

SEMESTER AT SEA COURSE SYLLABUS
Colorado State University, Academic Sponsor

Voyage: Fall 2016

Discipline: Psychology

Course Number and Title: PSY228: Human Sexuality

Division: Lower

Faculty Name: Toni Schindler Zimmerman

Semester Credit Hours: 3

Prerequisites: none

COURSE DESCRIPTION

The goal of this course is for students to gain knowledge about human sexuality including physiological, psychological and cultural perspectives. Students will learn about major sexuality topics including sexual hormones and anatomy, sexuality research, culture and sexuality, conception, childbirth, contraception, abortion, sexual response, love and divorce, sexual assault, sexual variation in behavior, the life cycle and sexuality, sexual orientation, commercial sex, sexual dysfunction, sexually transmitted diseases and sexual health. Additionally, this course will explore many of these topics specific to the voyage itinerary. For instance, students will compare and contrast issues such as contraceptive use, abortion, sexual orientation, sexual assault and trafficking across the various places the students will travel to.

LEARNING OBJECTIVES

- 1) Increase understanding of the biological and functional aspects of human sexuality.
- 2) Gain critical thinking skills related to human sexuality research.
- 3) Explore human sexuality topics using a compare and contrast lens across multiple cultures.
- 4) Understand contemporary and historical debates related to human sexuality.
- 5) Explore human sexuality topics with consideration to social justice and location including race, class, sexual orientation, age, ethnicity, religion, disabilities, and gender.

REQUIRED TEXTBOOKS

AUTHOR: Janet Shibley Hyde and John D. Delamater

TITLE: *Understanding Human Sexuality*

PUBLISHER: University of California Press

ISBN #: 978-0-07-803539-5

DATE/EDITION: 2014/12th Edition

TOPICAL OUTLINE OF COURSE

Depart Hamburg—September 10.

B1—September 13

Introduction to the course and to each other

B2—September 15

Diversity and Social Justice as our Lens to the Study of Human Sexuality

Chapter 1: Sexuality in Perspective

B3—September 18

Chapter 2: Theoretical Perspectives on Sexuality

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Greece

Athens, September 19-23.

B4—September 25

Reflect on Greece

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Italy

Civitavecchia: September 26-30.

B5—October 2

Reflect on Italy

Chapter 3: Sex Research

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Spain

Barcelona—October 3-7.

B6—October 9

Reflect on Spain

Chapter 4: Sexual Anatomy

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Morocco

Casablanca—October 10-14.

B7—October 16

Reflect on Morocco

Chapter 5: Sex Hormones, Sexual Differentiation, and the Menstrual Cycle

B8—October 18

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Senegal

Exam 1 includes Chapter 1-5

B9—October 20

Chapter 6: Conception, Pregnancy, and Childbirth

Dakar—October 21-24.

B10—October 26

Reflect on Dakar
Chapter 7: Contraception and Abortion

B11—October 29

Chapter 8: Sexual Arousal

B12—October 31

Chapter 9: Sexuality and the Life Cycle: Childhood and Adolescence
Reading(s) Posted on the ship intranet: Current Sexuality Issues in Brazil

Salvador—November 1-6.

B13—November 8

Reflect on Salvador
Chapter 10: Sexuality and the Life Cycle: Adulthood

B14—November 10

Chapter 11: Attraction, Love, and Communication
Exam 2 includes chapters 6-10

B15—November 12

Chapter 12: Gender and Sexuality
Reading(s) Posted on the ship intranet: Current Sexuality Issues in Trinidad and Tobago

Trinidad and Tobago-November 13-14

B16—November 16

Reflect on Trinidad and Tobago
Chapter 13 Sexual Orientation: Gay, Straight, or Bi?

B17—November 19

Chapter 14 Variations in Sexual Behavior

B18—November 21

Chapter 15 Sexual Coercion
Reading(s) Posted on the ship intranet: Current Sexuality Issues in Peru

Callao, Peru—November 22-26.

