

# MARSEILLE, FRANCE

Arrive: 0800 Saturday, 03 August  
Onboard: 1800 Monday, 05 August

**Brief Overview:** Marseille is the second largest city in France, after Paris, with a metropolitan population of roughly 1.6 million people. It is the largest French city on the Mediterranean coast as well as France's largest commercial port. The city is a **melting pot of cultures**, with large immigrant populations from both Italy and the Maghreb countries, including Morocco, Algeria, Tunisia, Liberia and Mauritania. Make sure to see the mix of cultures that this city offers by visiting its **street markets and bazaars**, including the famous fish market located on the docks of the **Vieux Port (Old Port)**. Try some of the local fish stew, **bouillabaisse**, at a local restaurant or take a **beach break** at one of its rocky inlets. 2013 will also be an exciting year for Marseille, as it hosts both **European Capital of Culture** celebrations and **Europride**, a LGBT-focused festival, this summer.

## Nearby towns:

**Arles:** Roman history meets modern life in this French town. With more **Roman monuments** than anywhere else besides Rome itself, this town allows you to see history come alive. Take in some of the **UNESCO World Heritage sites** or discover the town's **Roman amphitheater**. See the history for yourself with **MAR 104-201 "Roman Culture and Ranch Life in Arles and Camargue area."**

**Cassis:** A small town known for its **vineyards and white wine**, this small town provides a respite from city life. Explore the ruins of a **medieval castle** or take in the view of a picture-perfect fishing village nestled along breathtaking cliffs and inlets. See this lovely town in **MAR 101-101 "Marseille and Cassis (Half Day)"**.

**Aix-en-Provence:** Known as the "**Land of a Thousand Fountains**", outdoor markets and casual cafes mark the laid-back life of this French town. Stroll past **City Hall Square** or take in the view of the **Saint Sauveur cathedral**. Not matter what you do, you won't be left disappointed. Explore Aix-en-Provence with **MAR 102-101 "A Day in Aix-en-Provence."**

## Suggested short-cuts to simple planning:

Register for the following "bundles" of trips based on your interests.

### **Art and Architecture:**

Day 1: MAR 102-101 A Day in Aix-en-Provence  
Day 2: MAR 103-201 Art Tour in the French Riviera

### **Cultural highlights:**

Day 1: MAR 101-101 Marseille & Cassis  
Day 2: MAR 104-201 Roman Culture and Ranch Life in Arles and Camargue

### **Taste of Mediterranean France:**

Day 2: MAR 105-201 Medieval Baux de Provence with Olive Oil Tasting  
Day 3: MAR 201-301 Authentic France and Spain

### **Action/Adventure:**

Day 1-2: MAR 201-101 Eco-Adventure in the French Alps  
Day 3: MAR 201-301 Authentic France and Spain



**TERMS AND CONDITIONS:** In selling tickets or otherwise making arrangements for field programs (including transportation, shore side accommodations and meals); the Institute of Shipboard Education (I.S.E.) acts only as an agent for others who provide such services as independent contractors. All participants accepting or using tickets or other arrangements for such services shall be deemed to agree and consent that I.S.E. shall not be liable or responsible in any way for any loss, death, injury, or illness to person or loss, theft or damage to personal property arising from or in connection with such services. I.S.E. shall not be responsible for cancellation of field programs for reasons beyond its control and in such event, at its option, may refund the purchase price.

# Day 1: Saturday, August 3

**IMPORTANT:** If you registered in one of the following courses, you have a field lab on this day.

**Do not make any other travel plans as this is a designated class day in port for your course:**

ENLT 2559	Professor Arata	Travel Literature
PSYC 4559-502	Professor Belgrave	Cross-Cultural Psychology, Section 2
ARH 2500-503	Professor Nelson	Architectures of the Mediterranean (Field Lab in Marseille)
ENWR 3559	Professor Zomparelli	Feature Writing

**MAR 201-101**

**Eco-Adventure in the French Alps**

**2 days/1 night**

This eco-adventure will take you out of Marseille and into the French Alps for an overnight of adventure. Depart the port in a comfortable bus for the morning drive to the French Alps. Take some free time after arriving at your destination to enjoy a local lunch on your own. Then it's time to join your guide for an afternoon of white-water rafting. All equipment will be provided for you and those with no prior experience are welcome. Enjoy an included dinner with the group and relax for the evening at your hotel. After breakfast the next day, the group will venture on a half-day hike through the majestic Alps. A nature guide will be on hand to assist you in appreciating the flora and fauna that the group will encounter. After a fantastic overnight of eco-tourism, the group will be taken back to the ship to share the beauty that they've seen together.

