

SEMESTER AT SEA COURSE SYLLABUS

Voyage: Fall 2013

Discipline: Anthropology

ANTH 2280: Medical Anthropology

Division: Lower

Faculty Name: Wenda Trevathan

Pre-requisites:

Introductory anthropology or sociology course.

COURSE DESCRIPTION

Medical Anthropology provides an overview of evolutionary, epidemiological, and cross-cultural perspectives on disease, curing, and health care systems. We will discuss such concepts as who gets sick, what causes illness, how cultures vary in what they consider to be illnesses, who are the healers, and how health varies throughout the lifespan. We will also look at alternative medical systems practiced in the United States, noting that several of these are primary medical systems in other parts of the world. Readings and projects will focus on cultures that we will encounter on the voyage. Field trips to health care facilities and meetings with traditional healers will be included in the in-port assignments. Students will also be required to investigate the major causes of illness and death for each country visited and to watch for public health messages or other indicators of concern about health and wellness.

COURSE OBJECTIVES

1. Understand general principles of medical anthropology and ways in which the anthropological approach to health differs from other approaches.
2. Understand health challenges in each of the countries that we visit and traditional ways of dealing with them.
3. Consider that in some ways our evolved bodies (especially dietary needs) and our 21st century lives are “mismatched,” resulting in numerous health challenges today.
4. Review the great variability in the definition of health and understand that the view from Western Medicine doesn’t necessarily represent the views of the rest of the world.
5. Know the global health issues that we face today and consider ways of approaching them.

REQUIRED TEXTBOOKS

AUTHOR: Wiley, A. S. and J. S. Allen

TITLE: *Medical Anthropology: A Biocultural Approach, Second Edition*

PUBLISHER: Oxford University Press

ISBN #: 978-0-19-979708-0

DATE/EDITION: 2013

AUTHOR: Kidder, Tracy

TITLE: *Mountains Beyond Mountains*

PUBLISHER: Random House Trade Paperbacks
ISBN #: 978-0812973013
DATE/EDITION: 2004, paper

TOPICAL OUTLINE OF COURSE

A1- August 27: Introduction to the course and to medical anthropology
➤ W&A Chapter 1

A2-August 29: Anthropological Perspectives on Health and Disease
➤ W&A Chapter 2
Overview of health in Russia and the USSR

August 30-September 1: St. Petersburg

A3- September 3: QUIZ #1 (W&A 1, 2 and lectures 1 and 2)
Evolutionary medicine
Overview of health in Germany

September 4-7: Hamburg

A4- September 9: Diet and Health
➤ W&A Chapter 4
Overview of health in Western Europe

September 10-12: Antwerp
September 13-15: Le Havre

A5- September 17: QUIZ #2 (W&A 4, 5 and lectures 3 and 4)
Diet and health continued; Growth and Development
➤ W&A Ch 5
Overview of health in the Ireland and the United Kingdom

September 18: Arrive & Depart Galway

September 19: In Transit

September 20-21: Dublin

A6- September 23: Gender and health; reproductive health
➤ W&A Ch 6
➤ Caring for infibulated women giving birth in Norway. (Lavenda and Schultz, pp. 393-394)
Overview of health in the Iberian Peninsula
➤ Agudelo-Suárez et al. (2009) Discrimination, work and health in immigrant populations in Spain. *Social Science and Medicine* 68:1866-1874.

September 25-27: Lisbon

September 28-30: Cadiz

A7- October 1: QUIZ # 3 (W&A 6, 7; lectures 5, 6)

➤ W&A Ch 7

Birth and breastfeeding; aging

Overview of health in Morocco and North Africa

➤ Bakker, Jogien (1992) The rise of women healers in the Middle Atlas, Morocco. *Social Science and Medicine* 35:819-829.

October 3-6: Casablanca

A8- October 7: Healing and Healers

➤ W&A Ch 3

A9- October 9: **ESSAY EXAM #1 (covers Chapters 1-7; lectures 1-8)**

A10- October 12: Film: *Healers of Ghana*

Overview of health in Ghana and West Africa

➤ Tsey, Komla. (1997) Traditional medicine in contemporary Ghana: A public policy analysis. *Social Science and Medicine* 45:1065-1074.