B19—November 28

Reflect on Peru
Chapter 16 Sex for Sale

B20—November 30

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Ecuador
Exam 3 includes chapters 11-15

Guayaquil—December 1-4

B21—December 6

Reflect on Guayaquil

Chapter 17: Sexual Disorders and Sex Therapy

B22—December 8

Chapter 18: Sexually Transmitted Infections

Reading(s) Posted on the ship intranet: Current Sexuality Issues in Costa Rica

Puntarenas—December 9-13

B23—December 15

Reflect on Costa Rica

Chapter 19: Ethics, Religion, and Sexuality

B24—December 17

Chapter 20: Sex and the Law

Independent field work project due: compare and contrast sexuality issues in ports

This is an ongoing group project.

B25—December 20 B Day Finals

Exam 4 includes Chapters 16-20

San Diego—December 22.

PARTICIPATION AND READING (20%)

Students are expected to come to class having read the chapter that is assigned for that day from the required textbook AND having read the materials on the intranet as listed in the topical outline. Each class session, students will actively engage in activities and discussions that are based on the readings and these will result in handing in work completed during class. The in class assignments will occur 20 times and count as 20% of the total class grade.

FIELD CLASS AND ASSIGNMENT (20%)

Remember that Field Class attendance is mandatory for all students enrolled in this course. Do not book individual travel plans or a Semester at Sea sponsored trip on the day of your field class. Field Classes constitute at least 20% of the contact hours for each course, and will be developed and led by the instructor.

Our field class will occur on October 10, 2016 in Casablanca and will be a service learning opportunity. We will visit a youth center and learn about the sexuality issues facing young people in that area. We will have an opportunity to discuss how these issues are similar and different from the issues in the home country of the students in the class. While we are at the center, we will engage in a service project of the

Centers choice. Each student will write a reflection paper about their time at the center. The paper will be 3 pages double spaced and follow an outline given in class. This reflection paper will be due on A9.

INDEPENDENT FIELD ASSIGNMENTS (20%)

In every Port, students will collect data on current sexuality issues/topics. Data will be collected using a minimum of three sources per port. Data can be collected by interviewing someone (how to respectfully do this will be discussed in class), looking in the media for information such as a newspaper, exploring ads or social messages that are on billboards or on trains and buses, and looking at products in stores, etc. Following each port, students will share in class what they learned and what their sources were. Groups of students will put together an ongoing compare and contrast document that will be turned in at the end of the semester for a group grade. We will compare and contrast ports as we move along on the voyage with particular interest in the following issues/topics.

Example topics to explore in ports and the chapters in our text that address these topics:

Pregnancy and Childbirth (chapter 6)

Contraception and Abortion (chapter 7)

Dating and Marriage (chapter 11)

Gender and Sexuality (gender stereotypes, roles, socialization) (chapter 12)

GLBT (chapter 13)

Rape, sexual harassment, stalking, domestic violence, child sexual abuse (Chapter 15)

Prostitution and Pornography (chapter 16)

Sexually Transmitted Diseases and Aids (chapter 18)

Religion and Sexuality (chapter 19)

Sex and Laws (chapter 20)

EXAMS (40%)

Students will take four exams that will be multiple choice and cover material from the text book.

Each exam will have 40 questions and will be worth 10% of the total grade in the class.

GRADING SCALE

Field Class and Assignment: 20%

Independent Field Assignments (group project): 20%

In-class assignments: 20%

Exam 1: 10%

Exam 2: 10%

Exam 3: 10%

Exam 4:10%

Grading will be on a 100% scale, with pluses and minuses awarded as follows:

<u>Excellent</u>	<u>Good</u>	<u>Satisfactory/Po</u> <u>or</u>	<u>Failing</u>
97-100%: A+	87-90%: B+	77-80%: C+	Less than 60%:
93-97%: A	83-87%: B	70-77%: C	F

90-93%: A-

80-83%: B-

60-70%: D

ENGAGEMENT IN THE ACADEMIC PROGRAM

Attendance in all classes is mandatory. Students must contact me prior to any unanticipated absence and take the initiative to make up missed work in a timely fashion. Students are encouraged to participate fully in discussions and ask questions.

