

BRIDGETOWN, BARBADOS

Disembark: 0800 Saturday, November 22

Onboard: 1800 Monday, November 24

Brief Overview: This historic Caribbean town has no shortage of things to do and sites to see. Bridgetown has been known by many names such as “Indian Bridge” and “town of St. Michael” throughout its history as an important center of inter-island trading. Thanks to its rich history, Bridgetown and its nearby **Garrison** are recognized as a **UNESCO World Heritage Site**.



As you explore this beautiful island, do not miss **St. Mary's Church**, the second oldest consecrated ground on the island, or the **Careenage**, which was once a port for ships and now houses restaurants and boutiques. Spend some times exploring the wonders of the neo-gothic **Parliament Building**, which is open to the public when parliament is in session. Perhaps you would like to observe the natural beauty of Barbados and wander to **Harrison's Cave**, a natural wonder of Barbados with its crystal clear pools of water and speleothems which adorn the cave, or give surfing a whirl. Whatever you choose, you are sure to enjoy the beauty that is Bridgetown.

Suggested short-cuts to simple planning:

The following trips are grouped according to interest categories.

Cultural highlights:

Day 1: BAR 103-101 Walk Bridgetown

Day 3: BAR 111-301 Colleton & St. Nicholas Abbey

Action/Adventure:

Day 1: BAR 102-101 Barbados Concorde Experience

Day 2: BAR 108-201 Surfing Lesson

Day 3: BAR 112-301 Aerial Trek Zipline

Nature and the Outdoors:

Day 1: BAR 101-101 Barbados in Bloom

Day 2: BAR 106-201 Harrison's Cave

Day 3: BAR 110-301 Scenic Hike & Trail Barbados

Historical Perspective:

Day 2: BAR 109-201 Heritage Trail: Slave Route

TERMS AND CONDITIONS: In selling tickets or otherwise making arrangements for field programs (including transportation, shore side accommodations and meals); the Institute of Shipboard Education (I.S.E.) acts only as an agent for others who provide such services as independent contractors. All participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that I.S.E. shall not be liable or responsible in any way for any loss, death, injury, or illness to person or loss, theft or damage to personal property arising from or in connection with such services. I.S.E. shall not be responsible for cancellation of field programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

Day 1: Saturday, November 22

BAR 101 101 BARBADOS IN BLOOM: GROUP A

Half Day

Discover the true beauty of Barbados by visiting two of the major Botanical Gardens on the island. Professor John Carrington, a University of the West Indies Biology professor, will serve as the guide for this program offering his local knowledge and insight.



After a scenic drive you will arrive at the lush Flower Forest. The Flower Forest is 50 acres of pristine beauty housing many local plants and trees some indigenous to Barbados. Relax in this peaceful atmosphere and listen to the birds calling from the trees. Stand amazed realizing that the tree towering overhead is a potted plant in your

garden at home. Enjoy a complimentary drink prior to your scenic drive to the East Coast of Barbados for your next garden visit.

The Andromeda Botanical Gardens is home to many beautiful flowers and plants such as the Breadfruit tree, the Bearded Fig Tree, and the Barbados Gooseberry. During your guided walking tour, learn about the history and medicinal uses of some of the many plants located in the gardens.

STANDARD PRICE		Early Booking
Adult	\$32	\$30
Child	\$25	\$24
TIME		
	Date	Time
Depart	November 22	0900
Return	November 22	1300
HIGHLIGHTS		
• Visit of Flower Forest • View of Bathsheba & Atlantic Ocean • Andromeda Botanical Gardens		
MINIMUM REGISTRATION: 12		
MAXIMUM CAPACITY: 30		

BAR 102 101 BARBADOS CONCORDE EXPERIENCE

Half Day



You will head to the south coast of Barbados to see the famous Barbados Concorde Experience. It is one of a kind in the Caribbean and very few places in the entire world can call themselves home to a Concorde. Learn about the history of flight and particularly supersonic flight. 'Engineered for speed', a visual show with sound and light effects, will leave you breathless and

feeling that you have just witnessed a spectacular takeoff. A visit into the interior of this amazing aircraft will give you a chance to experience how passengers felt traveling on it.