➤ Inhorn, Marcia. 2006. Introduction to Medical Anthropology in the Muslim World. *Medical Anthropology Quarterly* 20, pp. 1-11.

October 13-16: Tema

A11- October 18: Health and Social Justice

➤ W&A Ch 10

A12- October 21: QUIZ #4 (W&A 3, 10; lecture 11 and film)

“Race” and health; ethnicity and health

Overview of health in South Africa

➤ McIntyre, Di and Lucy Gilson. (2002). Putting equity in health back on the social policy agenda: experience from South Africa. *Social Science and Medicine* 54:1637-1656.

October 23-27: Cape Town

A13- October 28: Paleopathology; disease evolution;

➤ W&A Ch 8

A14- October 31: Infectious disease

A15- November 2: Globalization, poverty and infectious disease

➤ W&A Ch 9

A16- November 5: QUIZ #5 (W&A 8, 9; lectures 12-15)

Poverty and health

Overview of health in Argentina and Uruguay

- Mazzafero, Vicente E., Diego F. Wyszynski and Hebe Giacomini. (1995) Health conditions in Argentina: facing the twenty-first century. *Journal of Public Health Medicine* 18:234-237.

November 7-9: Buenos Aires

November 10-12: Montevideo

A17- November 13: Epidemiological transitions and collisions

- Farmer, Paul. 1996. Social Inequalities and Emerging Infectious Diseases. *Emerging Infectious Diseases* 2(4):259-269

A18- November 15: Mental health and Illness

- W&A Ch 11

Overview of health in Brazil

November 16-18: Rio de Janeiro

A19- November 20: QUIZ #6 (W&A 11, lectures 16-18)

Presentations of student research projects

A20- November 22: **Presentations of student research projects**

A21- November 25: (enter Amazon)

- W&A epilogue

Presentations of student research projects

Overview of tropical health challenges

- Wayland, Coral. (2008) Gendering Local Knowledge: Medicinal Plant Use and Primary Health Care in the Amazon. *Medical Anthropology Quarterly* 15:171-188.

November 27-29: Manaus

A22- December 1: (exit Amazon)

Global Health; discuss Kidder

- Kidder first half

Field research project due (written portion)

A23- December 3: World health in the 21st century

- Kidder second half

December 6-8 Roseau

A24- December 10: A Day Finals: Quiz over student reports and Essay Exam #2

Example questions to be considered:

1. How do cultural ideas about disease causation influence healing practices?
2. Are the boundaries between Western biomedicine and traditional medical systems always clearly demarcated?
3. What does it mean to say that our bodies are mismatched with our contemporary lives? What are the health consequences of that mismatch?
4. Why is birthweight such a critical measure of health? What factors influence it?
5. How do infants who are breastfed compare with those who are bottlefed?
6. How do cultural factors influence the health of males and females?
7. Is overpopulation an issue today?
8. What is the anthropological debate about female genital cutting?
9. Discuss worldwide variation in the treatment of the aged.
10. Provide examples of cultural variation in the definition of good health.
11. What are some of the major infectious diseases that affect people in the world today? What is being done to control, cure, and prevent these diseases?
12. What are “emerging infectious diseases”? Where are they emerging from and why?
13. What is the relationship between development and disease?
14. What was the relationship between European expansion/colonialism and disease?
15. What is the relationship between social inequalities and disease?
16. Discuss the worldwide impact and response of HIV/AIDS.
17. Can we eliminate infectious diseases without eliminating poverty?
18. What is “race” and how does it relate to health in the US and South Africa?

FIELD COMPONENT

A portion of your grade will come from field trips and activities in each port that we visit.

1. **Fieldwork Assignment.** Each student will select a topic related to health and make observations on the subject in each of the countries we visit. You may conduct your research through observations, interviews with local people, and information gained during field trips. Your observations should be recorded in journal form that will then be consolidated into a final paper. In your final written report, you should include information obtained from books, journals, and reputable websites (e.g., epidemiological data). You should also be prepared to present a summary of your findings to the class in a 5-minute report toward the end of the semester (to be scheduled). Example topics include smoking, alcohol consumption, HIV/AIDS prevention efforts, women’s health, men’s health, children’s health, infant health, prenatal care, childbirth, breastfeeding promotion, immunization efforts, diabetes, medical specialists, clinics, domestic violence/violence against women, pregnancy prevention in teens, unsafe sexual behavior, wealth disparities and health, traditional medicine, herbal medicines, mental health, health of the elderly, exercise, pharmacies or other sources of medicines, infectious disease prevention, definitions of good health, occupational hazards to health, disabilities, hunger and malnutrition, healers, obesity, environmental toxins and pollutants, concerns about fertility and childbearing, STDs, cancer, tuberculosis, malaria, asthma and allergies, use and overuse of antibiotics, dental health. For example, if a student selects smoking, he or she will look for evidence of smoking in each country, considering the price of cigarettes, gender ratio of smokers,

