with a visit to *Hamarikyu* Garden. The residence of a feudal lord during the Edo Period, *Hamarikyu* is now one of Tokyo's most attractive and favored gardens. After touring the peaceful garden oasis, visit the Toyota Mega Web Showroom—an expansive complex which houses a sampling of every Toyota passenger vehicle on the market and numerous Toyota racecars. Continue to Akihabara Electric Town. A world-renowned shopping district, this area is true to its name and saturated with electronic stores. Fierce competition makes this a popular destination for locals seeking price comparisons and the latest *anime* and video games. Before returning to the ship, visit Tokyo Tower, the world's tallest self-supporting steel tower and enjoy a panoramic view of the city. Please note: Lunch is at your own expense.

YOK55 KICHIJOJI: WHERE OLD AND NEW JAPAN COLLIDE (0900-1600) Minimum 21/Maximum 40 (PRICE: \$65 + OOPEX)

[FDP: LEFEBVRE & LUNSFORD]

Kichijoji in western Tokyo is one of the most “happening places” in Japan today. This neighborhood oozes energy, combining the new and traditional in ways that are sometimes bizarre, often exciting, and always full of insights into contemporary Japanese culture. We will visit the old temple Gessoji and then explore the maze of shopping streets: everything from faddish boutiques along narrow roads to the massive Yodobashi Camera electronics (and clothing) complex. In the afternoon, we will enjoy a box lunch (provided from the ship) in the centuries-old Inogashira Park, where the Kanda River gets its source, and then walk around the park itself, where people typically gather to paint, boat, buy foods, or simply stroll. The group will pay a visit to Miyazaki's Ghibli Museum, which sits on the edge of the park. Please note: Lunch is at your own expense.

In this FDP, students in all 3 of Donna LeFebvre's courses, human rights, global women, and international criminal law, will be able to observe both contemporary and traditional culture in Japan. As you're on this FDP, think about and ask the

following questions: Do Japanese women and girls have the same social status as boys and men? Why are pornographic *manga*, especially those depicting violent rapes, other sexual crimes against women, and sexual perversion, so popular AND so openly ubiquitous? Do young people in Japan today feel a strong connection to the Hiroshima and Nagasaki bombings? What do young people think about the Fukushima Daiichi nuclear disaster, partial meltdowns, and release of radioactive materials? How do they rate the performances of the corporation and the government following the accident? Are any of these young people concerned about their own exposure, in Tokyo, to airborne radioactive materials released in the accident?

YOK56 CULTURAL TOKYO (0900-1800) Minimum 25/Maximum 44 (PRICE: \$139 + OOPEX)

EARLY BOOKING RATE: \$131 + OOPEX

Like Yokohama, Tokyo had its humble beginnings as a small fishing village on the banks of the Sumida River, a stark contrast to the 837-square mile metropolis that it is today. With a population of over 12 million, land is a prime commodity with few, if any, underdeveloped areas. Densely packed with buildings, Tokyo is equally filled with rich cultural opportunities.

Explore the highlights of Tokyo on this full-day orientation. Visit *Meiji-jingu* (Meiji Shinto Shrine), a shrine dedicated to the deified spirits of Emperor Meiji and his consort, Empress Shoken. View the Imperial Palace Plaza, located at the former site of Edo Castle. Then visit *Senso-ij*, also known as the Asakusa Kannon Temple, in the center of the Tokyo's *shitamachi* (low town). The temple is within walking distance of *Nakamise-dori* (street). More than 200 meters long, this street offers a variety of traditional, local snacks as well as an array of *omiyage* (souvenirs). There will be time to explore the temple and its immediate surroundings. Enjoy a panoramic view of Tokyo from the observation deck of Roppongi Hills Mori Tower before returning to the ship. Please note: Lunch is at your own expense.

YOK57 JAPANESE HOME VISIT – GROUP B (1100-1700) No Minimum/Maximum 8 (PRICE: \$36 + OOPEX)

EARLY BOOKING RATE: \$32 + OOPEX

The purpose of this home visit, sponsored by a Yokohama volunteer organization, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have the chance to engage in in-depth personal and intellectual exchanges with your hosts, who will meet you at the ship. Out-of-pocket expenses may range from ¥1,500 to ¥2,500 (approximately US \$20 to \$30) to cover expenses incurred during the day. Please remember to bring a small gift to your host family (possibly a box of sweets or a memento from your home city or school). Please note: Out of respect to the host families, cancellations will not be acceptable.

