# CIVITAVECCHIA, ITALY

#### Arrive: 0800 Monday September 26 Onboard: 2100 Wednesday September 28



**Brief Overview:** Italy is a feast for the eyes and the palate alike. Known for its style, picturesque scenery, food, art and culture, Italy offers something for everyone. Civitavecchia is located just over an hour from Rome's city center by bus or train and provides easy access to many of Italy's wonders. Naples is in southern Italy and provides easy access to Pompeii, Mount Vesuvius and the Amalfi Coast. For a rich experience, it will be important to find a balance between the well-known cities and the lesser-known towns and scenic countryside.

<u>Nearby:</u> Enjoy the Etruscan Necropolis of Monterozzi in Tarquinia and experience the flavors of Italy with cooking classes and tastings.

<u>Worth the drive</u>: Discover the town of **Orvieto**, with its curious underground city and famous Duomo. Rome and the **Vatican** are not to be missed and there are a wide range of options to see them including: **CIV 101 101 Highlights of** Rome, **CIV 119-201 Unusual Rome and Catacombs**, and **CIV 109101 Baroque Rome & St. Peter's**.

Other worthwhile destinations include the ancient Roman city of **Pompeii**; the coastal town of **Sorrento (CIV 301 101 The Sunshine Tour)**, Tuscany's city of art – **Florence**, and the canal city of **Venice** (**CIV 501 101 Gems of Italy**),

**NOTES:** A strict dress code is enforced in all churches. Short pants, miniskirts, tank tops and revealing clothing are not acceptable and guests wearing these items can be restricted from entering. The overland trips of **CIV 501-101: Gems of Italy** and **CIV 202-301: Wine & Pasta in Tuscany** will depart from Civitavecchia and end in Livorno.

#### Highlights

#### Cultural:

Day 1: CIV 301-101 The Sunshine Tour Day 1: CIV 501-101 Gems of Italy Day 2: CIV 105-101 Orvieto & Civita Bagnoregio Day 3: CIV 107-301 Tarquinia Cooking Class Day 3: CIV 202-301 Wine & Pasta in Tuscany *Art and Architecture*: Day 1: CIV 109-101 Baroque Rome & St. Peter's

#### IMPACT:

Day 2: CIV 114-301 Local Family Lunch & Student Exchange Day 3: CIV 120-301 Retake Roma *Nature & the Outdoors:* Day 3: CIV 110-301 Discovering Etruscans: Trekking the Vulci Natural Park & Tarquinia Necropolis *Active:* Day 3: CIV 113-301 Rome by Segway

TERMS AND CONDITIONS: In selling tickets or making arrangements for field programs (including transportation, shore-side accommodations and meals), the Institute acts only as an agent for other entities who provide such services as independent contractors. Food and beverages provided to the Passenger by service providers and/or independent contractors, as well any other food or beverage consumed on shore excursions, are not the responsibility of the Institute. It is the responsibility of the passenger to ensure personal compliance with their own specific dietary restrictions. All Participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that the Institute shall not be liable or responsible in any way for any loss, death, injury or illness to person or loss, theft or damage to personal property arising from or in connection with such services. The Institute shall not be responsible for cancellation of programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

# Day 1: Monday, September 26

IMPORTANT: If you registered in one of the following courses, you have a Field Class on this day. Do not make any other travel plans as this is a designated class day in port for your course:				
COURSE #	COURSE # FACULTY DAY 1 – Monday, 26 September			
PHIL 372	Professor Yael Avrahami	Meaning and Truth in Religion		
HIST 480A7	Professor Adrian Howkins	Food: A Global Environmental History		
GR 100	Professor Eduard Huijbens	Introduction to Geography		
ECON 370	Professor Dan Jacoby	Comparative Economic Systems		
MKT 300	Professor Gail Taylor	Principles of Marketing (Section 1)		

#### CIV 101-101

#### HIGHLIGHTS OF ROME

#### FULL DAY



This tour includes an in-depth exploration of Vatican City as well as other important sites in Rome. Don't spend your time waiting in line.