STANDARD PRICE		Early Booking
Adult	\$413	\$396
Child	\$207	\$198
TIME		
	Date	Time
Depart	Aug 3	0900
Return	Aug 4	1630
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• White-water rafting</li> <li>• Hike through the French Alps</li> <li>• Nature guide</li> </ul>		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 30		

**ITINERARY**

Day 1: (D)

- Drive to the French Alps
- Free time for lunch on own
- White-water rafting
- Dinner and overnight at hotel

Day 2: (B)

- Breakfast at hotel
- Hiking in the French Alps
- Free time/Lunch
- Transfer to ship

Please note: You do not need to be an experienced rafter for this trip.





Meet your local guide and depart the pier for your tour through Marseille and Cassis. First, you will explore Marseille's Old Port, considered by many to be the heart of the city. It is known for its fish market, with John Dory fish, monkfish, tuna and more on

display. Next, the group will explore the narrow streets, colorful facades, and historic squares of Le Panier, the town's older quarter. Learn how this area's neglected homes are being restored through urban renewal and visit the Vielle Charité hospice. The esplanade of the St. Laurent church will give you one of the most wonderful views of the old harbor and the St. Jean and St. Nicolas fortresses that mark the entrance of the port. A drive past Saint-Victor Abbey (a historic site for the first Christians in Marseille) will lead to Notre Dame de la Garde. This 19th Century basilica is located on top of the hill of La Garde, known to protect the people of Marseille, and provides unforgettable views.

We'll continue to Cassis and drive through the lush countryside dotted with vineyards. Home to 13 area vineyards, Cassis is known for its delicious white wine. As you drive into the city, take time to spot the ruins of a medieval castle and a picture-perfect fishing village. The town is also home to breathtaking cliffs, with calanques (inlets) of rock that project along the coastline that resembles small fjords. Take some time to explore the area on your own, taking photos of the boats and the pastel-painted buildings.

There's no better way to live *la vie Française* than enjoying a slow, leisurely walk, south-of-France style. The group will then return back to the ship together after an afternoon in the authentic countryside of France.

Please note: This tour is not wheelchair accessible.

STANDARD PRICE		Early Booking
Adult	\$51	\$49
Child	\$26	\$25
TIME		
	Date	Time
Depart	Aug 3	0900
Return	Aug 3	1300
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Historic Marseille</li> <li>• Small coastal town of Cassis</li> </ul>		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 40		

Often called the "Land of a Thousand Fountains," Aix-en Provence is a historic town known for its beautiful architecture. Depart the port for this authentic small town, where you will have a chance to visit the sites with your group as well as explore on your own. A guided tour will take you past many of the town's fountains and plazas, including the Four Dolphin Fountain and City Hall Square, as well as the Saint Sauveur cathedral. Afterwards, take some time to explore the town on your own. Visit the local museums and stroll the outdoor market.

Don't forget to take time for a local lunch at a café, sipping coffee and watching the town come alive. Transportation will be provided back to the port at the end of the day, where you can share your experience in this authentically French town.



STANDARD PRICE		Early Booking
Adult	\$60	\$57
Child	\$30	\$28
TIME		
	Date	Time
Depart	Aug 3	0900
Return	Aug 3	1500
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Walking tour of Aix-en-Provence</li> <li>• Free time to explore</li> </ul>		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 40		

Avignon is a beautifully preserved medieval town surrounded by the original fortified city walls. The central historical part of the city, including the Palace of the Popes, the Saint-Benezet Bridge, and the fortification walls, is now a protected UNESCO World Heritage site.