YOK58 ZEN TEMPLE & MEDITATION LED BY ZEN MONKS (1200-1800) Minimum 20/Maximum 30 (PRICE: \$49)

[FDP: FOWLER]

Travel to Kamakura for this unique opportunity to participate in a Zen meditation led by Zen monks. Kamakura was the capital of Japan from 1185-1333. The rule of Japan had effectively passed from the imperial family and the nobles represented by the Fujiwaras to the samurai. When they moved the capital away from Kyoto, they



also patronized new forms of Buddhism, particularly Zen and Pure Land. On this Zen Temple tour, students will be instructed by monks on this form of Buddhist meditation. Enjoy Japanese green tea and confectionary before returning to the ship.

With Professor Fowler, students will be especially interested in how Zen contemplative practices compare to the prayer practices of other cultures and faiths, how the temple supports Zen habits of thought and spirituality, and how the monks describe their experiences.

YOK59 ART AT THE EDO TOKYO MUSEUM (1230-1700) Minimum 21/Maximum 45 (PRICE \$69 + OOPEX)

[FDP: WILKINSON]

Tokyo became the capital of Japan in 1603 because it was the feudal home of the victorious military lord who became the Shogun. It was called “Edo” until the end of the 19th century when the name was changed to Tokyo. The Edo period was politically stable, but saw tremendous changes, such as the rise of the middle class, the decline of military, and the complicated interaction with western powers and cultures. The Edo Tokyo Museum illustrates the enormous creativity of this and the modern period with works of art and objects of visual and material culture.

The Edo Tokyo Museum, located in a startling example of contemporary architecture, exhibits works of art and material culture from about 1600 to the present. By focusing on one Japanese city, Tokyo, art students will be able to understand the cultural context of the Geisha quarters, Samurai swords and martial arts, Japanese woodblock prints, Kabuki theater, the coming of the Westerners, and Japan’s global prominence in the arts. Please note: Admission to the museum is at your own expense.

KOBE, JAPAN

Arrive: 0800 Tuesday, April 10
Onboard: 1800 Wednesday, April 11
Depart: 2000 Wednesday, April 11

DAY 1: KOBE – Tuesday, April 10

KOB01 JETRO OSAKA (1200-1700) Minimum 20/Maximum 20 (PRICE: \$119)

[FDP: TAKEDA]

The purpose of this visit is to educate students about JETRO, the role of industrial policy, economic planning and national strategy on the globalization of Japanese firms. JETRO has a unique history as an organization that ensured the rapid and sustained growth of Japanese firms throughout Asia and the world. It is an organization that re-invents itself in order to provide the support that Japanese firms need to remain competitive no matter what challenges the global economic and competitive environment presents.

Students will learn from JETRO experts about how in Osaka and in Japan more broadly, JETRO promotes trade with foreign markets into and out of Japan. They will learn about economic growth strategies, cutting-edge research on global competitiveness, some of the latest trends, including robotics, and integrated international strategic “special” zones.

KOB02 ZEN GARDENS AT THE DAITOKU-JI (1200-1830) Minimum 20/ Maximum 40 (PRICE: \$106)

[FDP: WILKINSON]

Participants on this tour will experience the extensive grounds of Kyoto’s largest and oldest Zen temple. The main temple has several buildings of architectural interest and a large painting collection (access limited). The jewels of the temple area, however, are the 22 sub-temples, several of which are open to the public. Each has a miniature Zen garden and a small tea house. The most famous garden is at the Daisen-in, a landscape designed to imitate a Chinese painting. Other gardens include one that, although Zen, has a Christian cross incorporated into the landscape, reflecting a period of Christian influence in the 16th century.

KOB03 JAPANESE TEA CEREMONY (1230-1830) Minimum 21/Maximum 35 (PRICE: \$159+ OOPEX)

[FDP: PAXSON]

Students will visit *Myoshin-ji*, a temple in Kyoto, to participate in a traditional Japanese tea ceremony. The tea ceremony is a medium for attaining enlightenment and composure. When properly conducted, this dignified and solemn ritual takes about two hours. In addition to the tea ceremony, the group will tour the *Myoshin-ji* complex. Please note: Out-of-pocket expenses include personal items or snacks.