Begin your day at **Vatican City** where you will have a reserved time to visit the fascinating Vatican Museums and today's highlight – the **Sistine Chapel** by Michelangelo. Next, walk into the mother of all Catholic churches – **St. Peter's Basilica**. Enjoy some time to reflect on the morning experiences over lunch at a local restaurant where you will taste the

STANDARD PRICE		Ear	rly Booking
Adult	\$154	\$1	48
Child	\$77	\$7	4
TIME			
	Date		Time
Depart	September 26		0845
Return	September 26		1915
HIGHLIGHTS			

• The Colosseum (including entrance) and Forum Romanum (no entrance)

- The Vatican Museums & Sistine Chapel (including entrance)
- St. Peter's Basilica (including entrance)

MINIMUM REGISTRATION:29 MAXIMUM CAPACITY: 100

specialties of Italian cuisine. After lunch, visit the symbol of the Eternal City, the **Colosseum** passing by the main monuments of the city such as the **Roman Forum**, where the city of Rome was founded.

*Please Note:* Proper attire required. Knees and shoulders must be covered in church visits. Large bags, backpacks, and metal or pointed items are not allowed in the Vatican Museums and St Peter's Basilica. The order of the sights visited may vary due to reservation times.

"I enjoyed the detail. The perfect art work, the perfect food and guides. The energy that lay within these historical monuments was absolutely fascinating" – Natalie, Fall 2015 Voyager

"This is a really good way to go if you want to learn about the ins and outs of the Colosseum and all about Vatican City! I would do this again." - Emily, Fall 2015 Voyager

"If you want to get a taste of Rome, this is the way to go!" - Jenna, Fall 2015 Voyager

#### CIV 109-101

#### **BAROQUE ROME & ST PETER'S**

Enjoy a pleasant walk and visit some of the most famous sights of Rome! After a brief panoramic drive featuring the Colosseum, you will reach the city centre of Rome where you will start your walk passing celebrated by the Spanish Steps with its

curious "Barcaccia" fountain by Bernini's father. You will continue down Via del Tritone leading to the world famous **Trevi Fountain (Under Restoration)** (toss a coin to ensure your return to Rome!). From there a short walk will take you to **Via del Corso:** later you will see the **Pantheon** 

and finally you will reach one of the most marvellous squares in the world, **Navona Square**, where you will enjoy a delicious pizza lunch at a local restaurant. Later you will board the coach and proceed to the magnificent **St. Peter's Basilica**, with its splendid Bernini's square surrounded by marble columns and the statues of Saints and Popes. At the end of the guided tour you will have a little free time before returning to Civitavecchia. Don't spend your precious time waiting in line! A strict dress code is enforced in St. Peter's Basilica. Short pants, miniskirts, tank tops and revealing clothing are not acceptable and guests wearing these items can be restricted from entering.

STANDARD PRICE		Early Booking	
Adult	\$113	\$109	
Child	\$57	\$54	
TIME			
	Date		Time
Depart	September 26		0845
Return	September 26		1845
HIGHLIGHTS			

- Baroque Rome including main squares and roads (Spanish Steps, Trevi Fountain, Via del Corso, Pantheon, Navona Square)
- St. Peter's Basilica (including entrance)

MINIMUM REGISTRATION: 19 MAXIMUM CAPACITY: Unlimited



"I enjoyed it. The provided lunch was delicious." – Suvitskie, Fall 2015 Faculty Voyager

#### CIV 115-101



#### **ROME ON YOUR OWN – SPANISH STEPS**

If you love shopping and you've already been to Rome, you may prefer to venture out on your own. You will have an Englishspeaking escort on the motorcoach to and from Rome, who will provide you with useful information about the city, its transportation, sightseeing, and shopping. You will be dropped off and picked up in exactly the same location, a famous street for designer shops right by the

STANDARD PRICE		Ear	rly Booking
Adult	\$41	\$39	
Child	\$20	\$20	
TIME			
	Date		Time
Depart	September 26		0900
Return	September 26		1800
HIGHLIGHTS			
Free time downtown			
MINIMU		ר יואר	5

**FULL DAY** 

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: Unlimited

Spanish Steps and a ten minute walk from Via Condotti.

