

SALVADOR DA BAHIA, BRAZIL

Disembark: 0800 Wednesday, November 12

Onboard: 1800 Friday, November 14



Brief Overview: Simply called 'Bahia' by locals, the energy and beauty of Salvador is hard to beat. The bright and gold-laden architecture of this city, demonstrates the grandeur of what was once the capital of Portugal's New World colony. The Afro-Brazilian culture of the city is evident in much of the city's traditions, specifically in its arts and religious movements. Experience the music, dance, food, and martial arts traditions which have preserved the heritage of African slaves. Experience Bahian culture through a performance of the **Bahia Folklore Dance Company** or take part in a **Capoeira** class. Participate in the immense **restoration projects** sweeping the city, or meet with locals who took the revitalization of these communities under their wing. Don't miss out in viewing Salvador's vibrant coast.

Whether visiting the sea turtle project at **Praia do Forte** or taking a cruise along **Itaparica Island**, the magnificent shoreline is something to be seen.

Out of town: Make your way into the farmlands of Brazil, where sugar plantations once fed the economy of the colonial power, Portugal. Travel to **Hinterland** and experience life in a small Brazilian community, while exploring the history of the West African slave trade and interact with cattle farmers in the area today. In **São Felix**, see the craft of making hand-rolled cigars, first-hand and in neighboring communities, learn how manioc flour and dende palm oil have sustained the region.

Suggested short-cuts to simple planning:

The following trips are grouped according to interest categories.

Art and Architecture:

Day 2: SAL 102-201 Arte Consciente Visit

Impact Opportunities:

Day 2: SAL 101-201 Upper City Walking Tour

Day 3: SAL 112-301 Project Axe Children Project

Day 3: SAL 115-301 Brazilian Education

Cultural highlights:

Day 1: SAL 113-101 Afro Brazil Museum and Candomble House

Day 1: SAL 100-101 City Orientation Tour

Day 2: SAL 104-103 Bale Folclorico de Bahia (Dinner)

Day 2: SAL 108-201 Capoeira Angola School

Day 2: SAL 109-203 Folklore Show and Dinner at Coliseo

Day 3: SAL 116-302 Percussion Workshop

Nature & the Outdoors:

Day 2: SAL 106-201 Praia Do Forte and North Coast

Day 2: SAL 114-201 Cachoeira and Farming Hinterland

Day 3: SAL 110-301 Schooner Cruise to Itaparica Island

TERMS AND CONDITIONS: In selling tickets or otherwise making arrangements for field programs (including transportation, shore side accommodations and meals); the Institute of Shipboard Education (I.S.E.) acts only as an agent for others who provide such services as independent contractors. All participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that I.S.E. shall not be liable or responsible in any way for any loss, death, injury, or illness to person or loss, theft or damage to personal property arising from or in connection with such services. I.S.E. shall not be responsible for cancellation of field programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

Day 1: Wednesday, November 12

SAL 113- 101

AFRO BRAZIL MUSEUM AND CANDOMBLÉ HOUSE

HALF DAY

Candomblé is an Afro-Brazilian religion based primarily on the beliefs of the Yoruba and other peoples of West Africa. In colonial times, slaves were prohibited from practicing their religion for fear that it would serve to reinforce their group identity. To avoid persecution the slaves gave Catholic names and figures to their African gods (orixás). At the Afro-Brazilian Museum, you will see the different costumes of the major orixás and will be given a detailed explanation of the characteristics and significance of these deities in the Candomblé faith. The museum also houses a major work by Salvador's greatest



artist, Carybé, portraying the breadth and scope of the Candomblé faith. Following the museum visit, we will proceed to a traditional terreiro, or Candomblé house, one of the 1400 spread around the city.

Our final visit is to the sprawling bustling São Joaquim market, Salvador's largest popular fruit and vegetable market. It is here also that we view many of the artifacts, herbs and essences used in Candomblé rituals and ceremonies, giving a further glimpse as to the permeating influence of the belief system.

