

CALLAO, PERU

Arrive: 0800 Tuesday November 22
Onboard: 1800 Saturday November 26



Brief Overview: A traveler's paradise, the warm arms of Peru envelope some of the world's most timeless traditions and greatest ancient treasures! From its immense biodiversity, the breathtaking beauty of the Andes Mountains (the longest in the world!) and the Sacred Valley, to relics of the Incan Empire, like Machu Picchu, and the rich cultural diversity that populates the country today – Peru has an experience for everyone.

Located in the Lima Metropolitan Area, the port of Callao is just a stone's throw away from the dazzling sights and sounds of Peru's capital and largest city, Lima. With its colorful buildings teeming with colonial architecture and verdant coastline cliffs, this vibrant city makes for a home-away-from-home during your port stay in Peru.

Nearby: Explore Lima's most iconic neighborhoods - **Miraflores** and **Barranco** – by foot, bike (PER 104-201 Biking Lima), and even Segway (PER 121-101 Lima by Segway). Be sure to hit up one of the **local markets** (PER 114-201 Culinary Lima) and try out **Peruvian fare** – you can't go wrong with *picarones* (fried pumpkin dough with anis seeds and honey - pictured above), *cuy* (guinea pig), or huge ears of roast corn!

Worth the travel: Cusco, the former capital of Incan civilization, is a short flight from Lima. From this ancient city, you can access a multitude of Andean wonders. Explore the ruins of the famed **Machu Picchu**, the city of **Ollantaytambo** – which still thrives to this day, **Lake Titicaca** and its many islands, and the culture of the **Quechua people**. You can also make the 4hr drive from Lima to **Paracas Bay**, where you can take a boat to the **Ballestas Island**, known as the 'Galapagos of Peru,' ride dune buggies through the **Ica desert**, or fly over the mysterious **Nazca lines** (PER 305-301 Nazca Lines & Paracas Wilderness).

***Note about High Altitude:** Due to the decreased oxygen at high altitudes (over 3,000 meters/9,843 feet), some people experience Acute Mountain Sickness (AMS) or 'altitude sickness.' Depending on the altitude, ascent rate, and individual physical condition, most people will experience differing degrees of **symptoms which can include headache, nausea, dizziness, fatigue, shortness of breath, loss of appetite and disturbed sleep**. It is important to have a good rest the day prior to departing for higher altitudes and to avoid any strenuous exercise when first arriving so your body can adapt. Visitors with a history of heart, lung, other organ problems, anemia or any other health concern, should consult their doctor before making the decision to visit a high altitude location. **HYDRATE! HYDRATE! HYDRATE!**

Highlights

Cultural:

Day 1: PER 500-101 Top of the World*
Day 2: PER 114-201 Culinary Lima*
Day 2: PER 400-201 Classic Cusco & Machu Picchu*
Day 3: PER 304-301 Express Cusco & Machu Picchu*

Art and Architecture:

Day 3: PER 117-301 Artists of Barranco

IMPACT:

Day 2: PER 401-201 Llama Pack Project & Homestay*
Day 5: PER 118-501 Coprodeli

Active Outdoors:

Day 1: PER 116-101 Swimming with Sea Lions
Day 2: PER 122-201 Surfing Peruvian Coast
Day 2: PER 104-201 Biking Lima
Day 3: PER 305-301 Nazca Lines & Paracas Wilderness

TERMS AND CONDITIONS: In selling tickets or making arrangements for field programs (including transportation, shore-side accommodations and meals), the Institute acts only as an agent for other entities who provide such services as independent contractors. Food and beverages provided to the Passenger by service providers and/or independent contractors, as well any other food or beverage consumed on shore excursions, are not the responsibility of the Institute. It is the responsibility of the passenger to ensure personal compliance with their own specific dietary restrictions. All Participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that the Institute shall not be liable or responsible in any way for any loss, death, injury or illness to person or loss, theft or damage to personal property arising from or in connection with such services. The Institute shall not be responsible for cancellation of programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

MACHU PICCHU



In 1911, Yale archaeologist Hiram Bingham rediscovered the ruins of Machu Picchu, a pre-Columbian city created by the Inca. Located high in the Andes Mountains in Peru, Machu Picchu, which means “old peak” or “manly peak” in the Quechua language, is one of the most beautiful ancient sites in the world. Overgrown by the surrounding jungle and forgotten by most of the world for hundreds of years, Machu Picchu was certainly not forgotten by locals, who led Hiram Bingham to the site. Bingham is given credit for the rediscovery of Machu Picchu not because he was the first to visit the

site since its abandonment, but because he brought it to the world’s attention. Often referred to as “The Lost City of the Incas,” which was the title of Bingham’s first book, Machu Picchu is probably the best-known symbol of the Inca Empire. Legends and myths indicate that the site was revered as a sacred place by people pre-dating the Inca, but it was the Imperial Inca who, around 1450, turned the site into an extraordinary city. About 50 miles from the Inca capital of Cuzco, and built on an Andean mountain top (9,060 feet elevation); the city was invisible from below. Abandoned less than 100 years after it was constructed, Machu Picchu was never found and was destroyed by the conquering Spanish.

Although its exact purpose has been debated, many archaeologists believe that Machu Picchu was an estate of the Inca emperor Pachakutec (Pachacuti) and chosen as the mausoleum to keep his body for eternity. The exquisite architecture, aesthetic delight, and unique geological features indicate that it was a place of sacred significance. Palaces and temples (some covered with gold), residences, baths, storage structures and public buildings are all carefully constructed and crossed by a network of fine fountains of water carved into the rock. Altars, cosmic observatories, and multiple mausoleums carved in the rock further highlight the spiritual significance of Machu Picchu.