### FULL DAY

### **NOW UPON REQUEST ONLY**

Please fill out an expression of interest form to be considered for a space on the Sunshine Tour

#### CIV 301-101

#### THE SUNSHINE TOUR

#### 3 DAYS / 2 NIGHTS





This overnight program provides the opportunity to see the Eternal City of **Rome**, the Island of **Capri**, the ruins of **Pompeii**, and the beautiful southern coastal area of **Sorrento**.

Begin your adventure in Rome with the Vatican Museum, Sistine Chapel, and St. Peter's Basilica. After some free time for lunch in the Vatican area, freshen up at your hotel before dinner and a Rome-bynight tour.

In the morning, depart for Naples

(3hrs) where you will start off with a surprising tour to Capri island! Learn about the island's history and folklore while gazing upon fantastic views of the Mediterranean sea! Enjoy some free time for lunch and to explore before meeting back with your group in the afternoon and boarding the return jetfoil to Sorrento. Here you will have an hour of free time in Sorrento

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STANDARD PRICE		Early Booking	
Adult	\$899	\$883	
Child	\$450	\$441	
TIME			
	Date		Time
Depart	September 26		0900
Return	September 28		1730
HIGHLIGHTS			
Vatican City & Sistine Chapel			

- Vatican City & Sistine Chape
- Rome by Night!
- Pompeii excavations

Capri Island village tour

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 45



before coming together for a a group dinner. After dinner, we will check into our hotel and you can enjoy the remainder of the evening at leisure.

The next day, head to **Pompeii** for a guided tour of the excavations. Explore this well preserved **ancient Roman city** and learn about Roman culture and Pompeii's inhabitants buried by the Vesuvius ashes during the eruption of 79 a.d. Enjoy lunch at a local restaurant before the drive back to port (3.5hrs)

**Please Note:** This program is not recommended for wheelchair-bound people. No elevator in the minibuses; very steep streets and alleys on the island and the archaeological site is entirely uneven, sometimes steep.

#### <u>Day 1</u>: (D)

- Board coach and depart to the Eternal City!
- Upon arrival, visit the Vatican Museums and the Sistine Chapel
- Visit St. Peter's Basilica and St. Peter's Square
- Free time for lunch in the Vatican area
- Board the coach and drive to the hotel. Free afternoon
- Meet in the lobby and drive to the restaurant for group dinner
- Rome by night tour ending back at the hotel

#### <u>Day 3</u>: (B,L)

- Guided tour of the Pompeii excavations
- Free time for pictures and souvenirs.
- Group lunch.
- Drive back to the Civitavecchia (1 comfort stop)

#### Day 2: (B,D)

- Board coach and depart to Naples (approx 3 hrs drive)
- Jetfoil ride to Capri island
- Funicular ride up to Capri village
- Orientation tour of Capri guide's lecture
- Free time for lunch and photos
- Jetfoil ride from Capri island to Sorrento!
- Free time in Sorrento
- Group dinner

### NOW UPON REQUEST ONLY

Please fill out an expression of interest form to be considered for a space on Gems of Italy

#### CIV 501-101

#### **GEMS OF ITALY**

#### 5 DAYS / 4 NIGHTS



Here is your opportunity to see many famous Italian Cities: **Rome**, **Venice**, **Florence**, and **Pisa**!

Upon arrival in Rome, start a guided tour of the **Colosseum** and take a glimpse at the **Roman Forum.** Enjoy lunch out and then continue with a visit

to the Vatican Museum, St. Peter's Basilica, and free time in the evening.

The following morning, board the fast train to Venice, check into your hotel, take a car to the Venice city gates, then ride on a Vaporetto (water taxi) to the city center. Meet your guide and enjoy a **walking tour** to **St. Mark's Square, the Doge's Palace** and **St. Mark's Basilica** (entrance not

included). Spend free time in Venice in the evening and have dinner downtown before returning to the hotel. Your third day will be entirely at your leisure in Venice!

After breakfast the next morning, depart for **Florence** where you will tour the small historic center on foot. Pass by the **Academy of Fine Arts**, the **Brunelleschi Dome**, **Signoria Square**, the **old bridge**, and the **Holy Cross Basilica** – Santa Croce. Enjoy a bit of free time before a group dinner downtown.