KOB04 JAPANESE HOME VISIT - GROUP A (1300-1600) No Minimum/Maximum 10 (PRICE: \$8 + OOPEX)

EARLY BOOKING RATE: \$5 + OOPEX

The primary purpose of this home visit, sponsored by the Kobe Convention and Visitors Association, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have a chance for in-depth personal and intellectual exchanges with your hosts. You will either be met at the ship by your host family or given directions to the home by public transportation (at your own expense). Please remember to take a small gift to your host family (possibly a box of sweets or a memento from your home city or school). Please note: Out of respect to the host families, cancellations will not be acceptable. Upon our arrival in Kobe, you must check in at the hospitality desk in the port terminal (2nd floor) to reconfirm your visit. The local coordinator will then notify your host family. Out-of-pocket expenses include local currency for public transportation.



KOB05 RIKEN KOBE INSTITUTE FOR CELL DEVELOPMENT TOUR (1300-1700) Minimum 10/Maximum 30 (PRICE: \$10 + OOPEX)

[FDP: ZIMMER]

Tour the facilities at the Riken Kobe Institute, one of the premier research centers in the world. The tour will be hosted by Dr. Doug Sipp, a renowned stem cell ethicist. Dr Sipp will seek to compare different science policy approaches and identify regulatory frameworks best suited to the development and promulgation of stem cell applications. Furthermore, he will explore social and ethical perspectives on the translation of human stem cell research, with an emphasis on the Asia-Pacific region.

The RIKEN Kobe Institute was established in April 2002 as an organizational framework for the newly launched Center for Developmental Biology (CDB). The CDB conducts a wide range of research from fundamental studies of development and stem cells to work with the potential to make a contribution to the field of regenerative medicine. In April 2007, the Kobe Institute welcomed a new institution, the Molecular Imaging Research Program (MIRP), which was later re-inaugurated as the Center for Molecular Imaging Science (CMIS) in October 2008. The CMIS utilizes molecular imaging technology, which allows the visualization of molecular functions and dynamics in living bodies, in an effort to revolutionize drug discovery processes and uncover disease mechanisms. For an overview of the facilities please reference www.cdb.riken.jp/en/labtour/cdb_resize.html. Please note: Out-of-pocket expenses include local currency for train fare.

KOB06 RADIO WAIWAI COLLECTIVE (1300-1700) Minimum 20/Maximum 30 (PRICE: \$74 + OOPEX)

[FDP: DOWNING]

Participants will have a guided tour of the Radio Waiwai site, followed by an information session and discussion with some people active in the project. Radio Waiwai is one of four NPOs in the Multicultural Pro-Cube Group in Takatori Community Center along with Multilanguage Center FACIL, World Kids Community, and World Association of Community Radio Broadcasters (AMARC) working group.

Students will gain an understanding of the roles of a community multicultural radio station in Japan's overwhelmingly commercially oriented broadcasting system, in particular how it caters to Kobe's multiethnic labor force, and how a democratic structure operates in radio stations such as this one. Please note: OOPEX is for train fare to and from the site, approximately ¥170 each way.

Cancelled! KOB07 HIROSHIMA BY BULLET TRAIN (1300-2245) Minimum 35/Maximum 70 (PRICE: \$549 + OOPEX)

EARLY BOOKING RATE: \$522 + OOPEX

Travel by bullet train to Hiroshima. Enjoy an afternoon of sightseeing at the Hiroshima Peace Memorial Park and Museum. The museum is dedicated to remembering the bombing of Hiroshima on August 6, 1945 which made the city known around the world. Two hundred thousand people were killed and many more injured in the explosion. Inside the museum you will see exhibits of charred clothing, melted tires and other remains, as well as photographs of the aftermath. Temperatures were said to reach 7,000 degrees Celsius, melting statues of Buddha and imprinting human shadows on granite steps. This powerful exhibit will leave a lasting impression on visitors. After leaving the museum, proceed via motor coach to the train station for the return trip to Kobe. This experience will take participants beyond the familiar image of the mushroom cloud. The Peace Museum offers a much more comprehensive view on the events, including the human story of the effects of modern warfare. Interestingly, the museum is less concerned with the "Who" or "Why" behind the attack than with the issue of "How are we going to keep this horrific tragedy from happening again?" It is a museum about peace told through war. Please Note: Dinner is at your own expense.