STANDARD PRICE		Early Booking
Adult	\$ 72	\$69
Child	\$ 36	\$ 34
TIME		
	Date	Time
Depart	November 12	0900
Return	November 12	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • In depth insights of historical and religious importance of Candomblé • Afro Brazilian Museum • São Joaquim Market 		
MINIMUM REGISTRATION : 15		
MAXIMUM CAPACITY: 80		

SAL 100-101

CITY ORIENTATION TOUR

HALF DAY

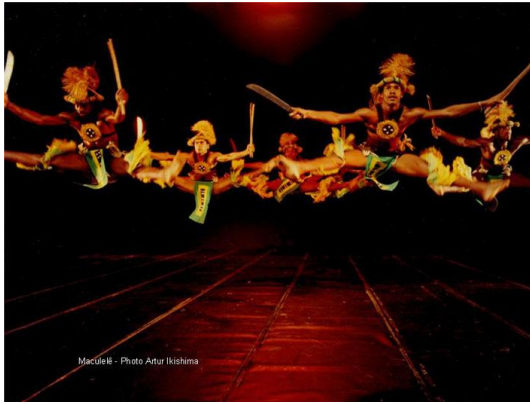


Discover the essential sights of Salvador on a half day tour tracing the development of the city from its simple beginnings to what is now the third largest city in Brazil. After pick up at the Passenger Terminal, drive to the Barra neighbourhood at the mouth of the immense bay. Then, via elegant tree-lined avenues, head to the bustling city streets of the Pelourinho, a

Unesco Heritage site and the largest complex of colonial architecture in South America. Head out on foot to Municipal Square, by the towering Lacerda Elevator, with great views of the bay stretching out to the lower city. Stroll through the narrow, bustling streets lined with buildings in pastel shades of an age gone by, soaking in the sights and sounds of this vibrant city. We visit the church of São Francisco with its exuberant gold-leafed Baroque interior and the Pelourinho square, the heart of the old town.

STANDARD PRICE		Early Booking
Adult	\$41	\$39
Child	\$20	\$20
TIME		
	Date	Time
Depart	November 12	0900
Return	November 12	1200
HIGHLIGHTS		
<ul style="list-style-type: none"> • View from Municipal Square • São Francisco Church • Pelourinho Square 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 100		

The Bahia Folklore Company (Balé Folclórico da Bahia), one of the most respected folklore dance troupes in the world, performs a pocket show of their hugely successful international show in the intimate Miguel Santana Theatre.



Their performance is a seamless presentation of the multiple African traditions that underpin Bahian culture. You will see the sacred dances of the Candomblé: puxada de rede, a song by fishermen in honor of Yemanjá, the goddess of the sea; maculelê, an acrobatic stick and sword dance with its origins in the cane fields; capoeira, a martial art/dance of Angolan origin; and the samba de roda, a spinning, swirling version of this exuberant national dance.

After the show enjoy a Bahia cuisine dinner at an adjacent restaurant in the Pelourinho historical quarter.

STANDARD PRICE		Early Booking
Adult	\$108	\$102
Child	\$54	\$51
TIME		
	Date	Time
Depart	November 12	1845
Return	November 12	2245
HIGHLIGHTS		
<ul style="list-style-type: none"> • Capoeira and Samba de Roda • Dinner of local cuisine 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

Day 2: Thursday, November 13

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course.

Field Lab	Salvador, Brazil	Thursday, 13 November
BIOL 1559 501	Professor Sergei Polozov	Marine Biology [Group 1]

SAL 106-201

PRAIA DO FORTE AND THE NORTH COAST

HALF DAY

Located 80 kilometers north of Salvador on one of most beautiful stretches of coastline, Praia do Forte is a small fishing village with a lot of charm. The village takes its name from a fortified manor built in 1552 by the Portuguese settler, Garcia D'Avila. The dramatic ruins still stand today and on-going archeological research is still conducted. In spite of D'Avila's extensive deforestation of the area, the region is now seen as a benchmark in sustainable tourism through the work of the Garcia D'Ávila Foundation.

Set up originally as a purely scientific body, today the foundation's mission is to protect the local environment through educational and socio-environmental programs. These programs help to monitor the environmental condition of the Praia do Forte region and its many natural attractions, including remnants of Atlantic Forest, restinga, and mangrove ecosystems. The foundation also partners with the Tamar Sea Turtle Project.

From Salvador, head north to the Coconut Road that leads to Bahia's north coast. You will stop en route to learn of the mangrove ecosystem, so prevalent along the eastern seaboard. Continue to Sapiranga Forest where you learn of the delicate *restinga* vegetation on our short walk through the forest with a local expert guide. Arrive at Castelo Garcia D'Ávila where we meet with the foundation staff and learn about the foundations past, present and future work.