On your final day, visit **Pisa** and take a guided tour of **Camp dei Miracoli**, the **Cathedral**, and **Baptistery**. Savor your last bit of free time and lunch before departing for the port in Livorno.

STANDARD PRICE		Ear	rly Booking
Adult	\$1399 \$12		280
Child	\$700	\$640	
TIME			
	Date		Time
Depart	September 26		0930
Return	September 30		1700
HIGHLIGHTS			

- Rome: Vatican Museum & St. Peter's Basilica, Colosseum, Roman Forum
- Venice: St. Mark's Square & Basilica, Doge's Palace
- Florence: Academy of Fine Arts, Brunelleschi Dome, Signoria Square, Holy Cross Basilica
- Pisa: Camp de Miracoli with Cathedral & Baptistery

#### MINIMUM REGISTRATION: 19 MAXIMUM CAPACITY: 45





"Italy was SO gorgeous. All of the monuments were amazing... The food was AMAZING...want to go back just for the food....I definitely loved this field program though. A lot of people just went out and did their own thing, which is cool, however; I feel like the SAS trips are really well organized and highly suggested IF you want to see a lot." - Harrison, Fall 2015 Voyager

"The design of the itinerary was excellent. It maximized all of the time we were in each city. We got to see everything that we signed up for. Loved how on top of all the sites we saw together, we also had 'free time' to go explore additional sites on our own that peaked our interest."– Gabriel, Fall 2015 Voyager

NOTE: THIS TRIP WITH BEGIN IN CIVITAVECCHIA AND END IN LIVORNO

### **NOW UPON REQUEST ONLY**

#### Please fill out an expression of interest form to be considered for a space on Gems of Italy

### CIV 501-101

#### **GEMS OF ITALY**

#### 5 DAYS / 4 NIGHTS

#### <u>Day 1</u>:

- Drive to Rome (1.5 hrs approx)
- Full-day tour of ancient Rome
- Visit Colosseum & Roman Forum
- Lunch at a local restaurant
- Visit Vatican Museums & St. Peter's Basilica (special events permitting)
- Transfer to the hotel, check-in.
- Rest of the day at leisure

#### <u>Day 4</u>:

- Check out & load luggage
- Depart to Florence (confort stop on the motorway)
- Arrival in Florence, check in at hotel
- Guided walking tour of Florence, including the Accademia
- Group dinner and evening at leisure

#### <u>Day 2</u>:

- Depart to Rome Termini
- Eurostar train to Venice Mestre
- Arrive & transfer to the hotel
- Check in or luggage drop off
- Depart for Venice
- Venice city tour (2 hrs) and free time (approx 2 hrs)
- Group dinner
- Transfer back to the hotel

#### <u>Day 5</u>:

- Check out and depart for Pisa
- Arrive and walk to the city centre
- Visit the Cathedral & Baptistery (approx 2 hrs)
- Free time for lunch
- Meet back in the city centre and walk to the coach park
- Depart to Livorno
- Arrival in Livorno for embarkation

#### <u>Day 3</u>:

- Depart from the hotel to Tronchetto coach park/pier
- Free time in Venice
- Meet again at the coach park & coach transfer back to the hotel



### Day 2: Tuesday, September 27

#### CIV 105-201

#### **ORVIETO & CIVITA BAGNOREGIO**

#### **FULL DAY**



Discover the secrets of Orvieto, a combination of ancient village and **breathtaking scenery**. Orvieto is regarded as one of the most beautiful hill towns in Italy. Upon arrival, enjoy a guided tour of the town and discover Orvieto's surprising and unexpected "underground city," created by ancient

STANDARD PRICE		Early Booking	
Adult	\$104 \$10		00
Child	\$52	\$50	
TIME			
	Date		Time
Depart	September 27		0800
Return	September 27		1830
HIGHLIGHTS			
Orvi	eto undergrou	nd	
Free time downtown Orvieto			
<ul> <li>Civita di Bagnoregio (only 50 full time residents!)</li> </ul>			