Not only do the buildings appear to have been planned and constructed under the supervision of professional Inca architects, but the masonry is truly amazing. The Incas were masters of the technique called *ashlar*, in which blocks of stone are cut to fit together without mortar. Although the granite blocks are all different sizes and most have multiple faces, most of the junctures are so tight that one could not force a thin knife blade between the stones. The blocks of granite were cut with bronze or stone tools and smoothed with sand. As the Incas did not use the wheel, it is believed that they used hundreds of men and inclined planes to move the stones and push them into place.

The Inca developed an irrigation system of water fountains interconnected by channels and drainages. It is thought that this system carried water from a holy spring to each of the residences, the order being determined by the perceived holiness of the inhabitants. The Incas used terrace farming to plant crops such as maize, coca, yucca and sweet potatoes sufficient to feed the population and watered by natural springs.

One of the most interesting items found at Machu Picchu is the *intihuatana*, a column of stone that rises from a block of stone approximately the size of a grand piano. The *Intihuatana Stone* (which means “for tying the sun” or “hitching post of the sun”) has been shown to be a precise indicator of the date of the two equinoxes and other significant astronomical events. At midday on March 21 and September 21, the sun is almost directly above the pillar, thus creating no shadow. At these times, a ceremony would be held to “tie the sun to the pillar” to halt its northward movement in the sky.

Machu Picchu is a UNESCO World Heritage site and Peru’s most visited tourist attraction. As with most such sites, there are positives and negatives for the local people. On the positive side, Machu Picchu is a major source of revenue. In the late 1990s, the construction of a cable car to the ruins and the development of a luxury hotel complex were approved by the Peruvian government. Protests were raised by some scientists and academics as

well as by the local people who feared that the facilities would destroy the beauty of the site and enable far more tourists to visit the area. Plans to build a further bridge to the site have not been approved, and a no-fly zone exists in the area. UNESCO is considering adding Machu Picchu to its list of endangered world heritage sites as the number of visitors continues to grow and concerns about damage to the site continue to be raised.

“Machu Picchu was really interesting, the town of Cusco was very nice and I liked the tour of the city. It was interesting to see the mixing of Spanish and Indigenous culture.” – Ryan, Summer 2012 Voyager

“Everything was a lesson in itself. I met new people and explored the ancient ruins. I liked the inclusion of Cusco and Machu Picchu the most. The beauty of the city was a different aspect of the people that you don’t get at Machu Picchu.” – April, Summer 2012 Voyager

“I learned about their culture, Machu Picchu and history, agricultural practices of the Inca and much more!” – Stacy, Summer 2012 Voyager

“We loved Machu Picchu. It was worth all of the travel.” – Anna, Summer 2012 Faculty/Staff Voyager

“I LOVED Machu Picchu, meeting people and seeing the different sites, overall it was amazing.” – Stacy, Summer 2012 Voyager



Day 1: Tuesday, November 22

IMPORTANT: If you registered in one of the following courses, you have a Field Class on this day. Do not make any other travel plans as this is a designated class day in port for your course:

COURSE #	FACULTY	DAY 1 – Tuesday, 22 November
IE 272	Professor Susan Bolton	World Interdependence – Current Global Issues (Sect 1)
MKT 361	Professor Sergio Carvalho	Buyer Behavior
LSPA 335	Professor Sophie Esch	Issues in Hispanic Culture
PSY 320	Professor Karla Gingerich	Abnormal Psychology
HIST 411	Professor Adrian Howkins	Latin America Since Independence
PHIL 270	Professor Melissa Stewart	Issues in the Study of Religion
JTC 461	Professor Erin Trauth	Writing for Health, Science, and the Environment

PER 116-101

SWIMMING WITH SEA LIONS

HALF DAY



Discover the **Palomino Islands** on an open air boat that sets sail from the Marina Yacht Club of Callao. Pass yachts, naval ships, and shipwrecks as you navigate through Callao Bay. Then, cruise past San Lorenzo Island and its colonies of sea birds and **Humboldt penguins**,

until you reach Palomino Island, which is home to numerous **seals and sea lions**. Here you will have the opportunity to **swim with the sea lions**. A close encounter with these amazing and humorous animals in the water is one of the greatest wildlife experiences one can ever hope to have and the biggest fun imaginable!

STANDARD PRICE		Early Booking
Adult	\$103	\$99
Child	\$51	\$49
TIME		
	Date	Time
Depart	November 22	0800
Return	November 22	1130
HIGHLIGHTS		
<ul style="list-style-type: none"> Swim with sea lions Cruise to Palomino Island, discovering sunken ships and Humboldt penguins! Enjoy stunning views of the coast as you pass San Lorenzo Island, Peru's largest island. 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 52		

"I learned a lot about the marine life in Peru, not only sea lions, as well as some history and other things about Peruvian culture." – Molly, Summer 2012 Voyager

"I liked learning about the marine life and actually getting in the water to see it first-hand." – Molly, Summer 2012 Voyager

"Cool, unique experience. Loved being on the ocean." – Victoria, Summer 2012 Voyager

PER 100-101

LIMA CITY ORIENTATION

HALF DAY



Approximately 1/3 of Peru's 30 million people make their home in the capital city of Lima. It is divided into many distinct districts, each with their own character and charm. This city orientation focuses on the historic, colonial center of Lima, which is a UNESCO World Heritage site known for its

hand-crafted wooden balconies. Participants will have time to explore both the **Plaza San Martin** (inaugurated in 1921), and the **Plaza Mayor** (home to the Presidential Palace). Stroll down the **Jiron de la Union**, a famous pedestrian street that connects the two plazas and provides ample opportunity for shopping.

STANDARD PRICE		Early Booking
Adult	\$50	\$48
Child	\$25	\$24
TIME		
	Date	Time
Depart	November 22	0900
Return	November 22	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Historic City Center • Pedestrian street Jiron de la Union • Free time 		
MINIMUM REGISTRATION: 11		
MAXIMUM CAPACITY: 120		

Participants will have one hour of **free time** to relax at one of the many outdoor cafes, visit the **Chocolate museum**, take a ride in a horse-drawn carriage or climb the cathedral tower for a great view. You will want to bring some cash (or get some at a nearby ATM in the plaza) for these optional activities. Wear comfortable shoes. 1 bottle of water per person is included.