KOB08 AMERICAN CONSULATE OF OSAKA (1300-1630) Minimum 15/ Maximum 30 (PRICE: \$88)

[FDP: L. HINCHMAN]

The American Consulate will prepare a program for us with several distinct emphases. First, Consular officials will explain what activities and responsibilities the U.S. State Department must carry out in Osaka, the center of one of Japan's largest metropolitan areas. They will also lay out the requirements for joining the Foreign Service and tell us what it's like to represent the United States in a foreign country. Officials will then outline for us some key issues in U.S.-Japanese relations, including defense (Japan is of course a crucial American ally), trade, the U.S. Marine base at Okinawa, and more. These presentations should especially interest students of International Relations. Finally, they will give us some insight into Japanese domestic politics, including the recent transfer of power to the DPJ as well as the political crisis precipitated by the 2011 tsunami and subsequent nuclear catastrophe at the Fukushima plant. Students of Comparative Politics will find this part of the program especially useful.

KOB09 BUNRAKU THEATER (1400-2200) Minimum 30/Maximum 44 (PRICE: \$149 + OOPEX)

[FDP: STRAND]

We all love stories, no matter how they're told. In this uniquely Japanese art form, students will see how the stories and themes that tie us all together can be expressed through the magic and grace of puppetry. We will visit the National Bunraku Theater in Osaka for a Bunraku performance. Bunraku is a complex puppet theater that grew to prominence in the 17th century. Three manipulators operate one puppet in a manner so realistic that one is apt to forget that the characters are made of wood. Bunraku is an Osaka art and its best plays reflect the traditional view of the Osaka merchant class. Please note: Shortly after registering for this trip, students must show a valid university/college student ID to the Field Office verifying that they are eligible for a discounted ticket, which is \$20 less than the adult admission ticket. The student ID must be shown at the box office on the evening of the event. A \$20 credit will be applied to the shipboard account of those registered students who presented a student ID as outlined. Dinner is at your own expense.



DAY 2: KOBE – Wednesday, April 11

KOB20 SACRED TEMPLES & GARDENS OF KYOTO (0800-1800) Minimum 40/Maximum 44 (PRICE: 109 + OOPEX)

[FDP: GRAVES & MATTAI]

Among the highest achievements of Japanese art are the gardens of Buddhist temples and Shinto shrines. No place in Japan has more numerous outstanding examples than Kyoto. We will visit the 15th century rock and sand garden of Ryoan-ji, the 14th- to 15th-century garden of Kinkaku-ji (Golden Pavilion) and the 16th-century garden of Soami of Ginkaku-ji (Silver Pavilion.) We will also make a stop at Sunjusangen-do. Please note: Lunch is at your own expense.

Students in Professor Mattai's class will create a photo journal documenting the trip for use in visual projects. Professor Graves' students will consider how the architecture and landscapes of Kyoto embody the religious philosophies of East Asia.

~~Cancelled!~~ KOB21 ARASHIYAMA PARK & HIKE (0800-1600) Minimum 30/Maximum 44 (PRICE: \$109 + OOPEX)

EARLY BOOKING RATE: \$104 + OOPEX

Arashiyama Park is a local park north of Kyoto that is much favored by the Japanese. Our primary interest will be to observe the colony of Japanese macaques, one of our distant monkey relatives living in the forested area, and to take a look at local and migrant birds. This is a rare opportunity to observe free-range primates (no cages) as they interact with humans and each other within a very complex network of relationships. There will be opportunities for long walks through areas wooded in bamboo and rife with wildlife. Students will study this uniquely adapted primate species, and other wildlife, as well as the physical structure of an old-world forest community. This program will allow participants to visit bamboo forests and hone their observation skills while watching primates in a semi-wild setting. Please note: This trip



requires a steep hike up a portion of the mountain. Please wear sturdy walking shoes. Lunch is at your own expense.