MINIMUM REGISTRATION: 19 MAXIMUM CAPACITY: 100

inhabitants over approximately 2,500 years of uninterrupted digging. Following the grottoes, enjoy free time and lunch on your own in the center of old town. Orvieto is small enough that you can walk from one end to the other in



30 minutes, but the more adventurous will enjoy getting lost among the winding lanes and shadowed alleys that suddenly open into bright piazzas. The glittering mosaic façade of the Duomo is visible for miles, and the cathedral is definitely worth a visit. Orvieto itself offers splendid views of the surrounding countryside, perched as it is atop a jutting cliff. Finish off the day with a short trip to **Civita di Bagnoregio**, which is perched on a tuffaceous hill in the middle of a landslide-prone valley (only accessible on foot!). This nice little town is slowly succumbing to the ravages of time, but today the visitors' footsteps ring out in the small streets, alleys, and little piazzas of a town. However, if its peace you're seeking, its nice nooks and crannies are bathed in an almost religious

silence.

**Please Note**: A strict dress code is enforced in all churches. Short pants, miniskirts, tank tops and revealing clothing are not acceptable and guests wearing these items can be restricted from entering. This tour is very walking intensive and there are many stairs involved.

Check out <u>The Amazing Race</u> season 24, episode 8 filmed in Orvieto & Civita Bagnoregio!

*"I enjoyed wandering around Orvieto and seeing all the beautiful architecture. Having free time to wander was certainly a plus!" – Scott, Fall 2015 Voyager* 



#### CIV 119-201

#### UNUSUAL ROME & CATACOMBS (NEW!)

FULL DAY

**FULL DAY** 



lif you would like to see an original part of Rome, you need to choose this tour! You will drive to some of the oldest cemeteries in Rome, the **Catacombs** where your guide will show you galleries, often on two or more levels, ancient frescoes, graffiti, and the burial places of martyrs. After this

intense visit, proceed to the center of Rome and arrive at the famous Via Veneto, where an unexpected and unusual place, the Crypt of the Capuchin friars (Bones Chapel), is located under the church of Santa Maria della Concezione dei Cappuccini (Church of the Immaculate). Visit on your own (without guide) the crypt which contains the remains of

STANDARD PRICE		Early Booking	
Adult	\$117	\$112	
Child	\$59	\$56	
TIME			
	Date		Time
Depart	September 27		0845
Return	September 27		1900
HIGHLIGHTS			

- S. Sebastiano Catacombs (including entrance & guided tour)
- The Crypt of the Capuchin friars -Bones Chapel (including entrance – without guide)
- Free time downtown Rome

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 200

thousands of Capuchin friars and poor Romans. Their bones were used to decorate the walls and ceilings of five small chapels as a kind of hymn to life. Later enjoy a typical **lunch on your own** and about four hours of free time to explore the nearby areas of Trevi and Spagna.

#### CIV 121-201

#### THE VATICAN CITY

Discover the beauty of the enchanting Vatican City! Once you arrive to the small, independent state of Vatican City, visit the world famous Vatican Museums. Here you will see an

exceptional collection of artwork, including Michelangelo's impressive masterpieces housed in the **Sistine Chapel**. Later, walk to the splendid Bernini's Square and the awe - inspiring **St. Peter's Basilica**, the largest church in the world. After taking in all these spectacular sights, enjoy some free time in Rome (approximately 4 hrs) before returning to port.

#### STANDARD PRICE Adult \$113 Child ME Date Time September 27 0900 Depa Return September 27 1900 HIGHLIGHTS • The Vatican Museums & Sistine Chapel (including entrance fee with reservation) St. Peter's Basilica (including group

- entrance fee)
- Free time in Rome

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 48

Please note: Lunch is not included in this program. Plan to bring around 15 Euro for lunch on your own in Rome!

#### CIV 118-201

#### LA PARRINA VINEYARD & CAPALBIO (NEW!)

**FULL DAY** 



Enjoy a day admiring the beautiful Tuscany countryside! After a short drive along the old Via Aurelia you will arrive at the beautiful region known as Maremma, in the Southern part of Tuscany. You will stop in a medieval town named **Capalbio**, where you can enjoy some time before free proceeding to la Parrina farmhouse, which produces its

own wine. Here you will visit the vineyards, a local wine cellar, and a barrique cellar to learn about the traditional bottling methods still being used today. You will be invited to enjoy a light lunch with local products.