PER 121-101

LIMA BY SEGWAY

HALF DAY



Today you will enjoy a tour on Segway visiting different places in the modern **Miraflores District**: The **Park of Love**, the lighthouse park, the Maria Reich Park, and Larcomar.

Enjoy fascinating views from the Villena Bridge and continue to bohemian **Barranco**, where we see the famous Puente de los Suspiros (**Bridge of Sighs**).

Note: For safety reasons, participants must weigh under 220lbs.

STANDARD PRICE		Early Booking
Adult	\$199	\$189
Child	\$100	\$95
TIME		
	Date	Time
Depart	November 22	0900
Return	November 22	1230
HIGHLIGHTS		
<ul style="list-style-type: none"> • The beautiful view from the boardwalk over the Pacific Ocean • The Park of Love, perhaps Lima's most famous park • Bohemian Barranco and the Bridge of Sighs 		
MINIMUM REGISTRATION:5		
MAXIMUM CAPACITY: 10		

Day 1: Cusco (11,000ft/3,350m)

Today we're flying to **Cusco**, former capital of the Incan empire and a center of Andean culture! Upon arrival, we'll hit the road for the Sacred Valley, "Valle Sagrado", which is known for its beautiful landscapes and thriving **Quechua traditions**. We will spend the afternoon exploring **Ollantaytambo**, the oldest continuously occupied settlement in the Americas, and its imposing Inca fortress. After the tour, take some time to yourself to hike the fortress or walk around the town before transferring to our hotel in the Sacred Valley.

After breakfast, we'll board the expedition train to Aguas Calientes and **Machu Picchu** (7,800 ft./2,370m) A spectacular citadel, Machu Picchu rises to an altitude of 7,900 ft. above sea level between the Huayna Picchu (young peak) and Machu Picchu (old peak). The **ruins of the Lost City of the Incas** are situated on the eastern slope of Machu Picchu in two separate areas: the agricultural and the urban. Although constructions show different levels of architecture, religious buildings exhibit a high degree of perfection. A **tour of the citadel** is included, as well as opportunities for independent hikes to the Sun Gate and Incan Bridge. Enjoy lunch on your own and some free time in the town of Aguas Calientes before transferring to our hotel in Cusco. Enjoy some **free time to explore Cusco by night**.

Day 2: Cusco / Machu Picchu / Sacred Valley

After breakfast, we'll board the expedition train to Aguas Calientes and **Machu Picchu** (7,800 ft./2,370m) A spectacular citadel, Machu Picchu rises to an altitude of 7,900 ft. above sea level between the Huayna Picchu (young peak) and Machu Picchu (old peak). The **ruins of the Lost City of the Incas** are situated on the eastern slope of Machu Picchu in two separate areas: the agricultural and the urban. Although constructions show different levels of architecture, religious buildings exhibit a high degree of perfection. A **tour of the citadel** is included, as well as opportunities for independent hikes to the Sun Gate and Incan Bridge. Enjoy lunch on your own and some free time in the town of Aguas Calientes before transferring to our hotel in Cusco. Enjoy some **free time to explore Cusco by night**.

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Day 3: Cusco / Puno / Amantani

We will spend the morning on an **orientation tour of Cusco** before our midday flight to Juliaca. Upon arrival, we will transfer to the port in Puno - the gateway to the world's highest navigable lake, **Lake Titicaca**. We will sail to **Amantani Island**, known for its special energy and connection to "Pacha Mama," Mother Earth, where we will overnight as visitors in the local Quechua community. Here we will enjoy community exploration, a late afternoon ascent to the "Pacha Tata" - a ceremonial center of the island, and an **amazing sunset over Lake Titicaca**. After dinner, we will take part in a fascinating **ceremony** honoring "Pacha Mama" with community members before we heading back to our lodgings.

Day 4: Amantani/ Taquile/ Uros / Puno

The next morning we will travel by boat to **Taquile Island**, a **UNESCO World Heritage site**, known for its cultural traditions, including vibrant weaving techniques. After a delicious lunch, our hosts will treat us to a typical music and dance **performance** - the colorful costumes are spectacular! Following lunch, we will have time to explore the beach area or take a quick hike to the upper town square before departing for our third island visit at **Uros**, a living "island" built of floating reeds or "totora". After Uros, we will travel back to Puno where we will stay for the



STANDARD PRICE		Early Booking
Adult	\$1699	\$1537
Child	\$1077	\$996
TIME		
	Date	Time
Depart	November 23	1900
Return	November 26	1615
HIGHLIGHTS		
<ul style="list-style-type: none"> • Ollantaytambo fortress and town • Full day at Machu Picchu • Cusco orientation tour • Overnight on Amantani Island (Lake Titicaca) and visits to Taquile Island and Uros Floating Islands • Pre-Incan cemetery of Sillustani 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		

SOLD OUT



night.

Day 5: Puno/Sillustani/Lima

On our journey back to Juliaca airport, we'll make a stop at **Sillustani**, a **pre-Incan cemetery** with circular stone towers once used as graves for nobles. Situated at 4000 meters above sea level, the towers stand surrounding a lake, with snow-capped mountains in the background. From there we will continue on the airport for our return flight to Lima.

PLEASE NOTE: Participants should take precaution with altitude sickness. 1 bottle of water per person per day included.