After a general tour of the facility, enjoy a question and answer session with the British Airways' Chief Engineer in Barbados, Mr. Wade Bohne. He will be able to answer all the questions you might have on this amazing aircraft. After all, he was in charge of maintaining the Concorde when she was still flying to Barbados.

STANDARD PRICE		Early Booking
Adult	\$40	\$38
Child	\$27	\$25
TIME		
	Date	Time
Depart	November 22	0900
Return	November 22	1230
HIGHLIGHTS		
• Barbados Concorde Experience - aviation history • Q&A BA's local Chief Engineer and Concorde Expert		
MINIMUM REGISTRATION: 12		
MAXIMUM CAPACITY: 64		



This walking tour provides the opportunity to learn about the stories behind the monuments and buildings of historic Bridgetown, a UNESCO world Heritage site.

The tour departs from Deep Water Harbor where the story begins in the Port's compound. Taking a casual walk in an Easterly direction, you will pass through

some of the districts which contributed significantly to the early development of Bridgetown, including the former hotel district of the city. Some of the other highlights that will be seen on your walk include: St. Mary's Church, the second oldest consecrated ground on the Island; and National Heroes Square where a myriad of historic sites await in every direction from the Parliament Buildings to the North to the Independence Arch in the South. You will also visit the Museum of Parliament.

STANDARD PRICE		Early Booking
Adult	\$30	\$29
Child	\$30	\$29
TIME		
	Date	Time
Depart	November 22	0930
Return	November 22	1230
HIGHLIGHTS		
• St Mary's Church (exterior and interior) • National Heroes Square • Museum of Parliament		
MINIMUM REGISTRATION: 12		
MAXIMUM CAPACITY: 60		

Day 2: Sunday, November 23

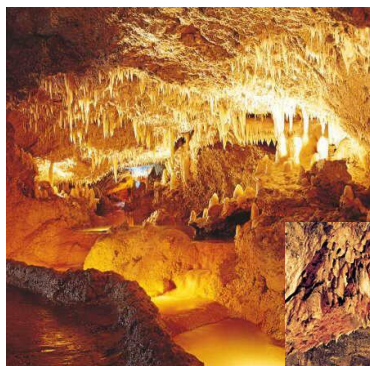
IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.

Do not make any other travel plans as this is a designated class day in port for your course.

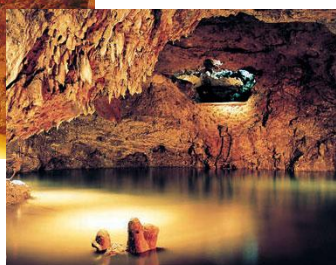
Field Lab	Bridgetown, Barbados	Sunday, 23 November
ENSP 3559 101	Simon Gatrell	Colonialism and Post-Colonialism

BAR 106 201 HARRISON'S CAVE

Half Day



The magnificent Harrison's cave is one of Barbados' natural wonders; its flowing crystal clear waters and streams provide a magical feel to this cave experience. Harrison's Cave is probably the only limestone cave to be found in the entire Caribbean.



En route to Harrison's Cave, you will drive through the center of the island past the Sharon Moravian Church which is unique in style and dates as far back as 1799. Upon arrival at the cave

you will enjoy a tram ride to see actively growing stalactites and stalagmites enhanced by gentle indirect lighting. The thunderous 40 foot waterfall cascades into a blue-green lake making this an extraordinary site. Following the tram ride, enjoy some free time to explore the cave on your own.

STANDARD PRICE		Early Booking
Adult	\$45	\$43
Child	\$24	\$23
TIME		
	Date	Time
Depart	November 23	0900
Return	November 23	1200
HIGHLIGHTS		
- Historic Bridgetown part of UNESCO World Heritage Site - Scenic drive		
MINIMUM REGISTRATION: 12		
MAXIMUM CAPACITY: 64		

BAR 108 201 SURFING LESSON

Half Day

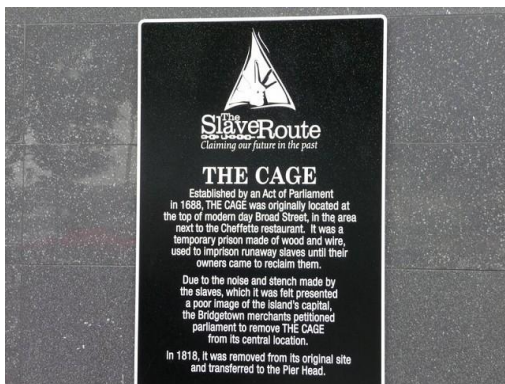


Here is your opportunity to learn how to surf!