Cancelled! KOB22 NARA (0800-1800) Minimum 35/Maximum 44 (PRICE: \$119 +OOPEX)

EARLY BOOKING RATE: \$110 + OOPEX

The capital of Japan for a brief period (710-784 CE), Nara successfully avoided the wars that destroyed many other ancient capitals. Buddhism in Nara represents an early, exuberant form of Buddhism and has inspired rich symbolism throughout the city. Your first stop, *Horyu-ji*, is one of the most important temples in Japanese history, art and culture. The grounds cover an area of 25 acres and contain 45 buildings, all of which are designated as either National Treasures or Important Cultural Properties. Enjoy lunch and a stroll through Nara Deer Park where the well-known tame deer are found in large numbers. Next, visit the most important temple in all of Nara, *Todai-ji* (Great Eastern Temple). The temple's *Daibut-su* (Hall of the Great Buddha) enshrines a huge bronze image of the Cosmic Buddha. Although *Todai-ji* has been destroyed numerous times by fire, the present building dates from 1706 and is said to be the largest wooden structure in the world. Proceed to *Kasuga Taisha* Shinto Shrine, which, according to Shinto concepts of purity, was torn down and rebuilt every twenty years from 768 to 1863. Visual highlights include spectacularly-colored pillars and 3,000 stone and bronze lanterns. You may wish to visit the Treasure House (¥420 admission, at your own expense) to see the shrine's treasures, including armor, swords and Noh masks. Please note: This trip includes round-trip transportation by motor coach, admission fees and services of an English-speaking guide. Lunch is at your own expense.



KOB25 KYOTO (0800-1830) Minimum 35/Maximum 44 (PRICE: \$119 +OOPEX)

EARLY BOOKING RATE: \$110 + OOPEX

Kyoto was an imperial capital for nearly 1,000 years and some of Japan's finest temples, palaces, villas and gardens are found here. Culture and lifestyle are refined in this city dotted with oases of tranquility and beauty, exemplifying the best of Japan. You will first visit *Kinkaku-ji* (Golden Pavilion), which was constructed in the 1390s as a retirement villa for Shogun Ashikaga Yoshimitsu and features a three-story pavilion covered in gold leaf, topped with a bronze phoenix. Next, you will visit *Nijo-jo* (Nijo Castle). Built in 1603, this castle was the residence of the Tokugawa Shogun and is known for its contrast of solemn appearance and gorgeous interiors, as well as its perfectly-manicured garden. After lunch at *Maruyama-koen* (Maruyama Park), you will view *Heian-jingu* (Heian Shrine), a shrine that honors the peaceful period from 794-1192. Your last stop will be *Kiyomizu-tera* (Kiyomizu Temple), where you will enjoy a sweeping view of the entire city from the terrace. This practicum will give participants a glimpse of traditional Japanese culture, ritual and arts in a rare and memorable setting. The journey should add depth to our understanding of the cultural histories behind the shrine pilgrimage in the Yukio Mishima story, "Act of Worship." Please note: This trip includes round-trip transportation by motor coach, admission fees and services of an English-speaking guide. Lunch is at your own expense.



KOB27 HIROSHIMA BY BUS AND BULLET TRAIN (0900-1900) Minimum 35/Maximum 88 (PRICE: \$299 + OOPEX)

EARLY BOOKING RATE: \$285 + OOPEX

Proceed via a five-hour motor coach journey to Hiroshima. Upon arrival, enjoy an afternoon of sightseeing at the Hiroshima Peace Memorial Park and Museum. The museum is dedicated to the explosion of the atomic bomb on August 6, 1945, which made Hiroshima known around the world. Two hundred thousand people were killed and many more injured in this explosion. Inside the museum you will see exhibits of charred clothing, melted tires and other remains, as well as photographs of the aftermath. Temperatures were said to reach 7,000 degrees Celsius, melting statues of Buddha and imprinting human shadows on granite steps. No one who sees this exhibit is likely to forget the experience. Afterward, proceed to Kobe via a 90-minute bullet train journey for the return to the ship.



Visiting the Hiroshima Peace Memorial Park and Museum will provide students in the "Ethics and the Making of U.S. Foreign Policy" course a singular perspective on assessing President Harry Truman's decision to try to hasten the end of the war in the Pacific by dropping nuclear bombs on Hiroshima and Nagasaki, Japan. Please note: This trip includes round-trip transportation by motor coach, admission fees and services of an English-speaking guide. Lunch and dinner are at your own expense.

KOB29 JAPANESE HOME VISIT - GROUP B (1300-1600) No Minimum/Maximum 10 (PRICE: \$8 + OOPEX)

EARLY BOOKING RATE: \$5 + OOPEX

The primary purpose of this home visit, sponsored by the Kobe Convention and Visitors Association, is to give you an opportunity to experience daily life in Japan by spending a few hours with a Japanese family. You will have a chance for in-depth personal and intellectual exchanges with your hosts. You will either be met at the ship by your host family or given directions to the home by public transportation (at your own expense). Please remember to take a small gift to your host family (possibly a box of sweets or a memento from your home city or school). Please note: Out of respect to the host families, cancellations will not be acceptable. Upon our arrival in Kobe, you must check in at the hospitality desk in the port terminal (2nd floor) to reconfirm your visit. The local coordinator will then notify your host family. Out-of-pocket expenses include local currency for public transportation.