Day 1:

- Flight to Cusco
- Transfer to the Sacred Valley
- Visit Ollantaytambo ruins
- Dinner at leisure and overnight in hotel in Sacred Valley

Day 2: (B)

- Breakfast at hotel
- 0700 Expedition train to Aguas Calientes
- Bus transfer to Machu Picchu
- 4 hour Visit Machu Picchu (lunch on own)
- Bus back to Augas Calientes
- Free time in Aguas Calientes
- Expedition train to Ollantaytambo
- Bus transfer to the hotel
- Dinner at leisure and overnight in Cusco hotel

Day 3: (B, D)

- Breakfast at hotel
- Morning tour of Cusco
- One hour flight to Juliaca;
- Transfer to port of Puno
- 1.5 hour Boat trip to Amantani Island; orientation
- Visit Pacha Tata
- Dinner
- Ceremony: Thanks to Mother Earth
- Overnight HOMESTAY in Amantani community

Day 4: (B, L)

- Breakfast in community
- Boat trip to Taquile island
- Spend time with community members
- Lunch in the community
- Boat trip to Uros floating islands
- Visit Uros islands
- Travel back to Puno and transfer to hotel
- Dinner at leisure and overnight in Puno hotel

Day 5: (B)

- Breakfast at hotel
- Transfer to Juliaca airport with visit to Sillustani tombs en route
- Flight to Lima
- Transfer to ship





Lima, the fifth largest city in Latin America, is widely considered to be one of its most beautiful. From the pier depart on a drive through one of Lima's oldest residential neighborhoods. **Huaca Pucllana** is a great adobe and clay pyramid

located in the Miraflores district of central Lima built from seven staggered platforms. It served as an important ceremonial and administrative center for the advancement of the Lima Culture, a society which developed in the Peruvian Central Coast between the years of 200 AD and 700 AD. Walking through the ruins at dusk will provide insight into the pre-Incan culture of the region. In some places, Incan ruins can also be seen built directly on top. **Dinner will be enjoyed outside at famed Huaca Pucllana Restaurant** overlooking the illuminated ruins. The restaurant itself is known for ceviche and a culinary exploration of classic and contemporary Peruvian recipes. This is sure to be an experience basking in the glow of these ancient structures.



STANDARD PRICE		Early Booking
Adult	\$99	\$85
Child	\$50	\$43
TIME		
	Date	Time
Depart	November 22	1700
Return	November 22	2100
HIGHLIGHTS		
<ul style="list-style-type: none"> Gourmet Peruvian dinner at the exclusive Huaca Pucllana Restaurant overlooking the illuminated ruins. Drive through Miraflores 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 120		

It almost never rains in Lima, so dining al fresco is a great way to enjoy the internationally acclaimed Peruvian cuisine before returning to the ship.

What to wear:

- Long trousers and Shirt with collar (men)
- Long pants, dress or skirt with top (women)

Dinner includes 1 drink per person.

"I loved this program. Perfectly planned, excellent tour guide, fantastic meal!" – Kelly, Summer 2012 Voyager

I enjoyed getting a taste of indigenous life because it provides a very unique perspective of Peru's history." – Nicole, Summer 2012 Voyager

Day 2: Wednesday, November 23

PER 400-201

CLASSIC CUSCO & MACHU PICCHU

4 DAYS / 3 NIGHTS



Sun, the Plaza de Armas (Main Square), and the San Blas suburb.

After the tour, we will transfer to the Sacred Valley where we will split into three mini groups for an exciting afternoon of activities. Group 1 will visit Ollantaytambo ruins with its imposing Inca fortress while group 2 will visit the Misminay community where each person will participate in their choice of two different



activities (see list below). Group 3 will explore the Moray terraces and Maras salt mines. After their respective activities, each group will transfer back to the hotel and enjoy a free evening and dinner on your own.

Day 2: Machu Picchu / Sacred Valley

Get ready for a day to remember! After breakfast, we'll board the expedition train to Aguas Calientes and Machu Picchu. A spectacular citadel, Machu Picchu rises to an altitude of 7,900 ft. between the Huayna Picchu (young peak) and Machu Picchu (old peak). The ruins are situated on the eastern slope of Machu Picchu in two separate areas: the agricultural and the urban. This Lost City of the Incas, one of the most famed examples of Incan architecture, is believed to have been built in the mid-15th century by Inca Pachacutec. The terracing and construction are truly a feat of engineering and human achievement.

A tour of the citadel is included, as well as opportunities for independent hikes to the Sun Gate and Incan Bridge. You will have lunch on your own, then we'll head back down to the town of Aguas Calientes and enjoy a little free time before transferring to our hotel in the Sacred Valley.



Day 3: Sacred Valley

Today we'll have another full day discovering the Sacred Valley. The group will be divided into the same mini groups as Day 1. In the morning, group 1 will visit Misminay community (choose two activities), group 2 will go walking along Moray terraces and Maras salt mines, and group 3 will visit Ollantaytambo ruins. In the afternoon, group 1 will visit Moray terraces and Maras salt mines, group 2 will visit Ollantaytambo ruins, and group 3 will visit the Misminay community (choose two activities). In the evening we will transfer to a hotel in Cusco for our overnight.

Day 4: Cusco/Lima

Enjoy a free morning in Cusco before we transfer to the airport for our return flight to Lima.

STANDARD PRICE		Early Booking
Adult	\$1499	\$1326
Child	\$915	\$828
TIME		
	Date	Time
Depart	November 23	0330 or 0500
Return	November 26	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> Sacred Valley and three essential sights: Ollantaytambo ruins, Misminay local community, Moray terraces and Maras salt mines. Full day at Machu Picchu citadel Cusco attractions: Korikancha Temple and Cathedral 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 125		

PLEASE NOTE: There are 3 flights departing Lima within 1.5 hour period. There will be an opportunity to sign up for groups and roommates once on the ship.

Misminay Community Activities

Please note: Each activity has a participant limit, so come prepared with a second and third choice in mind if your first choice is full.