prohibitions against smoking, and advertising. Additional information should come from written information about smoking rates, etc. For some topics, it may be possible to do this as a joint project with another student. Value of written and oral report: 100 points (25%); **Due A-22.**

2. Class Field Lab Assignment: (**Attendance and participation in the Field Lab is MANDATORY.**) Value: 80 points (18%); Due 2 class days after field trip.

(To be determined after ISE review and recommendation)

a) Visit to Groot Schuur Hospital (world's first heart transplant) in the morning and a community health center in a township in the afternoon to see the contrast between "high tech" modern medicine and health care available to the poor. Write a report about the experience following a set of questions that will be provided as a guide.

OR

b) Visit to a floating clinic on the Amazon (e.g., the Loveboat sponsored by the Virginia Conference of The United Methodist Church)

METHODS OF EVALUATION / GRADING RUBRIC

GRADES. You will have the opportunity to earn up to 450 points during the semester, based on the following class assignments. Final grades will be determined by the number of points earned:

405-450	A
360-404	B
315-359	C
270-314	D
<270	F

A. **60 points** from six quizzes over the assigned chapters in the textbooks and lectures. Each quiz will cover the assigned material and lectures since the previous quiz and will include multiple choice and true-false questions, each worth 1 point.

140 points from two exams. These exams will be short answer and short essay. They will cover material from lectures, discussions, student presentations, and readings. They are not cumulative. Study guides will be given 2 classes before each exam.

B. **100 points** from a short written (7-8 pages) and oral presentation (5-7 minutes) of "research results" as described in #1 above and based primarily on in-port observations and fieldwork.

C. **50 points** from contributions to class discussions following each port and a brief (3 minute) oral presentation on health in one of the countries we visit or a selected disease (e.g., schistosomiasis, dengue, yellow fever, or leishmaniasis) that is common in one or more of the countries we visit

D. **80 points** from the assigned class field lab.

E. **20 points** for reflection questions from Kidder

******ATTENDANCE** is mandatory unless you have an excused illness. I will keep attendance and each unexcused absence beyond one will cost you 10 points.****

RESERVE LIBRARY LIST

Access to the World Health Organization Statistics for 2012.

AUTHOR: Brown, Peter and Ron Barrett
TITLE: Understanding and Applying Medical Anthropology
PUBLISHER: McGraw Hill
ISBN #: **13**: 978-0073405384
DATE/EDITION: 2009

AUTHOR: Farmer, Paul
TITLE: Pathologies of Power
PUBLISHER: California
ISBN #: 978-0520243262
DATE/EDITION 2004

AUTHOR: Scientific American
TITLE: Infectious Disease
PUBLISHER: U. Chicago
ISBN #: 978-0226742649
DATE/EDITION 2008

AUTHOR: Wortheim, Horby and Woodall
TITLE: Atlas of Human Infectious Diseases
PUBLISHER: Wiley-Blackwell
ISBN #: 978-1405184403
DATE/EDITION 2012

ELECTRONIC COURSE MATERIALS

I will bring journal articles on a flash drive.

AUTHOR:
ARTICLE/CHAPTER TITLE:
JOURNAL/BOOK TITLE:
VOLUME:
DATE:
PAGES:

ADDITIONAL RESOURCES

HONOR CODE

Semester at Sea students enroll in an academic program administered by the University of Virginia, and thus bind themselves to the University's honor code. The code prohibits all acts of lying, cheating, and stealing. Please consult the Voyager's Handbook for further explanation of what constitutes an honor offense.

Each written assignment for this course must be pledged by the student as follows: "On my honor as a student, I pledge that I have neither given nor received aid on this assignment." The pledge must be signed, or, in the case of an electronic file, signed "[signed]."