STANDARD PRICE		Ear	ly Booking
Adult	\$123	\$1	18
Child	\$62	\$59	
TIME			
	Date		Time
Depart	September 27		0900
Return	September 2	7	1600
HIGHLIGHTS			
la Parrina farmhouse			
Capalbio village			
Local lunch			

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 48

You will have some free time to enjoy and taste the relaxing atmosphere of Maremma and to shop at the winery before heading back to the pier.

#### CIV 114-301

### IMPACT: LOCAL FAMILY LUNCH & STUDENT EXCHANGE

FULL DAY



Interested in some local family connection? This is your chance. A short 15 minute bus ride will take students to a local high school where you will meet local Italian students, share a little about life on the ship (the first couple weeks, anyway) and learn about school in Italy. After this exchange, each SASer will be paired with a local student (18-year-olds in their final year of school) and go with

them to their home for the afternoon. The families will host you for lunch and welcome you into their home for some fun. This is what SAS is all about. Don't miss this great opportunity to meet an Italian family, pick up some Italian phrases and make some new friends.

Transportation to the homes will be provided by the host families in private cars. They will be driven ONLY by licensed host **parents** who have been screened by the school. Time in cars will not be more than 2 miles in either direction. After lunch, some students might, at their own expense, take the train to Santa Marinella that is a village 5 miles away from Civitavecchia. Students will be escorted by the hosts back to the Port Shuttle stop to return to the ship. STANDARD PRICE Early Booking Adult \$28 \$25 Child \$14 \$13 TIME Date Time September 27 0945 Depart Return September 27 1730 HIGHLIGHTS Visit a local high school •

• Visit a local home

Lunch with a local family

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 36



**IMPORTANT NOTE**: Please plan to bring a small gift for the Italian family - flowers or a small souvenir from SAS. The return time is the time at which students are escorted to the parking lot where they can catch the shuttle back to the ship. DO NOT NO-SHOW! These families take off work to host you. If your plans change, you MUST find someone to take your place and notify the Field Office. Any student who no-shows will be charged double.

"This experience provided the opportunity to get to know a local family, share a large meal, and grasp Italian

#### CIV 114-301

#### IMPACT: LOCAL FAMILY LUNCH & STUDENT EXCHANGE

FULL DAY

culture in a more unique and realistic approach. The families were so hospitable, interested in American culture, and every student who partook in the experience had an incredible time!" - Jocelyn, Fall 2015 Voyager

"Best way to experience Italy, a great new way to meet people, and one of the best field programs you can do hands down!" - Brennan, Fall 2015 Voyager

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### Day 3: Wednesday, September 28

CIV 116-301	ROME ON YOUR OWN – COLOSSEUN
	If you love shopping and you've already been to Rome, you may prefer to venture out on your own. You will have an English- speaking escort on the motorcoach to and from Rome, giving you useful information about the city, its transportation, sightseeing, and shopping.

You will be dropped off and picked up in exactly the same place, the Colle Oppio parking lot, **ten minutes walk from Colosseum.** 

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**FULL DAY** 

STANDARD PRICE		Ear	Early Booking	
Adult	\$41	\$39		
Child	\$20	\$20		
TIME				
	Date		Time	
Depart	September 2	8	0800	
Return	September 28		1715	
HIGHLIGHTS				
<ul> <li>Free time in the area around the Colosseum</li> </ul>				
MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: Unlimited				

#### CIV 117-301

#### TIVOLI & VILLA ADRIANA (NEW!)

If you want to visit one of most remarkable the examples of an imperial, dynastic palace, this the perfect tour for you! Once in Tivoli, near Rone, admire the splendid Vila Adriana, which in 1999 was declared a Human Heritage Monument by UNESCO. Hadrian's Villa one of the most is



complex and significant examples of the building genius of the Romans. It is a complete sample of architectural creations, not rigid in its symmetry but conceived to amaze the visitor through surprising perspectives, both following and dominating the natural landscape.