- Agriculture (max 25)
- Weaving (max 25)
- Adobe (max 25)
- Cooking (max 10)
- Donkey Ride (max 25)
- Trek towards moray Mirador (max 25)



Day 1:

- Fly to Cusco
- Tour of Cusco and surroundings
- Group Activities
 - 1: Ollantaytambo ruins
 - 2: Misminay community
 - 3: Moray terraces & Maras salt mines
- Dinner at leisure and overnight in Sacred Valley

Day 2:

- Transfer to Poroy station (2 groups)
- Expedition train to Aguas Calientes
- Bus up to Machu Picchu
- Visit Machu Picchu (lunch on own)
- Bus back to the town
- Time at leisure in Aguas Calientes town
- Expedition train until Ollantaytambo train station
- Bus transfer to the hotel
- Dinner at leisure and overnight in Sacred Valley

Day 3:

- Group Activities
 - 1: Misminay community with lunch, Moray terraces, & Maras Salt Mines
 - 2: Moray terraces, Maras salt mines, lunch & Ollantaytambo
 - 3: Ollantaytambo ruins & Misminay community with lunch
- Transfer to hotel
- Dinner at leisure and overnight in Cusco

Day 4:

- Free time in Cusco
- Fly back back to Lima
- Arrival to Callao pier



Professor **Sophie Esch**, an expert in Latin American cultures who equips students to look and think from a critical postcolonial perspective, will lead this IMPACT Opportunity to the Sacred Valley, Machu Picchu and most importantly to the [Llama Pack Project](#). This private non-profit organization has been building relationships among remote Andean communities for the past four years and is working to re-introduce the native llamas as pack animals in the area as a tool for social development and ecosystem conservation. Spend 2 nights at their hostel (bunk accommodations) in the Sacred Valley and get to know the ins and outs of the project as well as the communities they work with.



Additionally, participants will also have a full day at Machu Picchu and then enjoy a one-night homestay experience with the Misminay community where they will each get to choose between two activities.

Please NOTE: This is STRENUOUS and not suitable for children under 12 years. There are NO DISCOUNTS for children.



STANDARD PRICE		Early Booking
Adult	\$1429	\$1329
Child	\$ N/A	\$ N/A
TIME		
	Date	Time
Depart	November 23	0320
Return	November 26	1600
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit Misminay local community and learn about life in the Peruvian highlands • Visit Machu Picchu citadel for a full day excursion • Llama Pack Project Experience • Panoramic view of Cusco city 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 20		

Misminay Community Activities

- Agriculture (max 25)
- Adobe (max 25)
- Donkey Ride (max 25)
- Weaving (max 25)
- Cooking (max 10)
- Trek towards moray Mirador (max 25)



Day 1: (L,D)

- Flight from Lima to Cusco
- Transfer to the Sacred Valley
- Settle into Misminay community
- Activity #1 in Misminay
- Lunch in the community
- Activity #2 in Misminay
- Dinner in the community
- Campfire and Andean stories
- Overnight in homestays

Day 2: (B,L,D)

- Breakfast in Miminay
- Farewell and transfer to Urubamba
- Arrive Llama Pack Project
- Orientation with meet & greet
- 3-4 hour trek uphill to REMOTE village
- Picnic lunch w/ community
- Service Activity
- Trek back to Llama Pack
- Dinner and relax

Day 3: (D)

- Expedition train to Aguas Calientes
- Bus transfer to Machu Picchu
- Visit Machu Picchu (lunch on own)
- Bus back to Aguas Calientes & Free time
- Expedition train to Ollantaytambo
- Bus transfer to Llama Pack Project
- Farewell dinner with music at Llama Pack

Day 4:

- Transfer from Sacred Valley to Cusco
- Orientation city tour of Cusco
- Flight from Cusco to Lima
- Transfer to Callao pier

PER 118-501

IMPACT: COPRODELI WITH KARLA GINGERICH

FULL DAY



This IMPACT program will be led by Professor of Psychology, Karla Gingerich. “Having worked with youth and families, I'm looking forward to this great opportunity to interact with the young people and staff at Coprodéli. We'll get an inside view of how a non-profit organization works to help the young people of Peru”. The primary offices of

Coprodéli are located just 20 minutes from the port. Participants will visit some of their partner schools and have lunch at one of them.

- 1000-1020 Transfer from pier to Coprodéli partner school(s)
- 1020-1400 Volunteering and donation (300 to 400 kids approx.)
- 1400-1500 Lunch and sharing experience
- 1500-1520 Drive to Coprodéli office
- 1520-1620 Coprodéli’s presentation (Showing what they do for the community)
- 1620-1630 Drive back to the ship

The timing has been designed and suggested by Coprodéli.

STANDARD PRICE		Early Booking
Adult	\$39	\$37
Child	\$39	\$37
TIME		
	Date	Time
Depart	November 23	1000
Return	November 23	1630
HIGHLIGHTS		
<ul style="list-style-type: none"> • Local NGO • Lunch at school • SAS Fund donation included in program 		
MINIMUM REGISTRATION: 20		
MAXIMUM CAPACITY: 35		



PLEASE NOTE: Participants in this program should possess a basic level of Spanish. Students at the schools we will be visiting will not speak English.

PER 122-201

SURFING PERUVIAN COAST

HALF DAY



Peru, along with Brazil, is one of the most important surfing countries in Latin America. Peruvians have been surfing, or participating in a variation of surfing, since pre-Colonial times. In more recent history, World Champions

such as Sofia Mulanovich have kept Peru on the map in the worldwide surfing community. The coast enjoys a wide variety of breaks, and is a great place to surf for everyone from beginners to experts.

Today, enjoy **surfing lessons** with a qualified instructor just off the coast of Lima. We learn the **basic techniques** before heading out into the waves and testing our skills! **Trip price includes** wetsuit, surfboard, lesson and 1 bottle of water per person.

STANDARD PRICE		Early Booking
Adult	\$99	\$95
Child	\$50	\$48
TIME		
	Date	Time
Depart	November 23	0900
Return	November 23	1200
HIGHLIGHTS		
<ul style="list-style-type: none"> • Surfing classes 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 40		

Please Note: There will be 1 instructor for every 4 participants. This is a MANIFEST trip and final names are due 2 days in advance.