Professional surf instructors will start you off with a concise beach brief and demo. From here it's into the water where you will be continuously coached for the next hour and half. Multiple coaches will be right there with you helping you to catch the waves and offering you points to improve with each wave.

At the end of the lesson, relax and enjoy a cold drink while taking a team portrait. Video will be shot throughout the lesson and can be accessed via YouTube and other social media.

STANDARD PRICE		Early Booking
Adult	\$82	\$76
Child	\$82	\$76
TIME		
	Date	Time
Depart	November 23	0900
Return	November 23	1200
HIGHLIGHTS		
Surfing lesson		
MINIMUM REGISTRATION: 10		
MAXIMUM CAPACITY: 14		



On this program you will visit a number of sites significant to the history of slavery and the functioning of the slave trade in Barbados and the Caribbean with the knowledgeable **Professor Alex Nalbach**.

The tour begins with a visit to the Barbados Museum where you will receive an introduction

to the History of Sugar and Slaves. From here it is on to the site of the Royal African Company's barracoons, a slave holding station also known as "The Cage", and then on to Codd's House from which the Emancipation proclamation was read. Next along the route you will see the Emancipation Statue and then stop at the Newton Enslaved Burial Ground, the only known slave burial ground on a plantation in the Western Hemisphere. Continue on the route to Sweet Bottom, the first freed slave village in Barbados bequeathed by the owner of the Golden Ridge Plantation. Your tour finishes with a visit of Gun Hill Signal Station which was constructed after the 1816 Enslaved Rebellion to warn of future uprisings.

Interested in reading further? Check out this article in Caribbean 360:

http://www.caribbean360.com/news/barbados_news/african-diaspora-heritage-trail-conference-in-barbados-next-month

STANDARD PRICE**Early Booking**

Adult \$35 \$33

Child \$35 \$33

TIME

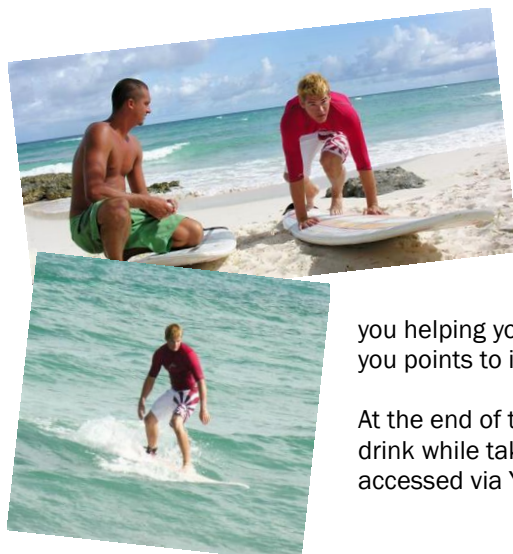
	Date	Time
Depart	November 23	0900
Return	November 23	1230

HIGHLIGHTS

- Barbados Museum
- Codd's House & Emancipation Statue
- Newton Enslaved Burial Ground
- Gun Hill Signal Station

MINIMUM REGISTRATION: 12

MAXIMUM CAPACITY: 32



Here is your opportunity to learn how to surf!

Professional surf instructors will start you off with a concise beach brief and demo. From here it's into the water where you will be continuously coached for the next hour and half. Multiple coaches will be right there with

you helping you to catch the waves and offering you points to improve with each wave.

At the end of the lesson, relax and enjoy a cold drink while taking a team portrait. Video will be shot throughout the lesson and can be accessed via YouTube and other social media.