Begin your visit to Avignon with a 2-hour walking tour, where you will see a wealth of beautiful buildings, historical churches, a fine collection of museums, and an extensive pedestrian zone with many shops and cafes. You will then have some free time to explore and have **lunch on your own**. After lunch, take a tour of the “Palais des Papes”, one of the most important gothic buildings in Europe and also one of the most impressive. Its size and grandeur is impossible to appreciate from a photo.

Not far from the Popes' Palace lies the famous Pont (bridge) d'Avignon. Constructed in the 12th century, the bridge was frequently damaged by flooding from the Rhone and by war. Frequent repairs were made until the 17th century, at which time efforts to maintain the bridge were finally abandoned.



**Please note:** This tour is not fully wheelchair accessible. Bring money for lunch and personal expenses.

STANDARD PRICE		Early Booking
Adult	\$89	\$84
Child	\$45	\$42
TIME		
	Date	Time
Depart	Aug 3	0900
Return	Aug 3	2000
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Walking city tour of Avignon</li> <li>• Popes' Palace</li> <li>• Saint-Benezet Bridge</li> <li>• Free time for lunch <b>on your own</b></li> </ul>		
MINIMUM REGISTRATION: 10		
MAXIMUM CAPACITY: 70		

## Day 2: Sunday, August 4

MAR 103-201

ART TOUR IN THE FRENCH RIVIERA (CHAGALL & PICASSO)

Full Day



Start your day by driving to Nice, a gem of a city in the French Riviera. Visit the famous Marc Chagall Musée, spending time to appreciate the “Le Message Biblique.” This masterpiece comprising 7 large paintings illustrates Chagall’s vision of the Old Testament. Then take a guided tour of Nice, by the Promenade des Anglais and the Belle

Époque Hotel Negresco. Then head to the Old Town (La Vieille Ville) with its pastel houses and its warm and lively lanes. Take some time to enjoy lunch on your own in this colorful city.

Your group will then travel to Antibes, a former Greek colony that was founded in the 5<sup>th</sup> Century BC. Home to one of the top jazz festivals in the world, it is now a hotspot for sport and culture. Take a guided tour of the Picasso Museum, housed in the former “Chateau Grimaldi.” Holding one of the world’s greatest Picasso collections, it houses 23 paintings and 44 drawings as well as lithographs, sculptures and tapestries done by the artist. After a wonderful day of art in the French Riviera, make your way back to the port with new insights into the work of Picasso and Chagall.

STANDARD PRICE		Early Booking
Adult	\$115	\$108
Child	\$57	\$54
TIME		
	Date	Time
Depart	Aug 4	0830
Return	Aug 4	1930
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Chagall Museum</li> <li>• Nice</li> <li>• Picasso Museum</li> <li>• Antibes</li> </ul>		
MINIMUM REGISTRATION: 30		
MAXIMUM CAPACITY: 40		

MAR 104-201

ROMAN CULTURE AND RANCH LIFE IN ARLES & CAMARGUE

Full Day



Meet your guide at the pier and depart for Arles, a city that is so full of Roman history that it is known as the “Metropolis of an Empire and the Capital of a Realm.” Arles has more Roman monuments than anywhere else outside of Rome itself, many of which are inscribed on the UNESCO World Heritage list. Discover the history of this ancient city,

watching history come alive on each street corner.

After taking time to appreciate the past, enjoy a traditional three-course lunch made in a “manade”, or Camargue ranch. The term manade dates back to 1867 and is often used in the Camargue area of France. It usually references a semi-feral group of cattle or horses led by a herder. You’ll be greeted by these “gardians”, or cowherds, at the ranch and the included lunch will show you a new and wild side of France.

After your authentic lunch experience, you’ll explore a protected natural site to further explore the history and traditions of the Camargue. Take in the local area, full of marshes, lakes and open fields, by taking a tour in a horse-drawn wagon. You’ll hear about the history and culture from a local resident, allowing you to further understand life in this wild region of France. Discover the peaceful rhythm of the horses, birds and other wild animals that live in the area. Other wildlife that makes this region its home includes wild boars, semi-wild bulls, flamingos, tree frogs, and water snakes, among others. Return back to Marseille after discovering this wild side of France.

Please note: This tour is not fully wheelchair accessible.