PER 104-201

BIKING LIMA

HALF DAY



Today you'll discover the best spots of the city by bike! We'll show you amazing sights between two of the most interesting neighborhoods of Lima: Miraflores & Barranco. We see a perfect blend of the

old and bohemian neighborhoods of the city by visiting Barranco - with its mansions, restaurants, and parks which were, and are still, an inspiration to many artist and musicians. We will follow that with a ride to the neighborhood of Miraflores with its amazing cliff edge sidewalks and parks overlooking the ocean. It's a great opportunity to get two different perspectives of the city!



Note: For safety reasons all participants must be taller than 4'9", be between the ages of 10 and 90, and must not weight more than 220lbs. Trip price includes bicycle, helmet, vest and 1 bottle of water per person.

"Awesome trip. This is truly a lovely city." - Anqi, Summer 2012 Voyager

"Able to cover much on Lima on a bike. Fun way to tour Lima." - Mary, Summer 2012 Voyager

STANDARD PRICE		Early Booking
Adult	\$91	\$87
Child	\$45	\$43
TIME		
	Date	Time
Depart	November 23	0900
Return	November 23	1345
HIGHLIGHTS		
<ul style="list-style-type: none"> Cycle through 2 of the most exclusives neighborhoods of the city Barranco district - birthplace of many local artists Breathtaking views of the Pacific Ocean 		
MINIMUM REGISTRATION:8		
MAXIMUM CAPACITY: 18		

PER 107-201

NAZCA LINES IN A DAY

FULL DAY

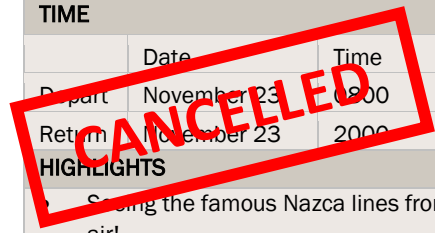


Believed to have been scratched on the surface of the dry Peruvian coastal plain between 500 BC and 500 AD, the Nazca Lines remain one of archaeology's greatest enigmas. This amazing series of drawings features animals, geometric figures, and birds reaching up to 1,000 feet in size. Preserved for an

estimated 2,000 years on this desert crust, the lines have prompted many theories of their creation; from pre-Inca irrigation systems, to pleas from the ancient Peruvians to the gods above to help with their farming, to extra-terrestrial intervention.

The full impact of these mysterious drawings can only be seen from the air - so today you will drive 4 hours to the local Pisco airport to board a flight over this fascinating UNESCO protected site. Our flight lasts approximately 1¾ hours, soaring above the unusual drawings.

STANDARD PRICE		Early Booking
Adult	\$439	\$421
Child	\$220	\$211
TIME		
	Date	Time
Depart	November 23	0800
Return	November 23	2000
HIGHLIGHTS		
<ul style="list-style-type: none"> Seeing the famous Nazca lines from the air! Local lunch along the seaside UNESCO site 		
MINIMUM REGISTRATION: 8		
MAXIMUM CAPACITY: 12		



THIS IS NOT FOR EVERYONE. IT INVOLVES A LOT OF DRIVING TO GET THERE AND BACK.

Itinerary:

0800-1200 Depart ship to Pisco local airfield
 1200-1220 Check in and registrations
 1245-1425 Overflight Nazca Lines
 1425-1445 Drive to el Chaco town for lunch at Malecon (Area with local restaurants)
 1445-1600 Time for lunch on their own
 1600-2000 Drive back to the ship

Please Note: Passengers who suffer motion sickness should be aware that a certain amount of turbulence could impact on comfort levels while viewing the figures and loves over Nazca

Seat assignments are not guaranteed for the Nazca lines flight (couples and friends may be split up)

Window seats not guaranteed (all seats offer views of the lines)

Each plane for the Nazca Lines flight has a total passenger weight limit of 840kg and 12 guests (whichever is reached first)

Operation of the Nazca Lines flight is subject to weather conditions and local authorities and as such may be subject to last-minute cancellations.

Bring a snack

Two bottles of water per person included. Lunch included plus 1 drink.

Day 3: Thursday, November 24

Day 1: Cusco / Sacred Valley

Today we'll fly to Cusco (11,000ft/3,350m), former capital of the Incan empire and a center of Andean culture. Upon arrival, we'll transfer to the Sacred Valley (boxed breakfast en route) for a full day of exciting activities.



Group 1 will visit Ollantaytambo ruins with its imposing Inca fortress while group 2 will visit the Misminay community where each person will participate in their choice of two activities (see list below).



After their respective activities, each group will transfer back to the hotel for an overnight in the Sacred Valley.

Day 2: Cusco / Machu Picchu / Sacred Valley

Get ready for a day to remember! After breakfast, we'll board the expedition train to Aguas Calientes and Machu Picchu. A spectacular citadel, Machu Picchu rises to an altitude of 7,900 ft. between the Huayna Picchu (young peak) and Machu Picchu (old peak). The ruins are situated on the eastern slope of Machu Picchu in two separate areas: the agricultural and the urban. Although constructions show different levels of architecture, religious buildings exhibit a high degree of perfection. This Lost City of the Incas, one of the most famed examples of Inca architecture, is believed to have been built in the mid-

STANDARD PRICE		Early Booking
Adult	\$1309	\$1254
Child	\$784	\$757
TIME		
	Date	Time
Depart	November 24	0300/0415
Return	November 26	1420/1500
HIGHLIGHTS		
<ul style="list-style-type: none"> • Cusco attractions: Korikancha Temple, Cathedral, and Sacsayhuaman fortress • Full day at Machu Picchu citadel • Sacred Valley: Ollantaytambo ruins and Misminay local community 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 75		

15th century by Inca Pachacutec. Lost in history, it was not discovered until 1911 by American explorer Hiram Bingham.