HILO, HAWAII

Arrive: 0800 Wednesday, April 25

Onboard: 1800 Wednesday, April 25

Depart: 2000 Wednesday, April 25

DAY 1: Wednesday, April 25

HIL11 CAPTAIN ZODIAC SNORKELING EXCURSION (0815-1730) Minimum 15/Maximum 64 (PRICE: \$224)

EARLY BOOKING RATE: \$213

With the accompanying narration of a driver/guide, head to Kona for an incredible snorkeling adventure. Drive for approximately 2.5 hours along coastlines, past waterfalls and through Waimea Town, an old *paniolo* (Hawaiian cowboy) town. Hawaii's original rafting adventure is an inviting journey along the historic Kona Coast. The naturalist captain will spin tales of Hawai'ian folklore and history while traveling to pristine Kealahou Bay. Snorkel among beautiful tropical fish living in the coral gardens; then enjoy a tasty Hawai'ian snack in the marine sanctuary. Learn about the geology of the island by venturing into sea caves and past lava tubes. After snorkeling, a light lunch will be provided onboard the Zodiac including fresh fruit, a deli sandwich, juices, water and sodas. Please note: Be sure to bring a sweater or light jacket, towel, sunscreen, hat, camera and a change of clothes.



HIL12 KAILUA-KONA AND THE KONA COAST (0830-1800) Minimum 20/Maximum 50 (PRICE: \$111)

EARLY BOOKING RATE: \$105

Hawaii is the only part of the U.S. where coffee is grown commercially. So, a visit to the Kona area is not complete without a visit to the Kona Coffee Mill Museum and a steaming cup of Java. According to historical records, coffee plants from Brazil first arrived on the island in 1825—along with a sad cargo. The British warship that brought the coffee plants also carried the bodies of King Kamehameha II and Queen Kamamalu, who had died from measles while visiting London.



In addition to its famous coffee plantations, Kailua-Kona offers several attractions that played important roles in Hawaii's history. This area was once the summer haunt of Hawai'ian royalty. Many past monarchs spent six months of each year at Hulihee Palace, which now houses an intriguing collection of items used by these monarchs. Across the street is the Mokuaikaua Church, Hawaii's oldest Christian house of worship. At the entrance to Kailua Bay, view the totem pole-like tikis of the restored Ahuena Heiau (open-air temple). In nearby Hanalo, the Daifukuji Mission, a picturesque Buddhist temple, reminds one of Hawaii's multicultural heritage. Near the town of Napoopoo, visit St. Benedict's Painted Church, where a Belgian priest painted all the Biblical scenes that adorn the walls and ceilings to teach Christianity to Hawai'ians, some of whom did not know how to read. On the waterfront, Pu'uhoonua o Honaunau provided religious and political asylum for 12th-century Hawai'ians. This place of refuge was a safe haven for ancient Hawai'ian war criminals and *kapu* (taboo) violators. Please note: A packed lunch from shore will be provided.

HIL13 VOLCANOES NATIONAL PARK & HIKE – GROUP A (0830-1530) Minimum 20/Maximum 50 (PRICE: \$83)