STANDARD PRICE		Early Booking
Adult	\$152	\$144
Child	\$76	\$72
TIME		
	Date	Time
Depart	Aug 4	0900
Return	Aug 4	1830
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Arles</li> <li>• Camargue Ranch</li> <li>• Lunch</li> <li>• Horse-drawn wagon tour</li> </ul>		
MINIMUM REGISTRATION: 30		
MAXIMUM CAPACITY: 40		





Depart the pier for the medieval village of Les Baux de Provence, where time seems to stand still. Located atop a rocky spur in the heart of the Apilles, this village will lead you to appreciate the past with its paced alleys and stone houses. Carved out of rock, the Church of Saint Vincent stands next to painted chapels and charming hotels. Venture up to the castle for a tour and a panoramic view of the valley des Baux.

Next, visit an olive estate where you will be immersed into the creation of olive oil in the region. Discover how this crucial part of Mediterranean cuisine is crafted and take time to taste a variety of oils from the region. Take time to enjoy lunch on your own before returning to the ship.

STANDARD PRICE		<i>Early Booking</i>
Adult	\$80	\$76
Child	\$40	\$38
TIME		
	Date	Time
Depart	Aug 4	0900
Return	Aug 4	1500
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Baux des Provence</li> <li>• Church of St. Vincent</li> <li>• Olive oil tasting</li> </ul>		
MINIMUM REGISTRATION: 30		
MAXIMUM CAPACITY: 40		

# Day 3: Monday, August 5

MAR 202-301

AUTHENTIC FRANCE AND SPAIN

2 days/1 night



Meet your local guide and depart for Aix-en-Provence. Often called the “Land of a Thousand Fountains,” Aix-en Provence is a historic town known for its beautiful architecture. A guided tour will take you past many of the

town’s fountains and plazas, including the Four Dolphin Fountain and City Hall Square, as well as the Saint Sauveur cathedral. Afterwards, take some time to explore the town on your own. Visit the local museums and stroll the outdoor market. Don’t forget to take time for a local lunch at a café, sipping coffee and watching the town come alive.

Next, drive to the ancient town of Nîmes, with over two thousand years of history meets the modern day. Roman masterpieces sit next to contemporary architecture. Gardens are cultivated in an ancient sanctuary alongside its wandering streets and famous Amphitheatre. A guided tour will showcase this city’s mysteries, allowing you to wander through its streets and squares to fully appreciate the local culture and history. Stay overnight in the French town of Perpignan. Dinner is on your own.

After breakfast, continue to the Spanish town of Girona. Located midway between the sea and the mountains, Girona boasts a location full of natural beauty. Explore the town and neighboring countryside on a bicycle, allowing you to discover the sounds and aromas of the traditional Catalan way of life. Join the many professional cyclists that have made this area their home base as you cycle through the cultural sites. The fortification wall that surrounds the historic district provides a view into the past, as does its preserved Jewish quarter. The grandeur of the Cathedral’s Gothic is also magnificent, boasting the widest nave in the world. Discover the castle that Salvador Dali presented to his wife Gala as a gift. The group will enjoy a relaxed lunch in an authentic Catalan rural restaurant before meeting the ship in Barcelona.

STANDARD PRICE		Early Booking
Adult	\$499	\$473
Child	\$249	\$237
TIME		
	Date	Time
Depart	Aug 5 Marseille	0900
Return	Aug 6 Barcelona	1930
HIGHLIGHTS		
<ul style="list-style-type: none"> <li>• Aix-en-Provence</li> <li>• Nîmes and amphitheater</li> <li>• Bike tour of Girona</li> <li>• Catalan lunch</li> </ul>		
MINIMUM REGISTRATION: 25		
MAXIMUM CAPACITY: 40		



ITINERARY	
<p><u>Day 1:</u></p> <ul style="list-style-type: none"> <li>• Transfer to Aix-en-Provence</li> <li>• Walking tour of Aix-en-Provence</li> <li>• Free time/Lunch on own</li> <li>• Drive to Nîmes, city tour of Nîmes</li> <li>• To Perpignan for overnight and dinner on own</li> </ul>	<p><u>Day 2: (B, L)</u></p> <ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Travel to Girona</li> <li>• Bike tour including Lunch</li> <li>• Travel to Barcelona</li> </ul>

Please note: This tour is not wheelchair accessible.