A tour of the citadel is included, as well as opportunities for independent hikes to the Sun Gate and Incan Bridge. You will have lunch on your own, then we'll head back down to the town of Aguas Calientes and enjoy a little free time before and transferring to our hotel in the Sacred Valley.



Day 3: Sacred Valley

Today we'll get an early start back to Cusco. Upon arrival, we'll head to the city center, walking in and around this amazing colonial city built on the foundations of Incan palaces. Here you will visit the "Koricancha" or Temple of the Sun, the Plaza de Armas (Main Square) and the Cathedral, and the San Blas suburb, the residence of the best artists. Afterwards, we will transfer to the airport for our mid-day flight to Lima.

PLEASE NOTE: There are 2 flights departing Lima within 1.5 hour period. There will be an opportunity to sign up for groups and roommates once on the ship.

Misminay Community Activities

Please note: Each activity has a participant limit, so come prepared with a second and third choice in mind if your first choice is full.

- Agriculture (max 25)
- Weaving (max 25)
- Adobe (max 25)
- Cooking (max 10)
- Donkey Ride (max 25)
- Trek towards moray Mirador (max 25)



Day 1: (B)

- Fly to Cusco
- Arrival in Cusco
- Group 1
 - Transfer to Ollantaytambo (boxed breakfast en route)
 - Visit Ollantaytambo
 - Transfer to Misminay for snack and group activities
- Group 2
 - Transfer to Misminay (boxed breakfast en route)
 - Reception, activities, and snack in Misminay
 - Transfer to Ollantaytambo and visit ruins
- Transfer to Hotel. Dinner at leisure and overnight

Day 3: (B)

- Transfer back to Cusco
- Koricancha and Cusco walking tour
- Transfer to airport for flight to Callao
- Arrival to Callao pier

Day 2: (B)

- Expedition train to Aguas Calientes
- Bus transfer to Machu Picchu
- Visit Machu Picchu (lunch on own)
- Bus back to Aguas Calientes & free time
- Expedition train to Ollantaytambo train station
- Dinner at leisure and overnight in Sacred Valley



This morning you will be transferred to **Barranco**, the city's coolest and most relaxed district. It is also an area renowned for its art. Our first stop will be at the **main square** where the beautiful architecture will signal the artistic intent of this area. Upon disembarking the coach, you will have some time to wander around the square, taking in the views of

the Main **Church of Barranco** and **stunning colonial architecture** for a photo opportunity. From here it is a short walk to an elevated viewpoint, where you cross over the **'bridge of sighs'** – take the time to follow the local custom of drawing your breath and making a wish as you walk over the bridge. Next it is time to board a **colonial era tram** which will take you on a journey of a few blocks to get a better feel of the neighborhood. The coaches will be waiting at the end of the line, and from here we depart to visit the private home of **Victor Delfin**, a well-known local and international artist. His work is bold, dramatic, clever, and often very big; it is scattered throughout the first floor and gardens used as a gallery.

We end this exploration into the fascinating area of Barranco with a **refreshment stop (includes 1 drink per person)** at what must be the most interesting collection of jewelry, funky art works, clothing, wood pieces, and paintings in the entire city of Lima - a true reflection of the amazing variety of art that originates from this very happening area.



STANDARD PRICE		Early Booking
Adult	\$82	\$79
Child	\$41	\$40
TIME		
	Date	Time
Depart	November 24	0900
Return	November 24	1330
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit the houses of one of the bests artist in Peru • Barranco District - the bohemian heart of Peru 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 30		

"I really enjoyed looking at the various forms of art, and even the drive after to the city." – Andoni, Summer 2012 Voyager

Day 1: Lima / Paracas

We'll depart for a bus ride to Paracas bay, enjoying the beautiful scenery as we pass through different landscapes of the Pan American coastal highway. After check in and lunch

at the hotel, we head out to the **Paracas National Reserve**, an important protected **coastal-marine system** in Peru and one of the most biologically productive marine areas in the world. The reserve also contains nearly **100 archeological sites** from the Paracas indigenous people. We'll return to the hotel for dinner and an **evening at leisure**.

Day 2: Huacachina

After breakfast, we'll enjoy a scenic 2hr. **boat ride to the Ballestas Islands**, "The Peruvian Galapagos", situated off the coast of the Paracas Reserve. These two beautiful islands are home to thousands of resident migratory sea birds, including pelicans, boobies, cormorants, gulls, and others who share the habitat with colonies of sea lions. On the way you will also see one of the **mysterious drawings** etched on the desert face, the Candlestick. After your visit to the islands, we'll transfer to Ica city for a visit to the **Huacachina oasis**. Built around a small natural lake and surrounded by enormous sand dunes, Huacachina has the look and feel of a remote Saharan oasis.

We continue with a visit to the **Ica Regional Museum**, which houses the remains of the ancient cultures that developed on the southern coast. Here we will see fine textiles from the Paracas people, amazing musical instruments, great pictures of the Nazca Lines, and human remains from the aforementioned cultures. After lunch at the Ica, ride **dune buggies** (with professional drivers) and "fly" up and down dunes the size of mountains in the Ica desert. Try **sandboarding** - a must-do activity in Peru! After the excursion, we'll bus back to Paracas bay and overnight at the hotel.

**Day 3: Nazca lines / Lima**

After a light breakfast, we'll head to the Pisco airport for a real highlight - our **flight over the incredible Nazca Lines**, drawn on the pampas of the same name.

You will see several figures of stylized plants and animals drawn in an enormous labyrinth of lines, shapes, and spirals scattered about the desert floor that has remained preserved for about 2000 years. A famous experience that's not to be missed. (Note: the flight is subject to weather conditions in the area.) After the tour, we'll bus back to Paracas to check-out and enjoy a final lunch before we head back to Lima.