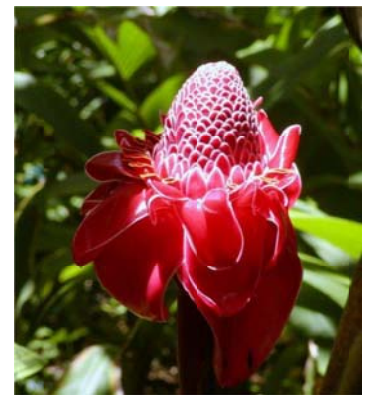
EARLY BOOKING RATE: \$79

According to Hawai’ian legends, Volcanoes National Park is the home of Pele, the Hawai’ian goddess of fire. The area was established as a national park in 1916 to preserve the region’s unique volcanic features, its early human history, and the plant and animal life that is part of this special bioregion. Terrain in the 377-square-mile park ranges from arid expanses of lava flows to lush green jungles. The climate ranges from desert to rain forest. A highlight of the park is *Mauna Loa*, the second-highest and most massive mountain in the world. *Mauna Loa* erupted 14 times in the current century. Its last eruption in 1984 threatened the city of Hilo for a time. *Mauna Loa*’s much smaller neighbor, 4,000-foot *Kilauea*, might go unnoticed except that it is the world’s most active volcano. For more than 100 years, *Kilauea* was almost continuously active. The Kilauea Visitor Center and the Volcano Art Center are located on the northern rim of oval-shaped Kilauea Caldera. Within this caldera is Halema’uma’u Crater where you can smell sulfur and hear steam hissing out of fissures in the rock. When *Kilauea* is erupting, you may see seething lakes of molten rock, curtains of fire, and fountains of red-hot lava. A 20-minute movie on eruptions is shown hourly at the Visitor Center, and there are displays on volcano formation and geologic processes, native plants and animals, and early Hawai’ians. In addition to the summit calderas, or craters, you will be able to examine lava flows, lava tubes, pit craters, steam vents, sulfur banks, *kipuka* (isolated “islands” untouched by lava flows), fault scarps, tree molds, and black sand beaches. This group will also proceed on a two-hour hike accompanied by a park ranger. Identify endemic flora and fauna in a *kipuka* and perhaps discover endemic arthropods in a lava tube. Please note: A packed lunch from shore will be provided.

Canceled! HIL14 HAWAI’I TROPICAL BOTANICAL GARDEN (0900-1200) Minimum 20/Maximum 40 (PRICE: \$52)

EARLY BOOKING RATE: \$48

While the world’s rainforests are disappearing at an alarming rate, the Hawai’i Tropical Botanical Garden is dedicated to preserving a spectacular Hawai’ian rainforest. Located seven miles north of Hilo, this beautiful valley on the ocean at Onomea Bay creates a sanctuary and nature preserve for rare and endangered tropical plants, endemic Hawai’ian plants and wildlife. The garden has more than 2,000 different species of tropical flowers and plants. Wildlife includes Japanese koi fish and giant sea turtles, as well as many species of colorful birds, such as flamingos, macaws and mandarin ducks. The garden features natural streams, a cascading three-tier waterfall and palms as tall as 100 feet. For preservation of Hawai’i’s natural heritage, the garden has been given the Hawai’i Visitors Bureau’s prestigious 1992 Kahili Award for the best attraction in the state.



HIL15 VOLCANOES NATIONAL PARK & HIKE – GROUP B (0900-1600) Minimum 20/Maximum 50 (PRICE: \$79)

[FDP: THOMAS]

A highlight of the Volcanoes National Park is *Mauna Loa*, the second-highest and most massive mountain in the world. *Mauna Loa* erupted 14 times in the current century. Its last eruption in 1984 threatened the city of Hilo for a time. *Mauna Loa*’s much smaller neighbor, 4,000-foot *Kilauea*, might go unnoticed except that it is the world’s most active volcano. For more than 100 years, *Kilauea* was almost continuously active. The Kilauea Visitor Center and the Volcano Art Center are located on the northern rim of

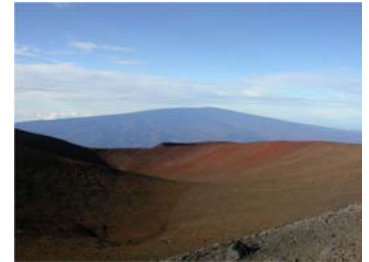


oval-shaped Kilauea Caldera. Within this caldera is Halema'uma'u Crater where you can smell sulfur and hear steam hissing out of fissures in the rock. When *Kilauea* is erupting, you may see seething lakes of molten rock, curtains of fire, and fountains of red-hot lava. A 20-minute movie on eruptions is shown hourly at the Visitor Center, and there are displays on volcano formation and geologic processes, native plants and animals, and early Hawai'ians. In addition to the summit calderas, or craters, you will be able to examine lava flows, lava tubes, pit craters, steam vents, sulfur banks, *kipuka* (isolated "islands" untouched by lava flows), fault scarps, tree molds, and black sand beaches. This group will also proceed on a two-hour hike, accompanied by Dr. Cheryl Gansecki, a professor of Volcanology. Identify endemic flora and fauna in a *kipuka* and perhaps discover endemic arthropods in a lava tube. Please note: A packed lunch from shore will be provided.