LEARNING ACCOMMODATIONS

Academic accommodations will be provided for students with diagnosed learning disabilities, in accordance with ADA guidelines. Students who need an accommodation in a class, should contact ISE to discuss their individual needs. Any accommodation must be discussed in a timely manner prior to implementation. A memo from the student's home institution verifying the accommodations received on their home campus is required before any accommodation is provided on the ship. Students must submit this verification of accommodations pre-voyage as soon as possible, but no later than July 19, 2016 to academic@isevoyages.org.

STUDENT CONDUCT CODE

The foundation of a university is truth and knowledge, each of which relies in a fundamental manner upon academic integrity and is diminished significantly by academic misconduct. Academic integrity is conceptualized as doing and taking credit for one's own work. A pervasive attitude promoting academic integrity enhances the sense of community and adds value to the educational process. All within the University are affected by the cooperative commitment to academic integrity. All Semester at Sea courses adhere to this Academic Integrity Policy and Student Conduct Code. I will request students to write out and sign the following honor pledge at the beginning of the course "*I pledge on my honor that I will not receive or give any unauthorized assistance on any exams or assignments.*" Please see me early in the semester if you have questions or concerns regarding the student conduct code.

Readings by Port

Greece (and a reading on the state of gender inequity across the globe):

The Facts: Gender Inequality and Violence against Women and Girls Around the World

<http://www.advocatesforyouth.com/publications/publications-a-z/1556-the-facts-gender-inequality-and-violence-against-women-and-girls-around-the-world>

Greek Parliament approves law on same-sex civil partnerships News 22-12-2015

<http://www.ekathimerini.com/204577/article/ekathimerini/news/greek-parliament-approves-law-on-same-sex-civil-partnerships>

Equality

The economic crisis in Greece has reversed positive trends of gender equality, says Greece's ambassador to Australia

News 18 Mar 2015 The complete Hellenic perspective
By Helen Velissaris

Italy:

Baldolini, S. (2016, January 19). Italy Is Finally On Its Way To Legalizing Civil Unions. Retrieved from http://www.huffingtonpost.com/stefano-baldolini/italy-is-finally-on-its-w_b_9010576.html

Chu, H. (2014, January 6). For gays in Italy, Rights and Acceptance Are Still Elusive. Retrieved from <http://www.latimes.com/world/la-fg-italy-gay-20140106-story.html>

Kirchgaessner, S. (2016, February 19). Latest Setbacks Facing Italy's Same-Sex Couples Due to Politicians, Not Church. Retrieved from <http://www.theguardian.com/world/2016/feb/19/italian-same-sex-couples-face-setbacks-in-fight-for-equal-marriage-rights>

Robins-Early, N. (2015, May 29). After Ireland, The Pressure Is On Italy To Legalize Same-Sex Unions. Retrieved from http://www.huffingtonpost.com/2015/05/29/italy-gay-marriage_n_7461124.html

Rosselli, A. (2014). The Policy on Gender Equality in Italy. 7-8. Retrieved from [http://www.europarl.europa.eu/RegData/etudes/note/join/2014/493052/IPO_L-FEMM_NT\(2014\)493052_EN.pdf](http://www.europarl.europa.eu/RegData/etudes/note/join/2014/493052/IPO_L-FEMM_NT(2014)493052_EN.pdf) Executive Summary

Scammell, R. (2016, February 02). Italian Senators Debate Same-Sex Union Bill Under Vatican's Watchful Eye - Religion News Service. Retrieved from <http://www.religionnews.com/2016/02/02/italian-senators-debate-sex-union-bill-vaticans-watchful-eye/>

Spain:

Anderson, E. (2015, April 30). Five Reasons Why It's Good To Be Gay in Spain. Retrieved from <http://www.thelocal.es/20150430/five-reasons-why-its-good-to-be-gay-in-spain>

Carrera, V. M., Lameiras, M., Depalma, R., & Casas, R. R. (June 2013). Pathologizing Gender identity: An analysis of Spanish law and the regulation of gender recognition. *Journal of Gender Studies*. Retrieved from

<https://ezproxy2.library.colostate.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&AuthType=cookie,ip,url,cpid&custid=s4640792&db=psyh&AN=2013-23780-008&site=ehost-live>