STANDARD PRICE		Early Booking
Adult	\$1077	\$999
Child	\$538	\$500
TIME		
	Date	Time
Depart	November 24	1000
Return	November 26	1800
HIGHLIGHTS		
<ul style="list-style-type: none"> Paracas National Reserve, the Ballestas islands, and Huacachina oasis 4-wheeling and sandboarding on the dunes of the Ica Desert bird's-eye view of the famous Nazca lines 		
MINIMUM REGISTRATION: 15		
MAXIMUM CAPACITY: 40		



Day 1:

- Bus transfer from ship to Paracas Bay
- Free time for lunch on own
- Visit Paracas National reserve
- Dinner at leisure and overnight

Day 3: (B, L)

- Breakfast at hotel
- Transfer to Pisco airport
- Fly over Nazca Lines (subject to weather conditions)
- Transfer back to the hotel to check out
- Lunch at restaurant or en route
- Bus ride back to Lima and arrival at Callao pier

Day 2: (B, L)

- Breakfast at hotel
- Boat excursion to Ballestas islands
- Bus transfer to Ica for Huacachina Oasis visit
- Visit Ica Regional Museum
- Lunch at Las Dunas hotel
- Dune buggy excursion in the Ica desert
- Transfer back to Paracas bay
- Dinner at leisure and overnight

Day 4: Friday, November 25



Early in the morning, depart from the pier and head north along the Panamerican Highway to the **Sacred City of Caral**. A box breakfast will be provided en route.

The Sacred City of Caral represents the **origin of Andean culture**, and it is the most ancient civilization in the Americas - reaching back more than 5,000 years! Only discovered 20 years ago, the Caral complex boasts a variety of structures, most notably the **six pyramids** with their circular plazas. Based on **archaeological findings** such as tools and artifacts, it has been established

that its inhabitants supported themselves by fishing and farming. Among the more important discoveries is the **oldest "quipu"** (an instrument used to record data) and 32 flautas (flutes) made from condor and pelican bones. An ACTIVE archaeological site, the work here will eventually rewrite the pages of history.

[Link to UNESCO site](#)

Itinerary:

- 0700-1100 Drive from the pier to Caral (box breakfast)
 1100-1230 Guided tour to the Sacred City of Caral
 1300-1400 Free time at the archaeological site
 1400-1800 Return to the pier (box lunch)

Program price includes 2 bottles of water per person and a box lunch served before returning to the pier.

STANDARD PRICE		Early Booking
Adult	\$151	\$145
Child	\$76	\$73
TIME		
	Date	Time
Depart	November 25	0700
Return	November 25	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> • Visit the oldest civilization in the Americas, Caral • Box Lunch 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 40		

PER 119-401

BEHIND THE SCENES PORT TOUR WITH MARGARITA LENK

HALF DAY



Join Professor Margarita Lenk for a fascinating, 'behind the scenes' tour of the **Port of Callao**, one of the busiest ports in Latin

America!

It has recently expanded operations to meet the growing demands of Lima and added state of the art equipment to improve processes.

Professor Margarita Lenk is originally from Argentina, and of Italian and Austrian parents. She is a business professor at Colorado State University specializing in secure and efficient business processes and information systems that optimize global organizational objectives. She is fluent in Spanish, and loves to garden, cook, knit, and ride her bicycle around the world!

STANDARD PRICE		Early Booking
Adult	\$10	\$10
Child	\$10	\$10
TIME		
	Date	Time
Depart	November 25	0900
Return	November 25	1100
HIGHLIGHTS		
<ul style="list-style-type: none"> • Port Operations • Meeting with port officials to discuss opportunities and challenges associated with port growth 		
MINIMUM REGISTRATION:6		
MAXIMUM CAPACITY: 12		

PER 124-403

DINNER & SHOW AT DAMA JUANA

EVENING



Spend a night out at La Dama Juana Restaurant, where we will enjoy a **tasty Peruvian buffet** and **folkloric dancing**. This program offers travelers an appetizing introduction to Peruvian culture, arts, and tradition. The buffet provides a wide VARIETY of different, typical foods, but participants should keep in mind this is primarily a cultural show. Showcasing the wide range of traditions throughout Peru, performers explain the significance of the dance and costumes from various regions and then demonstrate through music and dance.

STANDARD PRICE		Early Booking
Adult	\$66	\$63
Child	\$33	\$32
TIME		
	Date	Time
Depart	November 25	1930
Return	November 25	2330
HIGHLIGHTS		
<ul style="list-style-type: none"> • Enjoy a wide selection of Peruvian cuisine at the Dama Juana Restaurant • Take in the spectacle of traditional Peruvian dancing and music • 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 120		

Day 5: Saturday, November 26

PER 114-501

CULINARY LIMA

HALF DAY



This morning we will visit a **local market** - *Minka* - and enjoy **Peruvian fruit tasting!** As the first commercial city of Peru, Lima has the most complete market with the largest selection of goods and produce

in the country. After our tasting, we will drive to El Bolivariano restaurant, located in historical center of Lima, to participate in a **cooking demo class** and enjoy a **delicious lunch** before returning to the pier.

STANDARD PRICE		<i>Early Booking</i>
Adult	\$78	\$74
Child	\$39	\$37
TIME		
	Date	Time
Depart	November 26	0900
Return	November 26	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> • Minka, one of the biggest local markets of the city • Peruvian cuisine demo class 		
MINIMUM REGISTRATION:10		
MAXIMUM CAPACITY: 120		

"I would recommend this trip to any traveler with taste buds and a love of food!" – Nikki, Summer 2012 Voyager

"I had such a blast! This was truly an unforgettable experience that I will cherish forever. All of the food was delicious." – Nikki, Summer 2012 Voyager

"The food is just very delicious. Really enjoy the walk in the minka and fruit market" – Anqi, Summer 2012 Voyager