STANDARD PRICE**Early Booking**

Adult \$82 \$76

Child \$82 \$76

TIME

	Date	Time
Depart	November 23	1300
Return	November 23	1600

HIGHLIGHTS

- Surfing lesson

MINIMUM REGISTRATION: 10

MAXIMUM CAPACITY: 14

Day 3: Monday, November 24

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day.
Do not make any other travel plans as this is a designated class day in port for your course.

Field Lab	Bridgetown, Barbados	Monday, 24 November
COMM 4560 102	Professor Brad Brown	Strategic Management

BAR 110 301 SCENIC HIKE & TRAIL BARBADOS

Half Day



Embark on a scenic drive from the port to Skeete's Bay on Barbados' east coast passing through the local villages of Bayfield, Fortesque and College Savannah on the way. This route follows the old Barbados Railway, in service up to the year 1937. You will traverse hills, winding paths, paved roads, wooden platforms, and graveled areas as you go along the old railway's route.

You will enter the wooded section of Conset Cutting, an area of subdued lighting, before emerging once again from the Cutting toward Conset Bay. Prepare yourselves as you go uphill again, ascending to the historic Codrington College, home to the true stories of greed, deception and murder. This thought provoking theological

college is popular for picnics, relaxation and communing with nature, and is a fitting end point for your Barbados Coastal & Heritage Scenic Hike.

Please Note: This excursion involves a lot of walking and some challenging terrain.

STANDARD PRICE		Early Booking
Adult	\$39	\$37
Child	\$39	\$37
TIME		
	Date	Time
Depart	November 24	0900
Return	November 24	1200
HIGHLIGHTS		
- Scenic drive - Hike along historic train route		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 30		

BAR 111 301 COLLETON & ST. NICHOLAS ABBEY**Half Day**

From Bridgetown you will head north to the northern most Parish of St. Lucy to see some of the most interesting art and architecture found in Barbados.



As you drive along the affluent West Coast, enjoy the sights of the beautiful homes and hotels set up on this “gold” coast. You will also pass through the historic towns of Holetown and Speightstown before arriving at your destination, the Colleton Great House. This fantastic residence was built in 1647 by Sir John Colleton, an English royalist who

moved to Barbados after the execution of Charles I. It was last owned by Australian oil-industry legend and geologist Frank Rickwood, an avid art collector who bought and restored the house in 1990. You will see Mr. Rickwood’s obvious love and eagle eye for art as you view the many pieces of painted and sculpted art on display. You will then proceed to the outdoor museum to see one of the largest collections of authentic African art in the world.

Next, you will proceed to St. Nicholas Abbey located in the Parish of St. Peter. It was built in 1660 and is one of only three genuine Jacobean mansions in the Western Hemisphere. It was extensively refurbished and some of the distinguishing features of this magnificent mansion include: curved Dutch gables; chimney stacks and coral stone finials; a Chinese Chippendale staircase and fine antiques. A rare 1930s film of sugar plantation life can also be viewed.

STANDARD PRICE		Early Booking
Adult	\$59	\$56
Child	\$59	\$56
TIME		
	Date	Time
Depart	November 24	0830
Return	November 24	1230
HIGHLIGHTS		
• Visit of Colleton House with art collections • Visit of historic St. Nicholas Abbey		
MINIMUM REGISTRATION: 12		
MAXIMUM CAPACITY: 64		

**BAR 112 301 AERIAL TREK ZIPLINE****Half Day**

For a fun adventure, embark on a scenic journey to Jack in the Box Gully, home base of Aerial Trek. Receive your safety gear, which includes helmet and gloves, and listen carefully to your safety briefing before you harness up and enjoy. Zip across the eight platforms each manned by two experienced guides who will not only ensure your safety but they will also provide insightful information about the different areas and the eco-system you are traversing. Take a moment to enjoy and savour the beautiful views of Barbados and learn about the geological formations around you. Afterwards, take a short stroll on a nature trail as you return to the base to enjoy a refreshing drink.

STANDARD PRICE		Early Booking
Adult	\$53	\$51
Child	\$53	\$51
TIME		
	Date	Time
Depart	November 24	0900
Return	November 24	1230
HIGHLIGHTS		
• Zipline • Gully walk		
MINIMUM REGISTRATION: 12		
MAXIMUM CAPACITY: 64		