Lunch will be served in the Praia do Forte village followed by a visit to the Marine Turtle Research and Preservation Project, including video display of the project, nesting sites, tanks, and educational exhibits. Set up in 1980, Praia do Forte is now the national center for this project, which is funded by the World Wildlife Fund. The project's primary objective is to protect the Brazilian sea turtle population in areas with significant nesting by curtailing poaching of eggs and adult turtles and by establishing protected hatcheries.

Please Note: Be sure to bring your bathing suit.

STANDARD PRICE		Early Booking
Adult	\$135	\$129
Child	\$68	\$65
TIME		
	Date	Time
Depart	November 13	0800
Return	November 13	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> • Tamar Sea Turtle Project • Garcia D'Ávila plantation house ruins • Praia do Forte village 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 80		



The river port town of Cachoeira is a colonial jewel nestled in the valley of the Paraguaçu River. It was the main trading post connecting the farming hinterland on the western shores of the All Saints´ Bay to Salvador throughout the sugar and tobacco booms that fueled the Portuguese economy. Cachoeira, once the capital of the country, is steeped in history with a vibrant local culture steeped in African-Brazilian traditions. It is a great little town rarely visited, even by its neighbors from Salvador just 110 kms away.



You will drive north out of the city and then head westwards, stopping at busy country market town of Santo Amaro.

Nearby we stop at a farm, formerly privately owned but later appropriated and handed over to the national popular movement for agrarian reform known as “The Movement for Landless Peasants.” Meet with the settlers to discuss agrarian reform, one of Brazil’s most pressing social problems.

Upon arrival in Cachoeira, enjoy lunch followed by a walking tour of the town. Like in Salvador, Candomblé plays an integral part in the life of the town, epitomized by the Sisterhood of the Boa Morte, a sorority which traces its origins back to the time of slavery.

We cross to the western bank of the slow moving river and visit the Danemann Cultural Center where we can also see world-class cigars being expertly rolled. Experience a journey back in time to the Brazil of yesteryear.

Please Note: Comfortable shoes are recommended.

STANDARD PRICE		Early Booking
Adult	\$122	\$116
Child	\$61	\$58
TIME		
	Date	Time
Depar	November 13	0800
Retur n	November 13	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit to Landless Movement • Visit to Sisterhood of Boa Morte • Cachoeira town 		
MINIMUM REGISTRATION:15		
MAXIMUM CAPACITY: 80		



This three-hour guided walking tour serves as an excellent orientation tour of the area near the Passenger Terminal and Salvador’s adjacent historical quarter. Depart from the dock and proceed to the Lacerda Elevator, which takes us up to the Municipal Square. From here we continue to the old Jesuit Square at the entrance to the Old City. We

stroll through the cobblestone streets of this delightful area and visit some of the historical points of interest including the *São Francisco Church* and Pelourinho Square. *Pelourinho* means ‘whipping post,’ and Pelourinho Square is the site where slaves were tortured and sold. (Each group of 20 will have a local guide.)

Please Note: Comfortable shoes are recommended due to the three hour length and un-even pathways.

STANDARD PRICE		Early Booking
Adult	\$26	\$24
Child	\$13	\$12
TIME		
	Date	Time
Depart	November 13	0900
Return	November 13	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • View from Municipal Square • São Francisco Church • Pelourinho Square 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 100		

SAL 102-201

ARTE CONSCIENTE VISIT

HALF DAY

Four young men saw their neighborhood declining into violence and drugs, they also saw little being done by local authorities to stem the tide. Each young man had special talents and collectively, they decided to do something about the situation. Marcos, the circus school teacher, Fabio boxing champion and trainer, Alex, the percussion master and songwriter, and Tito, the wizard graffiti artist, all set about offering their skills to the disenfranchised youth of the *bairro*. Against odds that many deemed insurmountable, Art Consciente Recreational and Cultural Group has returned hope and self-esteem to many youth in the neighborhood, gaining immense respect from the local community in the process.