# CIV 110-301 DISCOVERING ETRUSCANS: TREKKING VULCI NAUTURAL PARK & TARQUINIA NECROPOLIS

**FULL DAY** 

HALE DAY



Enjoy a day reveling in nature learning about and the mysterious, ancient Etruscan people! Visit the ruins of the important Etruscan City of Vulci the Vulci Naturalisticin Archaeological Park. This ancient city is surrounded by natural wonders, allowing visitors to explore the site's

history, archaeology, tradition, and culture all in a flourishing garden. Your tour includes a visit to the **Pellicone Lake**, where you will have **free time for lunch**. Later, you will drive to Tarquinia and visit **the Etruscan Necropolis of Monterozzi** with its famous painted tombs. The incredibly vivid colours of these amazing paintings are mixed from iron oxide, lapis lazuli dust, and charcoal.

STANDARD PRICE		Early Booking			
Adult	\$83	\$80			
Child	\$42	\$40			
TIME					
	Date		Time		
Depart	September 28		0900		
Return	September 28		1700		
HIGHLIGHTS					
Vulci Naturalistic-Archaeological Park					

- Pellicone Lake
- Etruscan Necropolis of Monterozzi in Tarquinia

MINIMUM REGISTRATION:20 MAXIMUM CAPACITY: Unlimited

#### CIV 113-301



the eternal town. Three full hours of pure fun spent between history and art by Segway: modern technology to enjoy the wonders of the past. A video IPOD to help you discover Rome's ancient history as you climb the Aventine hill, with its beautiful terraced gardens with orange trees. You will pass by the "Mouth of Truth" and the Roman Forum before driving up Capitoline Hill, also known as the "Centre of the World". The cherry on top will be the final stop at the Coliseum. After your Segway tour, enjoy some free time around the Colosseum before returning to Civitavecchia.

#### Note: Participants must be at least 16 years old.

#### ROME BY SEGWAY (NEW!)

Enjoy a tour through ancient Rome on your very **modern** "chariot"! Come with us on a fun ride up and down the seven hills of Rome while "ticking off" your favorite highlights during your visit to

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Adult	\$299 \$2	<b>ED</b>		
Child	\$14 <b>5 \</b> \$1	.35		
TIME	Un.			
	Date	Time		
Depart	September 28	0800		
Return	September 28	1700		
HIGHLIGHTS				
Rome by Segway Imperial tour (Celio, Circus Maximus, Aventine Hill, The				

- mouth of truth, Roman Forum, Colosseum)
- Free time in the area around the Colosseum.

MINIMUM REGISTRATION: 8 MAXIMUM CAPACITY: 20

#### CIV 107-301

#### TARQUINIA COOKING CLASS

**FULL DAY** 

Early Booking

Time

0900

1400

\$115

\$58

STANDARD PRICE

\$120

\$60

Date

September 28

September 28

Valle del Marta Farm Cooking class

**MINIMUM REGISTRATION: 15** 

MAXIMUM CAPACITY: 40

Adult

Child

TIME

Depart

Return

HIGHLIGHTS



Enjoy the real flavor of "Tuscia," the Etruscan land, learning bv to make traditional Italian ragout sauce and tiramisu. On this relaxing excursion through the countryside, visit Valle del Marta Farm, a quaint farmhouse that harvests and produces а variety of

products, including vegetables, wine, fruit, meat, spices, pure virgin olive oil, honey, and even medicinal oils. After your **cooking lesson,** share a

typical **farmhouse lunch** with friends (that you helped prepare!) and relax in the beautiful countryside. Before departing, stop at farmhouse shop to purchase local products like as wine, honey, and olive oil. On the route home, gaze upon the beautiful Tarquinia, one of the most important Etruscan cities.

Please note: fresh goods (produce) cannot be brought aboard the ship.

#### CIV 202-301



#### WINE & PASTA IN TUSCANY

Pasta means culture. Pasta means tradition. Here is your opportunity to experience the beautiful Tuscan countryside and its cuisine including the chance to make your own pasta al mattarello.