Khazan, O. (2013, June 4). The Country That's Most Accepting of Homosexuality? Spain. Retrieved from <http://www.theatlantic.com/international/archive/2013/06/the-country-thats-most-accepting-of-homosexuality-spain/276547/>

McSmith, A. (2008). Closing the gender gap: Why women now reign in Spain. *Independent*. Retrieved from <http://www.independent.co.uk/news/world/europe/closing-the-gender-gap-why-women-now-reign-in-spain-809619.html>

Morocco:

Alami, A. (2014, March 16). Gender Inequality in Morocco Continues, Despite Amendments to Family Law. In New York Times. Retrieved February 24, 2016, from http://www.nytimes.com/2014/03/17/world/africa/gender-inequality-in-morocco-continues-despite-amendments-to-family-law.html?_r=1

Dialmy, A. (2015). Moroccan Youth, Sex and Islam. In Middle East Research and Information Project. Retrieved February 24, 2016, from http://www.merip.org/mer/mer206/moroccan-youth-sex-islam-0%3Fip_login_no_cache%3Dce6c2815ce1f76d973ac89f9ece18df2

Kaiser, S. (2014). Gender equality on paper only. In Qantara.de. Retrieved February 18, 2016, Retrieved From <https://en.qantara.de/content/womens-rights-in-morocco-gender-equality-on-paper-only>

Morocco (2016). In Social Institutions & Gender Index. Retrieved February 18, 2016, from <http://www.genderindex.org/country/Morocco>

Nace, E. (2014, May 17). Morocco's Struggle for Gender Equality. In US Represented. Retrieved February 25, 2016, from <http://www.usrepresented.com/2014/05/17/moroccos-struggle-for-gender-equality/>

Winter, I. S. (2015, July 27). The Moroccan Stigma Around Sexual Health . In World Policy Blog. Retrieved February 25, 2016, from <http://www.worldpolicy.org/blog/2014/06/01/sexual-education-stigma-and-abortion-moroccan-universities>

Senegal:

Brice, M. (2015, August 26). Jailing of gay men in Senegal poses setback to HIV fight in Africa. Retrieved from <http://www.reuters.com/article/us-africa-aids-idUSKCNOQV10Z20150826>

Case Study: Gender, Human Security and Climate Change in Senegal.
WeDO.org. Retrieved from <http://www.wedo.org/wp-content/uploads/senegal-case-study.pdf>11

Dakar, Senegal - Embassy of the United States. (n.d.). Retrieved March 22, 2016, from http://dakar.usembassy.gov/dakar_fgm.html

Gayles, G. & Withers, A. (2014). Breakthrough law strives to bring gender equality to Senegal's Government. Retrieved from <http://www.pbs.org/newshour/updates/senegalese-women-step-political-spotlight/>

Moody, K. (2009, November). Ensuring human and sexual rights for men who have sex with men living with HIV. *Bulletin of the World Health Organization*. Retrieved from [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2770291/\(2009\)](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2770291/(2009)).

Towle, A. (2015, December 27). 11 Arrested for 'Homosexual Acts' While Attending Gay Wedding in Senegal - Towleroad. Retrieved from <http://towleroad.com/2015/12/senegal/>

Brazil (and readings on Latin America):

ActionAid UK. (June 2014). Child Sex in Brazil. Retrieved January 25, 2016, from https://www.youtube.com/watch?v=P9A5rIS_SoU

Agénor, P.R., & Canuto, O. (March 2013). Gender Equality and Economic Growth in Brazil. *Poverty Reduction and Economic Management Network*. (109). Retrieved January 27, 2016, from

<http://siteresources.worldbank.org/EXTPREMNET/Resources/EP109.pdf>

Corrales, J. (2013). LGBT Rights and Representation in Latin America and the Caribbean: The Influence of Structure, Movement, Influence, and Culture. The UNC LGBTQ Representation and Rights Initiative, 1-40.