This is a particularly interesting project for two reasons: first because it played a particularly pivotal role in abating violence, which between 1996 and 2002 had claimed the lives of many children, and second, because it was founded formally in 2003 by alumni of two larger social projects in Salvador, Projeto Axé and Circo Picolino.



You will meet with the founders of the project. Collectively, they will introduce us to the community that has help to promote a uniquely self-sustainable and self-propagating grassroots social movement in Salvador. You will tour the community, see examples of urban graffiti produced by the project, and be treated to exhibitions of boxing, percussion, and circus arts. This program offers SAS participants with an opportunity to see first-hand the social need and the positive benefits of grassroots, community project rarely visited by the outside world.



STANDARD PRICE		Early Booking
Adult	\$60	\$57
Child	\$30	\$29
TIME		
	Date	Time
Depart	November 13	0900
Return	November 13	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Unique opportunity to meet grassroots founders • Interaction with program beneficiaries 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		

SAL 108-201

CAPOEIRA ANGOLA SCHOOL

HALF DAY



Once described as a “dance of gladiators and fight of ballerinas,” Capoeira Angola combines a mesmerizing display of sleight of hand and foot in a martial art/dance developed by African slaves at the time when they were barred from playing music or dancing. The hands are often used to support the body as the blows are given by the feet. One is considered a good *capoeirista* for the manner in

which one gets the opponent into an off-guard position to disguise the eventual blow. If points were to be gained in this martial art form, they would be gained for the craft and skill used in delivering the blows rather than the blow itself.

Then rhythmic backbone is provided by the bowed berimbau, a rudimentary single stringed instrument deceptively difficult to master. Like all great martial arts, there is a very vital philosophy and way of life associated with being a capoeirista and to become a master demands years of dedication to the finer details of the art.

Visit one of Salvador’s most prestigious schools and meet with the instructor and students. The school has nuclei throughout the world, including many US cities. Learn the history and philosophy of this martial art, try your hand at playing the instruments, and then your hands and feet at learning the basic movements under the expert eye of the master instructor. The visit will coincide with a lesson for members of the school. Participants can join in or simply watch the members of the school as they learn and practice their movements.

Please Note: A track suit or other loose trousers and sneakers are recommended.

STANDARD PRICE		Early Booking
Adult	\$66	\$62
Child	\$33	\$31
TIME		
	Date	Time
Depart	November 13	0900
Return	November 13	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • In depth insights of historical and cultural aspects of the martial art • Try your hand at the berimbau • Learn the basic movements 		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 30		



Spend an evening focused on Bahian culture, in a full folklore presentation showcasing the multiple African traditions encountered in Bahia.

Head out to the Pelourinho district, Salvador's famed historical center. The evening's entertainment and dinner will be in the Coliseo Restauarant, offering a buffet of the best in local and international

cuisine to suit a wide variety of tastes including the signature Bahian dish the *moqueca*. Tables are located around the central stage where the evening's entertainment is presented, beginning with the sacred dances of the Candomblé orixás, or deities, in their full ritual costumes. The deities include: *puxada de rede* performed by fishermen in honour of Yemanjá, the goddess of the sea; and *maculelê*, an acrobatic stick and sword dance from the cane fields. The highlight of the show is an exhilarating display of capoeira, the stunning martial art/dance of Angolan origin. The show ends with the samba de roda, a spinning, swirling version of this exuberant national dance.

STANDARD PRICE		Early Booking
Adult	\$120	\$114
Child	\$60	\$57
TIME		
	Date	Time
Depart	November 13	1900
Return	November 13	2230
HIGHLIGHTS		
<ul style="list-style-type: none"> • Capoeira demonstration • Maculele demonstration 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 80		

Day 3: Friday, November 14

IMPORTANT: If you registered in one of the following courses, you have a field lab on this day. Do not make any other travel plans as this is a designated class day in port for your course.