HIL16 MAUNA KEA VOLCANO (1000-1700) Minimum 10/Maximum 28 (PRICE: \$121)

EARLY BOOKING RATE: \$115

The view from the summit of Mauna Kea is incomparable; the whole island is visible below and the sky is seen above through the thin layer of atmosphere found at 14,000 feet. Mauna Kea is the highest point in the state of Hawaii and one of the largest shield volcanoes in the world, rising about 33,000 feet from its base below sea level. It was built from lava flows starting about one million years ago to as recently as about 4,600 years ago, some of which produced cinder cones. It is the only Hawaiian volcano to exhibit glacial features. Like all Hawaiian volcanoes, Mauna Kea has been created by a hotspot, as the Pacific tectonic plate has moved erupting magma from the Earth's underlying mantle. There are 13 major telescopes on the site, four larger than 300 inches. The combined light-gathering power of the telescopes on Mauna Kea is fifteen times greater than that of the Palomar telescope in California – for many years the world's largest – and sixty times greater than that of the Hubble Space Telescope.



Stop briefly at the Queen's Garden, a Japanese garden built in the early 1900s, then another at the 80-foot Rainbow Falls. Proceed to Saddle Road, located between Mauna Kea and Mauna Loa, passing dried lava flows, desert and moonlike fields as well as lush rainforests. Stop at the Kipuka Pu'u Huluhulu cinder cone for a view of the landscape, and the Onizuka Visitors Center for more breathtaking views located at 9,300 feet, for lunch (included) and continue to acclimatize. There may be fog, rain or cloud layers since this part of the island is in the middle of the wet to dry transition and it is not unusual to see all sorts of weather here. The drive from the Visitor Center to the summit takes about a half hour and is one of the most beautiful drives imaginable. As you ride to the summit and circle the mountain we can see the ocean on the west side of Hawaii near the resort areas and the town of Hilo down below to the southeast, driving through Mauna Kea Ice Age Reserve and seeing the glacial deposits.

The summit area is culturally and religiously important to the native Hawai'ians, hosting many religious Heiau, an obsidian adze quarry and numerous other archaeological sites. Remember this landscape, and the archeological sites upon them, are sacred; take nothing but photographs. A hike from the top of the road to the actual summit is a must for any who have ventured this far and are in good shape. Please note: Participants are encouraged to dress in warm layers.

HIL17 CORAL REEF ECOSYSTEMS (1200-1700) Minimum 10/Maximum 20 (PRICE:\$38)

[FDP: LAWRENCE]

Join us for an introduction to the beauty and diversity of marine life in the Hilo area. Participants will travel approximately 45 minutes by bus to observe a healthy coral reef near Hilo, Hawaii. We will be joined by representatives from the Marine Sciences department at the University of Hawaii at Hilo, who will provide background information on coral reef ecosystems and the organisms that we will observe. The reef we will be visiting is a research site that is closed to commercial diving and remains relatively intact, and participants will have the opportunity to see a relatively unspoiled coral reef ecosystem.

Please note: We will rent snorkeling equipment en route to our destination (masks, snorkels, and fins, cost included). Participants must be competent swimmers to participate in this FDP. Participants should bring a shirt in which they can snorkel, drinking water and a towel.

***Canceled!* HIL18 CITY ORIENTATION (1230-1600) Minimum 20/Maximum 50 (PRICE: \$42)**

EARLY BOOKING RATE: \$39

To avoid confusion with the state of the same name, the island of Hawai'i is commonly referred to as the Big Island. Approximately 4,000 square miles in size, it is nearly twice as large as the other main islands combined. However, only about ten percent of the state's residents call it home. Hilo is the cultural heart of the Big Island and site of the University of Hawai'i-Hilo campus. Most of Hilo's hotels are clustered along Banyan Drive whose trees were planted by such notables as Amelia Earhart and Cecil B. De Mille during the 1930s. A small footbridge from Banyan Drive takes you across to tiny Coconut Island in Hilo Bay. Then explore Liliuokalani Gardens, named for Hawai'i's last queen. These gardens are filled with Japanese-style pagodas, bridges and ponds. Continue to Wailoa Center in Wailoa State Park and view exhibits of the work of area artists. Finally, visit Rainbow Falls in Wailuku River State Park. When the sun cooperates, a colorful shimmering arch is caught in the mist at the falls.