Heilborn, M. L., & Cabral, C. S. (2013). Youth, gender and sexual practices in Brazil. *Psicologia & Sociedade*, 25(spe), 33-43. Retrieved January 25, 2016, from http://www.scielo.br/scielo.php?script=sci_arttext&pid=S0102-71822013000500005&lng=en&tlng=en.

Lee, P. Y., (2016). The Three Letter Word Missing From the Zika Virus Warnings. *Dame Magazine*. Retrieved February 12, 2016, from <http://www.damemagazine.com/2016/02/03/three-letter-word-missing-zika-virus-warnings>

Machismo Sexual Identity. (n.d.). Retrieved March 10, 2016, from http://web.stanford.edu/group/womenscourage/Repro_Latin/ekobash_HIVmachismo_Latin.html

Moreno, C. (n.d.). What Gender Inequality Looks Like In Latin America. Retrieved March 10, 2016, from http://www.huffingtonpost.com/2014/01/23/gender-inequality-latin-america_n_4653710.html

Trinidad and Tobago:

Baird, D., Yearwood, E., & Perrino, C. (2007). Small Islands, Big Problem: HIV/AIDS and Youth in Trinidad and Tobago. *Journal of Child & Adolescent Psychiatric Nursing*. Vol. 20 (Issue 4). Retrieved from <https://ezproxy2.library.colostate.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&AuthType=cookie,ip,url,cpid&custid=s4640792&db=aph&AN=27373358&site=ehost-live>

Clyne, K. (2016). 'We Support Thema'. *Trinidad and Tobago Guardian Online*. Retrieved from <https://www.guardian.co.tt/lifestyle/2016-03-05/%E2%80%98we-support-thema%E2%80%99>

Gaskins, J. (2013). 'Buggery' and the Commonwealth Caribbean: a Comparative Examination of the Bahamas, Jamaica, and Trinidad and Tobago. Retrieved from <http://sas-space.sas.ac.uk/4817/1/16Gaskins.pdf>

Henderson, E. (2016). Mayor Vows to Resign After Saying Woman was Murdered at Trinidad and Tobago Carnival because she was 'too Vulgar'. *Independent*. Retrieved from <http://www.independent.co.uk/news/world/americas/mayor-resigns-after-saying-woman-murdered-at-trinidad-and-tobago-carnival-because-she-was-too-vulgar-a6874606.html>

U.S. Embassy Trinidad and Tobago. (July 2 2015). In *Facebook* [Video File]. Retrieved From <https://www.facebook.com/ttusa/videos/10153361159717357/?fref=nf>

Peru (one reading on Panama):

Advancing the Right to Sex Education in Peru. (2010, September 16). Retrieved March 22, 2016, from <https://www.ippfwhr.org/en/blog/advancing-the-right-to-comprehensive-sexuality-education-in-peru>

Bayer, Angela M., Amy O. Tsui, and Michelle J. Hindin. "Constrained Choices: Adolescents Speak on Sexuality in Peru." HHS Public Access (2011): 1-3. Retrieved on March 11, 2016, from <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3248352/>.

Glickhouse, R., (November 2012). Working Toward Gender Equality in Peru. *Americas Society Council of the Americas*. Retrieved on March 11, 2016, from <http://www.as-coa.org/blogs/working-toward-gender-equality-peru>

Jimena, Clima. "Gender norms in Peru." *World Press*, 16 Apr. 2013. Web. 11 Mar. 2016.
<<https://climajimena.wordpress.com/2013/04/16/gender-norms-in-peru/>>.

Raad, N. (n.d.). Women in Panama: Navigating Upstream Against the Current. Retrieved from https://martindale.cc.lehigh.edu/sites/martindale.cc.lehigh.edu/files/women_in_panama.pdf

Ecuador:

Blabbeando. (December 2013). Ecuador: President Rafael Correa says “gender ideology” threatens traditional families. Retrieved on February 26, 2016 from <https://www.youtube.com/watch?v=4J7QMXpUt00>

Wilkinson, A., (March 2015). Until you Change: “Dehomosexualization” the Ecuadorian Way. *Nacla*. Retrieved February 26, 2016, from <https://nacla.org/news/2015/03/25/until-you-change-%E2%80%9Cdehomosexualization%E2%80%9D-ecuadorian-way>