Field Lab	Salvador, Brazil	Friday, 14 November
BIOL 1559 502	Professor Sergei Polozov	Marine Biology [Group 2]
MUSI 2570 101	Professor Michelle Kisliuk	Music and Tourism
SEMS 3500 102	Professor Jeanette Lancaster	Health Promotion and Health Behavior: A Global Perspective
SEMS 3500 502	Professor Sandra Loeb	International Marketing [Group 2]

SAL 112-301

PROJETO AXÉ STREET CHILDREN PROJECT

HALF DAY

The question of the street children in Brazil is one of the country's most pressing problems. These children spend their days on the streets and their nights in the alleyways and doorways of Salvador. Projeto Axé was set up to help these children find their way in society by offering them real opportunities for education and training as well as involving them in creative



and cultural activities. You will visit one of the project's centers to see the tremendous work of the Axé Project and to learn about the aims, hopes, challenges and success stories of the project. Afterwards there will be time to Interact with participants in the program. The Project adopted and continues to follow the teaching methods of the great Brazilian educator Paulo Freire. It was his favored project.

STANDARD PRICE		Early Booking
Adult	\$38	\$36
Child	\$19	\$18
TIME		
	Date	Time
Depart	November 14	0900
Return	November 14	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> Learn first-hand one of Brazil's iconic social programs 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 40		



SAL 110-301

SCHOONER CRUISE TO ITAPARICA ISLAND

HALF DAY

The great All Saints Bay, *Baía de Todos os Santos*, contains 38 tropical islands and spans an area of 1,100 square kilometers. You will travel by schooner and cruise the tranquil waters of All Saints Bay including a visit to two islands. First, stop at *Ilha dos Frades* about 90 minutes from Salvador. This is a very small island with lush tropical vegetation and beaches surrounded by crystal-clear water. From this vantage point, the geographical implications of the bay will be



explained. The importance through the centuries of the island's geographic location will be discussed as this was a significant port along the trade routes to the new world. Next, travel to the island of Itaparica (about 45 minutes) for lunch. After lunch, you can visit the colonial town with its cobblestone streets and 18th-century architecture. Around 1530, you will begin the return trip to Salvador.

STANDARD PRICE		Early Booking
Adult	\$77	\$73
Child	\$39	\$37
TIME		
	Date	Time
Depart	November 14	0830
Return	November 14	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> Frades Island Itaparica island 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 80		

Please note: As the launch point for the boat is within walking distance of the port area, motorcoach transfers will not be provided. Wear your bathing suit if you would like to take advantage of swimming opportunities.

You will first visit the Calabar community, a favela located in the inner part of Salvador, and a shining example of community action. After a brief tour of the community, you will visit the primary school to observe and talk to the children and teachers. The program continues to a nearby secondary to meet with older children and their teachers. You will end the afternoon with a visit to the Steve Biko Institute, a pioneering educational institute focused on preparing students for the important vestibular or matriculation exam that allows entrance to third level education in Brazil.

Brazil boasts some of the best universities in Latin America, but passing the country's tough university entrance exam, the vestibular, is not an option for most black Brazilians. In Bahia, 70% of the population is of African descent, but more than 80% of those who graduate from university are white, clearly a situation of exclusion. The poor quality of state primary and secondary schools means black students end up with only a remote chance of passing the vestibular. Many white students grow up in the private school system, and can also afford expensive one-year courses that prepare them for the exam. Paradoxically, it is mostly these students who secure the coveted places in Brazil's federal universities, which are funded by the federal government and charge no fee. This paradox is widely seen as the root cause for so much of Brazil's inequalities.

Our objectives for these visits are to learn about how the children from under privileged backgrounds are educated and to gain insight into their feelings regarding links between education and the challenges and triumphs of dealing with urban poverty and development.



Please Note: No Photography Allowed

STANDARD PRICE		Early Booking
Adult	\$48	\$46
Child	\$24	\$23
TIME		
	Date	Time
Depart	November 14	0900
Return	November 14	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Calabar Community • Secondary school • Steve Biko Institute 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		



Bahia is the percussive heart of Brazil with its rhythmic African soul and a mind boggling myriad of rhythms that has attracted many international musicians to these shores including, Paul Simon, Wayne Shorter, Jimmy Cliff to name but a few.



You will visit a leading local percussionist's studio and receive an overview of Brazilian and regional percussion instruments and the musical styles. You will then join him as he leads a drumming circle, a mix of fun and concentration, independent of individual musical aptitude.

STANDARD PRICE		Early Booking
Adult	\$93	\$89
Child	\$47	\$45
TIME		
	Date	Time
Depart	November 14	1430
Return	November 14	1730
HIGHLIGHTS		
<ul style="list-style-type: none"> • Hands on percussion lesson with leading Bahian percussionist 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 15		