Begin with a visit to <u>Antica Fattoria La</u> <u>Parrina</u> - this farmhouse has belonged to the same family since 1830 and cultivates 65 hectares of vineyards of both red and white grape types. The climate, characterized by sea winds, hot summers and rainy autumns, is ideal for the ripening of the fruit until harvest

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STANDARD PRICE		Early Booking		
Adult	\$519	\$494		
Child	\$260	\$247		
ТІМЕ				
	Date		Time	
Depart	September 28		0900	
Return	September 29		1830	
HIGHLIGHTS				
<ul> <li>Antica Fattoria La Parrina with lunch</li> <li>Gourmet Dinner</li> </ul>				
MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: 40				

time. You will visit the various sections of the farm, including the wine cellar to learn about the traditional bottling methods still used today. Next, enjoy lunch featuring local products. After lunch there is time to soak up the relaxing atmosphere of the farm, to take pictures or shop if you wish. In the afternoon

drive through the Maremma plain to reach Scansano country hotel, your home for tonight and tomorrow.

You may have already heard of home madetagliatelle, gnocchi, tortelli and pappardelle – but do you know what '**mattarello**' means?? Today you learn to make your own pasta al mattarello and you'll be proud of it! After the cooking lesson, you'll be ready for lunch at the farm, including a glass of red wine typical of Maremma plain. Enjoy the afternoon at your leisure, perhaps relaxing at the pool, before your drive to the port in Livorno.

Please note:

- Fresh goods (produce) cannot be brought aboard the ship.
- This trip will depart in Civitavecchia and return in Livorno

"Absolutely amazing! I loved the vineyard but making my own pasta was my [favorite] part." Erin, Fall 2015 Voyager

#### 2DAYS/1NIGHT

#### CIV 202-301

#### WINE & PASTA IN TUSCANY

#### 2DAYS/1NIGHT

"A wonderful, relaxing adventure." – Judy, Fall 2015 Voyager

*"I learned/interacted with people from a new culture, and gained new insights into the world of small batch wine and cheese creation." – Bennet, FA15 Voyager* 

#### Day 1: (D)

- Depart to Southern Tuscany and stop in La Parrina farm
- Guided visit of the farm and the wine cellars
- Lunch at la Parrina
- Free time and shopping at the farm market
- Drive to Scansano country hotel
- Check in and briefing on services and Spa rules
- Optional afternoon activity among spa or bike tour to be confirmed
- Gourmet dinner at the hotel

#### <u>Day 2</u>: (B, L)

- Breakfast at country hotel and check out
- Pasta making activity (picture shows last year group!)
- Lunch-tasting your own pasta and red wine!
- Time at leisure for pictures, relaxing by the pool, etc.
- Drive to Livorno port, possible comfort stop on the way.

#### CIV 120-301



#### IMPACT: RETAKE ROMA

On your last day in Italy, give back to the beautiful, eternal city of Rome by participating in a 'retake'! **Retake Roma** is a social movement started to retake areas of the city from degradation through **group clean-up activities.** Made up of both locals and expats

alike, concerned residents of Rome collect trash and remove graffiti, stickers, and posters to restore the city to its original beauty.

Roll up your sleeves and lend a hand by working alongside local volunteers to clean trash and other debris from the Colosseum district!

Later, enjoy a **free afternoon** to grab some lunch and do a little sightseeing or shopping before returning back to the ship.

Please note: The price of this program includes a 10€ per person donation to the Retake Roma organization. This program shares transportation with the Rome on your Own – Colosseum program. Retake activities are scheduled from 0945-1300. The volunteers of Retake Roma are professionals and ordinary citizens and will not be responsible for SAS participants, so please be aware of any risks during this activity and try to respect all participants and the communal spirit of the team!

## HALF DAY

STANDARD PRICE		Early Booking		
Adult	\$55	\$49		
Child	\$28	\$25		
TIME				
	Date		Time	
Depart	September 28		0800	
Return	September 28		1715	
HIGHLIGHTS				
<ul> <li>Work with locals to give back to the city of Rome!</li> </ul>				

• Free time for lunch, sightseeing, and shopping

MINIMUM REGISTRATION: 15 MAXIMUM CAPACITY: Unlimited