Costa Rica:

DiPlacido, J., Mealy, M., Rodriguez-Arauz, G., Smith, V., (June 2012). Sexual behavior in Costa Rica and the United States. *International Journal of Intercultural Relations*. Retrieved February 22, 2016, from

<http://web.ccsu.edu/uploaded/departments/AcademicDepartments/psychology/Mealy/FinalPublication.pdf?redirected>

Liepold, M., (September 2012). Costa Rica: A Good Place to Be a Woman. *Peace X Peace*. Retrieved February 20, 2016, from <http://www.peacexpeace.org/2012/09/costa-rica-a-good-place-to-be-a-woman/>

Villarreal, R., (January 2014). Unraveling Sexual Violence in Costa Rica and Throughout Latin America. *Pass Blue*. Retrieved February 20, 2016, from <http://passblue.com/2014/01/08/unraveling-sexual-violence-in-costa-rica-and-throughout-latin-america/>

Films and film clips to be watched in class and assigned outside of class

Adichie, C. N. (Director). (2009). *The Danger of a Single Story* [Motion picture]. TedTalk.

Barry, R. (Director). (2013). *I Am a Girl* [Motion picture on DVD]. Australia: John L. Simpson.

- Bilheimer, R. (Director). (2003). *A Closer Walk* [Motion picture on DVD]. United States: Worldwide Documentaries.
- Bliss, P. (Director). (2014). *Drag Queen Talks About Homophobia* [Motion picture]. United States: TedTalk.
- Chasnoff, S. (Director). (2007). *Doin' It: Sex, Disability, and Videotape* [Motion picture on DVD]. United States: Beyondmedia Education.
- Chermayeff, M. (Director), & Ferarri, M. (Writer). (2012). *Half the Sky* [Motion picture]. United States: Blue Sky Films.
- Chermayeff, M. (Director). (2015). *A Path Appears* [Motion picture on DVD]. United States: Show of Force.
- Davis, B. (Director). (2012). *Sister* [Motion picture on DVD]. United States.
- Davis, E. G. (Director). (2012). *It's a Girl* [Motion picture on DVD]. United States: Shadowline Films.
- Fabianova, D. (Director). (2009). *RED MOON Menstruation, Culture & the Politics of Gender* [Motion Picture on DVD]. United States: The Media Education Foundation.
- Fishel, D. (Director). (2004). *Still Doing It: The Intimate Lives of Women Over 65* [Motion picture on DVD]. United States.
- Hill, B. (Director). (2012). *Welcome to the World* [Motion picture on DVD]. United Kingdom.
- Maltby, C. (Director). (2003). *Journey of Man* [Motion picture on DVD]. United States: National Geographic.
- McKenna, N. D., & Howarth, J. (Directors). (2009). *The Cutting Tradition* [Motion picture on DVD]. United Kingdom.
- Mugerwa, M. A. (Director). (2014). *Chasing the Cut* [Motion picture on DVD]. United States.
- Newsom, J. S. (Director). (2011). *Miss Representation* [Motion picture on DVD]. United States: Virgil Films & Entertainment.
- Newsom, J. S. (Director). (2015). *The Mask You Live In* [Motion picture on DVD]. United States.
- Picker, M., & Sun, C. (Directors), & Wosnitzer, R. (Writer). (2008). *The Price of Pleasure: Pornography, Sexuality & Relationships* [Motion picture on DVD]. United States: Media Education Foundation.
- Robbins, R. E. (Director). (2013). *Girl Rising* [Motion picture on DVD]. United States: The Vulcan Productions.
- Scagliotti, J. (Director). (2003). *Dangerous Living: Coming Out in the Developing World* [Motion picture on DVD]. United States: First Run Features.

Thomas, A. (Director). (2005). *Middle Sexes Redefining He and She* [Motion picture on DVD]. America: HBO.

Turlington, C. (Director). (2010). *No Woman, No Cry* [Motion picture on DVD]. United States: Turly Pictures.

WuDunn, S. (Director). (2010). *Our Century's Greatest Injustice* [Motion picture]. United States: TedTalk.